

The greatest gift  
You can give  
Is to truly receive  
Another Human Being.

The most direct way  
To communicate your Truth  
Is to speak  
The Language of Silence  
With a fellow Human Being.

PETER RENGEL

"SEEDS OF LIGHT"



Your most creative act  
Is to embrace

The Art of  
Simply Being.

Your ultimate creation  
Is your Life  
And how much Love  
You allow.

True giving occurs when  
After having given,  
You have More  
Instead of Less.

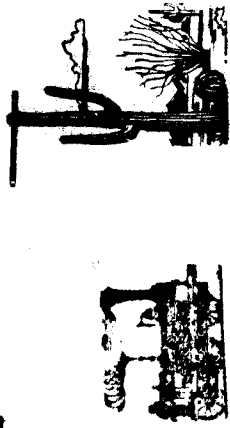
Compassion occurs  
When you are feeling grief  
For human suffering  
While feeling the Beauty  
Of human Love.

The Dog.

The dog makes no distinction  
between the great and the humble,  
between the rich and the powerful,  
and those who have nothing to offer  
him except their company.

He walks with Kings, and to our  
delight, with our Queen; he protects  
the lonely, and leads the blind, he  
shares our pleasures, our labours,  
our sports, our follies, our triumphs  
and disasters, our homes and our  
families.

Through the dog we enrich our  
lives, and in return he asks only  
that we give him what he gives us—  
friendship.



*Overcoming Depression, Doubt and Despair*

If there is one factor aspirants recognize it is the need of freeing themselves from the Great Illusion. Arjuna knew this, yet succumbed to despair. Yet in his hour of need, Krishna failed him not, but laid down in the Gita the simple rules whereby depression and doubt can be overcome. Here they are, briefly summarised.

1. Know thyself to be the undying One.
2. Control thy mind, for through that mind the undying One can be known.
3. Learn that form is but the veil which hides the splendor of Divinity.
4. Realize that the One Life pervades all forms so that there is no death, no distress, no separation.
5. Detach thyself therefore from the form side and come to Me, so dwelling in the place where Light and Life are found.

THIS ILLUSION ENDS.

Treatise on White Magic, A.A. Bailey, p. 308

"The Voice of Universarius", Tucson, Arizona,

Vol. 23, No 1, January 1984

**Infinity**

Infinity is probably one of the most difficult things for man to conceive. I wish to make a few comments upon this in order to simplify the lecture following.

I shall begin by stating that the universe is infinite. Having accepted this, I want you to realise that everything in the universe is also infinite; by that I mean that the Godhead is infinite, all the spirit planes are infinite, the number of planets similar to Earth is infinite, the many forms of spirit life which descend from the Ultimate are infinite; and each one of these forms of expression differs from all others in its own individual way.

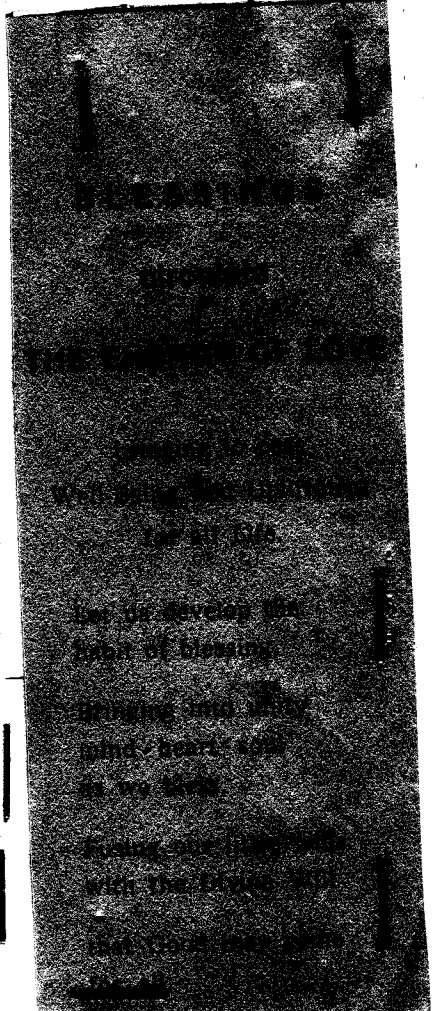
Unfailing Light of God Decrees.

