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1 Master Saint Germain

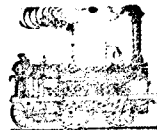
UNVEILED MYSTERIES



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today. Saint Germain seated himself at one of these and played several chords to give me some idea of their tone. It was the most wonderful music, I have ever heard.

"This harp is a surprise for our Beloved Lotus," he said, "for on New Year's eve in this Retreat, you shall hear the organ and four harps played by skilled artists." We finished the inspection of the room, and left through the door on the northwest wall.

Instead of passing out of the Retreat, as we had come in, Saint Germain opened a small door on the left, and entered a glistening tunnel whose walls sparkled with a crystal-like formation, which became instantly illuminated by the White Light that he always released, by manipulating the electronic substance about him. We walked rapidly forward in the tunnel, came to a bronze door that opened at his touch, and stood again under the starlit sky.

We remained in perfect silence for an instant, then rising to some five hundred feet above the ground level, passed swiftly through the air and a few moments later stood beside my physical body on the southern slope of Mount Shasta where the panther still guarded. I had been away twenty-two hours and as I looked up, dawn was just creeping over the eastern horizon.

"Here is your breakfast," announced Saint Germain, as he handed me the Crystal Cup containing a

clear, white, sparkling liquid. "This is both strengthening and refreshing, so you will enjoy hiking home—because your body needs the exertion and activity. I sense something in your mind which is not at ease or at least is not clear to your consciousness."

"Yes," I replied. "I have a question that has been holding my attention for some time, and it is concerning visualization. What is true visualization and what happens, when one does visualize?"

"True visualization," he answered, "is God's attribute and Power of Sight, acting in the mind of man. When one consciously pictures in his mind a desire he wishes fulfilled, he is using one of the most powerful means of bringing it into his visible, tangible experience. There is much confusion and uncertainty in the minds of many, concerning what actually happens, when one visualizes or makes a mental picture of something he desires. No form ever came into existence, anywhere in the universe, unless some one had consciously held a picture of that form in his thought, for every thought contains a picture of the idea within it. Even an abstract thought has a picture of some kind, or at least a picture that is one's mental concept of it.

"I will give you an exercise by which one may develop, consciously control, and direct his visualizing activities for definite accomplishment. There are several steps to the process which every student can

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use at any and all times. The practice does bring visible, tangible results, when really applied. The first step is to determine upon a definite plan or desire to be fulfilled. In this, see that it is constructive, honorable, and worthy of your time and effort. Be sure to examine your motive for bringing such a creation into expression. It must be honest, both toward yourself and the rest of the world, not merely to follow a whim or gratify appetites of the physical senses. Remember there is a vast difference between use, desire, and appetite. Use is the fulfilling of the Great Universal Law of Service. Desire is the expanding activity of God, through which manifestation is constantly sustained, and is Perfection enlarging itself. Appetite is but habit established by the continued gratification of the feeling nature, and is but energy, focused and qualified by suggestions from the outer activity of life.

"Be very sure that there is no lurking feeling within, that you would be glad to benefit at the expense of another. A real student, and only such a one will get the benefit out of this kind of training, takes the reins into his own hands and determines to discipline and consciously control the human self. He chooses what shall or shall not be in his world and, through the process of picturing within his mind, designs and brings into manifestation a definitely determined plan of life.

"The second step is to state your plan in words as concisely and clearly as possible. Write this down. Thus, you make a record of your desire in the outer, visible, tangible world. The third step is to close the eyes and see within your mind a mental picture of your desire or plan in its finished, perfect condition and activity.

"Contemplate the fact that your ability to create and see a picture within your own consciousness is God's attribute of sight, acting in you. The activity of seeing and the power to create are attributes of your God Self which you know and feel is within you at all times. God's Life and Power are acting within your consciousness to propel into your outer world, the picture you are seeing and feeling within yourself.

"Keep reminding the intellect that the ability to picture is an attribute of God—the attribute of sight. The power to feel, experience, and associate with the perfected picture is God's power. The substance used in the world without, to make the form in your picture and plan, is God's pure substance. Then you must know, God is the Doer, the Doing, and the Deed of every constructive form and action that ever has been sent forth into the world of manifestation.

When you, thus, use all the constructive processes, it is impossible for your plan not to come into your visible world.

