

(Note: This is a working draft of a chapter from my new book in progress with the working title, "Scientific Information from Paranormal Sources."—J.K. 10/12/06)

(where small footnote numbers will be inserted, I have put[f] throughout.)

Chapter: The Inert Gas Technology

Perhaps no other scientific-sounding information said to have been paranormally received has had more people experimenting with it in the past 20 years than what has come to be known as the inert gas technology. From the beginning, this information has been distinguished by its balance between a consistent theoretical level, which describes in a totally new way the nature of certain fundamental aspects of physical reality, and a much more nuts-and-bolts engineering level, which explains exactly how to get real-world results. Given the dozens of people over the years who have pursued this inert gas technology and who have claimed success in their experimentation, two of the chief tenets of science seem to have been satisfied: being able to successfully predict and replicate.

This is the story of this unusual information, about where it came from and how it came, and about those who have worked with it since it was first received and what have been the results. What follows epitomizes a case of scientific information from a paranormal source that started with something that just sounded scientific and ended up with people achieving tangible results, leading to repeated demonstrations of efficacy, verification, and corroboration of what was contained in the original unusually received material.

Before proceeding, recall from your high school chemistry, that the inert (or "noble") gases are the elements Helium, Neon, Argon, Krypton, and Xenon. All can be found naturally in our atmosphere, the most prevalent being Argon and the rarest being Xenon. They are called "inert" because they do not combine naturally in nature and so there are no naturally occurring compounds containing these elements, except under certain laboratory conditions.

Everything described in this chapter has been accomplished without any support from the usual avenues of established scientific endeavor: no university basing or affiliation; no research funding from any of the usual governmental or private sources; no possibilities of publication in any serious magazine or journal; no interest shown, or support provided, by anyone or anyplace within mainstream science and technology. This is the story of how a handful of independent researchers, completely on their own and mostly working separately, with only the most meager finances, and with no encouragement save from each other, have been able to anchor some quite bizarre-sounding ideas and suggestions to tangible results and repeatable applications. One can only imagine what might have resulted, or what might yet result, if even the most modest interest, support, and collaboration were ever offered to such pioneering endeavor by just a few individuals, organizations, institutions, or agencies within the research and

academic community comprising the current scientific establishment. But, as you will see, it is the highly unusual nature of what was originally communicated, as well as the highly unusual nature of the source from which it was reported to have come, that made the likelihood of interest or acceptance on the part of traditionally based science slim indeed. Yet, as this story unfolds, a case may well be able to be made for the larger scientific community taking what is described here more seriously.

Where This Information Came From And How It Was Received

Everything in this chapter can be traced to information provided by a being named “Hilarion,” described as non-human, non-physically based, and existing on a higher-dimensional or higher-frequency, more spiritual, plane of existence, a being who nonetheless was said to be able to communicate to two physically embodied human beings here on Earth.

“Hilarion” first began to communicate messages to Maurice B. Cooke, a successful Toronto scientist and businessman through the earlier-described process known as channeling [*channeling will have been defined earlier in the book*]. Starting in 1979, and into the early 1980s, Cooke published a series of books based on Hilarion’s communications to him. He tells how he inadvertently developed his channeling ability through experimentation “with certain techniques of mental yoga by which the conscious mind can be stilled, and then attuned to sources other than itself”^[f]. As a result, Cooke wrote, “it appears to be possible to receive symbolic, conceptual or verbal information which may contain insights into areas beyond those with which the mind is normally familiar”^[f]. Cooke also addresses the ultimate, perhaps forever unknowable, nature of the source of his information: “Some have suggested that the experimenter reaches no further than his own subconscious, while others believe that information comes from entities that have their existence quite distinct and apart from the experimenter”^[f]. Admitting that “in the last analysis one can never be absolutely certain what one is dealing with,” he asserts that a better test is to see if the tone of the “transmitted material” “is one of spiritual uplift and encouragement, if it presents a higher view of reality than that commonly held”^[f]. Then he presents another “test” of such channeled material, and one that is extremely relevant to this chapter and the rest of this book, which “involves the technical verification of statements which relate to the scientific area”^[f]. Even in 1978, only shortly after starting to channel Hilarion, Cooke could write: “in the company of two friends who are also scientifically trained, I began a program of experimental testing and verification which is still continuing... The results of our work to date are very encouraging. Several quite remarkable effects have been created in our laboratory, which have tended to verify the scientific statements made in the transmitted text,”^[f] and “there seems little doubt that the approach set forth in the transmitted text points the way to a new science, one which promises to yield up more of nature’s secrets, and which perhaps will one day allow mankind to advance into wholly new fields of scientific achievement”^[f]