1. The LIGHT OF GOD NEVER FAILS AND THE BELOVED MIGHTY I AM PRESENCE IS THAT LIGHT! (say each 3 times)
2. UNFAILING LIGHT OF GOD I AM calling your perfection into action in me now. (3x)
3. UNFAILING LIGHT OF GOD I AM calling your perfection into action in this (room, situation, organization, family, et cetera) now. (3x)
4. UNFAILING LIGHT OF GOD I AM calling your perfection into action in the world (this city, state, country, et cetera) now. (3x)
5. Mighty Arcturus, Thou Elohim of God, descend with that Light of a thousand Suns to transmute all human selfishness and discord within this (family, group, nation) now. (3x)
6. The Blazing Light of God in the fullness of Its Power is Victorious now! (3x)
7. BELOVED I AM! BELOVED I AM! BELOVED I AM!

Dear Hearts, use these decrees often. You can see that they are multi-purpose and can be adapted to fit any situation which calls for the UNFAILING LIGHT OF GOD.

"The Voice of Universarius", Portland, Oregon, July 1982

"Serge Rachmaninoff retained its predilection for "the eternal infinitude of things, the brilliance of activity, the luminosity of ascent" as well as its passion for ups and downs and the intoxication of vertigo...".



Vladimir Nabokov

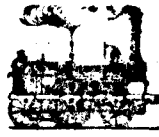
Closed in a crystal sphere we were,  
And past the stars we together flew  
Tempestuous, in silence, we glided  
From splendour into blissful sky blue.

And were without a past, without a goal,  
Just the ecstasy of eternity uniting us.  
Along the sky, in nudity we flew  
Blinded by the smile of planets.

Yet someone's sigh shattered our sphere of crystal,  
Broke off our gust of fire  
And the kiss opened our consciousness,  
Cast us into a captive world and separated us.

And on earth we forgot much:  
Still sometimes one recalls in a dream  
Our shivers and the tremble of stardust  
And the wondrous roar rumbling from the heights.

Though we grieve and rejoice apart,  
Amidst all beautiful visages, I can always recognise  
Your face, just because of the stardust  
Adorning the tips of your eyelashes. (18)



VERSHINA (Little Verse), by Vladimir Nabokov

I like that mountain in its black pelisse  
Of fir forests, because  
In the Gloom of a strange mountain country  
I am closer to home.

How should I not know those dense needles,  
And how should I not lose my mind  
At the mere sight of that peat-bog berry  
Showing blue along my way?

The higher the dark and damp  
Trails twist upward, the clearer  
Grow the tokens, treasured since childhood  
Of my northern plain.

Shall we not climb thus  
The slopes of paradise at the hour of death,  
Meeting all the loved things  
That in life elevated us?

(Feldberg, 1925) (26)

The Blazon By Vladimir Nabokov

As soon as my native land had receded  
In the briny dark, the north-easter struck  
Like a sword of diamond, revealing  
Among the clouds a chasm of stars.

My yearning ache, my recollections  
I swear to preserve with royal care  
Ever since I adopted the blazon of exile:  
On a field of sable a starry sword.

(Berlin, 1925) (13)

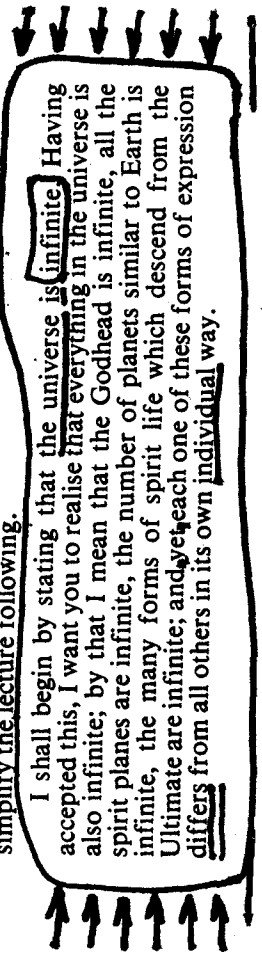
Music is a calm moonlit night,  
A rustling of summer foliage:  
Music is the distant peal of bells at eventide.  
Music is born only in the heart,  
And it appeals only to the heart.  
It is love!  
The sister of music is Poesy,  
And its mother is Sorrow...  
(Sergei Rachmaninov, 1932) (19)

SERGEI RACHMANINOFF

Infinity

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IONY NEATE

"THE GUIDE BOOK"

1986, 182 PAGES



## 37. The Ever-evolving Universe

You said there was no beginning and no end to the Universe. Can you enlarge on this?

