

THE AVELEY ABDUCTION

ANOTHER INTERRUPTED JOURNEY WITH ALLEGED CAR TELEPORTATION
AND ABDUCTION, THIS TIME IN GREATER LONDON

Andrew Collins

Report compiled January 1978 on behalf of UFO Investigators' Network (UFOIN)
for FSR Publications Ltd.

IN YEARS PAST we have come to accept many aspects of the UFO encounter. None can be more interesting, or involved, than the reports of alleged abductions, car teleportations, and contacts, all of which have found their way into the pages of many books and magazines with varied degrees of depth and accuracy. But if one looks closely, a large percentage of these cases have either been reported in Africa, the United States, or South American countries. Never before have we been able to present a fully documented account of an abduction, a car teleportation, and an important contact case all rolled into one, which has been reported in Great Britain.

This case, which I believe is probably the most important British case ever, happened in the autumn of 1974. Yet it was not brought to light until August 1977. It was nearly three years before the witnesses decided to come forward and "get off their chests" an incident that they say happened to them late one evening whilst driving along country lanes near Aveley, in Essex, only 13 miles from the City of London.

PART I — THE INCIDENT, AS INITIALLY REPORTED, AND FAMILY BACKGROUND

ON Saturday August 14, 1977, I telephoned a colleague of mine in a local UFO group to enquire whether they were engaged in any new investigations, not previously known to me. After some time on the telephone he mentioned that he had the name of a person in Aveley who had contacted them some months before stating that he had seen a UFO and had then encountered a green 'mist' on the road. Then, on reaching home, he realised that three hours were missing from his life.

Members of the UFO Group had twice tried to speak with this person by telephone, but on each occasion the family was either out, or the telephone line was so bad that a conversation could not be held. My colleague gave me the name, address and telephone number, stating that the group had given up trying, and suggested I might like to take up the case. I agreed without hesitation. Minutes after I finished the call to the group, I spoke to the witness and arranged an interview with him for the following day, Sunday August 15. I then arranged with my fellow investigator in the network, Barry King, to join me at the interview.

What follows stems directly from that first interview, and consequently from the succession of investigatory interviews that followed.

The whole encounter centres around the Avis family, a very normal, simple, and warm East London family. They live in a semi-detached house in Aveley, Essex. The family consists of John, aged 32, his wife, Elaine, aged 28, and their three children: Kevin, aged 10, Karen, aged 11, and Stuart, aged 7. Both John and Elaine were born in the London East End area of Stratford. John was educated in a Secondary School in Forest Gate, but due to the large classes and inexperienced teachers, he feels he did not have a fair schooling. He liked studying English, and "making things" at school but was unable to learn either of them satisfactorily. John left school at 15 and decided to learn a trade. As "making things" was one of the only things he liked doing, he did a five-year apprenticeship in Joinery and Building. Since then, John has had over thirty different jobs, most of which have been to do with carpentry or constructing things. Besides his daily jobs, John has also been a disc jockey in the evenings. His main interests in life are constructive, and he is a very creative person by nature. He is independent, and dislikes what he calls "9 to 5" type jobs.

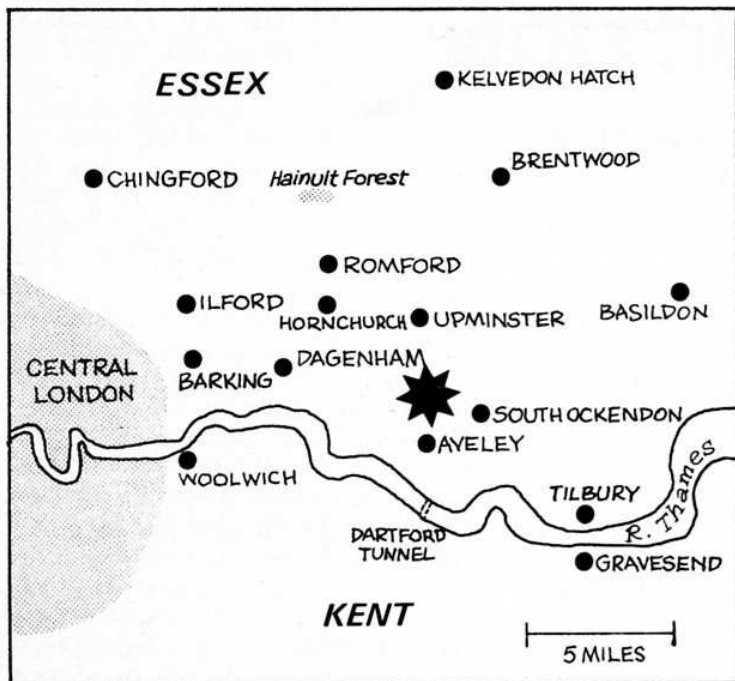
Despite his inadequate education John is a very intelligent person who has pronounced feelings and views on all aspects of life. He expresses points very effectively and has a vast vocabulary, although keeping his typical Londoner-type personality, i.e. accent, humour and views. He says he dislikes officialdom, snobbery and the rich.

Elaine is a very quiet person. She went to a High School for girls, and left at sixteen to become an accountant. This she gave up eleven years ago when she married. Since then she has been a full-time mother to her three very active children.

The incident

On Sunday October 27, 1974, John, Elaine and their three children went to Elaine's parents' house in Harold Hill, Essex. Elaine's sister, Anne, had to be picked up from school after returning from a week's school trip to Belgium, so John and Elaine's father travelled to the school by car at about 16.30, being there in time for the scheduled arrival time of 17.00. Due to delays, however, Anne did not show up until 21.00. This delay was inconvenient for John as he wanted to be home by 22.20 to see a play on television.

After Anne had been taken home, the family eventually departed from Harold Hill at about 21.50. This gave them sufficient time to get home to see the



The location of Aveley: the 'star' marks the place where the encounter took place