While the Canadian Maurice B. Cooke was the first to publish channeled information from Hilarion in 1979, a second person, in the United States, Jon C. Fox, an electronics engineer by training, also made contact with and began to channel around the same time

what Cooke, Fox, and others agree was the same entity—Hilarion. After reading one of the Hilarion/Cooke books that described the inert gas technology, Fox describes how he and Hilarion first made contact: “As I began to investigate the inert gases, I found that I needed to get more intuitive information, so I went to visit a psychic. Her response was that she could not channel the technical information that I wanted—and that I could! Then she asked me if I would like to learn how to do that. That was in 1983. But to that point, I had built some of the devices [*described by Hilarion through Cooke*] and played around with them. And I had lots and lots of questions, but I had never “channeled” per se. She showed me what to do. I was to get very relaxed, say a prayer of protection and go into a deep trance to access this energy, which calls itself Hilarion.”^[f]

While Cooke never specifically described the Hilarion he channeled, according to Fox, “there are many historical references to Hilarion, as perhaps an earlier incarnation of Plato—perhaps, St. John the Apostle...But my particular contact appears to be from an Atlantean incarnation [*Fox’s own*], when I was aware of things scientific and worked with Hilarion in ways of learning about the science of the time. That’s what has come to me intuitively.” The name Hilarion has also cropped up as a communicating entity elsewhere in the channeled literature, where he is variously characterized as an “ascended master,” a high member of the “spiritual hierarchy” or “White Brotherhood,” and as the “Cohan of the Fifth Ray,” specializing in science in general and healing in particular.

Compare Cookes’ earlier description of his channeling process with how Fox here describes his process:

Relaxing, I breathe deeply and imagine the breath moving in and out of my third eye, giving it the internal sounds of “hong...sau...hong...sau.” After about a minute, I say a prayer of protection, out loud, calling in Almighty God, the Highest Christ, Babaji Krishna, Mother Mary, Hilarion, and Sathya Sai Baba. I relax each part of my body, allowing my breath to become rhythmic and even. I see myself in an empty movie theater—whatever appears on the screen, whatever sounds come from the speakers are okay. Then I say silently to myself, “I’m asking for Hilarion to come through now.” Instantly, I begin to feel a tingling up and down my spine, a slight pressure in the center of my head, and warm, gentle waves of love flowing through me. I faintly hear a voice (my own) saying “Yes! This is that energy, being or vibration you call Hilarion!”^[f]

The information to follow originally came from Hilarion in 1977-83 through the channeling of Maurice Cooke. When Jon Fox began channeling Hilarion in 1982, he was able to deepen, elaborate, and take further the original Hilarion science and technology first shared through Cooke. But there has been virtually no discrepancy in the inert gas, or any of the other, scientific-type information from Hilarion that has come through both Cooke and Fox. There was even an occasion when Cooke and Fox came together in the same room for the first-time to each separately channel Hilarion at the same time. Those present recalled a kind of identical twin phenomenon that occurred where both of them would be saying the same words from Hilarion at the same time, or where they would

take turns finishing each other's sentences.

The Inert Gas Information: A Different Kind of Physics

All of the inert gas research, experiments, and applications contained in the rest of this chapter had their origins in the original Hilarion messages through Cooke published by Marcus Books in Toronto, Canada. This is where Fox also got his initial inspiration. It was then, over the next 20 years, that Fox was able to channel Hilarion at will to get ever more specificity in order to take the experimentation with the gases further. In addition, more recently other researchers have gotten their ideas and direction about the inert gases from Hilarion by way of Fox as well as from reading the earlier Canadian books.

To continue our story, we will first look at how Hilarion describes the inert gases within the context of physical reality in a way that definitely departs from the current scientific paradigm. Then we will look at Hilarion's description of the specific technology to be used to work with this new kind of physics. Next we will look at how Cooke and his research colleagues first experimented with Hilarion's information and some of what they found. And finally, we will follow what Fox and others in the United States have been doing with this inert gas technology since Cooke's channeling and research in early 1980s.