The Universe is ever-changing; it always was, and always will be. The supreme Intelligence behind it maintains a perpetual flow to and from itself. The stars, systems and galaxies of the visible Universe will have an ending insofar as the physical matter of which they are composed will cease to exist in that state. But they will not truly end: the atoms of which they consist will increase in speed or vibration and form a new chain of existence in a dimension beyond the grasp or comprehension of the human mind.

→ The graduation of atoms, from one dimension to another sets up a friction, which in turn brings into being an entirely new set of atoms. These newly-created atomic structures are of a similar, but not identical, pattern and 'weight' to those of the Universe which has dissolved. Thus another galaxy is born, another set of suns and stars comes into being for future generations of intelligences to survey with whatever instru-

ments they might possess. The density or vibration of this new galaxy differs from the old one by only the slightest fraction. Thus the experiences to be gained within it vary from those of its predecessor, as no evolutionary plan is identical or repetitive.

The Universe did not start with a colossal bang. Nor is it constantly spreading outwards, leaving a hole in its centre, as some theorists will have you believe. If this can be expressed in words, there is one central atom, which is perpetually expanding from its core. As it does so, it fuses with other elements in the cosmos, and, from this continual fusion, Universe — collections of galaxies — are born. In time, these Universe <sup>ALREADY EXISTING</sup> raise their atomic vibration, and are absorbed into the original core, creating, as they do so, yet other Universe <sup>By EVOLUTION</sup>. Thus is the unending flow of creation maintained. Nothing is ever lost. The cosmos is forever expanding in a dimension beyond those of time and space. Eventually, as mankind evolves, it will take in more of this picture.

PAGE 19, 110

Ignacio Darnaude Rojas - Marsas

41001 - SEVILLA - SPAIN

## 6. The First Seven Years of Childhood



We usually think of conception, birth and early childhood in purely physical terms. Would you give us an insight into these processes from your own point of view?

Gladly. As I have said, throughout the ages you have tended to place the ultimate responsibility for your destiny either on a god of some kind or on an even more capricious and unreliable entity called Fate. Whereas, as you know, the law of Karma places the responsibility fairly and squarely on your own shoulders.

→ PAGE 107, 15  
Another law operating throughout the Universe guarantees each of you the free will to evolve in the manner and at the speed you choose. The evidence to support this statement is all around you — man can and does do what he wishes. He can explore, create, or destroy. He can vegetate, drift with the current, sidetrack or backtrack. I ask you to bear this firmly in mind, because in this fundamental principle lies the very essence of what I have to say; indeed, my entire outlook on life as it is unfolding here on Earth and elsewhere is built

We live in an expanding Universe, one in which the Creator or First Cause is continuously giving out fresh thought or energy or spirit. (How inadequate are words to describe this mighty enterprise!) That thought goes out, and experiences by virtue of its own free will, and yet, it is part of the Creator itself; so in effect, God is perpetually experiencing, through subtle planes and dimensions, physical galaxies, suns, planets, Nature, man, particles, atoms — throughout all Creation. When each spirit completes its cycle of growth and evolution, and returns to that from which it emerged, it takes its own wisdom and experience with it. Thus, the Godhead itself is forever evolving in its own infinite wisdom.

And now to specifics:

PAGES 85, 16

Let us say that a spirit decides to reincarnate on Earth. It chooses a body, that offers it the circumstances it requires to complement the experiences it has already had. The spirit enters that body, at the moment of conception. On this point I must be adamant, because there can be no physical life whatsoever without spirit. As soon as the human seed has germinated, there is spirit, make no mistake about it.

While the baby is growing in its mother's womb, the foetus and the spirit within it assume equal importance, and are directly affected by the mother's health and way of life. Which brings us to the grim fact that every day most of you are inhaling harmful gases and chemicals from vehicles and factories, and eating still more chemicals and preservatives in your food. Indeed, the human body today is being subjected to abuses for which it was not designed. This concerns me deeply, because the effects of this abuse are not necessarily felt in a single generation.

KYLE GRIFFITH

"WAR IN HEAVEN" 1988

The Technology War -- 147

At certain points during the normal menstrual cycle, and especially during early pregnancy, a woman's somatic soul prepares itself to accept an astral soul for early reincarnation. A side effect of the process facilitates the formation of astral-matter links with the souls of other people. This is a factor in human pair-bonding, and it also allows some women to function spontaneously as high-level magicians with very little conscious knowledge or training. Now you should easily see why birth-control pills that simulate early pregnancy are an important factor in the fight against Theocracy.

