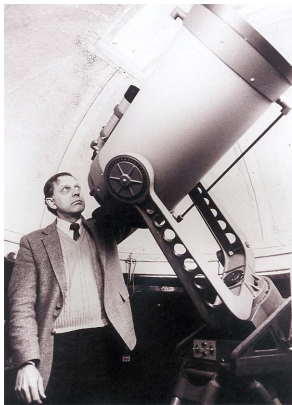


## Interview with Raymond E. Fowler By Rosemary Ellen Guiley

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**Abstract:** Abductions are part of an intelligent “meta-phenomenon” encompassing psychic and extraordinary experiences. Raymond E. Fowler looks at the big picture through his own abductions, after-death communications, time warps, strange synchronicities, family coping mechanisms, and more. Humans may be ET larvae under cultivation for another form of life post-death, the way a caterpillar turns into a butterfly.



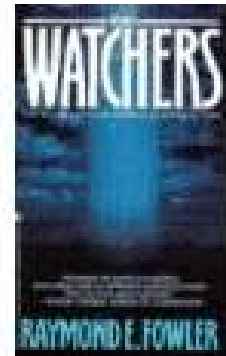
**Introduction:** Raymond E. Fowler is one of the most respected names in ufology and abduction research. In the 1960s, he became interested in the nuts and bolts aspects of ufology, and then became drawn into abductions. He is particular famous as the primary researcher of one of the most celebrated cases, Betty Andreasson Luca. Fowler’s research of her involvement with aliens spanned more than 20 years. In the course of his work, Fowler discovered that he, too, is an abductee – as are other members of his family. It put a personal spin on already intensely involved work.

Fowler’s unique perspective takes him to the cutting edge of research, where ufology merges into other phenomena of a paranormal or other-dimensional nature, such as near-death experiences, out-of-body experiences, extrasensory perception, and ghosts. What do abductions have to do with the big picture, the intelligent “meta-phenomenon”?

**Bio:** Raymond E. Fowler is one of the leading international authorities on ufology and abductions, including the celebrated Betty Andreasson Luca case. He has written 11 books on ufology and paranormal phenomena, among them *The Andreasson Affair*, *The Andreasson Affair Phase II*, *The Andreasson Legacy*, *The Watchers*, *The Watchers II* and *The Allaghash Abductions*. He has served as Director of Investigations for MUFON, consulted for the media, and contributed reports to Congressional hearings, military publications, and numerous newspapers, magazines and professional journals. Fowler lives in Kennebunkport, Maine, where he teaches adult education courses on ufology and the paranormal. He is an amateur astronomer.

**Rosemary:** Are you still experiencing abductions? Please tell us about your most recent notable experience and how it compares to your own historical pattern.

**Ray:** When I first glanced at your first question, I initially I did not remember many unusual happening to me since we moved from Massachusetts to Maine. However, I knew from past experience that I have recorded such strange happenings in my diary. The interesting thing is that when I go back to read my diary it is like reading about someone else. In most cases I had forgotten the experiences. I find unless I write them down soon after they happen that I forget them and that they do not get recorded. The best answer that I can give you is to quote what I found from my diaries from 2000 onwards. This is about where I left off recording such experiences in my last books. I will leave it up to your readers to determine whether or not I still am experiencing abductions.



Unlike my experiences in the past, I have no memory communicating with the gray entities. In one instance, I did record a realistic abduction dream (?) where entities were operating on a nude woman. However, I do consider the following diary inputs as possible benchmarks of the abduction experience.

**April 11, 2007:** Yesterday I noticed a large bruise on my left thigh. Today, when taking a shower, I felt an area of my left leg stinging. I saw a small wound over the femur bone running up my leg. Under magnification, I saw 3 tiny punctures in the shape of an isosceles triangle. I would probably have not noticed these tiny marks if they had not stung when in contact with soapy water.

**November 1, 2006:** I keep forgetting to mention that I discovered two tiny scabbed puncture marks on both legs above the knees and just about in the same location like twin punctures.

**November 11, 2006:** I was eating salted nuts today as I do every day and noticed that my right thumb stung with pain when I picked one up. I looked and was surprised to see a vertical cut about 3/8-inch long. I had not noticed it before nor had felt any pain or seen any blood on my thumb.