Until about a hundred years ago, the majority of physicists in the world believed in the existence of an "ether" (or "aether," as Hilarion and Cooke spell it) as a fundamental substance permeating all of space and that was the underlying all-pervasive medium responsible for all forces, fields, and within which all wave systems did their waving. At the beginning of the 20th-century, two scientists, Michaelson and Morley, carried out an experiment in an attempt to detect such an ether. It was presumed that if the ether was everywhere, then as the Earth moved through it, there would be a detectable "ether drift." A beam of light was reflected around a set of mirrors, changing its direction and making it return upon and interact or interfere with itself. It was hypothesized that light moving against, rather than with, the Earth's movement would move ever so more slowly than light moving with the ether drift. When this difference was not experimentally found, the international scientific community chose to abandon an ether. Since then, some scientists have pointed out flaws in the thinking underlying that original experiment and have argued that its results do not irrefutably condemn the idea of an ether; yet today's physics textbooks all reflect the conspicuous absence of such a concept. This background on the ether is provided to prepare us for Hilarion's perspective.

In his message about the nature of space in his first book, The Nature of Reality, Hilarion through Cooke says, "The substance which defines the space of the real world is a tenuous material with properties of elasticity. Its basic nature allows it to stretch, contract, to flow as a current of water does, and to carry vibrational wave disturbances. The substance permeates all of the three-dimensional matrix. There is a no location in the physical universe which does not contain the substance in one of its many forms".^[1] Hilarion points out that 19th-century scientists were correct in their assumption about the existence of an ether (or aether) "but they did not extend their reasoning far enough to

grasp the full significance of this miraculous substance. If they had done so, they would have realized finally that all matter of every form is composed of the aether in one of its states of condensation or expansion, and that every phenomenon observed by man in the real world is accounted for by one or more of the properties of the aetheric matrix, which exists within a larger space with a greater number of dimensions.”^[1]

As part of this picture, electrons are conceived by Hilarion as vortices all spinning in the same direction, which can entrain the aether within which they are moving. Thus all magnetic fields, gravity, and other fields of force, are comprised of such a flow or movement of the aether. Hilarion’s concepts of light, matter, magnetism, gravity, et al., diverge from present-day acceptable scientific understanding; but for purposes of this chapter, we will only look at his concept of “primary points” in his presentation on the nature of space and matter in order to prepare us to understand the nature of the inert gases and the technology to be used to work with them that is the focus of this chapter. Through Cooke, Hilarion tells us that:

In the vastness of space are located points of primary vibration which are capable of setting the aether into the third mode of vibration, namely that in a which the spatial matrix undergoes motion in the fourth dimension. In effect, these primary points themselves vibrate in a direction transverse to the ether, and this transverse vibration is communicated to the aetheric substance to give rise to the transverse motion... [in] wave patterns which cross each other and interact to form a number of stationary waves to include locations of low vibration called nodes, and locations of high vibration called antinodes... when the node locations of a number of such patterns are all coincident at a single location, the aether becomes very still at that location with respect to its transverse vibrational mode. If the aether becomes completely stationary for even a fraction of a second at that location, it immediately contracts or condenses into a denser and more solid-state... which has been called the proton. Surrounding the condensed packet of aether are concentric rings of very high transverse vibration, and it is in these concentric rings that the various electrons take form... At the concentric rings of high vibration surrounding the contracted proton, the aether is in such an agitated state that small openings or breaches in its texture spontaneously arise. Each “hole” in the aether becomes a spinning vortex through which the aetheric substance spins out into the fourth dimension. The aether which passes outwardly through the spinning hole arcs over through the fourth dimension and is drawn back into the aetheric matrix at the proton itself... The inert gases “are constantly forced to undergo a high rate of vibration and agitation due to the fact that each atom of an inert gas contains within it one of the primary points.”^[1]

[Note to editor: if it will help, I could break up these longer direct-quote indented passages into shorter ones and keep them within the regular-text paragraph format, segueing through them with transitional writing.]

Now, within this context of a higher-dimensional ether and the primary points that can provide wave-generating excitation and potential entrée into our level of reality, Hilarion describes the heart of the inert gas technology:

Since each atom of an inert gas contains one of the primary points responsible for the creation of the transverse vibrational mode which is experienced by matter as gravity, it is merely necessary to develop a technical means for stripping the masking inert gas atom away from the primary point in order to allow the point to produce a full-strength beam of transverse vibration... The technique is to subject the inert gas to high pressure and temperature, and then to place it in a strong magnetic field. This can be accomplished with relatively simple equipment and without great expense. In fact it has already been done in secret. The high temperature and pressure cause the stripping away of some of the outer electrons of the atoms of the gas, thus producing ions or charged particles. When these ions are subjected to a strong magnetic field, the motions of the nuclei of the ionized atoms are disturbed and the atoms are forced into paths different from the natural motion. These paths take them away from the primary points which they normally mask, and permit the points to produce their normal vibratory motion in the aether.”^[f]

Everything quoted until now has been the direct communications of Hilarion channeled through Maurice Cooke. I will include only one other passage from him before turning to the words of Cooke and Fox who then, together with others, worked with what he had provided them.