Of course, preparing women physiologically so they can develop their psychic powers more easily is just the first step. We also encourage them to be sexually active so they will start spontaneously learning sex-magic, and then we provide opportunities for more formal training in the Aquarian Age occult and religious groups. (It's only on this third level that men get actively involved by consciously learning sex magic.) One proof that this sexual revolution is of vital importance to the outcome of the War in Heaven is that the Theocrats have taken some extremely drastic measures to counter it -- such as the creation of AIDS.

Q. I've had an intuitive feeling that AIDS was an artificial disease ever since I first heard of it. Did the Theocrats create it by telepathically instructing the scientists in some secret germ-warfare laboratory?

SIDA

A. No, they used psychokinetic genetic manipulation to alter a relatively harmless African venereal disease virus into the HIV virus about twenty years ago. (The use of massive amounts of DDT-family insecticides to combat sleeping sickness and other insect-vectored diseases in that part of Africa in the Forties and Fifties made the job easier by putting certain chemicals that facilitate genetic change into people's systems.) The Theocrats were not aware in advance that AIDS would spread faster among male homosexuals than among heterosexuals. However, once they discovered this, they launched a telepathic propaganda campaign to make gays the scapegoat for AIDS.

1968

Q. I've noticed that many heterosexuals who used to support gay rights have now changed their minds. I argue that gays are victims in exactly the same sense as the Jews were under the Nazis, but it's very difficult to get people to listen unless they have made the breakthrough. And even some of my correspondents who are consciously aware of Theocracy are so scared of AIDS that they are taking conservative positions on promiscuity and homosexuality.

A. Medical science will probably discover at least the beginnings of a means for preventing or treating AIDS within a year or so, but this will turn out to be an extremely mixed blessing. Are you aware that practically all of the research to find a vaccine for AIDS involves genetic engineering, and that the AIDS scare is the chief reason why such research is now being sanctioned and financed on a large scale?

Q. Most AIDS researchers interviewed on the news are postulating that a vaccine can be found only by doing gene-splicing on the AIDS virus itself, but I wasn't consciously aware that this research has resulted in a sudden and virtually unpublicized relaxation of the public and governmental resistance to allowing scientists to experiment freely with genetic engineering. However, once you point this out, it's self-evident. Genetic engineering to produce frost-resistant food plants is still controversial; similar research to discover an AIDS vaccine isn't. No one dares to speak up against it.

Hitch-Hiking Spirits -- 122

KYLE GRIFFITH: "WAR IN HEAVEN" 1988

brain. Such systems are extremely complex, and translation from one system to another is often very difficult.

As long as a particular civilization is viable, it retains the information that the people in it want to retain. If it breaks up, the souls of the people who survive the break-up go to other civilizations, which have their own history, their own store of information they consider valuable. So specific information about a particular planet is often not available.

While we're talking about the remote past, what about the creation of the universe?

THE BIG BANG

The universe is cyclical. It really doesn't have a beginning or an end. The Big Bang theory, which most of your scientists now accept as proven, is valid; but it's just one component of a Steady State theory that operates on a larger scale. There is another parallel part of the universe which is contracting toward a Big Crunch at the point where/when Earth astronomers observe evidence of the Big Bang. That part of the universe is composed of anti-matter and time flows backwards there.

The "heat death" points in our own part of the universe, the points where particles of matter lose all their energy and motion, are also the points at which particles become anti-matter and pass into the other part of the universe, to start falling towards the Big Crunch.

In other words, the universe didn't really have an origin at all. There wasn't a point in time when the universe didn't exist, because the very definition of time is as a measurement of changes in matter and energy. Therefore, time cannot exist unless matter and energy also exist. It is simply a dimension as length, breadth, and height are dimensions; and this makes it part of the universe, not something independent of it.

Now, let's get back to our discussion of the creation and evolution of life by saying that the astral souls of all intelligent beings contain a template for the DNA molecule and all the precursor chemicals that compose it. If the surface waters of an Earth-like planet are close to the correct temperature and have the right chemicals dissolved in them, disembodied spirits with the proper technical knowledge can create life by psychokinesis alone. There is no need to visit planets in space-ships and "seed" them physically..

Q. Is this organic life always of the same type as on Earth? In other words, is DNA as we know it the basis for all life in the universe?

A. No, there are other kinds of organic life on the surfaces of other kinds of planets, and also non-organic forms who live in the interiors of stars, comets, gas-clouds, and other bodies of matter. They all have different kinds of souls, composed of different kinds of astral matter, and there is almost no communication between the different kinds of life.

Q. Why is this? Can't they communicate telepathically, even if a soul from one type of environment can't incarnate in a body from another?