**December 26, 2006:** I woke up to the night hearing a loud tone. I was very tired and did not want to get up to see what it was but finally did as I wanted to find out what it was and put a stop to it. I thought that a certain light had been left on downstairs that sometimes gave out a tone sound. However, when I got up to check, it was not on. I then realized that the tone was an internal sound coming from my left (actually my right if facing me on) ear. I went back to bed and I listened for a short while before it slowly dimmed to nothing and I fell asleep.

**December 27, 2006:** I awoke with a start this morning when I heard a female voice calling my name – “Ray.” I think the voice said something just before my name but I cannot remember what it was.

**February 1, 2005:** I awoke to find the pillow stained with a large and small patch of a dried up

liquid.

**February 3, 2005:** I awoke to find a number of dried up patches of a brown liquid on the back of my undershirt.

**March 4, 2004:** Sometime during the night I experienced the weird tingling sensation that I have in the past which was the preamble to abduction dreams and physical effects on my body. I recognized it as soon as it began and decided not to resist it. My whole body began vibrating so much that I felt that I was dissolving into nothingness and I must have fallen asleep. I did dream of the object in my nose but upon waking it was still intact and there was no blood on my pillow.



**August 26, 2004:** Unusual happening. I felt an itch on my right testicle and scratched it and found that it was bleeding profusely covering my right leg with blood... I washed it off and put antiseptic on the area but can see no cut or sore in the area.

**August 7/8, 2004:** During the night I awoke with a start shuddering all over and feeling the familiar tingling throughout my body that I have felt in the past prior to or after what I believe to have been an OBE abduction. I cannot remember much after this except saying to myself, "I wonder where they will be taking me!"

**April 8, 2003:** I awoke this morning with a bloody scab on the back of my neck just above the hairline where it used to appear periodically. I believe that the last time this happened, according to my diaries was on November 28, 1999.

**April 24, 2003:** I was having a dream about being in bed asleep when all of a sudden a bright light shined in my face and I was wrapped up in something dark and lifted right out of bed. When I awoke afterwards to use the bathroom, my body was vibrating with the typical tingling sensation that I have felt during past strange experiences. The last time that this occurred was on March 16, 2002.

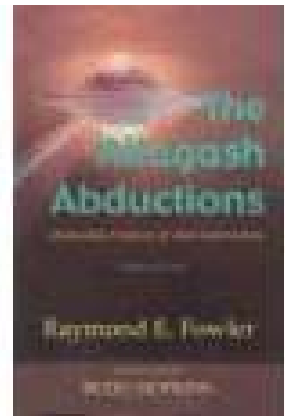
**March 8, 2002:** I slept in the guestroom tonight as Margaret has a very bad cold. Although tired, I found it very hard to get to sleep and to stay asleep. At one point while wide-awake I heard a loud beeping sound. I do not remember what happened after hearing this sound. I do not remember getting up to investigate but do have a memory or a dream of being out of bed and on the floor struggling with something that I could not see. When I brought my pillows back to our bedroom on the following morning, Margaret pointed out a spot of blood on the pillow. I checked my face and found a scab on my chin.

**March 15, 2002:** On March 16 I had a flashback to an experience during the night with the tingling sensation that I have experienced in the past. It started when I heard a clicking sound just as it has in the past. However, in this new house we often get clicking sounds when the baseboard heaters heat up so it is hard to say whether it was this or something else. It came on

suddenly and extremely strong. I felt as if I were vibrating all over then felt as if I melted into nothingness. In the morning I had a pain under my testicles that I also have experienced in the past. As in the past there was a raised lump-like scab directly on the exterior segment of the spermatic cord called the external spermatic fascia. That same night I also had a dream of being out of bed on the floor and struggling with something that I could not see. Interestingly, I was out of my body looking at myself on the floor in the dream.

**April 12, 2002:** During the night I felt that same uptight uneasiness prior to experiencing the familiar tingling experience. Then I heard a clicking sound and the vibrating feeling coursed through my body. I think I went to sleep but awoke again feeling the same sensation. During the night I dreamed that I got out of bed, slipped into my shoes in my bare feet and went downstairs. I cannot remember any other details of the dream.

**May 29, 2002:** When I woke up this morning, my bed was in total disarray. The mattress covers were off even on the far end of the bed. What was more puzzling and a complete mystery is that the telephone which was on the side table when I went to bed was sitting on the floor. If it had fallen off the table during the night it would have made a loud crash and a ring waking us both up but we did not hear a thing. I don't remember feeling the tingling sensation but one wonders if we had visitors!