Bear in mind in what is to follow that when terms like “the aetheric level” are used, reference is being made to the domain of the earlier-described aether and of the fourth (or higher) dimensional reality that stands in relation to our three-dimensional physical reality and can move into and affect it. In this view, the dimensional, energetic, informational domain both underlying and transcending our physical reality is what is responsible for it and everything in it, including our own bodies. Each of our physical bodies has an underlying higher-vibratory, higher-dimensional, etheric body structuring and guiding it. This view of Hilarion’s, that there exists a trans-physical level of the body responsible for the physical level body, might be considered the ultimate in psychosomatic medicine and mind-body interactionism.

The last half-century has seen the introduction of a number of new schools of thought that seem to be moving in this direction. While none of them attempting to address this nonphysical-to-physical supraordinate-to-subordinate relationship has yet found complete acceptance into mainstream scientific thinking, they seem to be steadily gaining influence. These new perspectives include Russell’s earlier concept of L, T, or O Fields (life , thought, or organizational fields)^[f]; Robert Becker’s and others’ more recent electromagnetic, bio-informational fields^[f]; and Rupert Sheldrake’s newest morphogenetic fields^[f], to name just a few.

The following passage is about the nature of illness, and helps to make the necessary bridge between the prior physics-sounding information and the inert gas healing approach that comprises the remainder of this chapter. Regarding illness, Hilarion says

The specific and immediate cause of all viral and bacterial illness is not at the physical level, but at the aetheric level. The aether is the natural abode for what may be termed disease agents. These agents exist primarily in the aether and the “bodies” which they may be said to have are entirely aetheric. However, when these disease agents are allowed into a living physical body, they are enabled to condense a part of themselves into physical matter within the host vehicle. The condensed matter then appears as the familiar virus or bacteria. In attempting to combat and eliminate the physical condensate of the disease agent, man has been attacking a symptom of the presence of the agent rather than agent itself... the aetheric counterpart of the human body is in a many-layered sheath which constitutes quite good protection against these agents under normal circumstances. However, the aetheric sheath can be ruptured or weakened at certain specific locations... We have said that the inert gases can be excited to produce localized gravitational fields capable of pushing against matter. Such fields represent the highest phase of excitation for the gases. However there are a number of lower phases of excitation which do not have any gravitational effect, but which produce a particular vibration in the aether similar to that of visible light..[but] made up of a complex series of harmonics, much like the sound waves from a human voice or an instrument. This produces a wave which appears irregular though repeating. A beam of this kind can be extremely hostile to certain disease agents, if the mixture of gases under excitation is appropriately chosen. Thus the first step in the treatment of viral and bacterial illness is to the body of the agent itself through the use of a beam from the lower phase excitation of the inert gases”^[f]

It is this motion of the aether, in the form of the magnetic, gravitational, or other, flow of the aether that can then be aimed as a beam of aetheric energy to treat in-kind the underlying aetheric-level portions of a human body and thus in turn can effect the physical portion for which it is the energetic and informational template.

We now turn from Hilarion’s own words through Cooke to Cooke’s own words about his and his colleagues’ experiments with the inert gas technology. In 1983, Cooke published a book-length report on the new science and inert gas technology originally derived from his source, Hilarion. It was entitled Einstein Doesn’t Work Here Anymore: a treatise on the new science, with step-by-step instructions for apparatus to demonstrate the inert gas field effect. It is interesting to note that nowhere in the book is there any mention of where the information came from. No mention of Hilarion. No mention of the process of channeling. One must assume that Cooke decided that what he had to share from Hilarion had a much better chance of being read and taken seriously if it was not burdened by any association with other-dimensional nonphysical information sources and trance-type states of consciousness that might seem beyond the pale to most scientifically

oriented readers who Cooke appeared to be targeting for his audience. So, although the words that follow are Cooke's, and not Hilarion's directly, we can be quite sure where the material came from originally that informs these words and guides the research activity being described. Here are some examples of how Cooke paraphrases Hilarion's own ideas to appear to be his own to avoid possible guilt by association with channeling and the otherworldly:

Suppose, we said, that the "spin" of an electron is all there is to it? In other words, suppose that an electron is not an actual particle at all but purely a rotational motion or vortex... a vortex in the aether... we suggest that the aetheric substance which converges rotatingly into the electron vortex, spins out into the surrounding four-dimensional matrix, then arcs across and re-enters our own 3-D space at a neighboring proton, spinning the other way!... We assume the existence of a multitude of "primary points" scattered throughout the vastness of space, all in constant vibration in a direction perpendicular to our aether, and all generating 4-D wave disturbances. Were it not for the fact that we have actually found experimental evidence for the existence of such points, we would not make bold to advance such a proposition, and this book would never have been written... Suppose that the primary points responsible for the 4-D waves are not our 3-D space at all, but instead are located within the adjacent region of the 4-D matrix through which our space is curved.^[f]

