

carry the same parts or aspects because the entire body of work is a team effort. No one person needs to do it all, but collectively it all gets done. Your job now is to transform those parts of you where you are wounded, to heal them, and to become whole. You don't need to go running to seminars, buy potions, or spend a lot of money in pursuit of this. The greatest part will come naturally if you listen within yourself and are willing to be totally honest with yourself about your "failings." Coming together with other people of like mind will also help, as you share the common goals and common journey; there is great support and comfort in knowing you are not alone, that you are not "the only one" who is experiencing what you are experiencing.

There may be appropriate practitioners to assist you, appropriate aids and tools to help you in this, but it is so important to quiet yourself enough to discern what is appropriate and what is not. You and only you can tell what is right for you. There are many "wizards" who proclaim that they have "the answer." Beware of them and stay clear of them. Only YOU have your answers. By that, we mean that only YOU can FEEL when something is right for you and when it is not. But you cannot feel any of this if you are filled with chatter or you are being run by your fear. This is why we have stressed going within, meditating regularly or doing whatever it is that allows you that space to listen clearly to what your body is telling you. FEEL, feel, feel. Feeling is a physical thing, not an emotion. When something feels "off," trust that and don't try to convince yourself otherwise, no matter how persuasive someone else may sound. You are your own authority, and you are sovereign beings. You exist solely to be who YOU are, who and what you came to be, and there is no other person like you or who can know what is right for you.

When someone tries to convince you that their way is THE way, take the "highway" instead and leave! There will be more and more loud voices shouting in the din, but the only voice you need to listen to is the quiet one within you. Do what you need to do, go where you need to go, create what you need to create, to be able to listen clearly within the quiet place inside of you. Make inner

listening a constant practice. It will help you find your way through the tumult ahead. Listen and feel. Listen and feel. That is how you will chart your course — moment by moment, day by day.

We will have more to say on all of these topics, but for now, we leave you in peace, in honor, and with blessings for your willingness to do what you are doing. Amen, Adonoy Sabayoth. We are the Hosts of Heaven.

clear focus, or is confused, or is conflicted, ask, "What do you want for yourself?" Not, "What is your alignment?" In pursuing what they desire, what they want, they will be homing in on their destiny within the larger whole. THEIR desire is an expression of the Creator's desire. In order to experience everything, the Creator needs all of these different players in order to explore all possible choices.

Each person carries within them the compass that will direct their journey, and because they are "blindfolded" the seeking can appear clumsy at times, but even that clumsiness serves the timing of events within the context of the whole. Tiny movements, small choices, are amplified through intersection with other movements in the same general direction. To the extent a clear pattern emerges, the alignment with others becomes more coherent, and therefore more powerful. Each individual is NATURALLY drawn to what is theirs" — in the perfect way and at the perfect time in keeping with the whole — and the wonder of it is that they experience this as a discovery, similar to putting your hand in your pocket for your keys and drawing out a large amount of money instead.

Each person carries within them everything needed to get to where they are going, and for all of the steps along the way. The new song" was written before the world was formed. Each of you were aligned with each other then; each of you is coming into alignment with each other now. Lyara was simply the person with the tuning fork. That's all. She is not meant to LEAD you. She merely sounds the note you are waiting to hear and you begin humming in response because it is inherently YOUR note also.

You must understand that no one can change what they came to be, what they came to do, what they came to experience. Their note is ALREADY written, and the "author" is the Oversoul, in the employ of the Creator's design and desire. Therefore, YOUR job is simply to continue sounding the note. If people do not "hear," simply sound it again — and again and again and again.

This note will evoke a response in everyone who comes into contact with it. For those whose inner tuning forks are set to the same note, they will be drawn into resonance with that note and begin vibrating with it, too — perhaps tentatively at times,

but eventually with growing trust and confidence that it is THEIR note, too.