**September 2, 2002:** This morning there was blood on my pillow where my nose had pressed against it. I do not remember anything out of the ordinary except wondering if I would have any more abduction experiences in the future. I could find no signs of bleeding in my nose or on my face.

**January 25, 2001:** I awoke feeling extremely tired even though I had got to bed early. When I got up and put my pajamas under my pillow, there were three spots of blood on the pillow case. Each was the size of a nose nostril. Then, when we were making the bed there was also a spot a little larger on the upper end of the sheet on my size of the bed. Unlike other times in the past, other than the tiredness, I did not remember any abduction dreams although I woke up with a start at 3:33 as I have in the past when the same clock numbers have been lined up after or before an unusual experience.

**May 16, 2001:** Had a floating dream last night. Floating on my back in the water. Awoke with fresh scabs on the middle of my back. Margaret said it looks like something clawed me. I can barely reach the area with my hands and find it hard to believe that I could have done it in the night.

**September 30, 2001:** This evening after retiring to bed, I lay thinking about a possible relocation to Maine. Margy was asleep. Suddenly I heard three electronic evenly spaced beeping sounds come from the direction of the bedroom door. I thought that I must have imagined this but then the same three beeping sounds was repeated from the same area. I woke Margy up and asked her

to listen to see if she could hear these sounds but they did not repeat themselves. I stayed awake for awhile listening and sometime after felt the familiar tingling feeling envelop my body but do not remember what happened after that.

**December 17, 2001:** Awoke with a start with the familiar vibrating tingling feeling after hearing a male voice call my name – “Ray” – once. Remnants of the tingling feeling remained for a least a half-hour. No memory of anything else except normal dreams.

**February 1, 2000:** I kept hearing clicks from the window, which I believe was caused by the wind as when I got up and closed the window, the noises stopped. However, I was experiencing a mild tingling feeling when I fell asleep. While asleep I had a flying dream. I met with my former pastor for lunch. My daughter, Sharon, had gone to him and told him about my experiences recorded in *The Andreasson Legacy*. She was very upset and wanted him to talk to me about it. I told him that because of family pressures that I was going to leave the field of UFO research after I had completed my last book on UFOs. He did not condemn me for being involved and felt that the subject should be explored. Last time that I met with him, I tried to tell him about one of my experiences and found that I became so overwhelmed with emotion that I could hardly breathe or talk. I thought that this time I would have no problem and began to tell him about the same experience where I had a realistic dream of waking up on a table and having something thrust up my nose, etc. Two grays (one short, one tall) and a familiar human-looking entity were standing in front of the table looking at me, etc., etc. I was amazed to find that no sooner had I started to relate this when I almost went into convulsions. A tremendous well of emotions swept over me so fast that I found it difficult to breathe. I tried to talk but couldn't. I almost cried. It took a few minutes to calm down and I did not try to tell him again. I believe these reactions spring from complete memories of the incident from my unconscious mind. What's strange is the fact that I can describe what happened to me to my peers and to other abductees without this reaction overcoming me.

**February 6, 2000:** The clock phenomenon continues and I do not usually record these events anymore. However, last night when I got into bed, I glanced at the clock and watched it change to 11:11. Later on I awoke at 2:22 and went back to sleep. Later, I awoke with a start to clicking sounds and the tingling feeling. I glanced at the clock and it read 3:33. I fell back to sleep and awoke to see the clock change to 4:44.

**February 11, 2000:** A few hours after I got out of bed this morning I received a flashback to a realistic dream that I had. In the dream, I was in a small rectangular room lying down on something. To my right was a rectangular window or transparent opening connected to another similar room. I sat up and glanced through the window and was shocked to see a perfectly nude woman lying on a table that was set up parallel to the window or opening. Her head was to the left. The woman was being examined or being operated on by some humanoid figures dressed in white smocks. I cannot remember what their faces looked like. That's all I can remember.

**February 23, 2000:** About a week ago I had a very realistic dream about going through two shiny metal doors that seemed to disappear or open so fast that I could not see them just before entering them. I remembered seeing some kind of panel with spark like numbers flashing on it.

The strange thing is that each of the several times I remembered the dream and planned to enter it in the diary, I would then forget it until finally I did today.