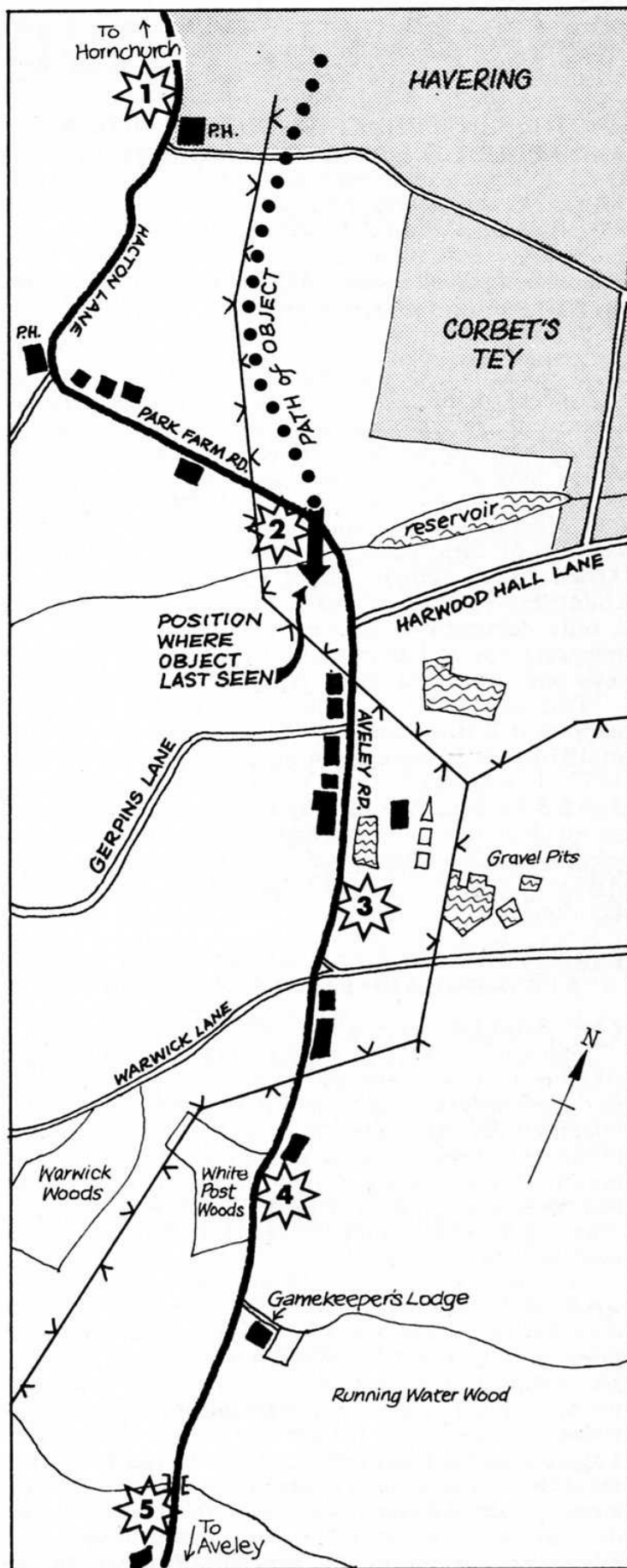
play, for the journey normally takes only 20 minutes. The normal route, south of Hornchurch and along Hacton Lane, was taken.

The Avis family were travelling in their white Vauxhall Victor Estate car. Two of the children, Karen and Stuart, were asleep on the back seat. Kevin was awake and glancing casually out of the window. The weather was fine, a beautiful clear night, very mild and dry. The radio was tuned to a local radio station's chat show. John commented on the distinct lack of cars whilst driving along Hacton Lane. They were about one mile away from the town of Hornchurch, heading south, with a few terraced houses on their left-hand side, while fields and tall hedges bordered the right-hand side.

Suddenly, Kevin asked his parents about a light which he could see above the houses. Glancing round, both John and Elaine saw, at an angle of about 25° - 30° above the horizon, an oval shaped, pale-blue iridescent light, like a "big star," over the top of the houses to their left. This would have been

KEY TO ROUTE MAP

1. Light first seen over built-up area of Havering and power line (Grid ref: 549 859).
2. Light last seen here passing to right in front of car (Grid ref: 555 849).
3. Green mist encountered here (Grid ref: 563 838).
4. Position of car first remembered by John after encountering green mist (Grid ref' 564 829).
5. Position of car first remembered by Elaine after encountering green mist (Grid ref: 565 823).



The route: positions of car during UFO sightings and alleged abduction

in the east. They could not estimate its distance at that point, but thought it was not more than 500 yards away.

The "big star" seemed to be travelling in the same direction as the car, and appeared to be "stopping and starting" as it moved. The family at first thought it was a helicopter's light, or "something," even though it was bigger in apparent size than Venus.

Within seconds of their seeing the light they passed the end of the houses on the left hand side, and the light was obscured from them by a small wood. This was soon passed, and once again the light could be seen clearly, still travelling in the same direction, although now a bit slower. The family continued to watch the light and they were already calling it a UFO. Karen and Stuart were still asleep in the back of the car, and once again John remarked about the lack of traffic for a road which is usually very busy at that time of night (the time was now about 22.10).

Once the last of the houses, and the woods are passed one is in open countryside, and in complete darkness. This gave the family a very good view of the light. It still seemed to be the same distance away from them, that is about 500 yards. After watching the light for about one minute they arrived at a point where the road turns 90° to the left, and becomes Park Farm Road. At this corner, to the right hand side, is a public house called The White Hart. The family can remember activity at the public house, but still the roads were clear.

The car was now travelling East towards Aveley, and the light had also changed course, now travelling to the south-east. It still appeared to be the same distance from them. Because of the position of the light John, being the driver, could only occasionally glance over towards it.

After having travelled east along Park Farm Road for about half a mile they saw the light had again changed its course to one a little more south-easterly. So, it was in fact now heading towards the road at an angle of 50°. It picked up speed and soon passed in front of them at a steep angle of about 50° from the horizon. Still it appeared to be at a similar distance from them. John insists on this high angle as he remembers slowing the car down and craning his neck to look up at the light through the top of the windscreen.

The car then went down a dip and the light was obscured by the bushes on the right hand side of the road. This was, they thought, the end of the "sighting" so the excitement died down and they resumed a normal frame of mind to continue their journey. Still no cars had been seen to pass them in either direction.

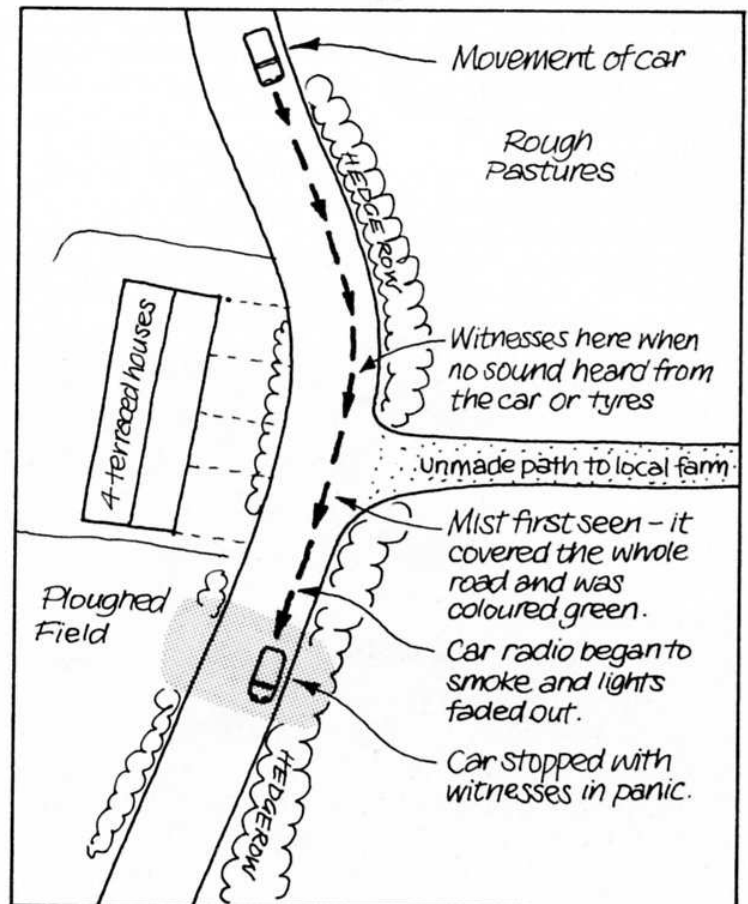
After the dip the road then bends to the right and continues under the name Aveley Road. They drove on for about a mile, passing a gravel pit on the left, and then a road to Upminster. On the right they passed several bungalows, reaching a point where the road turns to the right at an angle of 30°. On the left side of the road there are thick bushes, while on the right is a block of four terraced houses which lie back about 20 yards from the road. The car was entering the bend at about 30 m.p.h. when they had a terrible feeling that something was wrong. The only

sound that could be heard was the radio; neither the car tyres nor the engine were audible.

