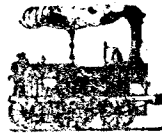


## Chapter 11

# Twin Souls



Each original spark which emerges from the Source is whole, balanced in its yin and yang. Then, in order to give itself the impetus to gain experience in the world and to bring about a greater complexity of understanding, that soul splits into two parts and each one embarks on its own journey. It is these two entities which we term twin souls. Of these one is more yin and one more yang, but each will have to experience incarnation in both genders so as to achieve true balance.

The original sparks, complete in themselves, came directly from God and are a reflection of Him. With man's choice to eat from the Tree of Knowledge, a separation within that spark had to occur.

When something has separated, it seeks always to complete itself. In this search, the two halves of the original spark also seek to re-identify with that original reflection of God in man. The whole spiritual search is therefore reflected at a sexual level.

The soul's evolution is like a thread onto which each incarnation forms a bead. In order to understand the relationship between twin souls, one can perhaps imagine two rows of a necklace, each with its own separate beads yet nevertheless constantly in contact with each other,

Meetings between twin souls are as yet often beset with difficulties, because the learning process within this phenomenon is still going on. Eventually this will not be so and then they will meet in freedom, joy and release. When their journey is ultimately complete, the two halves of the original spark will join together again in full balanced consciousness.

One of the main reasons why twin souls are not at the moment meeting each other on Earth is because they would irresistibly become so absorbed in each other, so carried away by their completeness, that their true incarnational task would be forgotten.

The recognition of a twin soul is often experienced as a deep knowing, a sense beyond reason of overwhelming responsibility to the other on the path of evolution. This will include redeeming past mistakes and helping to balance each other. Once twin souls have met, they will feel deeply incomplete if they are not together.

The root and sacral chakras can be said to be the most important chakras of incarnate man. If they are not in perfect health and balance, there will always be blockages and imbalances right through the system. It is through these two chakras that man gains experience of the earth; it is through release of their energies that he gains knowledge of the reflection of God within him. The release of energy in orgasm, if there is freedom from inhibitions and mental blocks, sends a flow of energy right through the chakra system to the highest levels, reminding man of his oneness with the creator and his role as co-creator with God. The creative act of sexual union is therefore not just concerned with inviting souls to incarnate, but is an attunement to all the great rhythms of creation and to the beauty and colour, light and fragrance which is such an important part of life experience. In most people there are racial and cosmic blocks with your twin soul. It is often the longing for this half-remembered completeness which makes some of your present relationships feel so inadequate.

Every being seeks completion and seeks his twin soul as part of that completion, but there are many dangers in this search, especially that of forcing a meeting too soon. This can happen if the longing for the experience is so forcibly projected outwards that the twin responds to the invitation however inappropriate its timing.

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If promiscuous sexual relationships are entered into, there can be a great dissipation of energy. The sacred space or temple created by intimacy can become very drained, porous, or almost non-existent. These relationships make sexuality less spiritual and often help to perpetrate such a divide between the two that it becomes falsely believed that sexuality and spirituality are separate issues requiring separate paths. They also make for exhaustion because they contain no basis for a proper exchange of energies.

A great deal of karma involving several different relationships may have to be worked through in one lifetime. This does not mean that decisions about marriage or partnerships should be taken lightly, but once the partnership has become karmically

sterile, true fidelity and spiritual honesty may well lie in having the strength and vision to set each other free in order that both of you move on to new experience.

Where the original commitment between two people was made with love and honesty, but it then meets insurmountable blockages which turn negative, one partner will start taking on karma for the other, and the spiritual progress of both will be temporarily halted. A separation is then desirable.

Vision and insight are needed in order to recognize when it is right to contravene or go beyond accepted laws and structure. There is no progress unless structures can be broken down at the right times.



The changing of relationships, if done with love and spiritual honesty, does not necessarily create karma; it may bring increased opportunity to work out a wider karmic spectrum.

Chapter 10

## Homosexuality and Lesbianism

Homosexuality and lesbianism are experiences which are part of the search for balance; every soul will go through them at some time. Occasionally these lives are precipitated by a very rapid incarnation into the opposite gender, after a series of lives lived in the same gender; more often they are the result of karmic choice. A much wider and freer attitude to these so-called 'deviations' is opened up when it is understood that at the higher levels, if moral inhibitions can be overcome, the same release of energy and the same potential for communion, commitment and love can exist between partners of the same sex. Their union can be as sacramental as a heterosexual one.

There is a great need to grow beyond some of the bans and prejudices which society places, for various reasons, on some types of intimate relationships. These must be seen as part of your evolution and progress, part of the great exploration to find balance between the masculine and feminine principles.

The role of homosexuality and bisexuality in the reincarnational cycle can be understood on many different levels. Usually it is a choice made by the higher self in order to gain experience and to bring about a particular experience for others. Sometimes this choice is made as part of a balancing or retribution from the past, knowing full well that there will inevitably be some form of vulnerability and suffering and confusion connected with this role.

## Marriage and Partnership



All marriages consist of an inner and outer marriage. In the former there should be no spiritual limitations set because of the cumulative and incremental nature of a person's total soul experience, and also because of the infinite variety of soul tasks with which the two people can already have incarnated, both as individuals and as a partnership.

In the perfect union, there is more than a union of the masculine and feminine. There is a four-way union consisting of the inner masculine and feminine of each partner.

A very tender partnership will exist when a man and woman understand and share each other's rhythms.

When possessiveness is taken out of relationships, unconditional love will have the opportunity to grow.

There has been a lot of confusion around the concept of unconditional love, which has often been interpreted as love without discernment. That is not so. Discernment is a necessary part of unconditional love, but it must be one which does not separate people from each other.

Spiritually, no individual is responsible for another, but in the brotherhood/sisterhood sense, you are all responsible to each other.

Relationships often suffer from the sexual fears which surround them. These are mainly concerned with fears over sterility, conception and change, but there are many others which can also destroy a relationship unless they are recognized and dealt with. A successful exploration of these fears on a personal level can dispel considerable fear on the collective level.

Try in relationships to be responsible to, rather than for each other. When you take responsibility for another you are likely to take on some of their karma, and there will be undesirable enmeshment.

In partnership or marriage a key word is 'Temenos', the sacred space each person needs in order that the negative qualities of invasion should not endanger the relationship. The temenos needed by each individual is very different, and great care should be taken to discover and then respect those individual needs.

When the temenos or sacred space of one partner is violated by the other, karmic enmeshment is invariably created. This means that there will have to be further working out of karmic issues between the two people in future lives.

In a close partnership it is possible to mutually allow entry into each other's temenos without this being experienced as invasiveness. Sensitivity and mutual respect are essential to maintaining both the separate and the joint temenos.

Although only a few of the marriages in a soul's total evolution are shared with its twin soul, it is in preparation for the ultimate reunion with that other half of its soul that all marriages and partnerships are undertaken. At its most positive and spiritual level, marriage is a conscious sacrament or commitment towards this reunion.