**April 12, 2000:** I woke up sometime during the night to a strange ringing in my ears. I have the feeling that something unusual happened but cannot remember.

**April 15, 2000:** It has been a while since something like this happened. I suddenly raised my head up to glance at the clock out of a dead sleep to see it read 3:33. Simultaneously, I felt the tingling feeling encompass my whole body. I got up to use the bathroom as it subsided. Later I awoke at 4:44 with my knees up in bed. This was strange, as I do not sleep in this position.

**Rosemary:** Your research led you to the “meta-phenomenon,” the interconnection of UFOs, abductions, near-death experiences, ghosts, extrasensory abilities and other phenomena. What new ideas have you had about these interconnections of paranormal and other-dimensional realities?

**Ray:** Most of my *speculative ideas* about such interconnections are based upon a “what if” premise regarding information culled from UFO and NDE reports. The question that I ask myself is, “*What if* such experiences correspond to reality and are accepted at face value?” If I do accept such, I arrive at the following conclusions:

1. UFOs and their entities have parapsychical abilities. They materialize into our reality as solid objects. But are able to dematerialize to another coexisting reality.
2. UFO entities are genetically related to humans and other earthly life forms. The Nordics look like human beings. The grays are human fetuses taken from human surrogate mothers and brought to maturity in artificial wombs. The reported reptilian and insect-like entities are related to earth’s reptiles and insects.
3. The entities reported by UFO and Near-Death Experiencers are the same beings witnessed under different circumstances. Both appear human. Both can appear as light bodies. Both use telepathy.
4. The *OBE abduction experience* benchmarks are identical to those reported in NDEs. Percipients report being abducted in an OBE state and telepathic interactions with Nordic-like entities and light beings. Some experience a theophany and are taken to a world of light called home where they sense an interconnectedness and oneness of all things. They return with a belief that love is supreme, and a new appreciation for ecology. Aftermath effects include electrical sensitivity and psychic abilities.

Conversely, some NDEs are identical to OBE UFO abductions. Percipients experience many of the same benchmarks listed above. Pioneer NDE researcher, Dr. Kenneth Ring, has called these mixed motif reports. His psychological profile studies demonstrate that significant commonalities exist between UFO abductees and NDErs.

5. UFO and Near Death Experience reports reveal that the entities are intimately aware of the human life experience. Percipients report that these beings know their past and future including when they will die. In fact, NDErs are told that they are being sent back to this life because it is not time for them to die and/or they have not finished the work they were sent to do. The entities are able to manipulate human awareness of linear time. Witnesses report experiencing time standing still, suspended animation, time effects upon clocks and lengthy experiences in a short linear time span. Reports also indicate that the entities are *space travelers* uninhibited by the laws of nature experienced in our reality. Their origin is the other-worldly dimension that humans report during near death experiences and UFO abductions in an OBE state.

When the data above is taken at full face value, my grand conclusion is that our reality or dimension, including human beings, is *the property* of an adjacent reality/civilization. Our plane of existence is analogous to their farm. We may be the larval form of the Nordic UFO/NDE entities being bred for a future life in the adjacent reality. Some humans are recycled back and forth between the realities until deemed ready for a life beyond this reality. NDEs themselves are the aborted near-maturation of our larval form which is not ready for the new birth into the adjacent reality. UFO abductions are simply the other side of the coin to the near death experience. These are merely operations that are preparing humans for the after life. They are analogous to humans raising and maintaining lower life forms such as cattle. Such include medical exams, health maintenance, breeding and monitoring dangers to earth's ecology. Of course, this is just one of many speculative theories concerning the origin of the UFO phenomenon. We may instead be dealing with a nuts and bolts inter-stellar alien technology that is so far in advance to us that it appears to be parapsychical in nature. The resemblance to other types of paranormal phenomena may be coincidental. It also could be that we may be dealing with several different types phenomena that have similar characteristics but have no connection with one another. In the end, all one can do is collect and study reports and speculate.

**Rosemary:** It's been several years since the publication of *UFO Testament* (2002) and *Synchrofile* (2004), in which you talk about your own personal experiences. What experiences – not necessarily abductions – have you had since that have shed light on your own abduction history, and the meta-phenomenon mentioned above?