Then, as they came through the bend, they could see, no more than 30 yards in front of them and covering the whole road, a thick "mist," or "gas," or "fog." It was dense green and banked about 8-9 feet high, and was bordered on the left-hand side by thick bushes. On the right it seemed to curve down to the ground, just behind the thin line of trees along the road's verge. The top of the bank was flat, and the bottom was touching the ground.

Just as the mist was seen by the occupants of the car, the radio started crackling and smoking, and John pulled out its wires. Then the lights went dead, and they were engulfed by the fog while still travelling about 30 m.p.h. Elaine remembers the car jerking violently as the mist curled around the car; it was very different from any thick fog they had ever encountered before.

The windows were up, Kevin was standing on the floor behind them, and the other two children were still asleep. Inside the "fog" it was very light, and they felt very cold. A tingling sensation was felt, and there was a dead silence. Everything was hazy though, and nothing more could be remembered, not even if the car was still moving. They must have been in the mist only for what seemed like a second or two, when suddenly there was a jolt "like a car going over a hump back bridge" and then the mist was gone. According to John the car was now exactly a half a mile along the same road. Things at this point were very confusing for John, but he swears he was on his



own in the front of the car. The car, according to John, was now travelling along the side of some woodlands called White Post Wood. Elaine's first recollections were of reaching a point about a half a mile further on, just after a small bridge at more woodlands known as Running Water Woods.

Both said that the coldness had now gone, and the car was functioning normally, except that the radio was still unwired. Things were unclear while they were driving home, but they can remember that Kevin was still awake, and that the other two children were still asleep. Elaine vaguely remembers that the interior light was on in the car, and also that she asked: "Is everybody here?" John and Elaine think they may have talked about the mist but cannot remember exactly. Both felt very nervous and frightened, although no ill effects were remembered.

On reaching home, John rewired his car radio, and checked that his lights were working. Both Karen and Stuart were still asleep, so they were carried up to bed. Then Elaine checked the time, and became very agitated, for the clock which should have read about 22.20 showed instead that it was about 01.00. John was also worried, and annoyed because he had missed the play that he had wanted to see. Elaine thinks she may have telephoned "TIM" the talking clock to confirm the time, but is not definite.

They now realised that there were three hours for which they could not account. They had no idea what had happened, or even what could have happened. They concluded they had better forget it, and not mention the matter again.

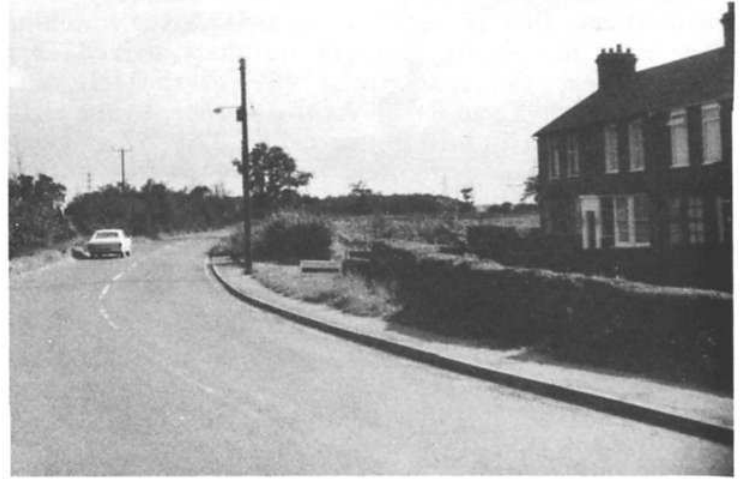
But within twenty four hours it had been mentioned again. Elaine telephoned her mother the following day and in passing told her of the "light" and the green fog, but not the missing three hours. John should have been at work the following morning but decided not to go as he did not get up until 11 o'clock.

The only ill effects noted the following day were that both John and Elaine felt tired, which could quite well be expected. All three children went to school, and seemed to be in perfect health.

Notes on the incident

The incident as described is taken directly from details given to me during the first interview, and a few small points concerning it have been deduced from subsequent interviews. Otherwise, at this point, I have totally ignored what we have learned that is supposed to have happened during those missing hours. I will now run through the incident again giving additional items of information concerning each part.

The date Sunday October 27, 1974, was only confirmed after Elaine's sister, Anne, overheard John and Elaine talking with me about the incident in October 1977. She remarked, after we had mentioned the green "mist," that that was the night when John and her father had collected her after her



Above:
Looking south along Aveley Road. The "green mist" was encountered just ahead of the car in the photograph.



Left:
John and Elaine — suitably anonymous — stand by the four little terraced houses at the bend in the Aveley Road where the witnesses came in sight of the bank of mist athwart the road.

Right:

The place where the abduction is said to have taken place. The "green mist" has been drawn in. This is point 3 on the route map on page 14.



Below:

Looking south along Aveley Road, with White Post Woods on the right. This is the first spot which John remembers after entering the green mist. This is point 4 on the route map.



Belgian trip. She remembered that on the following day Elaine had told her mother of the incident. This proved invaluable to us since, at that time, we had only succeeded in narrowing the date down to sometime in September/October 1974. Some simple checking with school holidays for that year soon gave us the correct date.

The times seemed an important factor so I checked whether any plays were actually on the television that night. To my surprise there were three: one on London Weekend Television at 22.30;

one on BBC Channel 1 at 22.20, and one on BBC Channel 2, again at 22.20. Although the fact that John wanted to return home to watch a play was only mentioned under hypnosis, John thinks that he would without doubt have gone home to see the play on BBC Channel 2 called *The Girls in their Summer Dresses*, as he knows of this play, and has seen it on television since.

The route taken by the family is the normal one anybody would take from Harold Hill to Aveley. Barry King and I travelled this way from door to door on August 18, 1977, and it took exactly 22 minutes for a distance of 9 miles. Hacton Lane and Aveley Road are both part of the Greater London Borough of Havering. The bridge that Elaine first remembers after the green "mist" marks the natural boundary between London and the Essex Borough of Grays Thurrock. The name of the road is also changed to Romford Road at this point. The area around the lanes is mostly farmland (i.e. fields, barns, and cottages) and gravel pits. The roads are unlit at night besides two or three lamp posts along Aveley Road, one of which is to the right hand side of the road where the green "mist" was encountered.

