

they would know about it. But they don't. Therefore anybody who says visits are real must be a crackpot!

I have noted 4 major reasons why the big names in science and journalism haven't jumped on the pro-saucer bandwagon:-

1. IGNORANCE OF THE DATA. Scratch a debunker and one usually finds somebody who is putting down what he is not up on.

2. FEAR OF RIDICULE IN SPONSORING A THESIS (only about 10 have been done relating to UFOs) if a professor, or sponsoring a detailed reportorial investigation, if an editor. I check all my audiences and find that, while in agreement with polls, 10% have had a sighting, only 5 - 10% of these witnesses have been willing to report what they saw. *Biggest reason? -Fear of ridicule.*

3. EGO. If aliens were visiting Earth, they would call a press conference or ask to talk to the National Academy of Sciences. They haven't, *so aliens must not be visiting.* **Flying saucers finish the job Copernicus started in taking man out of the middle of the Universe. Priests fought Copernicus's ideas. Today guys in lab coats, rather than priestly robes, fight alien visitations.**

4. FAILURE TO USE OUR KNOWLEDGE OF TECHNOLOGY TO UNDERSTAND ALIEN BEHAVIOUR. *"It is impossible" is said, rather than "I don't know how".* Despite the absurd claims of certain ancient academics and fossilized physicists, it is clear, on the basis of solid engineering studies, that trips to nearby stars are feasible with round trip times shorter than the average person's life time, using, for example, staged fission and fusion propulsion systems, on both of which I have worked.

It is clear that technological progress comes from doing things differently in an unpredictable way. The history of science is littered with absurd impossibility claims made by people who know nothing about the job at hand.

5. THE CULT OF S.E.T.I. (Silly Effort to Investigate) with its crazy notions that nobody would travel, but that aliens, stuck at the level of radio, are trying to attract our attention, mocks the notion of flying saucers, not dealing with the evidence, but by proclamations about the absence of evidence. This ignores science.

I prove at every lecture that the NSA and CIA are withholding saucer data. Having worked under security for 14 years, and visited 19 document archives, and having become aware of the huge black budgets for the NSA, NRO, CIA, DIA, etc., I know how easy it is to keep secrets.

My 22 years of study about crashed saucers and my

16 about the original Majestic-12 documents have convinced me these are real. The challenge for us all, as we enter the new Millenium, is to recognize that our future is in Space, but we are not alone. I truly hope we qualify for admission to the Cosmic Kindergarten.

NOTE BY EDITOR OF FSR:

*Mr. Friedman is here referring to the work of yet another scientist (also a Canadian) who played an important role, and who is now rapidly being forgotten. He was Wilbert Smith, MA., MS., P.Eng., Canada's top expert in matters electrical and magnetic.

In the very early years after Kenneth Arnold's famous sighting of 1947 -probably in 1950, as Friedman here suggests- Wilbert Smith was in the U.S.A. on official business and, while in Washington D.C. he managed to learn, from his American scientific friends, of the amazing business of the "UFO Secret".

Returning to Canada, he wrote a report for his departmental chiefs on what he had learned, and he used the now famous phrase that the UFO business was now "super-secret in the U.S.A. -**more secret than the Atom Bomb (Project Manhattan.)**"

In 1953, at Shirley Bay, not far from Ottawa, in a region where, as I myself recall, there had been some quite extraordinary UFO happenings, including landings, the Canadian Government set up the world's "first ever" (!) official flying saucer research station, which however they decided to close down not much later when they found that awkward questions about it all had been asked in the Canadian Parliament!

The Canadian Government also had a project, headed by Wilbert Smith, to try to construct a flying disc powered by electromagnetic means. It seems likely that this was the same project as the one about which there was later so much publicity -the scheme for Avro Aviation Company to build in Canada a big saucer-type of craft.

The name of **John Frost** was associated with it (possibly the designer?) and there were speeches made about the scheme by the Canadian Government's Minister of Transport, Howell. In the end it seems that nothing came of it all.

Subsequently Wilbert Smith was the Superintendent of Radio Regulations Engineering in the Department of Transport at Ottawa.

We published a total of eight long articles about UFOs by Wilbert Smith in FSR. He died on December 27, 1962. G.C.■

VICTIM MENTALITY IN ABDUCTEES: AN UNACCEPTABLE CONCEPT. © An Essay by ANN DRUFFEL, (California), FSR Consultant.

[This article was first published in the *MUFON UFO JOURNAL* for May 2000, and has been revised slightly by the author for the overseas issue in FSR. Editor FSR.]

