

losing the ability to move, and slowly her body began to descend onto her bed, with them watching her all the time. The descent was slow and smooth. Once back, lying in her bed, Myrna now felt she could react, and she began to move. As she did so, she perceived that the beings were no longer there in her room. They had mysteriously vanished.

At once she examined her breast and stomach, and found that her abdomen was closed, with no blood, no scarring whatever.

“I WAS PREPARED FOR IT!”

She said that probably one of the reasons why she had felt no fear whatsoever was that she had always regarded the existence of other beings, in other worlds, as “totally possible and natural”. She had been very familiar with such ideas right from infancy, because in fact her own mother had been enthusiastic about such matters and had even often discussed with her the idea that one might possibly meet such other beings oneself.

“*If these beings are here*”, Myrna continued, “*then it is for some important reason*”. And if there are a lot of us here who have already passed through these sort of

experiences then there must be a reason for it. I don’t think I’m alone. The beings who are coming are coming with good intentions.

“I believe that in the present world today there are so many evil conditions that we ourselves have created.... so much illness, etc., that we’re in a bad way. And I’ve always thought that we weren’t alone, that there are other beings, good beings, who want to help us... and this could be the case with the ones that I saw.

“Just think - Martín! Before this experience, I was feeling really ill. I was badly depressed. In fact I had just had a couple of days in bed in my room. I was really ill. I felt unwell, ill, in my innards, because I’ve got several ovarian cysts for which I need to be operated, and I now realize that, since this happened to me I don’t feel anything there anymore. On the contrary - I feel extremely well. Even my depression has gone.... Since that night I’ve been very motivated, very happy. I’m a different person!

“So I think that maybe they *did* do something to me or fixed something that was wrong in me. More than that -I’m now going to see my doctor and get myself examined and get him to tell me whether the cysts are better. Because I do suspect that they did something to them too.”■

BOOK REVIEW, BY EDITOR, FSR.

CE - 5: CLOSE ENCOUNTERS OF THE FIFTH KIND: 242 Case-files exposing Human-Alien Interaction. **By Dr. Richard F. Haines, PhD, FSR Consultant.**

Dr. Haines is a retired NASA research scientist, and former Head of the Space Humans Factors Office at Ames Research Centre, and subsequently Senior Research Scientist at the Research Institute for Advanced Computer Science, where he conducted the latest “R and D” in multimedia telecommunications for NASA’s International Space Station.

Large book (softback, 23 cms x18 cms, 435 pages), with index and many illustrations and sketches. Published, 1999, by Sourcebooks Inc., Napierville, Illinois, U.S.A. Price \$24.95. ISBN 1-57071-427-4

So far as I am aware, no such a detailed study and analysis of cases of human-alien interaction has ever been attempted, so this new book, by this very distinguished U.S. researcher and great friend and supporter of FSR, is to be highly recommended. (FSR is quoted as a source for at least 68 of the 242 cases covered). G.C.■

PLEASE PROMOTE FSR!!!

In order to guarantee the **survival** of this magazine, which we believe to be the best in the world dealing with this subject, **we need all the help we can get!**

The most important thing is **to increase our circulation.**

So, please tell your friends about FSR, and encourage them to **subscribe!** Thanks -Editor.