Barry and I made calls at the block of four terraced houses at the place where the green "mist" was encountered, and asked whether or not anybody could recall any UFO activity in 1974. The answer was negative. I also paid a call to the public house on the Hacton Lane-Park Farm Road bend but the people there could not help.

The part of the road where the green "mist" was seen is 30 feet wide and, as stated, the bushes are about 11-12 ft. high on the left hand side. Behind the bushes to the left is rough pasture, and beyond that is a gravel works. On the right hand side is a line of scattered trees approximately 20 ft. high. Ploughed fields lie behind these.

Just before the point which John first remembers after the green "mist" there are high tension electricity pylons running north east to south west.

Between the point where the mist was encountered and the point which John first remembers after the mist, there is a row of houses on the left hand side, and a crossroads. Hardly the sort of thing one would forget to notice.

John and Elaine had the white Vauxhall *Victor Estate* for approximately one year before the incident, and said that it had had no faults before that. After the incident, however, it started malfunctioning. During the remaining couple of months that they had the car the crankshaft broke. Another engine was fitted, and clutches kept shattering. Eventually the car was taken to a breakers yard in early 1975. The car radio functioned perfectly normally after the incident.

During the first interview we asked the family whether they had any scuff marks on their shoes, or had any clothes missing or loose after the encounter, but the answer was negative.

The Avis family had first contacted the local UFO group after a large article concerning UFOs had appeared in a local newspaper called *The Thurrock Express*. At the end of the article which, ironically, was by myself, the telephone number of the local group had been inserted. John spoke to them only a couple of times, but on each occasion the line was so bad, a conversation could not be held. The next call he received concerning the encounter was when I got in touch with him on Saturday August 14, 1977.

Developments after the incident

After the incident several notable changes occurred in all members of the family. Although mostly experienced by John and Elaine, the children also underwent changes. In addition to this, many odd events took place on the road, inside, and outside the house. What follows is a collection of items of information taken from interviews with the witnesses from August to December 1977.

Personal changes

Soon after the incident, John suffered a nervous breakdown for no apparent reason; he is not sure of the exact date but it was before Christmas. Due to the breakdown John had to give up his job and did not work again until September 1975. In September a job "fell into his lap," one which he had wanted to do for many years. This involved working with the mentally handicapped. He now felt much more confident in himself, but this could quite well have been due to having recovered from the nervous breakdown. He kept his job until July 1977 when he resigned due to a disagreement with the management. Now he is working for himself creating things, and he is hoping to start a career in teaching arts and crafts.

Since November 1974, John has written many poems about life, all of which were written down on the spur of the moment.

Elaine has also become more self confident, and since September 1975 has attended college, which is



The point on the road which Elaine first remembers after entering the "green mist." This is point 5 on the route map

something she had wanted to do for many years.

Kevin who was backward in his reading at school, suddenly started to improve and is now way ahead of his reading age.

At the time of the encounter, John, Elaine, Kevin and Karen all gave up eating meat, and now cannot even stand the smell of it. John and Elaine feel very strongly about this, taking the view that animals should not be killed so that people can eat. They (particularly John) do their best to stop other people around them from eating meat. Stuart is the only member of the family who still eats it.

John and Elaine both admit that on occasions they have tried to eat both fish and meat, but the taste now makes them ill.

They are also very conscious of what they eat. No foods with any preservatives, colourings, flavouring, or anything else unnatural are ever bought now. They eat health foods to a certain degree.

John and Elaine both feel very strongly about conservation of our environment, and our heritage. John feels we are gradually destroying our lives by abusing our environment. His views are very strong about cutting down trees, taking away hedgerows, taking oil from below the ground, pollution, and other similar matters.

Whereas both John and Elaine liked "a good drink" before the incident they hardly ever touch

alcohol now. Only on very special occasions will they take alcoholic drinks.

Just before Christmas 1974, John, who up till then had smoked some 60-70 cigarettes a day, suddenly gave up smoking completely. Since then he has not wanted a cigarette and now hates the smell of them. Elaine does not smoke.

Both John and Elaine feel that doctors are over-used. They feel that people go to doctors just for the sake of going and are prescribed useless medicines. Neither ever take tablets or medicine. The only tablets that are taken are biochemical tissue salts, which only build up tissue salts.

Several other smaller changes can be seen in John, one of which I believe is a stronger personality and more persuasive attitude. Also, John resists raising his voice to his children now.

Strange occurrences since the encounter

Shortly after the encounter both John and Elaine remember being followed constantly by the same three cars, one a red "sports" or small car, one a blue *Jaguar*, and another a "large" white car, possibly a *Ford Executive*. All cars had darkened windows and British new style (yellow at front, white at rear) registration plates. They thought that it was probably the police. This lasted "well into the summer" (of 1975).

One night during 1975 their attention was drawn to a car parked on the opposite side of the road from their house. It was a white *Cortina* Mk. 2, in good condition, and contained two men. Both men seemed to be talking very loudly indeed, which was the reason for their attention being drawn to the car in the first place. The time was about 21.00. At 01.00 they began to get a bit tired of them, so they telephoned the police and told them about the car. John did not give his name and address. Five minutes later there came a knock on the door. John looked at the front door and saw that somebody was looking through the letter box. John reluctantly opened the door and saw standing before him a gentleman in a blue mac, and with short black hair. He was short and stocky. The man said he was a policeman and that he had come in response to John's telephone call. This astounded John, but he pointed to the car still parked over the road. The "policeman" then left and John shut the door. No identity card was shown. Neither John nor Elaine can remember exactly what happened next, but there were sounds like the slamming of car doors. They then all drove away in the two cars. The car in which the "policeman" had come was not in police livery but was dark in colour. There appeared to be one other man in the car.

Strange happenings inside the house

During the three years since the incident several strange things have happened, or have been heard inside the house. Several items have disappeared from various rooms without trace, or have turned up a few days later somewhere else. Objects that have been mislaid completely include pens, pencils, a roll of film, and a hole puncher. Of course, with three young children around the house, it is quite possible

they had picked them up and mislaid them.

One day when Elaine was on the telephone to her sister-in-law the back door flew open wildly crashing against the wall. This was very odd for she always kept the back door locked. This happened again under similar circumstances during October 1977. This time John was present. He said that the kitchen was suddenly filled with a smell like lavender. John has also smelt a sickly sweet smell inside the house on various occasions. He explained that usually it seemed to suddenly waft across the room, and then fade away.

On several occasions both John and Elaine have heard a humming noise coming from right outside the house. It is likened to a droning and is mostly heard after midnight, usually after they have retired to bed. The noise seems to start like a distant aircraft then intensifies to a very loud level. It then seems to move across the top of the house until it is heard to be coming from the other side of the house. On each occasion it suddenly cuts out, it does not fade away. This humming has been known to last for up to half an hour. Once John did pluck up enough courage to look outside but saw nothing. Elaine's sister, Anne, often babysits for the family and she too heard the noise on one occasion.

Also a type of "clicking" noise has been heard inside the living room on a couple of occasions. Anne, Elaine's sister, was present when it was heard and she described it as sounding like a rustle. On one occasion, John went across to where he thought it was coming from only to find it seemed to move away from him towards another corner of the room. These 'clicks' are again only heard late at night, and are very sharp, clear and loud. Of course, there must be a possibility that this phenomenon is none other than the noise of a small insect, but as yet no insect has ever been seen that could produce the noise.