Cooke points out that in the inert gases there is a constant vibrational state that cannot be accounted for by the temperature alone, pointing to "an internal vibratory effect rising spontaneously and continuously within the atom itself"^[f] and as a function of the higher-dimensional aetheric point being masked. "It then occurred to us that if an inert gas were pressurized, thus increasing the collision rate between atoms, a good degree of ionization can be achieved to do the (temporary) stripping away of electrons from the outer rings... Since an ionized atom would then carry a positive charge, it ought to respond to the presence of a strong magnetic field in the usual way, namely by being forced in a direction at right angles both to its direction of motion and to the direction of the magnetic flux lines (which we take to be the direction of aether flow)."^[f]

Before leaving this presentation by Hilarion and Cooke of the conceptual aspect of the new science underlying the inert gas technology, a striking similarity seems to exist between their description of the nature of the electron as a vortex bridging between a higher dimensional domain and our physical reality, and the theoretical conjectures on the nature of the electron made by physicist Harold Puthoff in an innovative article of his published in the esteemed scientific journal Physical Letters more than 10 years later:

[I still need to find and insert quoted passage from Puthoff's journal article]

The Experiments of Cooke and Colleagues

Adhering to Hilarion's earlier comment about the inert gas technology, that "this can

be accomplished with relatively simple equipment and without great expense,” Cooke provides 15 pages of specific technical descriptions and diagrams on how anyone can construct their own inert gas device.^[f] In order to shake loose and unmask the portion of the inert gas atom from the underlying primary point so that the aetheric motion from the direct activity of the primary point can be purposefully directed and used, he describes how the right pressure must be brought to bear on the gas within a 4-12-inch-long metal bottle or cartridge together with the right magnetic field provided by an attached magnet. Pressures used are from 200-2000 psi (pounds per square inch), depending on which gas, or mixture of gases, is used, and the average magnetic flux density applied is around 200 Gauss.^[f]

Cooke and his colleagues experimentally found the aether to be elastic, so that under certain conditions the velocity of light passing through it could be altered. Also, a strong magnetic field could influence the aether to vary the velocity. Repeatedly forcing, or “scrubbing” the aether through boiling water using a magnetic field changed the elasticity of the aether, making it more strongly react to the field, so that light would be more strongly affected through the strong magnetic field. They also found that water and its movement could excite the inert gas fields. In addition, they experimentally discovered that the inert gas energy could be carried over an electrically conducive wire, and that the end of the wire could be used as a treatment probe.

Based upon Hilarion’s earlier messages about the nature of illness and disease, Cooke wrote about the “thought-forms” that we create when we think that can continue to exist after we thought them and which can collect “in the region of (or within) their originator”^[f]. When deleterious, it is “these thoughts-forms which are ultimately responsible for both chronic and acute illness^[f]... the disease thought-forms are thus conceived as entities or ‘things’ which are ‘programmed’ to carry out certain procedures within man’s physical body. The programming is determined by the nature of the originating thought”^[f]. Based on Hilarion’s original messages, Cooke describes three kinds of disease-producing thought-forms: the kind linked to pathogenic bacteria within the host body; the kind linked to viral organisms; and the kind that is centered “in one or more of the organs or major systems of the host body, and proceeds to alter the structure or the function of the portion it has invaded”^[f] (and where no bacteria or virus is involved). Based upon his and his colleagues research in Canada in the late ‘1970s and early 1980s, Cooke points to “the possibility of attacking the disease thought-form directly at the aetheric level. There is now a body of evidence [from their research] to support the idea that, among the five inert gases, at least Argon and Krypton produce energies which are capable of doing this,” especially with regard to affecting the third kind of thought-form that negatively^[f] influences organs or other major systems of the body, rather than affecting bacteria or virus.

Following are excerpts from two experimental case studies carried out by Cooke and his colleagues in Canada using Hilarion’s inert gas technology to study the effect upon human subjects.