In August 1998 my most recent book, *HOW TO DEFEND YOURSELF AGAINST ALIEN ABDUCTION*, was published by Three Rivers Press, a "How To" division

of Random House, followed closely by a U.K. edition in November 1998 from Piatkus Publishers Limited. Better publishers could not have been found - the finest editors

and class-act books which covered twenty-five years of personal research on the UFO abduction phenomenon. For a year afterward, and continuing full speed today, the book receives publicity on radio and TV. It has been reviewed favourably in numerous UFO and parapsychology journals, and in newstand magazines in the U.S. and the U.K.

In spite of the fact that the new concept presented in the book is of supreme importance to the UFO field, certain influential UFO researchers have remained strangely silent. This is in stark contrast to favourable reviews by top objective researchers - Dwight Connelly in *MUFON UFO JOURNAL*, Jennie Zeidman in *INTERNATIONAL UFO REPORTER*, Tim Owen and Paul Norman in *AUSTRALIAN UFO NEWSLETTER*, Gordon Creighton in *FLYING SAUCER REVIEW* among others.

During a magic 2½ hours with Art Bell on *COAST TO COAST*, I fielded intelligent questions from numerous listeners and will presently appear on *DREAMLAND* with Whitley Strieber. All this demonstrates the interest in the subject of "resisters" who successfully tell the abduction phenomenon, whatever it is, to go away and quit bothering them.

Many abduction researchers in various countries have sent letters of agreement and encouragement, and my data base of "resisters" grows rapidly as many abductees continue to share their experiences, containing approximately 100 cases to date. Yet a few top abduction researchers continue to ignore the new concept and message in the book, namely, that stout-hearted witnesses and abductees can and do fend off so-called "UFO aliens", and even permanently rid themselves of the visitations.

In conversation at the annual Laramie Conference last year with a well-known author and abduction researcher, he told me that he came across "resisters" in his case load but did not elaborate how he handled this information. I know for a fact that other researchers come across resisters, but these cases somehow never make it into print. Do these particular researchers dismiss "resisters" because they don't fit in with their own hypotheses? If so, I feel that this attitude is unscientific. In science, don't we work with all data that comes to us from rational, honest sources and not try to "screen out" what is unacceptable to us?

Curious as to why certain researchers have been ignoring the new concept and message in *HOW TO DEFEND YOURSELF AGAINST ALIEN ABDUCTION*, I recently sent friendly letters, copies of the book and related bio/résumé/bibliographical material to four of those who had been so silent, with a simple request for feedback and input. None of the four responded. Their silence was so deafening that it allowed valuable insight to seep into my brain - information which seems so startling that I feel impelled to share it with you. Namely: **Certain factors in the UFO field apparently do not want instances of successful resistance to come out.** If they ignore the book and its new concept, will they perhaps not be tempted to try to advise their own traumatized abductees that resistance may be possible?

Perhaps they do not believe that resistance works and

so don't want abductees to even consider it for fear they will "fail" and emerge doubly traumatized? **Or do they perhaps sincerely believe that experiencers have no right to resist? What other reasons would prevent researchers from learning vital, new information about a phenomenon on which they have laboured for decades?**

All four "silent" researchers I refer to are Americans working mainly with American abductees. I do not know if any researchers in the U.K. share these thoughts, but practically nothing has been written in overseas journals, either, about successful resistance. Do researchers truly feel that the abduction phenomenon is so overpowering that it is able to overthrow the principles of freedom on which democracies and republics worldwide were founded - the same principles of freedom from fear and oppression which guide our everyday lives?

Do these researchers really believe that self-determination, right of privacy and other principles of individual freedom no longer apply? Do they truly think that we are now in the hands (or claws) of whitish, frail, large-eyed humanoids whose source is, at best, uncertain? What kind of nonsense is this? I think it is "nonsense" being fed to us by the phenomenon itself, whatever it is.

Where in the great works of history, philosophy, and theology does it say that other orders of beings can tamper with us, guide our destinies or are responsible for us in any way? Say what you will, authors like Von Däniken and Sitchin are not the equivalent of Plato, Aristotle, Thomas Aquinas, Muhammad, Buddha and other world thinkers, (not to mention one other who is held to be far greater than any of these! -G.C).

The theories put forth by these top-profile abduction researchers are conspicuously contradictory, but they do not seem to recognize this among themselves. There is a "oneness" among them which is difficult to understand. Some of them theorize (or are actually convinced) that extraterrestrial creatures are hybridizing humans against their will so that they can take over our planet.

Others theorize (or are convinced) that these creatures are somehow responsible, in the great order of things, for evolving the human race and bringing us to "higher spirituality"? These gentler thinkers do not explain why the creatures first traumatize victims with unpleasant interactions, then eventually lead the abductees to "love" them. According to this theory, the creatures' painful interference is really "good" for the human race, and abductees should go along with it because the creatures "know what is best for us."!

TWO SEPARATE PHENOMENA?

The data is overwhelming that unidentified, possible extraterrestrial, *craft* seem to be monitoring mankind. These demonstrably physical UFOs reported by credible witnesses constitute a serious scientific question which has regrettably been covered up by governments and ignored by official Science.