On October 27, 1977, Barry King, John and I were out for the evening. When we returned we found out that a copy of my own "Catalogue of UFO Sightings in Essex for 1976" that I had given to John earlier that evening, had somehow moved from the place on which John had put it in the living room, out into the kitchen, and then fell to the floor, frightening Elaine and Anne in the living room. All the children were in bed.

On three occasions a kind of "morse code" has been heard inside John's and Elaine's bedroom. The first two occasions were only heard by Elaine. The third was also heard by John. On the first occasion, it was heard at 00.30. Elaine was in bed and John was downstairs. Suddenly the "morse code" started and it sounded as though it was coming from inside the bedroom. This only lasted for a minute or so, but was long enough for Elaine to remember a small part of the sequence. It did not make any sense. On the second occasion, it was heard for much longer and again came from John's and Elaine's bedroom. Some dots and dashes were scribbled down although again no letters could be discerned. The third occasion was on November 27, 1977, and was just a short burst. John stated that it appeared to be coming from inside the bedroom. Again it only lasted for a minute or so.

On Wednesday December 13, 1977, John and Elaine were in the living room watching television. The time was about 19.00 and the children were out. Suddenly a large portable radio that was standing on top of the television set rose vertically about 3 inches, then dropped back again. Later the same evening the whole family were watching television when the handle of the door leading to the hall turned slowly as if somebody was trying to open the door, then shot back to its original position as if released suddenly. Both incidents unnerved the family.

I too can vouch personally for some of the strange happenings inside the house. On Sunday October 16, 1977, I took John and Elaine home from a regression session in North London. We chatted until the early hours of the morning and decided that the weather was too bad for me to go home (thick fog), and it was late. So I slept on their sofa. During the night, I was awakened by crashing sounds coming from the kitchen. It sounded like someone hitting pots and pans together, and lasted only for a matter of seconds. This frightened the life out of me and I decided not to investigate but to hide instead under the sheets. Suddenly, I felt a very strange sensation in my feet: it gradually moved up my whole body and over my head. It was a very stimulating and soothing feeling that soon passed away. Then the sensation was felt again in my feet, and again it moved up through my body to my head. Once more it faded and went. This feeling left me really at ease and peaceful, whereas before I had been very frightened after hearing the banging.

'Clown' in the bedroom

One night some time during 1975/1976, Kevin claimed he saw a "man" standing by the side of his bed dressed like a clown. He is thought to have been dressed in white. No other details can be remembered.

Other oddities

Early in 1975 the family cat disappeared for about 6-8 weeks for no apparent reason. Also, on several occasions the cat has backed away and hissed at something unseen inside the living room.

Their telephone has been acting oddly for some time now. Often it would ring and one of the family would pick up the receiver to find no-one at the other end. Also, on many occasions various clicks and knocks like somebody replacing the receiver have been heard during conversations. On at least one occasion Elaine has picked up the receiver and heard heavy breathing only.

During 1975 John was persistently stopped by the police in his car and asked to show his documents. This was happening at least five times a week and continued for over a month. On each occasion, John was given a "five day wonder" note, under the terms

of which the driver must produce all relevant documents to the nearest police station within five days. Each time John would go to the local police station with the documents. They kept asking John who was giving him these. John could only answer "one of your lot." After receiving yet another notice, John threatened the local police that he would write to the chief constable of Essex if he received any more. The harassment then ceased, and since then he has not been stopped.

Other UFO experiences of the family

The encounter on October 27, 1974, was not the first UFO the family had seen. In fact, John has had at least four other experiences involving UFOs, including CEII.*

The first sighting was 12-13 years ago whilst John and Elaine were still courting, at Walton-on-the-Naze, a seaside resort in Essex. While on holiday there, John and Elaine were casually strolling along the seafront. Then out over the sea they caught sight of a large "flat" star-like object behaving erratically. It was stopping, looping the loop, and darting across the sky. It was in view for about 10 minutes before it shot off out to sea. At least 10-15 other people had been watching it.

The family's second encounter came in 1968. John had been working in Birmingham and was returning home from an exhibition with three others. John was a passenger, and they were driving down the M1 Motorway. He has no idea which part of the M1 they had reached but knows "it was nearer London than Birmingham." Then all persons in the car noticed a large bluish-white light coming towards them. Next thing, the brake lights of the car in front intensified then went out. After which the car appeared to be slowing down and John presumed the engine had cut. Then the lights and engine of the car John was travelling in, also cut. They then hit the car in front, and that consequently hit a car in front of that, whose lights and engine had also cut! All drivers left their cars and chatted together, then decided to call the police. In the confusion the light was ignored and presumably disappeared.

The police arrived soon afterwards and all drivers explained what had happened. The police stated that they had had several other reports of the same nature from elsewhere in that area. After exchanging insurance company names the drivers got into their respective cars and started their engines without any problem. Each then carried on with his journey.

The next sighting came just after or just before the October 27 incident in 1974. John was travelling

* CEII - Close encounter of the second kind. A close encounter, where the reported UFO is seen at close range and where physical effects on both animals and/or inanimate material are noted.

Your recommendation is our best advertisement, so . . .

TELL YOUR FRIENDS ABOUT FLYING SAUCER REVIEW

along Aveley Road, the road of the main encounter, at about 08.30 one morning. Glancing up through the windscreen he saw an airliner in the clear sky. John was amazed to see behind and above it a large cylindrical shaped object pacing the aircraft. It appeared to be twice the size of the plane and matt silver in colour. The object paced the aircraft for some time, then overtook it and shot away. No noise was heard and no protrusions were visible.

The fourth sighting came three years after the main encounter. On October 7, 1977, the whole family were travelling from their home in Aveley to Walton-on-the-Naze. Whilst travelling along the A12 road between Gallows Corner and Brentwood, they caught sight of a large bluish "star-like" light travelling in a similar direction to that of the car. This light kept in view on the left-hand side of the car until they almost reached Colchester, some 40-50 miles from where they had first seen it. During this time the object changed speed and height and at one point was just above tree top level, at which point they could make out that it was oval in shape. Also at this point the car radio crackled and eventually the station was lost. The car's lights and engine also acted oddly at this point. Eventually the light climbed high into the sky and was seen to disappear in front of them at an incredible speed. No other sightings were reported to us for that night.

UFO knowledge of the family

Because several odd lights have been seen, the family has a general interest in the subject. However, no-one in the family has ever read any literature on UFOs or associated phenomena. They had watched the *Out Of This World* programme screened in May, 1976, on BBC1. This included an account by Mrs. Joyce Bowles and Mr. Ted Pratt of their encounter at Winchester in late 1976, and an account by Mr. Charles Bowen, Editor of *Flying Saucer Review* of the famous António Villas-Boas case. Both of these could have been the source of information. The family has also watched a programme "some years back" concerning the theories of Erich von

Daniken. John could also remember seeing two programmes on ley-lines, both of which he found very interesting.