**Ray:** The clock phenomenon and synchronistic experiences continue as do other paranormal phenomena such as apparent *After-Death Communication* (ADC) and *time warp*, i.e., visualizing the so-called past or future in the present. Here are a few examples from my diary.

**March 25, 2004:** Clock Phenomenon: As mentioned earlier in my diary series, I have experienced what I have dubbed the clock phenomenon. This sometimes occurs just before or after an unusually experience. I wake up suddenly, glance at the clock, and see identical numbers lined up on the digital clock. Sometimes I just wake up for no apparent reason. Other times I am awakened sounds like a bell, a buzz, a clicking sound, dogs barking, a thump against the house, a fire whistle blowing, etc. However, this time I was awakened by the alarm on my wrist watch. I woke up and glanced at a digital clock and then at my digital watch. They both read 1:11. I never set the alarm on my watch.

**September 22, 2002:** ADC. A strange dream? I woke up in the early morning hours after a very realistic double dream. I was dreaming about being in my senior high school class when suddenly I felt someone pulling my left arm. I awoke out of that dream to see my mother's face and part of her body glowing and hovering over the left side of my bed saying, "Buster, you just stopped breathing!" I believe that there was a brief conversation which I cannot remember then I suddenly found myself back in my first dream. I was in the classroom again and I walked up to my teacher, Mr. Nolan, and excitedly told him that I had just talked to my mother who had died some years ago. I felt elated. He did not seem impressed so I walked back to my desk. The dream continued for awhile and I woke up and used the bathroom wondering if I had really seen my mother or whether it was a dream. (I do have a mild problem with apnea and have stopped breathing in my sleep momentarily.)

**April 22, 2001:** ADC. The past few days I had been thinking about my father and the strange experiences that he had during his life. For some reason I wondered if he would be able to contact me from where he was and I actually asked him mentally to show me a sign if he was all right. Then, something inexplicable happened this morning. When Margaret turned up the thermostat this morning, the furnace would not come on. She thought that it was broken but happened to notice that the emergency shut off switch in the kitchen was off. Neither she nor I ever touch this switch except when the furnace needs to be shut off in an emergency or when a repair man needs it off. How did it get placed in the off position? I could not do it by itself. Was it Dad?

**February 15, 2003:** ADC. Yesterday, I was thinking about the appearance of my mother who woke me up and told me that I had stopped breathing. I have also on occasion been awakened by her voice. I wondered if Dad were also watching over me. He had many OBEs and had experienced a variety of paranormal experiences. I even asked him mentally why he was not making himself known. The last time that I did this, we found the furnace emergency switch turned off. Neither of us touches that switch unless there is an emergency. In any event, last night I had opened my top bureau drawer to get some things out and saw nothing unusual. This morning when I opened the same bureau drawer, there was a photograph of my father staring me in the face. It was on top of everything else. I did not even know that this particular photo was in the drawer and had not seen in last night. It did not seem possible that I could have missed seeing it then.

**March 14, 2004:** ADC. On Tuesday evening, March 9, I told my class about some strange events in the past that coincided with my thoughts about asking my deceased father to contact me from beyond the grave. The first time coincided with my finding the emergency switch to the furnace shut off during the night. The second time coincided with my finding my father's photograph facing upright in my bureau drawer which had previously been buried under things for some time. This week Margaret and I were awakened for several nights by what sounded like her alarm clock going off. However, when we checked her clock, it was set for 6:30 a.m.

Last night, Margaret was awakened again by the clock and woke me to tell me about it. Concurrently, I heard the last notes of our doorbell sounding faintly from downstairs. It is operated by radio frequency and sometimes goes off when a cell phone is being used by a passing



motorist. Again, it was exactly midnight. This time she noticed that the sound was coming from my study. I checked the clock in the study and found that the alarm had been set for midnight and that the alarm switch had been turned on. Neither Margaret nor I had set the clock for midnight nor had either of us pushed the alarm switch from off to on. Again, something strange coincided with my thinking about contact with my Dad.

February 6, 2007: Time Warp. I got up to use the bathroom around 4:00 AM and noticed that Margaret was not in bed. Her blankets were pulled back as if she got up to go to the bathroom. The bathroom is next door to our bedroom. It contains a night light which illuminates the bathroom and our bedroom doorway. In any event, I thought she was in the bathroom and waited for her to come out but she did not so I peeked around the corner was surprised that she was not in the bathroom. When I turned to go into the bedroom, I was shocked to see her in bed with the blankets over her. I have had things like this happen once in a while where I see future or past things in the present. I asked her if she had got up in the night to use the bathroom. She said that she had done so around 4:00 AM as well but we did not pass each other or hear each other do so. It would have been impossible to miss her.