A. This is barely possible but not really feasible, because the different types of organic and astral life use very different kinds of symbols to communicate, and also think at different rates of speed.



Nº 839

IGNACIO DARNAUDE ROJAS-MARCOS  
Cabeza del Rey Don Pedro, 9 - (2º B)  
41004 - SEVILLA (Spain)

The Light of Life descends on us,  
 The darkness of ignorance goes away.  
 I stand forever protected by the Light.  
 My spirit rises up to the sun, God of Creation.  
 I am indeed blessed by Life.  
 I go, I go where it moves me.  
 My trust, my trust is eternally in it.  
 Oh, God of Sun, the Light protects me,  
 I am, I am the all in all.  
 Great God, Sun Creator!



A Gratia.

## He Maketh No Mistake

My Father's way may twist and turn,  
 My heart may throb and ache,  
 But in my soul I'm glad I know,  
 He maketh no mistake.

My cherished plans may go astray,  
 My hopes may fade away,  
 But still I'll trust my Lord to lead  
 For He doth know the way.

Tho' night be dark and it may seem  
 That day will never break;  
 I'll pin my faith, my all in Him,  
 He maketh no mistake.

There's so much now I cannot see,  
 My eyesight's far too dim;  
 But come what may, I'll simply trust  
 And leave it all to Him.

For by and by the mist will lift  
 And plain it all He'll make.  
 Through all the way, tho' dark to me,  
 He made not one mistake.

— A. M. Overton

### THE GREAT INVOCATION

From the point of Light within the Mind of God  
 Let light stream forth into the minds of men.  
 Let light descend on Earth.

From the point of Love within the Heart of God  
 Let love stream forth into the hearts of men.  
 May Christ return to Earth.

From the centre where the Will of God is known  
 Let purpose guide the little wills of men -  
 The purpose which the Masters know and serve.

From the centre which we call the race of men  
 Let the Plan of Love and Light work out  
 And may it seal the door where evil dwells.

Let Light and Love and Power restore the Plan on Earth.  
 "Heralds of the New Age", Auckland,  
 New Zealand, No 94, July 1986

In closing, I would like to repeat a 12th-century poem written by a mystic named Rumi, from Persia, and it goes this way:

I died as a stone and I became a flower.  
 I died as a flower and I became an animal.  
 I died as an animal and I became a human being.  
 So why should I be afraid of death?  
 Did I at anytime become worse or less through death?  
 Someday I'm going to die as a human being  
 And I will be an Angel of a dream, a light being,  
 But my way goes forward.  
 Everything but God disappears.  
 I will be such which nobody has heard of,  
 Which nobody has seen.  
 I will be a star with all stars -  
 The star that lightens life and death.

The above lecture was given by Dr. Luukanen at the New Frontiers Center Conference held August 22-25, 1985 in Madison, Wisconsin. A taped copy of Dr. Luukanen's lecture and other conference lectures may be obtained from Prof. Walter Uphoff (see conference report - page 127).

"Pursuit", No 71, 1985



Pursuit 119

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Oscar Magocsi: "Odyssey in UFO: THE BUZZ ANDREW STORY"

TORONTO, 1984, 76 PAGINAS

TECNICAS PARA INTENSIFICAR  
LA INTERACCION EN LA PAREJA

by their own 'wing power' from the craggy mountains, and frog-like amphibian 'mud-lovers!'. These two sentient species co-existed very peacefully in their chlorine-breathing world. Matter of fact, they even collaborated in a complimentary fashion at producing various types of chemicals, both in gaseous and liquid form - mostly for export. Their jointly-built chemical plants were marvels of engineering. I was amazed by the number of technical and cultural feats they managed to pull off together during their intertwined history of symbiosis. Quite a marvel with the conflicting nature of reptilian 'airiness' versus amphibian 'sluggishness'. They shared a great passion, though, for engineering technology. Curiously, it was more by the stronger desire of the 'froggies' that they eventually developed space travel.

Ignacio Barbaudo Rojas - Mercedes

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1 2 NOV. 1987



41001 SEVILLA SPAIN  
More than half the day was gone by the time we quit touring the three world-modules. My head was bursting with the many alien impressions; so, dismissing the mini saucer, we went for a relaxing stroll in the oxygen-breathing module of Argus's home world, then had a leisurely picnic followed by lovemaking like the day before. From the way we harmonized, the one-day elapsed time felt more like a year. Angela felt the same, saying that we seemed to have been made for each other and suggested that we should try to strengthen the bond between us. For this latter purpose, she told me about a very concrete procedure called 'Mind Linking' which she wanted us to undergo together. She said we would have direct knowledge of what the other person is really like inside, and that it would bring us intimately closer. I was all for it, since I was already strongly in love with her. Besides, what better way to learn about my space friends world and ways, and my true intentions at the same time? And Angela could fully satisfy both her personal and scientific curiosity about me in one fell swoop.