As UFO activity is relatively low in the area of Aveley, hardly any sightings are ever reported in the local press, so information could not be gained this way.

At various times during the first interview I asked whether they knew of any of the following: *Flying Saucer Review*, BUFORA, George Adamski, Betty and Barney Hill, or *Official UFO Magazine*. They knew of none of them. In fact, it seemed that their knowledge of the subject was very limited.

As previously stated, we enquired during the interview whether they had any idea at all as to what had happened during the three lost hours and the answer was 'no', but I think even then they realised it could have been something to do with UFOs.

At no time did we suggest to them that there was a possibility that they may have been abducted.

To this day, John has not read any UFO literature besides a very quick glance through a recent *Flying Saucer Review* and the contents of my "Catalogue of UFO Sightings in Essex for 1976." This, it must be stressed, does not include any occupant cases.

Past ghost-type apparitions

During his childhood, John had two experiences where a ghost-type apparition was seen. The first of these was whilst John was playing in a cellar of an old house on a bomb-site. Looking round he saw a small child standing in the cellar covered in dust. On enquiring as to who he was the boy turned around and just disappeared.

The second experience was in a hall in which John was helping to arrange the scenery for a gang show. As only those helping were supposed to be in the hall, John was surprised to see a small boy standing near the stage. Suddenly the apparition disappeared. Some time after the experience John found that a small boy had been killed some years back in a shaft at the rear of the hall.

* * * * *

PART 2 – ABDUCTION REVEALED THROUGH DREAMS AND HYPNOTIC REGRESSION SESSIONS

DURING the first interview, we asked both John and Elaine whether they had had any odd or recurring dreams. Their answers gave us our first hints at what really happened in those lost hours.

John stated that he could remember a few flashes from some odd dreams. The first thing he said was that he could remember being operated on, or "something similar," by "gnomes" or "small ugly looking things." Another flash he had was of somebody touching the scars on his chest and carrying out "tests" on him.

Elaine said that she could recall a "dream" where she was lying on a flat wide table like that in a hospital operating theatre. She felt as if she could neither move nor speak. Standing next to her was a

person of small stature in a white coat. That was all she could remember.

These important flashes, and what we knew of the journey and the green "mist," prompted us immediately to try to get the help of a hypnotist for regression sessions. As the network is run by *Flying Saucer Review*, the right person was not far away. In a short time I received a telephone call from Charles Bowen who told me he had arranged for hypnotic sessions to take place, and that I would shortly hear from Dr. Bernard E. Finch, a General Medical Practitioner, contributor and consultant to the *Review*. The telephone call soon followed and Dr. Finch informed me that the hypnotist was none other than Dr. Leonard Wilder, a Dental Surgeon who

for 20 years has been using hypnotism in research into reincarnation. Leonard Wilder has written a book on this subject in collaboration with psychic researcher, Peter Underwood, entitled *Lives to Remember* Published by Robert Hale in 1975. I spoke to Dr. Wilder the following day, and it was arranged with him for a hypnosis session to take place at the residence of Dr. Finch on Sunday September 25, 1977.

The second interview

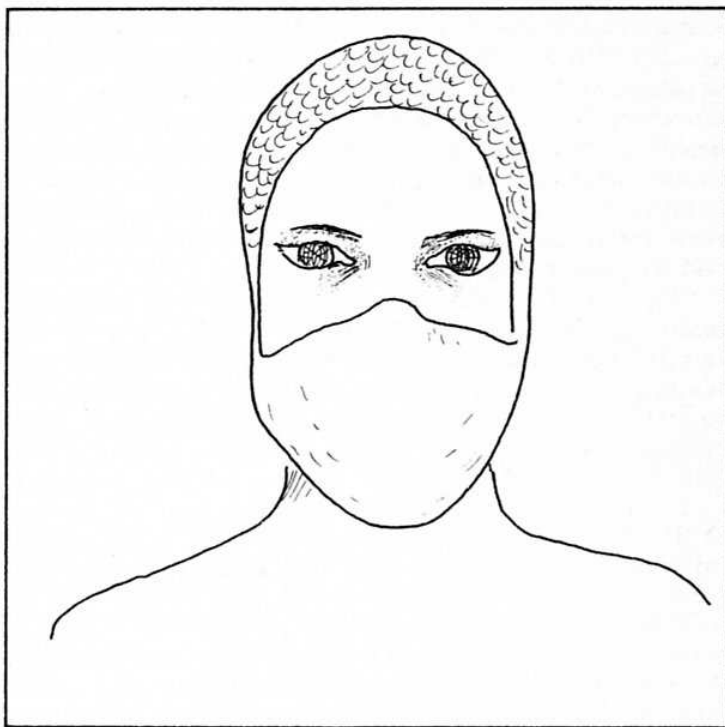
After the first interview many, many unanswered questions came up, and I found it necessary to arrange another interview before the hypnosis session. The second interview was held on Monday September 19. After running through the journey and the mist, and various other points, with both John and Elaine, we touched again on the dreams.

Elaine said she could remember more now, and stated that she could remember seeing John, herself, and Kevin standing in front of a blue car. They were in a large room with curved walls, which had 'girders' running down. Then the car was on a platform in front of which she thought she could see machinery to the left. Walking round the machinery were men in grey one-piece suits. She remembers moving away towards a room where the table was that she had remembered earlier. Inside this room was a small ugly-looking person. Having recovered from the surprise of this new and valuable information "out of the blue," I asked Elaine to make a drawing of the being who was near the machinery, the large room where the car was, and the room with the table. Whilst she was drawing the being by the machinery John, who had been quiet up to this point, knelt across and told Elaine that she had drawn the arms and legs incorrectly. He then drew in what he said were the correct arms and legs. I then enquired how he knew what a being in Elaine's dream looked like. He replied that he also could now remember (after hearing what Elaine had just said) something about being on an operating table with tall beings around him. He also stated that he was sure that he was shown around the place, and told many things.

After a few more hours I had accounts from both John and Elaine of what they could remember of wherever they were. Even this was only a very small part of what came to light during the hypnotic sessions, and during the many interviews that followed.

The hypnotic sessions

John had agreed during the first interview to allow himself to be hypnotised for purposes of trying to find out what exactly had happened during those lost three hours. He felt he would rather know than be puzzled for the rest of his life. Elaine, on the other hand, said she did not want to be hypnotised, and in fact said at that point that she would rather forget the whole business. Regressing Kevin was out of the question as both John and Elaine stressed the fact that they did not want Kevin to know what had happened to him at this point of time, as it would only be interpreted in the wrong way. This I understood.



Based on a drawing by John late in December 1977. This is a head and shoulders of one of the tall entities. Note the wearing of a face mask, a feature not recalled during the hypnotic sessions

There were three sessions in all, spread out over a month. John came alone to the first two sessions, and on the third, Elaine attended as an observer.

Session 1 – Sunday September 25, 1977

According to John, he was so worried about the session that he was going to tell me to forget it when I went to pick him up. But he changed his mind.