We emphasize that this is simply the way it IS. No one can change their note. Some will hear your note and be drawn to it, thinking it MIGHT be theirs, and while it may be similar, their note is sufficiently different that eventually — because they DO NOT come into full resonance with it — because it does not vibrate through them and awaken THEIR song, their passion to sing, to open to that note and let it reverberate through them without resistance to it, they will move on according to the strength of their seeking. Some will be "lukewarm" and never find their note, precisely because that is also a valid experience, and the Plan for their life is that they DO NOT "find," but must continue to seek, through other incarnations in other space/time environments.

Now we come to the last point: the polar opposites. The more strongly a note is polarized to ONE polarity, the more it annoys or irritates someone of the opposite polarity. In other words, the more a note is opposite another, the more strongly they create discordance when coming into contact with each other. The response, though, is different in its expression.

If one is of a positive polarity, based in cooperation, the response would be to stand together, sing the common note with joy in the singing of it, and simply send the note — the song — out into the universe — freely given, freely sung, without resistance or attachment to effect. That is what you and "yours" (your kind) are created to do, and in so doing, your note — the note of peace, joy, and love — will resound and literally precipitate a WORLD into form that formerly existed only as a potential in the Mind of God.

However, the opposite polarity to yours — the negative polarity — is based in fear and competition — in "power over," rather than pure power from within, and so its response is predictable from the perspective of THAT polarity: they MUST strive with you, to assert their power over you, to POSSESS your power, or to try to destroy you if there is no other option.

The more you sing your note, the more you bring forth "attacks" from those of the negative polarity. They are just being who THEY are; you are just being who YOU are. Everybody is doing and being

what they are supposed to be and do through divine design. In the past, this has engendered bloody wars and imprinted the IDEA of war as a way of coping, a way of imposing one's will on others, in order to suppress their song and eliminate it. The idea of forcing "freedom" in others through military means is an example of this. One cannot impose "freedom." That is a contradiction in terms. One can only create and nurture freedom through cooperation in seeking mutually desirable circumstances and ALLOWING everyone to make their own choices without attachment to how they choose. Any imposition of one ideology over another is tyranny, not liberation, and there is no freedom in that.

This is just as true when the ideas seem to be "good" ones as when they seem to be "bad" values of greed and thirst for power. They all translate to an expression that says, "MY way is the right way, and anyone who does not share in my thinking is mistaken."

No, they are not mistaken. They are simply resonating to a different song, a different note that has a different outcome. Those who think they are of the positive polarity and seek to impose their views on the rest of the world — who see through the rose-colored glasses of denial and say things they WISH were true, but for which there is no clear evidence of BEING true — they are not of EITHER polarity. They are simply in denial of what IS, "how it IS," and therefore what must be.

"Wishing does not make it so." But "wanting" is different than mere wishing. Wanting contains within it a seed of desire, a portion of the Creator's desire to experience all things. Your "wants" are the fuel for your journey. They fuel your desire and propel you to the fulfillment of your desire. Wishing is a fantasy, an "if only ..." thought that leads nowhere. But wanting leads to action, and action leads to results, which lead to further action, and so on. The sounding of one's note is the spark that kindles the fire of desire, and the desire is fueled by the degree of passion the person carries within them for the fulfillment of their desire.

Not everyone carries the same amount of passion. According to where they are on the polarity continuum, the further one is toward the two extremes of positive and negative polarity, the greater and

more intense the passion for expressing and manifesting the goals inherent in these polarities: cooperative achievement for one, and total "power over" for the other. To the degree that one moves AWAY from these extremes, the lower the amount of passion for attaining a goal. If the "heat of desire" is greatest at the poles, the center would be said to be "lukewarm" or tepid. No fire at all.