We set out again, this time on foot, in the direction of the SLA's front end. She explained that we were heading for an area in the nose cone called Mind-Link Chambers (MLC). This section was made up of four 'Ferris Wheel'-like contraptions in a carnival midway fashion in the middle of wildly-fluctuating psychedelic light patterns. This light explosion was caused by the reflections off and from the countless man-sized crystals embedded in the cylindrical wall, as well as from the thirty-foot-diameter transparent center shaft which glowed with on-rushing energies - just one visible portion of the great central shaft running the SLA's entire length. There was a profusion of platforms, monorail girdles and support beams criss-crossing the whole mind-blowing place. The ferris wheel gondolas were translucent tetrahedron shapes formed by preselected pairs of pyramid-shaped crystal tanks (12 ft. by 12 ft. base area and proportionate height - for single person use), with 'bottom-to-bottom' interlocking and lifted into place with axis horizontally positioned so the partners for the mind link are seated 'back-to-back' inside. Oxygen-breathing humanoid could embark on the spot, but other types of aliens were transported here already sealed inside their climatized pyramid-tanks.

The actual process of mind linking was facilitated through telepathic osmosis, induced by the static field created between the powered center shaft and the encircling crystals. This mind interpenetration (or rather a kind of 'psychic intercourse') would enable each person to know the other's essence of being. Then, the already-heightened states of consciousness would be further stepped up and brought into sharp focus by the successive dynamic phase, in which modulated currents were rapidly rotated through the encircling assemblage of crystals already tuned and synchronized to each participating pairs' combined vibrational characteristics. (Rotating the currents is better than the clumsy mechanical rotation of the ferris wheels themselves). This dynamic phase would aid the partners in learning even some concrete details about each other's life history and specific knowledge area.

With each of the four ferris wheels, the currents could be switched off independently from the others and respective boarding platforms sealed through proper shielding. Each wheel could hold up to 200 tetrahedron gondolas. MLC sessions per participant had to be generally spaced at least one day apart to allow for assimilating the new impressions.

The first wheel was used only for 'mind touch' sampling rounds of three minutes duration, to provide brief overall impressions of one's partners. Upon a round's completion, the participant-holder pyramids were switched around for pairing off anew. After five such rounds, the session was over.

The second wheel was used for 'mind probe' and each session lasted one hour for a mutual in-depth exploration of great intimacy.

The third wheel was used for 'mind fusion', with a session lasting twenty hours, during which the partners became like inseparable Siamese twins by the virtue of having merged into each other's personality with no holds barred and no secrets left.

The fourth wheel was used for U.N.-style multi-species mind conferences of instant all around mental communication. This was used to ponder issues of universal importance, with duration of the session agreed on by all. The conference participants were constantly interconnected with their respective home modules inside the SLA and received periodic summarized feedback from the MLC computer on the emerging consensus.

Angela and I embarked on the 'mind probe' wheel. In the following hour - which seemed more like a year - I learned a tremendous amount about her life and world. In the meantime, I felt her move into my being and learn about me in turn. I was very happy to become one with her, even if it was only for an hour. It was a perfect union with the most compatible person I ever met, and with whom the fact of our being deeply in love, was a two-way proposition beyond doubt. Aside from the emotional impact, I learned more about her life and world than I could in a hundred hours of verbal exchange. It was fascinating to be part of her and to re-experience many highlights of her life in all those wonderfully

In 1970 *The Seth Material* appeared—a marvelous, straightforward accounting of her life as a channel for an entity who calls himself "Seth," by a woman with both feet on the ground. Although the book is fascinating on several levels, we shall concern ourselves with some of the high-quality revelations which "Seth" channeled through Jane Roberts:

### *The God Concept*

[God] is not human in your terms, though he passed through human stages; and here the Buddhist myth comes closest to approximating reality. He is not one individual, but an energy gestalt.

If you remember what I said about the way in which the universe expands, that it has nothing to do with space, then you may perhaps dimly perceive the existence of a psychic pyramid of interrelated, ever-expanding consciousness that creates, simultaneously and instantaneously, universes and individuals that are given—through the gifts of personal perspective—duration, psychic comprehension, intelligence, and eternal validity.