The session was attended by Dr. Leonard Wilder, the hypnotist, Dr. Bernard Finch, medical adviser, Gordon Creighton as adviser, their wives, Barry King and myself. Dr. Wilder started by taking John to an upstairs room and asking him to explain the whole incident. After that the rest of the group joined them and John was hypnotised three times. On no occasion was he regressed. An arm levitation exercise was carried out twice. Leonard Wilder then ended the session stating that John was a very good subject indeed.

Even though John was not regressed he seemed to recollect several odd impressions while under hypnosis. He said he saw a large circular blue object with a skin across it, and two arms with rocks on its outside. Also he had an impression of seeing a gentleman in an arab-like headdress holding a circular red light. Behind the "Arab" were hills or mountains.

The actual incident was also remembered in more detail. First he said he could see them going along in the car and he could hear Kevin say "There's smoke." Then Elaine said "The radio's on fire." John then said he pulled out the wires on the radio, and then nothing, blank. Another impression; he was in the car and aware of a greenness all around. Then a white beam cut through the green. This we decided had to

be after the car had entered the mist.

There were no other small points of interest concerning the incident, although these will be included in the main account later.

Session 2 – October 2, 1977

John was more relaxed at this session. Probably because he knew what to expect. The session included everyone who was at the previous session, except Barry King. After putting John in a state of hypnosis, Dr. Wilder performed the usual arm levitation exercise. After this John was regressed back through his childhood stopping at the ages of 13, 11, 5 and then 3. Each time, his voice sounded more childlike. John was then taken beyond his own life and asked to relive a time when he was someone else. This he did very successfully, reliving a time in the 1800's. After this Dr. Wilder brought John forward to 1974 and asked him "...to relive the experience that he had had in 1974 when driving home with his family and when they encountered a mist." What follows are extracts from the transcript taken from that session.

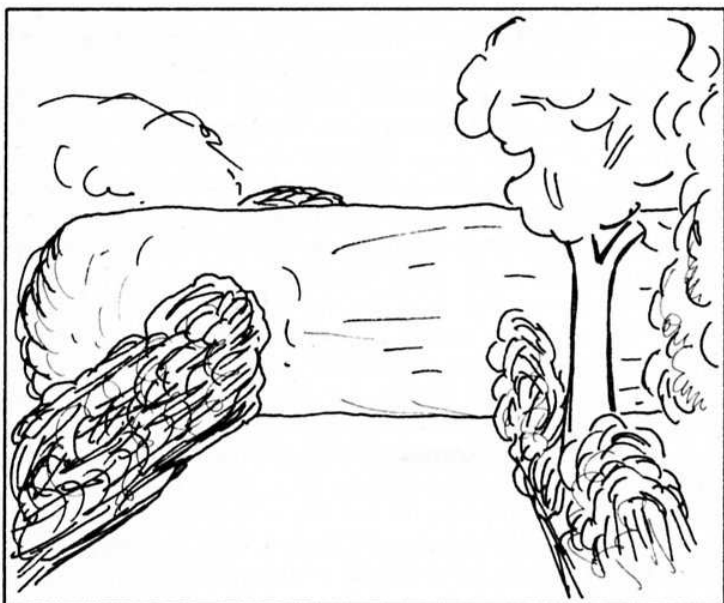
Leonard Wilder: Now, talk about the car and the first experience you had as you located the light driving down the road. You see a light low...it appears to be following you.

John: It's on...just a light, on, on, left.

L.W: Yes, talk about it.

John: It was low, bright, and not one colour... following...and I— I— couldn't see it, and only Elaine saw it and boy...move...across in front, and I saw it clear...and, and move forwards fast, down the road, and... saw a light, thought it was a light, lamp-post, (mumbles). A light went...I— had pulled wire ...and there was thick mist... very, very thick, and green...Lummy...and...no lights, an no — n — no noise... all around.

L.W: You went into the mist and then?



Based on drawing made by John of the "green mist" across the road, straddling the hedgerows and just beyond tree (see photo, page 17). Drawn on 15 August 1977

John: Into big room, er — a back on car, er, and told that children — er, two children all right. Not to worry.

L.W: Can you describe them (the beings)?

John: They were tall, and th—the—they were peaceful.

L.W: Their clothing?

John: One piece.

L.W: Colour?

John: No...Didn't seem to have colour.

L.W: Did you see their hair?

John: No hair, a — because they had hood.

L.W: Colour of their skin?

John: Very — very, trans... hollow looking.

L.W: Colour of eyes?

John: Pink.

L.W: Pink?

John: Very.

L.W: Did they speak English?

John: They didn't speak in my...didn't use words... was and I thought what they were saying.

L.W: How about the inside of this place you were in? Talk about it, describe it.

John: Grout (??) No lights but grey, and not very bright... horrible, but very restful, and no..oval. Very big, no doors.

L.W: How did the doors open?

John: They were just there.

L.W: How about furniture?

John: No, no only tables.

L.W: And they're made out of what. Wood?, Metal? Glass.

John: No, No, No, not soft, not hard. Peculiar.

L.W: What happens to you?

John: They just...they move a thick bar over me.

L.W: Describe that.

John: Just a flat bar, about 30 feet long (30 inches meant) 10 inches wide, not very thick...and honey-combed. Just moved along over me.

L.W: And what happened?

John: Vi-vibration.

L.W: Was the bar attached to any other piece of machinery?

John: Yea-a-a...yes, above.

L.W: Above, can you describe that?

John: Was — wasn't very big — just a rail — went up, don't know where to.

L.W: At any time while you're in this thing, do you look out of any windows or holes down on to the earth?

John: No, no, no windows.

L.W: How about breathing. Can you breath all right?

John: No recollection of actually...

L.W: Did you ask questions?

John: I asked — where from and they showed me...a map but not a map.

L.W: What do you mean by that?

John: Lines, and figures, and things.

L.W: Can you remember anything you saw on the map? Any figures? Any shapes?

John: Not fi...curly shapes, wavey shapes.

L.W: Numbers?

John: Peculiar, not like ours.

L.W: Did they tell you where they came from?

John: Only remember Phobos.

L.W: Phobos? What do you know about Phobos?
John: I've heard it...first time.
L.W: What do you think Phobos is?
John: Don't know.
L.W: Did you ask them where Phobos was?
John: They showed — I knew — they showed — things — Saturn.
L.W: They showed you things of Saturn?
John: They may, and know — and others I knew — to describe roughly where they were.
L.W: Did they say they came from Saturn?
John: No, no, they said — to give me some idea as to where they are. They travel very fast not like we accept — but very fast — almost instantaneous.
L.W: How do they do this? Did you ask?
John: Very, very, — can't understand. Something to do con...conversion with particles.
L.W: Did they mention ions at all?
John: I think so, I remember ions...electrons and other things. But I can't remember.
L.W: Tell me about this small being you saw aboard. You said it was different from the others. Was it in charge? Was it serving the others?
John: It was serving, I think it...they didn't seem to be aware of it there. No, they weren't taking any notice of it. It didn't use language it was chirps, noise. Not sharp noises.
L.W: And these beings did they have arms and legs?
John: Can't remember...er, er, which ones.
L.W: The tall ones.
John: They had arms and legs but they didn't seem to join...
L.W: Can you tell me more about this smaller being? How was it clothed?
John: Just fur, not like fur.
L.W: Like what?
John: Like fur, but not fur... I can't...
L.W: Is there anything else regarding this experience on board this vessel that you feel you would like to mention?
John: They said they need us...as hosts, and they know how, and they...help...and they (mumbles) and they are us.
L.W: They are us. Talk more about that. How can they be us? You understand that? Talk about it.
John: ...Won't let me (John then goes silent for over a minute).
L.W: Can you describe then John what happened after this experience and how you came out of the mist?
John: Remember house to the woods, and then car juddered...and normal. But we were very, very scared ...and got home very quick. Parked car...took children in, had to carry Karen and Stuart from...asleep. Went in and Elaine went...and said time was late, couldn't take that long to get home, and then we 'phoned up TIM...It were a long while...half past one.
L.W: What time should it have been?
John: Half past ten...wanted to watch programme on tele...and missed it.
L.W: What programme was it?
John: Can't remember. Play I think.
L.W: At that time, when you got home, did you have any memory of what had happened.