You who are part of Operation Terra are of the positive pole and the more you collectively join together in resounding your vision of Terra, the stronger your collective note resounds through the matrix of the Mind of God, creating standing waves that literally CREATE Terra from that matrix, in which all potentials exist. You are manifesting Terra by WHO you are, what you carry within you, and your willingness to join with others in singing the new song. This is why you are here. This is what you have come to do. "Baby Terra" has been "conceived," and as the many come to join their voices with yours in singing this song, this note of Terra, the "glass ceiling" of 3D will be shattered, the barrier will be broken, and the energetic pathway will be anchored in place for those who are heading for Terra.

In closing, we will also say to you that as things "heat up" in the world, your job is to simply stand together and continue to sound the note for Terra. We have placed a shield around you, but it is maintained by your commitment and dedication to this single task: sounding the note for Terra. If you do this, no matter how much gnashing of teeth it stirs up in those of the opposite polarity, you are safe and Terra is safe and none will prevent the birth of this new world. It is ordained and so it shall be.

Amen, Adonoy Sabayoth. We are the Hosts of Heaven.

So if you decide to have eggs for breakfast, you don't need to decide what flavor of jam you will put on your eggs — unless, of course, you like to put jam on your eggs! However, if you then decide to have TOAST with your eggs, then that is a result of a different logic branch (toast or no toast), that follows from your decision to have eggs, which then accesses the choices about jam (jam or no jam). Each event and each decision stands in linear and logical relation to the ones that precede and follow it.

So now, we stand at a certain point in the journey, one that naturally arose from its relationship to the events that have taken place and as the bridge to those that will follow it. We have also spoken of parallel realities that accommodate all of the possible logic branches (one in which you eat eggs, and others in which you make other possible choices for your breakfast menu). But we have ALSO spoken of a time when a threshold is reached that cannot be delayed, a kind of barrier that exists to limit further possibilities from being explored. You might call that the termination point of that particular Creation.

Through the mechanism of parallel realities, different pathways are charted through linear sequences of events that lead to different conclusions. We have referred to these as timelines. We have also spoken previously of a phenomenon in which people who appear to die on YOUR timeline are continuing just fine on another one. When a "death" occurs, the Oversoul disconnects the silver cord from that extension of itself and that physical body is left behind. This is why there were so many bodies left behind in the disaster that occurred in Asia near the end of December.\* Their silver cords were disconnected and withdrawn into their Oversouls, but OTHER bodies created by those SAME Oversouls continued to be supported in other parallel worlds. Nothing will be lost, but some will pass away from each timeline that is being followed, in the times you are in. When this is complete, the timelines will have separated completely from each other, and the people who occupy different timelines will also be separated from each other. For each person, the "others" will have disappeared, but they will

The Indonesia tsunami on December 24, 2004

experience themselves as continuing.

We have emphasized that most of what we have put forth is meant for a particular audience: those who carry the light codes in their DNA to respond to the tone of these Messages, and whose Oversouls have made the choice for them to experience the journey to Terra. We would like to add that there is another timeline that is somewhat similar to yours, but whose occupants are meant to incarnate as children born onto Terra at a future time. Those people may feel drawn to these Messages as part of their seeking, but they do not lock in on them in the way you do. They feel a certain stirring within themselves, but it is not the clear activation that occurs when the light codes match the ones we put forth through the mechanism of the Messages. It stirs up a longing within them that will resurface in other lives that their Oversouls create in other space/time locations, and it will eventually lead them to Terra, but not at THIS particular time.

Our voice speaks directly to those relative few who are going to be the pioneers associated with Terra. Those who are drawn to other teachings are not going to Terra at this time, but may at a later point in time, after the Creation is refreshed and begun anew.

Time is a vector quantity, similar to width, height, and length. Space has volume, which is described by units of width, height, and length, and time is a way of identifying which particular occurrence within space is being referenced. For example, you can identify a certain location within a city, but to identify what exists at that location, you must also specify WHEN it is that you are referencing. The bus that passed through yesterday morning had different passengers on it than the one that passes through there today in the afternoon.

