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## SYMPTOMS OF PERSONS ABDUCTED BY ALIENS E.T.

These are some of the more common symptoms or occurrences we experienced. It is by no means a complete list.

- Blinking lights
- Stereo switching itself off and on
- Alarm clocks ringing at times not set at, or turned off
- Locks breaking or unlocking themselves
- The feeling of not being alone, feeling another presence
- Unexplainable sounds
- Shadowy movement
- Nose bleeds
- Pressure headaches
- Red patchy marks on the back of the head
- Restless nights
- Sleepwalking
- Vivid dreams
- Missing time
- High frequency sounds that come and go
- Pets suddenly becoming jittery and restless
- Belief in UFOs
- Unexplained scars, marks, bruises.



**Other symptoms that may appear as you progress through the awakening process:**

- Light shows
- Touches
- Recall of ET memories
- Areas of soreness in the head and neck
- Fluttering sensations
- Body temperature changes

### CHANGES

**During the awakening there will be changes in every aspect of the person's life, such as changes in**

- Personality
- Emotions
- Morals
- Faith
- Psychic abilities
- Habits
- Lifestyle
- Viewpoints

The following letters are from other friends and acquaintances who have also begun this journey with us. Where applicable, pseudonyms have been used to protect their privacy.

### Letter from Reginald

March 9, 1991

I have known Bert and Denise well for around seven years and only the last two have involved the awakening. Interestingly enough the first five years seemed to be a very normal and happy lifestyle, with what I considered the normal bumps and bruises; like maybe an occasional flat tire, common cold or low cash that we are all familiar with. But then to have your close friends tell you that for at least the last seven years, you have been picked up by UFOs, probed, prodded, and visited with time and time again makes one think they walked right into the middle of a bad movie without a clue, hence my concerns for them. It didn't make sense, Bert and Denise have a very stable family life and realistic and logical points of view. It wouldn't be like them to make up something like this, so I believe them, which is the best that anyone from an outsider's point of view could do...until one evening while visiting them.

That evening I went under hypnosis and remembered an event that happened with Bert and me. I recalled visions and events which happened while I was out on an errand with him in October, 1984. After the sessions they showed me a transcript of Bert's memories of that trip. Until the night I had my hypnosis, I had not seen or heard any of the details that Bert had recalled through his own hypnosis, yet the two separate accounts were identical. Since then I have called them after having strange dreams of encounters and before I could get halfway through, Bert or Denise were able to finish the last half of my dream for me. I think this is a little more than coincidence. Something is happening to them and to us and I only wish that I could remember more on a more conscious level.

Reginald