**May 16, 2007:** Time warp. While driving home from town, I glanced ahead at the house of a friend just ahead of us (about 100 feet) and saw someone mowing the front lawn beside the road. I took my eyes off the person for a split second and looked up again. There was no one there but the lawn looked freshly mowed but not raked!

**April 22, 2004:** Time Warp. While vacationing in Massachusetts, we took one of our favorite walks near Cherry Hill Park in Danvers. When we parked, there was a white car and another car to the immediate left of our car. When we returned from the walk and about 50 feet away from our car, I remarked that the two cars were still parked beside our car. I could see them plainly. Margaret replied that the white car was gone. I glanced up and for a moment, I could still see the white car before seeing an empty space where it had been. The third car which was still parked there. This has happened to me with cars before. The difference this time was that I could still see a car at the same time Margaret said that she could not see it. Again, am I hallucinating or momentarily glimpsing the past as I seem to have on previous occasions!

**February 20, 2004:** Time Warp. Margaret and I decided to take a walk on Blueberry Plain this afternoon. As we approached the tiny parking lot, I noticed that a car was already parked there. I turned my eyes away for a moment and then looked ahead again. There was no car parked there although I had seen it as plain as day a moment ago. Margaret had not noticed the car and in fact insisted there could not have been and that I must have imagined it. This has happened before and I wonder if the car had been there sometime in the past and that somehow I momentarily had a glimpse into the past. Perhaps this happens more often than people think but they usually do not have a reference point to judge it by.

**April 29, 2003:** Time Warp. Another incident where I may have seen the past or the future in the present. I arrived to go fishing at the Merriland River and found three cars parked at the River. I hoped that whoever was fishing were not at some of my favorite places. I figured that there were at least three fisherman, so I decided to count them as I made my way along the stream. I saw the

first one and continued walking along the path. I then came across number two standing in the water about 70 –100 feet from me. I stopped to watch him and counted two. I then started to walk but glanced again to see what he was doing. There was no fisherman there! The area was wide open and there was no where he could have gone in several seconds. I kept looking and looking up and down the river but there was no one there and yet several seconds earlier I saw him clearly!

These are just a few samples of the types of strange things that I experience in addition to the amazing synchronistic events that occur in my life.

**Rosemary:** How are the characteristics of abductions changing? Increasingly, it appears that humans are being prepared for something rather than just being examined. What are your views on this? What are the dominant messages abductees are being given now, and what is their significance?

**Ray:** I am no longer performing investigations of the abduction phenomenon, so am not aware of how it may be changing. As mentioned, we may be being prepared and conditioned for life in their realm after we shed our dead bodies in this realm. One of the dominant messages given abductees regards ecology and the damage that human beings are causing to earth and its life forms. Interestingly, the same message is also given to those who return from a near-death experience. Other interesting examples of alien messages concern Betty Andreasson who was told that humans are more than flesh and blood and that we are being prepared for a time when the *Big Door* will be opened. Abductee Herbert Schirmer was told by his captors that “one day you will see the universe as we have.”

**Rosemary:** To what degree do you think aliens have assimilated themselves into human society? Who are they, and what ends are they working toward?

**Ray:** I don't know. All we can do is speculate. However, if you put a business suit on a Nordic and gave him a hair cut I doubt if anyone would think that they were an alien. A Nordic would blend quite well into our society. We seem to be made in the image of the Nordics. I believe that aliens and humans are related. As the comic strip character Pogo once said, “We have met the aliens and they is us!” Again, there is a distinct parallel between humans breeding and maintaining lower life forms and the UFO abduction operations. Reports indicate that they can control the human mind. This being the case, they can bring specific humans together for specific breeding, and genetic engineering. They mix, match and track families over generations (just as we do with lower life forms on earth) for purposes beyond our current understanding.

**Rosemary:** In the past you've been a fundamentalist Christian but have since expanded your theology, as a result of your research and own abductions. How would you describe your personal religious beliefs now?