You can see how complicated it can be to become specific about certain kinds of things, but we take the easy way: we access everything at once, simultaneously, and we experience all of the possible choices as being present all of the time. It must sound to you like that would be very hard to keep track of, but it is very natural to us, and it will soon be very natural to you, once you are in full consciousness again. We navigate through this maze of potentials

what presents to us. The one that does the presenting is the Creator Itself, and all we do is observe and respond appropriately to what the Creator is "saying" through what It presents.

We can feel what is appropriate, and YOU will be able to feel what is appropriate. To the degree you are listening within, you can feel what is appropriate now. One choice always feels better than any of the others, more "right" than any of the others. That's how it works for us, also, but we don't need to reflect on it for very long, as you might. As you learn to trust your intuitive sense, it becomes easier for you to be spontaneous in responding to whatever presents, but you will be doing that ALL of the time as the natural way of being once you have attained full consciousness.

Now, because we do not experience linear time, we have announced the arrival of certain things in the past, because they presented to us as being imminent. That was our experience of them. Even though we can observe you, hear your thoughts, see what you see, and understand you at your core, we do not SHARE in your experience as you experience it. Events and phenomena that we communicated were beginning, such as "the time of ingathering" or even "booster rocket time" were experienced as imminent to us, and we communicated them that way, but within linear time, those potentials took a much longer time to appear on OUR perceptual screen than they did for us from our perspective. To us, everything is immediately perceived once it emerges from the Formless and we did our best to translate that into your frame of reference, but the actual events lagged the immediacy we felt about them.

The time of ingathering is now underway, within linear time. The time of the lifting of the first two waves is (again, from OUR perspective) soon to follow. We expect this to begin occurring later this year, but have no way of being sure until it actually occurs. Our frame of reference is not driven by us, but in response to what emerges within the Creator's thought. It is said in your Bible that no man knows the hour or day; only the Father knows. That is what we are talking about here. YOUR experience is perceived from within linear time; ours is perceived in a perpetual state of

"now-ness," from which we can only estimate things as to when they will emerge at the physical level. Things ALREADY exist as full potentials within "the Mind of God," but as you have no doubt experienced already, there is a quality of unfolding that requires a passage through linear time for the full manifestation to take place at the observable level of space/time.

For example, let's return to the busses that pass by a certain location in a certain city at a particular time. If it is "written" that two people are going to meet on one of those busses by sitting next to each other, all of the events that lead up to them getting on the same bus in the same location within space/time must line up perfectly for that to occur. While we can observe the potentials, we do not either have control over them or ability to predict them except within certain probabilities. However, from being able to read their Oversouls' scripts for them, we DO know that they WILL meet, and certain interactions will occur between them, in keeping with that script, even if we have to wait to see how it actually plays out within linear time.

So we have given you a "map of the territory," the map of the journey to Terra that you are making and have been making since you emerged from the Mind of the Creator, as an actual expression of the Creator. We have given you some of the features of the journey, and we have given you some of the markers of it, just like you have on your highways. You see a mile marker that tells you how far you are between two points on that highway — from its beginning to where you are as you pass that mile marker. Those mile markers are spaced uniformly, one mile apart. But there are also other markers that tell you how far you are from other destinations that lie ahead of you — so many miles to a particular town or city, so many miles to the one that lies beyond it, so many miles to a place where you can turn off onto another road altogether.

We have tried to be precise in translating the map, but there have been some obvious miscalculations that have come in when trying to correlate information that appears as imminent to us from outside of time with specific locations within linear time. You have collectively been making this journey for over 4.5 billion years, so

f comforter, to help you come to terms with the sorrows that will be outpicturing in the world.

We wish to remind you that these losses are a passing away of all that is not in keeping with the frequencies of peace, joy, and love that make up Terra's foundation. They are a passing away of all that has kept people from truly being free to express themselves in all of their fullness. They are a passing away of everything that has CAUSED sorrow and the lack of peace, joy, and love on this planet. It will be a time to grieve one's losses, but it is also a healing of the root of those who suffer every day from the losses of personal freedom that have come down through the generations of ignorance, control, and penury.