John: No.
L.W: When did you start to remember things?
John: Don't know, I think this year. Not sure.
L.W: What is your interpretation of what happened. Do you think?
John: Too long.
L.W: What do you mean too long?
John: Must be written (low voice).
L.W: O.K. Just rest John. Just relax.

That concluded the session. Dr. Wilder slowly brought John out of his state of hypnosis. This session was highly enlightening on the experience, but as you will see later on, this was only a small fraction of what actually did happen aboard the craft. Also you will see how various points are misinterpreted under hypnosis by the hypnotist.

Session 3 — Sunday October 16, 1977

On this occasion John persuaded Elaine to come along just to be an observer. All those who had attended the previous session attended this one with the addition, of course, of Elaine and Gordon Creighton's son, Philip.

The session was soon underway. Again, Dr. Wilder took John back through his childhood stopping at the ages of 10, 6, 3, then 1. John was then asked once more to go back to a time when he was someone else. After a false start, John started recalling how he was ploughing a field in 1640 under the name of Jim Dayliss. The most amazing thing was that he was speaking in a very, very broad country dialect.

After this, John was brought back in time and again asked to relive the experience with the green mist. He responded with a dramatic change in voice back to his normal London accent. John then started relating what had happened as they entered the mist as stated before. He said that he was aware of a light or beam moving about in the mist that cut through it. This beam he said was white in colour, and that the next thing he knew was that he was going up with this light. Next thing they were in a very large room. John then related how he went off to be examined, but this will be described in full in the account in Part 3.

I then asked John whether they told him where they came from. He answered with "They said that it would not serve a purpose (in telling him where they came from?) and that knowing where they came from would not be helpful to us." I then asked how many types of people were in the craft. I will again take up parts of the transcript:—

John: One people...and examiner.
A. Collins: Examiner? Can you describe the examiner?
John: Smaller than ours...
A.C: What was he wearing?
John: Can't remember. Clothes, just not clear...
A.C: His face?
John: Not very nice.
A.C: Did he have any hair?
John: Er...I think so.
A.C: His eyes?

John: Big.

A.C: Did he have a mouth?

John: Not like ours.

A.C: What did he do?

John: Examined...operated the machine.

A.C: Did they take anything from you? Skin? Blood? Pieces of clothing? Hair?

John: No recollection.

After a few more questions on the tall beings John suddenly realised it was not Leonard Wilder talking to him. Dr. Wilder then had to explain to John that there was somebody else present who wanted to ask him a few questions. This was explained to John and I continued.

Again I questioned him about the tall beings. He said they were taller than him, about a head taller in height (this would make them about 6ft. 6in. high). "They had no mouths no need" He then said, "Or no visible mouths".

I then asked John to describe their propulsion system. "Very complicated, but the words I remember was Ion Magnetic they spun, they created . . . they spin, vor-vo"

"Vortex?" I enquired.

"Vortex" he quickly backed up." They created Vortex on drive, and"

After a further few questions on the layout of the craft I asked him how many people were aboard, and he replied that he thought there were more, but he only had contact with three. No names were given as it wasn't necessary. Of these three only one communicated with John, answering any question asked. Further questions followed concerning the star maps and why they picked them for the abduction. Then when Leonard asked the purpose for their visit, John answered quickly: "No visit, they are here always".

"But why have they come here?" Leonard asked.

"To observe and to lead . . . through observation" was the reply.

Again the question of where they came from was put to him, but John once more said there was no need for them to say, and added that they have no need to return to where they came from. After these questions John's answers began to get vague with long gaps between questions and answers. I asked him if they were here all the time, and if so where they were. John replied that they were here always. Again I asked where.

"They have more than one base."

"Where?" I asked, but no answer. That was it, John answered no more questions. Dr. Wilder tried to ask him what was wrong but he received no response.

Dr. Wilder then slowly brought him out of the state of hypnosis. John had been hypnotised for a total of 55 minutes.

His first words after the hypnosis were that he had been blocked from saying anything during the final few minutes. He said it was as if they didn't mind him talking about his experience up to a certain point, but after that he felt he was being prevented from saying anything. When asked at which point this was, he said "After, I had been asked where the bases were."

This concluded the session, but on the way home Elaine suddenly said that she had an urge to paint a picture. I casually enquired as to what she was going to paint, and she answered a figure wearing a head-dress with a city behind him, and hills in the background. The man in the head-dress is holding something. This, of course, immediately fell into place as the subject of John's impression during the first hypnotic session. I turned to John and asked whether he had told Elaine of that impression and he said he had not.

I then told both of them to draw exactly what they could remember of the scene without the other seeing and give them to me the next time I called on them. This they did and the drawings were almost identical.

What these scenes actually were that were depicted, and their meaning, is explained in Part 3.

Notes on the hypnotic sessions

After John was brought out of a state of hypnosis at the third session, Leonard Wilder said that he did not think there was need for further sessions as it appeared more parts were being remembered after the sessions than during them. I agreed with this, although I thought one or two more sessions could have been very helpful. Elaine still did not want to be regressed although since then I now know her full story anyway.

During the descriptions of the second and especially the third regression, I have purposely omitted mentioning several vital descriptions and points concerning the inside of the craft. This is because all those points are included in the full account of events inside the craft, to be included in Part 3.

The hypnosis sessions were valuable in that they began the process of unburdening the witnesses' subconscious memories but I do not think that they were the main source of information in this case. Indeed more has been remembered since they took place, but for my money they militate against the idea that the Avis family got their heads together to perpetrate an almighty hoax.

[*The remarkable things remembered – what happened inside the craft – form the third part of this report – EDITOR*]

* * * * *

©Andrew Collins/UFO Investigators' Network 1978
The contents of this article are the copyright of the above mentioned and any reproduction, either in part or full, written or verbally in public, is strictly prohibited.

YOUR CLIPPINGS of newspaper items are very welcome. We apologise here for being generally unable to acknowledge these items as the pressure of work on our tiny staff and on our postage resources is too great. However, please do not be deterred by this seeming lack of courtesy. We really do appreciate anything you care to send.