Case One: Subject C, age 13, a female suffering from mononucleosis, an illness of

unknown etiology. She developed the symptoms in 1980, three months prior to the inert gas treatment. “The first treatment was with Argon. The cartridge containing this gas at about 1400 psi was energized by a magnet capable of placing the gas under an average magnetic field of about a 150 Gauss... the subject lay down supine on a couch with her head to the North, and the apparatus was positioned just beyond the top of her head, with the axis of the magnet being aligned approximately North/South. The Argon energy was administered for 40 minutes, following which the cartridge was replaced with one containing Krypton at about 700 psi (same magnet). The Krypton energy remained for about 20 minutes, and was used as a follow-up energy in order to ensure as far as possible that the disease thought-form would be removed.”^[f] Immediately after this double treatment, the subject felt well enough to get up and eat with the family. Previously she had had a little appetite and had spent most of the time lying down. Others present remarked on her improved physical appearance. It then took several days for her body to get rid of the poisons and toxins that had accumulated in the lymph nodes due to the long siege of this thought-form within the body... The family doctor then examined her [five days later], and expressed surprise that she should have recovered so rapidly”.^[f]

Case Two: Subject F, male, age 35, slightly overweight with a degenerative condition in the right hip joint first noticed in the spring of 1974 during a golf game. Three months later the pain was severe and x-rays showed serious deterioration, with the doctor commenting that he “had the hip of a seventy-year-old.” Taking 16gr. aspirins daily for the pain, and with his doctor’s prognosis remaining vague, F came to Cooke in 1977 for experimentation. On hearing that he had gone through great emotional stress due to his first wife dying of cancer in 1970, Cooke, in light of Hilarion’s teachings about the nature of disease, speculated “that the subject at that time created for himself a powerful disease thought-form as a result of the stress of the period, and that the thought-form had lodged in the right hip joint, for whatever reason. We therefore felt that the best attack was to use one form of energy [*Krypton*] to destroy the thought-form, and then Xenon to prompt the body to rebuild the degenerated tissue at a rate more rapid than normal”.^[f] Having learned experimentally that the inert gas aetheric energy could be conducted along an electric wire, a plastic or glass sheathed probe extended the usual invisible aetheric beam through the wire from the pressurized and magnetized gas cartridge exit point. In this unidirectional beam device, Krypton was first used, then a mixture of Helium, Neon, Argon, and Krypton (8%, 22%, 60%, and 10% respectively). Then a mixture of Helium, Neon, and Xenon (at 18%, 37%, and 45%), under 500 psi and with a magnetic field of 200 Gauss, was given in once-weekly treatments “involving exposing the hip from a close spacing (6 inches) for at least 30 minutes per treatment.”^[f] Then a third mixed gas generator (Neon 7.5%, Argon 12.5%, Xenon 80% at 300 psi and 120-150 Gauss) was placed on his bedroom dresser at night aimed at the bed. “Within one month the subject began to experience occasional days free of pain. After three months he was largely free of discomfort, except when he overstrained the joint. After six months of treatment he could undertake all normal activities without pain. The stronger weekly treatments were then suspended, although he continued to sleep in the weaker field at night. Another x-ray taken nine months after our treatments had begun revealed 75 percent regeneration of the hip joint,’ according to his doctor’s assessment”.^[f]

Cooke reported a number of unlooked-for effects during his research, such as inadvertent regrowth of tissue stimulated by the inert gases. In one case the wife, sharing the bed with her husband who was being treated with a Xenon-based device, was also exposed nightly to the subtle beam emanating as the higher-dimensional aetheric flow from the activity of the now-unmasked primary points underlying the inert gas atoms. Her previously cauterized fallopian tubes regenerated, and she became pregnant, giving birth to a healthy baby girl.^[f]

Cooke and his colleagues went on to develop much stronger devices, such as an Argon-beam generator, with Argon under 1300 psi, applying 500-5000 volts of direct current, strongly ionizing the gas, and using an electric-coil magnet, rather than the usual permanent magnet. “Because of the assumed strength of the beam emitted axially by this device, we were careful not to pass it through the physical body of any person. In all the tests we carried out, the thought-forms were seen to be located outside of the physical bodies (though often joined to them), and thus it was a simple matter to direct the Argon beam at and through the thought-form without having the beam touch the body of the subject.”^[f] Notice Cooke’s phrase, that “the thought forms *were seen to be located outside of the physical bodies.*” In this and other related research, Cooke and his colleagues worked with clairvoyants, who reported being able to psychically see nonphysical aetheric level activity, including the presence, and any changes in, disease thought-forms. A pattern soon emerged, that although the inert gas beam devices appeared able to dissipate various disease thought-forms quite quickly, they would soon return, and hence they had to admit to the obdurate quality of the underlying cause of such extreme psychosomatic illness. As Cooke put it, “We concluded from these tests that the only lasting cure for difficulties of this kind lay in retraining the subconscious of the patient, so that it would cease to project the thoughts and/or emotions which led to the creation of the thought-forms. Our apparatus could then effectively be used to destroy the form or forms that had previously accumulated, thus clearing the way for reconstruction, cleansing or regeneration of the portion of the body that had been afflicted.”^[f]