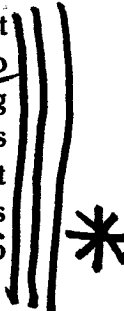
So while this time is upon you now, we want to tell you how to be with this experience, so you can receive it for the healing that it is. We also want to express our support for you and your transition, and to explain how it will be after you have withdrawn from the planet for awhile, so that you can understand how the pieces of the puzzle fit together. We expect that having a frame in which to see through, it will make it easier to bear. We are aware that you are very caring individuals, and that you have a tendency to identify with loss and suffering so much so that you experience it as if it were your own. In particular, you feel this way about those least able to protect themselves — innocent children, elderly, those who are crippled by disease, animals and plants, and those who are already beset with life's harsher aspects. We ask you to detach from all of these individual dramas, to instead create a tent of your love over them, like a bowl or container in which these things can play out to their end, and the healing that will result from having one through those experiences.

Many losses are coming now. We ask you to hold forth where you are, with all of the love you can muster for the entire process, independent of the details of each calamity. For calamities will be so numerous, it can and shall overwhelm many. We ask you to understand the real purpose being served by the calamities, to see them as a healing for the planet and a release from the conditions that have occurred over the millennia. We ask you to stand where

you are and continue to sound your note. We ask you to do this until the time comes when the portal arrives, and when you move through the portal, to not look back upon the calamities you are leaving behind. You are moving to a place where you will let go of any sorrow you carry, to prepare yourself to offer comfort at a later time, when it will be of some use.

You see, at this time, the cleansing of the sorrows has just begun, and many are destined to depart through the portal of "death." Your time to be of use is not until this time of sorrows has come to an end, and you will extend a helping hand to those who have been transformed by going through them. Remember that a higher purpose is being served through all of this, and therefore, there is nothing to fix and nothing to stop. It all must come to pass. You can always pray for as smooth a process as possible in keeping with the highest good, but it is important to detach from specific outcomes, and most importantly from seeing any of it as either a judgment or punishment. It is none of those, for everyone is just being who they came to be, in keeping with the Creator's desire to experience everything. No one is being punished. No one is being judged. Those ideas are a creation of man, not of the Creator. As we have said, to the Creator, all of Its creations are good, in that they serve the Creator's desire to experience all of the possibilities through Its creations. Everything that exists is in existence solely to serve the Creator's desire to experience everything.

In speaking of the "end times" or "last days," many people judge others because they are different or believe differently, but the Creator does not judge. Many people say that THEY "are the way, the truth, and the light," and if anyone does not follow THEIR precepts, they will suffer an eternal punishment. There is no eternal punishment. There is no heaven; there is no hell. There is only the Creator, expressing through Its creations. All things stem from the Creator. All that you consider "evil" in the world stems from the Creator. All that you consider "good" in the world stems from the Creator. The Creator is All That Is. Do not pay attention to the rhetoric of those who are enmeshed in division, hatred, fear, and rage. Many will be losing control and acting out from those places



## OPERATION TERRA

and through you, millions of others when it is time to do that. But each thing progresses in phases and stages, and this is where you are at in the overall process at this time.

We leave you now, in peace, honor, and blessing. Amen, donoy Sabayoth. We are the Hosts of Heaven.



## A CHANGE IN PLANS

May 6, 2005

All right, now. We have asked to speak with you because there has been a change in plans. As we have indicated, the Creator loves surprises, and now we are also surprised by some recent events that have presented for us to respond to.