This absolute, ever-expanding, instantaneous psychic gestalt, which you may call God if you prefer, is so secure in its existence that it can constantly break itself down and rebuild itself. Its energy is so unbelievable that it does indeed form all universes; and because its energy is within and behind all universes, systems, and fields, it is indeed aware of each sparrow that falls, for it is each sparrow that falls.

### *Man and Co-Creator with God*

What you call God is the sum of all consciousness, and yet the whole is more than the sum of its parts. God is more than the sum of all personalities, and yet all personalities are what He is.

There is constant creation. There is within you a force that knew how to grow you from a fetus to a grown adult. This

force is part of the innate knowledge within all consciousness, and it is a part of the God within you.

The responsibility for your life and your world is indeed yours. It has not been forced upon you by some outside agency. You form your own dreams, and you form your own physical reality. The world is what you are. It is the physical materialization of the inner selves which have formed it.

There is no personal God-individual in Christian terms, and yet you do have access to a portion of *All That Is*, a portion highly attuned to you. . . . There is a portion of *All That Is* directed and focused within each individual, residing within each consciousness. Each consciousness is, therefore, cherished and individually protected. This portion of all consciousness is individualized within you.

What you prefer to think of as God is, again, an energy gestalt or pyramid consciousness. It is aware of itself as being . . . you . . . It is aware of itself as the smallest seed. . . . This portion of *All That Is* that is aware of itself as you, that is focused within your existence, can be called upon for help when necessary.

This portion is also aware of itself as something more than you. *This portion that knows itself as you, and as more than you, is the personal God, you see.* Again, this gestalt, this portion of *All That Is*, looks out for your interests and may be called upon in a personal manner.

I must emphasize that I have, with permission, excerpted only bits and pieces from the wide range of topics in the two weighty Seth volumes and arranged them here according to thematic points of interest. Jane the channel, Rob the transcriber, and Seth the dictating entity have produced more than sixty-five hundred typewritten pages of "Seth Material." The two books, *The Seth Material* and *Seth Speaks: The Eternal Validity of the Soul*, deal with such topics as the nature of physical matter, time, and reality, the god concept, the substance of soul, probable universes, and reincarnation.

In her introduction to Seth's own book, *Seth Speaks*, Jane

### TRYING TO POSSESS

I knew a case some time ago where a lady suffered excruciating pains in her back. The British National Health Service called in its best brains, but all they could do was deaden the pain. Nobody knew what was causing it. She was even visited several times by a Christian Science practitioner — again without any change in the pain pattern.

Then her husband died suddenly, and bingo—the pain in the lady's back was gone. I've heard of a husband being 'a pain in the neck' but never a pain in the back!

As I knew the family quite well, I reached the conclusion that this lady suddenly felt neglected when her grown-up family married and settled down in homes of their own. She often complained to me, because her back started 'playing up', about being neglected by her

and, when they failed to respond, her subconscious mind 'switched on' her back pain — so that pity and concern for her well-being would force them to visit her. Her long-suffering husband's sudden death seemed to shock her back to reality, and the pain departed.

So the lesson here seems to be: Be very careful about who or what you try to possess.

The poet Kahlil Gibran wrote some very beautiful words about this.

"Your children" he wrote, "are not your children, They are sons and daughters of Life's longing for Itself. They come through you — but not from you, And though they are with you — yet they belong not to you. 'You may give them your love — but not your thoughts, For they have their own thoughts, You may house their bodies — but not their souls, For their souls dwell in the house of tomorrow — which you cannot visit . . . not even in your dreams. You may strive to be like them — but seek not to make them like you. For life goes not backwards nor carries with yesterday. You are the bows from which your children as living arrows are sent forth. The Archer sees the mark upon the path of the infinite, and He bends you with His might that His arrows may go swift and far. Let your bending in the Archer's hand be for gladness; For even as He loves the arrow that flies, so He loves also the bow that is stable.

Gibran obviously believed there is Someone 'out there' who understands — and cares. And I think I'm correct in saying Mr Gibran wasn't a professing Christian. Alas, he is no longer with us.

**"The Truth Seeker", Wellington, New Zealand,  
Vol. 38, No 4, NOV.-DEC. 1984, pages 10-11.**



↓ S.T. ↓  
cades, the controversy is purely an academic one.)

National Enquirer August 12, 1973  
(Understanding Nov. 1973)

To live is to create and  
To create is to live

Vida Reed Stone.

## What others are saying



Most people don't 'grow up'.

