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TIME TRAVELERS ARE AMONG US! My abductee patients have been telling me this under hypnosis for years. Scientists and others with similar biases view such reports as "hypnotic hearsay," but I now have first-hand evidence.

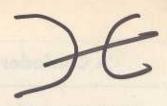
For years I've had to rely on the accounts of my patients to learn about these time travelers, or chrononauts. But recently I began using a travel exercise to visit the fifth dimension (hyperspace) and have experienced contact with our future visitors myself. (In fact, I have modified the Southern Californian "have your people contact my people" to "have your time traveler contact my time traveler.")

The first chrononaut I met was named Traksa. He lives on Earth in the thirty-sixth century, when time travel will be achieved through teleportation. As a result, he can beam his physical body back or forward in time through an enlarged wormhole — a portal in space caused by a black hole.

Chrononauts travel back in time to monitor and exert influence on our lives. Before I made contact with Traksa, several of my time-traveler abductees informed me that their chrononauts knew exactly who I was and had been monitoring my work for years.

Traksa has been using me to get the message out concerning time travel and spiritual growth. It was he who guided me into discovering future-life progression, age progression (going into the future of this life), superconscious mind taps, conscious dying techniques, and so on. My media interviews have also been influenced by Traksa.

Despite their influence, however, time travelers do not usurp our free will. We can always reject their counsel, as I ignored Traksa's telepathic guidance concerning my ET abductee work for two decades. The chrononauts must be a patient breed to have waited out



my stubbornness. After working with abductees for more than 20 years, I finally took Traksa's advice and went public with my findings in 1997.

A Detective Tracks a Time Traveler

Chrononauts intervene in the past to stimulate our intellectual growth. Traksa told me a story about one of his visits to our



time a few years ago. He traveled in Chicago dressed in civilian clothes (time travelers normally wear white robes) to attend a meeting of scientific researchers. His mission was to telepathically guide their research.

Following the conference Traksa returned to the fifth dimension. His sudden dematerialization was observed by a private investigator on his lunch break. Realizing he had left a folder behind, Traksa rematerialized to the same location and was witnessed again by the private eye.

Aware that he was being observed, Traksa played along. He led the detective to a coffee shop, where he ordered a sandwich and a cup of coffee. After he left, the private eye bribed the waitress, wrapped Traksa's coffee cup in a handkerchief, and ran a check on his fingerprints with the FBI and Interpol.

Those attempts were futile, of course. After all, how are we going to identify a man who won't exist for 1,600 years? These little mind games are one method by which chrononauts stimulate our intellectual growth.

To a similar end, chrononauts have sent objects back in time for us to discover in order to make us question our view of our own history:

- In 1844, a gold thread embedded in a stone found eight feet beneath the ground was found. It originated from 320 to 360 million years ago.
 - · A metallic vase with beautiful inlaid figures, found in

Above: Janine Cooper is an artist and a friend of mine.

I hired her to paint portraits of the chrononauts I described in *Time Travelers From Our Future*.

Janine got her inspiration from her own subconscious, not from photos or movies. Traksa told me that he telepathically directed her in each of the portraits, especially this one — Traksa himself.