The Work of John C. Fox

Living some 90 minutes North-East of San Francisco, electronics engineer Jon C. Fox draws his understandings about the inert gases from the earlier Hilarion/Cooke books and from his own almost-daily channeled and intuitive interactions ostensibly with the same Hilarion. Thus we hear in his thinking similarities with Hilarion and Cooke with regard to the presence of an aether and the aetheric influence on our physical level of reality in general and on our bodies in particular. “We are living and working at a level that transcends much more than just the physical body. We’re working with the aetheric body, as well, when we’re doing any kind of healing or change work. Healing takes place primarily initially in the aetheric body and this is then transmitted to the physical body... Another way of looking at this that, surrounding the body at all times is a fluid substance called Aetheric Fluidium. In that substance we have the capacity to impress holographic information that then is brought into the physical.... this is taking place on what I’m considering the 4th dimension level.”^[f] Based on Hilarion’s channeled teachings, Fox grounds his research in “the existence of what are postulated as Primary Points. These are

points of internodal vibrations that are occurring at the 4th dimension, manifesting themselves at the 3rd dimension. And it is the contention of the information that I'm bringing through [*i.e., that he is channeling from Hilarion*] that these points are present in the nucleus of the atom to the inert gases. These primary points are widely distributed all over the galaxy and here on earth. What are emitted from them are all kinds of interesting effects and energies. However, the creation of matter in the nucleus itself tends to mask these effects... One way to increase this release of inert gas energy, is to subject the inert gases to high-pressure. Under high-pressure there tends to be some dislodging of that nucleus and of the atomic structures which allows some of that energy to be released... One way to view this is that the nuclei of the inert gas atoms are a doorway to another dimension.”^[f]

During his years of channeling-guided experimentation using approaches such as inert gases with human subjects, Fox must constantly remind everyone: “I am an engineer, not a medical doctor (MD), so I can't make claims for the devices. I can talk about the experiences that other people have had with them... But I would emphasize that I'm not making any medical or therapeutic claims.” Nonetheless, “It has been a dream,” he writes, “to share publicly the research I've been doing for the last 11 years.”^[f]

Some Specific Techniques

For generating unidirectional inert gas beams, Fox uses “alnico five” magnets; for the generation of omni-directional fields, “potted alnico;” and for “Krypton concentrator” beams, ceramic magnets. With regard to the pressure used, his research has found that a minimum threshold of 250 psi seems necessary to get an effect.^[f]

Fox describes how he has learned to make treatment “elixers” using the inert gases. In homeopathy, a preparation is made by continually diluting and succussing (shaking) a solution containing the physical presence of the substance that one seeks to have an effect on the human body. Such dilutions can eventually become so extreme that no one understands how it can still have an effect on the body. The truly mind-boggling point can be reached where something becomes so diluted that there is no longer any presence of the original physical substance in the now super-diluted solution, yet what has been found experimentally is that, even with no more physical presence, something from this process still effects the body as if the physical presence was still there, with the more dilute the solution, the more effective!

Fox writes: “With assistance and advice from several homeopaths, I've developed a way to produce ‘elixers’ homeopathically from the inert gases. We point one of the unidirectional devices into some pure water for about a half hour. Then we dilute that water to a 3X potency, with succussion, by traditional homeopathic technique. That means you take one drop, mix it with 9 drops of water. Succuss it (hit it on the palm of your hand) 50 times, then repeat. Repeat that entire process a total of three times to arrive at a 3X potency. We found that at that dilution many of the properties that are observable with the devices appear to be directly reproduced into the vibration of the water.”^[f]

Effects Reported by Fox and Others

Fox says that “One of the best ways to perceive the “inert gas effect” is just by putting your hands near either side of the device. Typical experiences people report are temperature changes—hot or cold. Many people will feel a tingling sensation. There are a few people report a sound inside their head, or they can see a light coming out of the device. Generally, approximately 30% of the people I’ll expose these devices to will feel nothing. The explanation for all this is that, as we’re stimulating the aetheric body, the way in which any individual perceives and relates to the energy that comes to their aetheric body is different.”^[f]

Here are just a few of the inert gas effects discovered by Fox and his colleagues:

Regrowing teeth (using 18% Helium, 36% Neon, 46% Xenon).