THE REAL "UFOS".

However, in my considered opinion, UFO phenomena

can be separated into two separate groups:

Craft-like UFOs which are caught on radar, chased by jet pilots, and sometimes photographed, appear to be physical in our earth's space-time, but in these cases little or no interaction with any "occupants" is noted.

So-called "alien abductions", on the other hand, generally take place in altered states of consciousness and are retrieved in large part through hypnotic regression.

Claims of "genetic manipulation", "missing foetuses", "implants" and "alien-military co-operation" lack solid, scientific proof of extraterrestrial involvement, although I concede that some so-called "implants", "scars" and the like *might* be due to the creatures' ability to materialize temporarily into our space-time.

But the proliferation and escalation of abduction claims seem more likely caused by 1. telepathic leakage during hypnosis between witnesses and hypnotist/researchers; and 2. psychological deception by the phenomenon itself.

The logical question to all this is: Why is the trauma necessary? If these creatures are really "in charge of us" why don't they approach us with kind logic from the beginning? Another logical question: As an American, I have to ask: Whatever happened to our individual rights of self-determination and liberty?

The same question can be logically asked by citizens of many other countries. To me, both theories in the UFO field outlined above consider these creatures to be "in charge of us".

This idea contradicts the principles of freedom of the individual. It flies in the face of the American "Declaration of Independence", the English "Magna Carta", the French Revolution and every other instance in which a nation of free-thinking peoples have emerged from rag-tag armies of revolutionaries or serfs.

If any reader thinks I am emphasizing "human rights" too much, consider this: Police detectives who investigate horrible cases of rape, for example, do not think of our "inalienable rights." They are simply outraged by the immoral act that has been perpetrated upon the victims.

Alien abduction scenarios are basically the same as rape and other criminal attacks. The fact that they take place in an altered state of consciousness does not matter here. Abduction scenarios are very real to the experiencers; they constitute a type of *altered reality*, the effects of which extends into their physical lives.

The nine resistance techniques described in *HOW TO DEFEND YOURSELF*.. enable traumatized experiencers to break the altered state of consciousness in which abduction scenarios occur. Once the altered state is broken and the person returns to full waking consciousness, the creatures vanish and the scenario ends.

My book gives multiple examples of actual documented case studies which illustrate in detail the way in which the techniques are used successfully, and it also describes the psychological concepts and personality traits which seem to be involved in successful resistance.

I might gratefully add that Captain Edgar J. Mitchell, U.S. astronaut and sixth man to walk on the Moon, endorses my book on the cover thus: "This is a very powerful book because it shows the deep psychological

component of the UFO experience. Druffel's research does us all a great service." As the founder of the Institute of Noetic Sciences and author of *THE WAY OF THE EXPLORER*, Captain Mitchell's statement was gratefully received.

THE JINNS, SIDHE, FAIRIES, ELEMENTALS, ETC.

HOW TO DEFEND YOURSELF AGAINST ALIEN ABDUCTION also presents a working hypothesis to explain why resistance techniques work so well against entities which present themselves as technologically superior extra-extraterrestrials. The hypothesis is this:

Abductees are possibly interacting with interdimensional beings which have been described in philosophical, historical and religious writings, and in folklore and legend, from every major culture of the world and in minor cultures as well.

These beings reportedly delight in harrasing and deceiving human beings, often in a sexual manner. Specific examples are the "jinns" described in the Koran, the Celtic "Sidhe" or "faery folk", the "incubi" of Europe, the "Old Hag" in Newfoundland and the "elementals" in Buddhist cultures.

They are also known by many other names in many different languages. They are described in Malaysia and Indonesia, in Iceland, by the aboriginals of Australia and by various Native American tribes. Because these beings reportedly have the ability to shapeshift, it is surmised that they have now taken on a form which would logically frighten even modern, technically-advanced human beings.

The creatures reported in folklore and legends, *as well as in present-day accounts*, have at least eight characteristics in common with our so-called "UFO alien abductors". All of them reportedly:-

1. **Materialize and de-materialize;**
2. **Harass human beings**, frequently in a **sexual** manner;
3. Reportedly "**steal**" **human babies** and/or **unborn foetuses**;
4. **Distort** the witnesses' **perception of time**;
5. **Pass through solid matter**;
6. **Enter temporarily into Earth space-time**, sometimes leaving physical traces;
7. **Shape-shift** into various forms and sizes including, at times, animals;
8. **Exist normally on** what is described as a "**hidden plane**" which co-exists alongside our normal earthly space-time.

All these world cultures have developed means to resist these creatures, and many of their techniques are similar to the techniques used by the seventy-two (72) resisters described in my book. So why shouldn't abductees in modern cultures be able to fend them off as well? The answer? -They **can**, and they **do**.