**Ray:** I am no longer what one would call a *fundamentalist* Christian. I still attend church and take part in a variety of ministries including Bible Study, Nursing Home Programs, Choir and Soloist. I believe strongly in the moral teachings of the Judaic-Christian tradition but have

problems with some aspects of Christian Theology. It is a difficult tightrope for me to walk within the Christian community. A number Christians that I meet have had UFO sightings, abductions and NDEs but still feel strongly that God wants them to remain in a loving church family that reaches out to help the needy.

**Rosemary:** One area *JAR* is asking experts to address is, how do abductees and their families cope? In your case, you have not had family support in the past. Please share with us how you and your family have continued to address this part of your life. How has it affected your relationships?

**Ray:** Since my last book on UFOs, my family has become less agitated about my interest in UFOs. They had reluctantly put up with my interest for many years but later became both alarmed and embarrassed when I went public with my abduction experiences in my book entitled *The Watchers*. My wife was so upset that she went for pastoral counseling. My daughter urged my pastor to counsel me. My pastor son suggested that the family pay for an evaluation by a psychiatrist. However, my pastor told both my wife and daughter that I should continue to probe the UFO phenomenon. His wife had had a daylight disc close encounter with a disk-shaped object that followed her car in broad daylight. When I told my son that I had already taken and passed psychiatric testing, he backed off. My daughters who initially were frightened to have our grandchildren spend the night at our home now have allowed them to do so. They even told them that when they were 18 that they would not mind their reading my books.

Currently, things are much better as long as I don't talk about the subject to them. Thankfully, on the other hand, it has not impacted our loving relationships and activities together. My wife even jokes about it sometimes. She does not mind my teaching classes on UFOs and the paranormal as long as she is not involved. She even serves as hostess to some of my meetings on these subjects. However, this could change if my abduction experiences were publicized in such a way that neighbors, friends and the local populace would know about them.

On May 19, 2007, I gave a UFO lecture to the Association of Former Intelligence Officers (AFIO) at the local library. My wife did not object, but both of us hoped that someone who had read one of my books would not ask me about my abduction experiences during the discussion period. The lecture was open to the public. Up until this time I turned down such lecture requests, but felt obligated to do this one because I am friends with two former CIA officers who are members of the group. *[Note: No one asked about Ray's own abduction experiences.]*

**Rosemary:** What advice do you have for 1) abductees whose families are skeptical or even antagonistic; and 2) family members who are having a hard time coping with an abductee?

**Ray:** My advice to those abductees that have family problems is that they should keep their experiences to themselves at home and with family and friends unless asked about them. They should become acquainted with and find support from others who have had such experiences. The non-abductee family members should not be hostile to the abductee but learn to live with the fact that the abduction phenomenon is only one of many mysteries that we learn to live with during our lifetime.

**Rosemary:** You've said in the past that you promised your family you would end your direct work in UFOs. Have you held to that? What have your alien contacts had to say about it?

**Ray:** I told them that *UFO Testament* would be my last book specifically on UFOs and that I would no longer conduct UFO investigations for MUFON. I have kept that promise although UFOs were mentioned in connection with NDE and synchronistic experiences in my book entitled *Synchrofile*. I have no idea what aliens had to say about this except that my synchronistic experiences seem to tell me that what I am doing at the present time is what I am supposed to be doing.

**Rosemary:** What research projects are you working on now?

**Ray:** As mentioned, I speculate that we may be dealing with a metaphenomenon that encompasses UFOs, NDEs, ADC's and other kinds of paranormal phenomena. At the present time I am continuing to examine this possibility, and have become a facilitator for the Maine branch of the International Association for Near Death Studies (IANDS). We hold meetings at my home classroom and also study and discuss After Death Communication, Reincarnation, Near Death Awareness, Synchronicity and UFO phenomena.

I also teach classes on these and other subjects for the Maine Adult Education Program. These projects expose me to many people who are willing to share their experiences within an empathetic group. These groups serve as a support group for me as well as for them. Information from attendees will be very helpful in my research.

Just recently, a woman who has psychic experiences shared them at one our meetings. Some were benchmarks of a UFO abduction experience so I examined the area just above her shin. Sure enough, there were the typical scoop marks of a UFO abductee. The follow-on discussions about UFO abductions were very helpful to her and to the rest of the class.

**Rosemary:** How can people get in touch with you?

**Ray:** My website is <http://www.raymondflower.org>.  
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