"Read your desire or plan over, as many times in the day as possible and always just before retiring, because on going to sleep, immediately after contemplating the picture in your own mind, a full impression is left upon the human consciousness, *undisturbed for a number of hours*, enabling it to be recorded deeply in the outer activity, and allowing the force to be generated and accumulated, which propels it into the outer experience Life. In this way, you can carry any desire or picture into your consciousness, as it enters the Great Silence in sleep. There it becomes changed by God's Greatest Power and Activity which is always within the Heart of the Great Silence.

Under no circumstances discuss either your desire, or the fact that you are visualizing, with anyone whatsoever. This is imperative. **Do not talk** to yourself about it out loud, or even in a whisper, for you should realize that, the greater the accumulation of energy generated by your visualization, contemplation, and *feeling the reality* of your picture, the quicker it will come into your outer experience.

"Thousands of desires, ambitions, or ideals would have manifested into the outer experience of individuals, if they had not discussed them with friends or acquaintances. When you decide to definitely bring about an experience, through consciously directed visualization, you become The Law—God—the

THE ROYAL TETON

Law of the 'One,' to whom there is no opposite. You must make your own decision and stand back of your own decree with all your power. It means you must take an unshakable, determined stand. To do so, know and feel that it is **God desiring, God feeling, God knowing, God manifesting and God controlling** everything concerning it. This is the Law of the 'One'—God—and God only. Until this is fully understood, you cannot and never will get your manifestation, for the moment a human element enters, you are taking it out of God's hands, and of course it cannot express, because you are neutralizing it by the human qualities of time, space, place and a thousand and one other imaginary conditions, which God does not recognize.

"No one can ever know God, as long as he considers a force opposed to God, for whenever he acknowledges that two forces can act, he has a resultant quality of neutralizing activity. When you have neutralization, you have no definite quality either way. You merely have nothing or no thing in your manifestation. When you acknowledge God—The One—you have only Perfection manifesting instantly—for there is nothing to oppose or neutralize it—no element of time. So is it established unto you, there is none to oppose what God decrees.

"Conditions can never improve for anyone until he desires Perfection and stops acknowledging a

power opposed to God, or that there is something either in or outside of him that can prevent God's Perfection from expressing. One's very acknowledgment of a condition, that is less than all of God, is his deliberate choice of an imperfection and that kind of choice is the fall of man. This is deliberate and intentional, because he is free every moment to think whatsoever he chooses to think. Incidentally, it takes no more energy to think a thought or picture of Perfection, than it does one of imperfection.

"You are The Creator (localized) to design and create Perfection in your world and place in the Universe. If Perfection and Dominion are to be expressed, you must know and acknowledge only The Law of 'The One.' The One exists and controls completely everywhere in the Universe. You are the Self-Consciousness of Life, 'The One Supreme 'Presence' of the Great Flame of Love and Light. You alone are the Chooser, the Decree of the qualities and forms you wish to pour your Life into, for you are the only energizer of your world and all it contains. When you think or feel, part of your Life energy goes forth to sustain your creation.

Cast out of mind then, all doubt or fear of the fulfillment of that which you are picturing. Should any such thoughts or feelings—which are after all but human emanations—that do not contain perfection, come to your consciousness, instantly reject them by

the full acknowledgment of your Self and world as the Life of God—'The One.' Further than that, be completely unconcerned about it, except during the time you are visualizing. Have no set time in your mind for results, except to know there is only now—just the immediate moment. Take this discipline, use it and you can manifest a resistless power in action that cannot and never did fail.

"Always remember you are God picturing. You are God-Intelligence directing. You are God-Power propelling. It is God's—Your Substance, being acted upon. As you realize this and contemplate the fulness of it often, everything in the Universe rushes to fulfill your desire, your command, your picture, for it is all-constructive, and therefore agrees with the Original Divine Plan for Self-Conscious Life. If the human side of us really agrees to the Divine Plan and accepts it, there can be no such thing as delay or failure, for all energy has the inherent quality of Perfection within it, and rushes to serve its Creator. Perfection is the only predestination there is.

"As your desire or picture is constructive, you are God seeing His Own Plan. When God Sees, it is an irrevocable decree or command to appear now. In the creation of this earth and system of worlds, God said: 'Let there be Light,' and Light appeared. It did not take aeons of time to create Light. The same Mighty God is in you now and when you see or speak,

T.A.