It is crucial that adequate attention be given to the concept of successful resistance. "Resisters" are able to live happy, productive lives, free of the trauma and other negative effects caused by their prior experiences.

The concept of resistance is spreading: Several

research sources are speaking about it on the Internet, and letters from a few researchers who have begun to teach resistance techniques to abductees are passing over my desk. I would hope that a continuing dialogue on the subject will be started in *FLYING SAUCER REVIEW* to counteract the silence of the few colleagues aforementioned.

HOW TO DEFEND YOURSELF AGAINST ALIEN ABDUCTION gives detailed case examples and practical pointers to persons experiencing abduction trauma and lets them know that they are not helpless victims. Free

people around the world should not have to feel that they are victims of anyone or anything.

Human beings are neither: (1) victims being taken over against their will; **nor** (2) frail creatures who need help in being evolved.

Human beings everywhere **can**, with **bold assurance**, fight against **anything we need to fight against**, and **win!**■

UFOS: A DEMONIC CONSPIRACY. © BY Fr. THOMAS KULP (WISCONSIN).

[There are still a surprisingly large number of people who seem to take all UFO reports with complete equanimity and, as it were, refuse to see anything “nasty” anywhere in it. Then, on the other hand, there are others, like Subdeacon Paul Inglesby and Cyril Marystone and Father Thomas Kulp, the author of this article, who take the opposite view and hold that every single case, without any exception whatsoever, is something straight out of Satan’s bag.

And, finally, there are also a few of us who think that the truth of the matter probably lies somewhere in the middle, and that by the very nature of things, there are bound to be some “*Goodies*” (i.e. the ANGELIC FORCES) somewhere around.

We shall have to go on probing all possible aspects of the question until we begin to feel that we can see a bit more clearly. (For example, while I feel as strongly as anyone that there really are absolutely demonic forces active in and among mankind, there are sudden new hints, new angles, and so on, which suggest that possibly even the “Little Greys”, so much abhorred by so many of us **so far**, *might not* be the real Demonic Enemies after all! But more of this later!)

Father Thomas Kulp is a priest of the Orthodox Church, and lives in the State of Wisconsin, USA, with his wife and seven children. Paul Inglesby, MA, (Oxon.) and a former Lt. Commander in the Royal Navy, is a Sub-Deacon, also in the Orthodox Church.

As Fr. Kulp declares, many UFO researchers have noted the similarities that seem to exist between the historic descriptions of demonic attack and the current accounts of “alien abductions”, and he concludes that this is no coincidence.

The copyrighted article which we give below was originally in the U.S. publication FATE, for April 1996, and appears now in FSR by the permission and courtesy of both Father Kulp and Mr. Craig Miller, Associate Editor of FATE MAGAZINE, P.O. Box 64383, St. Paul, MN 55164-0303, U.S.A. -EDITOR, FSR]

Since the term “flying saucer” was coined in the 1940s, the UFO phenomenon has intrigued and mystified serious investigators and has profoundly influenced the

imaginative content of popular culture. Of particular interest are the numerous reported encounters with aliens. There can no longer be any doubt that something significant is happening. On the whole, the reported incidents can neither be regarded as hoaxes, nor as some bizarre form of collective hallucination.

Must we conclude, then, as many have, that extraterrestrial beings are visiting Earth? **This is, in fact, the message that has been communicated by the aliens themselves on various occasions, a message often cloaked in New Age terminology. A common motif is that Earth is on the verge of a dire catastrophe from which the aliens, as representatives of a more highly evolved race, can save us.**

This is the stuff of science fiction. It is, of course, comforting to believe that we are not alone, that there are beings somewhere out there older and wiser than ourselves, ready and willing to save us from our own folly. Perhaps we should cast aside the apocalyptic prophecies of doom and prepare ourselves for a new age of universal peace and brotherhood. Does this scenario seem too good to be true? As the saying goes, it probably is.

Indeed, as Whitley Strieber writes concerning his own experiences, “The beings I was encountering weren’t the wise and benevolent creatures that films like *Close Encounters* might have led one to expect. They were absolutely devastating....”

Strieber relates how he awoke in the middle of the night and sensed a presence in his room. “I felt an absolutely indescribable sense of menace. It was hell on Earth to be there, and yet I couldn’t move, couldn’t cry out, and couldn’t get away. I lay as still as death, suffering inner agonies. Whatever was there seemed so monstrously ugly, so filthy and dark and sinister. Of course they were demons. They had to be.”

In the end, however, Strieber rejected the possibility that these beings could really be demons. He did so, I suspect, not because of the evidence, but rather because the concept of the demonic simply does not fit into his worldview. In fact, this prejudice against an objective personification of evil is widespread today, even while the idea of angels is enjoying a renewed popularity.

Nevertheless, if we are indeed being visited by