It appears that those of the higher-density STS polarity have concluded that things are not going the way they want on the surface of the planet, primarily in that they have become impatient for the "fireworks" to begin. What this translates to is an acceleration in the speed at which events will unfold, primarily in the realm of wars and human suffering. These higher-density beings feed off the emotions of fear and its offspring: anger, rage, jealousy, and hatred — the more intense the better, from their perspective. They know, as we do, that the time is growing short and they wish to maximize THEIR harvest as much as we wish to maximize ours.

So an order has gone forth and is being communicated in various ways to their servants in 3D whose vibratory pattern matches those of the higher-density negative polarity entities. This order is sourcing from the 6th- and 5th-density levels, passed down to their 4th-density operatives, and seeded into the consciousness of the humans on the ground who serve them and their agendas. The humans experience this urging as an impatience and an impulsiveness within themselves, but they are largely unaware that it does



ring chaotic times such as those which lie just ahead. You will make your journey easier if you can remember this, and you will also serve as a model for those around you who might otherwise give in to their fear.

Those of you who have been reading these Messages and applying their principles in your lives will be of great help to those who are just beginning to realize that things are not quite right in the world and are worsening on a daily basis. The movement into chaos is well under way, but it is being kept hidden for as long as possible by those in power and who stand to benefit by doing so. In one of our earliest Messages, we spoke about the last grab for resources that would be taking place. You have seen some of that in some of the actions taken by the US government, but other governments are doing the same thing to the best of their ability. Those who have the necessary information to sense the magnitude of what is about to transpire have been taking actions for quite some time while that will give them the most power when things begin to come apart. It is all rather like a game, but in this case, not everyone is an equal player. Many have nothing to play with at all, so it will be a contest among the "haves," as the "have nots" do not have the resources to do anything but survive as best as they can. It will not be a pretty sight as the awareness dawns on the many just how real things really are.

We do not say these things to alarm you. We only wish to prepare you for what is coming and to direct you in the ways that will be in keeping with your life's purpose and plan. Each person who is incarnated now is here because of a decision made by their Oversoul. Each one has a part to play in the larger drama that is unfolding. Some have more visibility than others, but each one is equally important in the context of the whole. Each one of you reading this Message is a "player" in this drama — not because you have great material resources, but because you have great spiritual resources within you. You think that your material world is what is "real" because you can verify its presence with your physical senses, but what is truly real is invisible and inaccessible by the physical senses. It is the Creator's presence that is the only thing that is real, and you are an individualized aspect of the Creator

in-expression. We are embedded within the matrix of the Creator as much as you are. All of us source from the Mind of the Creator, and as you make your journey into greater mindfulness and awareness of what is real, you will also be more aware of the Mind of the Creator as it generates you, speaks through you, thinks through you, and moves through you. All of the clearings you have been going through have one aim: to make you as clear as possible so that the Mind of the Creator can work through you with as little distortion as possible.

As long as you identify with your body as who and what you are, you will be living from an illusory sense of reality. As you are able to surrender your personal preferences and become more detached and neutral, you will be able to align more perfectly with the Mind of the Creator. The Creator is dispassionate toward Its creations. This is in direct conflict with the belief in a personal "God," one that puts some of its creations above others. To the Creator, all of Its creations are equal, and serve equally to fulfill the Creator's desire to experience all possibilities. To those who feel that their way is the only way to God, we would say that they are laboring under an illusion. The Creator is present within all of Its creations, so there is nothing that is outside of the Creator, and there is nothing that is separate from the Creator. These ideological wars that lead to people killing each other are not based in any kind of truth other than what people believe to be true. That does not make it true, despite the power of the individual mind. Only the Mind of the Creator can truly create anything.