Overcoming Headaches (pure Helium, min. 1300 psi, aimed at water, for about 1 hour per gallon. Drink about eight ounces. Repeat in about 10 minutes if necessary).

Overcoming Insomnia (90% Helium 10% Neon).

Awakening higher consciousness (10% Argon, 10% Krypton, 80% Xenon).

Destruction of negative thought-forms (70% Argon, 30% Krypton).

Developing psychic functioning (Krypton).^[f]

Joint Pain

“We’ve found other uses for Krypton. A number of people with joint pain and interesting physical body complaints have told me that touching the probe to various parts of their body where there was some difficulty improved their condition dramatically.”

Headaches and Insomnia

“We found that if we take one of the unidirectional devices and point it into a glass of water, somebody drinking the water will experience very interesting effects. When you seem to be in a normal state, I’ve observed a lift—like more energy. For people with migraine headaches, or unusual headache symptoms, water charged by Helium in this way will often rapidly clear the headache.... Another use for the Helium energy is in using the device itself. When pointed directly at the person, many with insomnia have found that they get much more deep and refreshing sleep with the device.”

Digestion and Viral Complaints

“Neon seems to be extremely helpful for quite a number of people that I’ve worked with for digestion and energies that have to do with the Root Chakra... Neon seems to reverse the feeling of being ‘spaced-out,’ because of its connection to grounding energy. We also had several interesting effects with people suffering from various viral complaints, including cytomegalo virus (CMV), and chronic fatigue syndrome (CFIDS). In the past, some of these had other names (like mononucleosis).”

Cancer

“We have a few cases of people who use these devices for cancer. One of the very first I ever worked with was a woman with cervical cancer. She used a device containing Neon with a little bit of Helium, so that her sleep would go very well. After four months she had a biopsy and they said no more cancer. It was quite nice for her, and great for me to get that kind of physical verification of my work.”

Epilepsy

“Krypton elixir is especially interesting. Channeled guidance indicated that it might be helpful for epilepsy. I had a chance to try that with several cases. In one case, a female epileptic dropped her level of Dilantin in half. In another case, after the use of one entire bottle of Krypton elixir, a man was able to go off Dilantin completely and has had no drugs or seizure since. It has now been two years!... Since epilepsy appears to be an out-of-phase condition between the different lobes of the brain, Krypton’s ability to enhance brain function would certainly seem to help.”^[f]

Echoing Cooke’s own research findings and Hilarion’s original viewpoint, Fox refers to the difficulty in rooting out obstinate negative and disease-producing aetheric-level thought-forms: “One concept of negative thought-forms is that they are ideas or programming, like a tape that runs over and over in us, which form in the aetheric body. As it is held there it tends to be problematic for us... By the use of, particularly, the inert gases Krypton and especially Argon, we’re finding we can rapidly clear these negative thought forms in people. Now if somebody is not doing psychological work to help get at the reason they put the thought form there in the first place, the device will simply be a stop-gap measure, a band-aid. The person will usually reconstruct the negative thought form within a short period after using the device.”^[f]

Others’ Findings:

Fox reports: “A researcher is growing corn and beans and other plants in the sand and water with no added nutrients or soil, with exposing the growing plants to the inert gas devices. The control groups, grown without the inert gas energy, die quickly. With the device, the plants are thriving. Another researcher has observed increased cell growth rates with exposure to the inert gases in the traditional petri dish cultures (‘in-vitro’). Another researcher reports shift in the ultra-violet spectral response of water that has been exposed to inert gas devices containing Helium. It is hoped these researchers will publish these studies soon.”^[f]

[Still to do for this chapter:

I have talked to Jon Fox recently about interviewing him for more details about his own recent inert gas experiments and about the ones just-mentioned, above. I am also setting up a phone interview with Fred Rubinfeld, a researcher in Boulder, Colorado, who Fox suggested to me, who, together with his colleagues, tells Fox he is getting

excellent results from, among other things, “elixirs” made from using water treated with inert gas energy. Finally, it may be possible for me to do a brief interview with “Hilarion” channeled through Fox, where I could ask “him” what he might wish to share with readers of this book regarding the inert gas energy and perhaps even if he might have suggestions for new approaches and experiments that could be tried out by readers interested in this.

I am thinking of sending this chapter draft to a few of my friends or acquaintances who are traditionally trained, well-credentialed, and fairly well-known in physics and/or biomedicine for their reaction, critical analysis and speculation, etc. and then draw from their responses to create a final response-from-the-scientific-community type section for this chapter. I am also thinking of doing the same for each of the dozen or so other proposed extended case study chapters for the book.

And I still have to write a one-or-two paragraph conclusion for this chapter.]