Most people don't grow up. They get older, but remain at certain levels of immaturity all of their lives, according to psychiatrist Glenn V. Koch.

"Only 4 percent of adult Americans ever reach the level of self-freedom and self-understanding necessary for complete maturity," said Dr. Koch, who spoke Tuesday at a free seminar entitled "Getting Along With People." The seminar at the "Downtown Adventurer's" auditorium of May-D&F, was sponsored by Learning for Living, an innovative adult education group.

"In order to become completely mature," said Dr. Koch, "people must involve themselves in new, direct experiences. They should do this even if the new experiences cause them anxiety and seem to interfere with their formal beliefs. People should free themselves of the fear of trying new things."

Dr. Koch said people must understand the level of maturity at which they are functioning and also understand the level of maturity of the person with whom they are dealing in order to get along effectively with others.

Dr. Koch said people acquire three kinds of knowledge in their life time: formal, which is second hand, "something that someone, usually our mother, told us;" informal, which is gained from direct experience, and technical, which also is formal, but taught in a structural setting such as school.

"It is the first kind of formal

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knowledge that gives us the most trouble," said Dr. Koch. "This is the kind of knowledge which hasn't been tested or proven, but has been passed in from generation to generation, for example, political or religious beliefs. Neurotics are people who have been taught one thing formally, and then get out into the world and can't deal with it."

He explained that the way people deal with the three kinds of knowledge determines the level of maturity they reach.

Outlined the levels

Dr. Koch outlined the seven levels of maturity in descending order.

The seventh and highest level, that of complete self-freedom and self-actualization, is the most desirable and least attainable, he said. People at this level combine the ability to look at all sides of an issue with a tolerance for the formal beliefs of other people.

The sixth level is self-understanding, the ability to understand and get along with yourself and others, utilizing informal experiences, and possessing the ability to look back and evaluate one's formal experience.

At level five people begin to form self-solutions to problems, drawing from direct informal learning experiences as well as formal.

The fourth level is mimicry where people imitate and pattern their thoughts and behavior on that of some successful and admired model.

Most people reach a point between

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the fourth and fifth level in their struggle toward maturity, Dr. Koch said. "Some 65 per cent of the American population fall into this group," he said.

"President Nixon is an example of someone who functions at level three," said Dr. Koch. "Persons at this level are oriented towards following all the rules and are locked into cultural mores. They are convinced that following the rules will get them what they want.

"The rules can either make or break this kind of person. Any organization is an example of an entire group functioning at level three."

#### They seek control

At level two people seek control of others, seeing them as possibly interfering and dangerous influences who may keep them from getting what they want.

Level one Dr. Koch described as the level at which infants function. "A baby believes he is the whole world and that anyone else is insignificant or a mistake," said Dr. Koch. "We seldom meet people at this level, because they often end up in prison at an early age."

Koch taught at the University of Denver from 1966 through 1970. In 1970 he received the Outstanding Faculty Award from the University of Denver. He now has a full-time psychiatric practice.

Learning for Living is a nonprofit adult education group functioning out of 16 centers throughout the Denver area.

To register for classes, write the Learning for Living Office at 231 Detroit St. or call 322-6364.

Denver (Colorado) Post, Oct. 4, 1972.  
By Sandra Dillard, Staff Writer.  
(Understanding Nov. 1973)



## Antiquity has become OLDER

Denmark's great passage graves were built long before the pyramids of Egypt.

Earth's oldest living organisms are some comparatively unimpressive trees, bristlecone pines, growing in the mountains on the border between California and Nevada, USA. A few specimen still alive are more than 5000 years old, and every year during this long period, the tree wood has created a new ring. These annual rings, which are quite simply countable, have formed the basis of significant changes in the hitherto most secure method of dating immemorial archaeological finds: the carbon test, by showing it is far less secure than used to be supposed.

The carbon-test builds on the fact that living organisms absorb carbon from the air, a tiny part of this carbon being radioactive. As the absorption ceases with the death of the organism, and as, within a certain, known period, the radioactive carbon is halved, it is possible through measurements of the remaining amount to figure out, how long ago the plant, the animal or the human being has lived, the remains of which have been found. A precondition of gaining a true result is, however, among other that the amount of radioactive carbon in atmosphere always was the same, and out of practical reasons and lack of proofes to the contrary, it has been decided to act on this supposition.

However, the bristlecone pines have shown this does not hold good, and i. e. has caused that the magazine "Skalk"'s new chronological table appears in a more exciting form and with strongly altered dates for the part of Denmark's antiquity. It has become older. The bristlecone pines