Then where do these mistaken ideas come from? They arise from the interactions of individuals with their environment, which includes other individuals with whom they interact. But where do these interactions source from? From the Oversoul that creates each projection that thinks it's a separate individual. So it all comes back to the Oversouls as the source of the interactions and what could be taken as mistaken ideas. However, if one examines the fruit of such things, it all comes back to the Creator's desire to experience all things, without preference for some things over others. So what you as an individual might prefer is not right for everyone. It is only right for you. Therefore, as you see things playing out in chaotic



ways, what you need to discern is what is right for you. It will not be exactly the same for anyone else. It will be challenging to not get swept up in other people's ideas of what should happen or how things ought to be done, but remain sovereign, and listen to your inner wisdom. This is something that must be applied constantly. There is little time left to learn "lessons" as there is little time left to do things over again. The best way through these times is to listen within and tune out anything that is not in keeping with your own inner wisdom. There will be much to tune out.

Pay attention to how things FEEL within you. Be selective in what you eat, what you expose yourself to in the form of entertainment, and how you spend your time. Be selective in where you go when you have a choice and make choices that enhance your sense of inner peace and quiet. If you don't know how to still the chatter in your mind, find ways to do that. Meditate regularly if that helps you to do that. Take warm baths. Play soothing music. Spend time in nature if possible. Get rid of clutter in every way you can. If you haven't already done so, review your possessions and get rid of everything that you are not actively using. Pass them on to others if they no longer serve you. The details will be different for each of you, but the goal is the same. Do whatever you need to in order to remain calm in a time of chaos. This is of vital importance.

Pay attention to the little clues that appear in your life. Do not hesitate to break out of your habitual patterns if it feels right to do so. No one else can live your life for you, so do not let anyone else's opinions dictate how you live and the choices you make. Your inner wisdom will be your own best friend. We are always with you, and we often do things to get your attention and make you aware of our presence. We are all part of the same team, with the same goal — namely to prepare the way for the new world of Terra. To this end, you have all been doing your part in clearing energies that would impede the planet's progress upward, and you have also been rising in frequency yourselves.

Look back to the time when we last spoke to you. It was just a little over a year ago, around 13 months to be more exact. Has anything changed in your life? Do you perceive things differently? How do you feel about yourself now as compared to then? The

changes are not just going on in the phenomenal world of material reality. There are even greater changes taking place within. They are affecting everyone and every thing on the planet — the animals, the plants, the very air you breathe. Nothing is unaffected by these changes, and the changes will continue to accelerate from here on in. Do you doubt that you are changing? When you look in the mirror, there is not so much that is different, but inside is a different story. Ideas that used to excite you somehow have lost their flavor. Everything looks pretty much the same, but your relationship to it has changed a great deal.

Many, if not most, people on the planet have not changed a great deal in this past year, but those of you who are part of Operation Terra have been going through an accelerated transformation — one that has required a great deal of you at times. Well, it is only going to go faster from here on in, so the best way to be comfortable with this journey is to remain surrendered at all times. Whenever you become aware of resistance to or avoidance of anything, surrender that resistance and open up to receive what must be received in that situation. To align with what's real, you must surrender up your previous ideas of "how it is," ideas you learned from others who learned from still others, all of whom were in veiled consciousness and therefore not qualified to teach those ideas to anyone else as truth. Become a Truth seeker. There is only the Creator-in-expression. That is the only truth. That is what is real. \*

Work with that idea. When you feel an emotional charge rise up within you, do not resist it, but do not feed it either. Let it flow through you without acting from it. Allow yourself to feel all the emotions, but recognize them as the passing things they are. It is only in the quiet space within you, when you are not being affected by your passing emotions, that you can know and receive Truth. There is a lot of noise in the world, and it keeps people from truly hearing what is going on within themselves. You can choose what you listen to. Listen within.

We will have more to say to you, but this is all we would say to you now. We leave you in peace, honor and blessing. Amen, Adonoy Sabayoth. We are the Hosts of Heaven.

ourney in a state of veiled consciousness, you have to “pretend” you don’t know where you are going. It is all part of the illusion about who and what and where you are.

The “real you” is nonlocal. By that, we mean it is not limited to a particular space/time location. If you have had an extensive out-of-body experience or a near-death experience, you might have realized that once you were free of your body, you could see in all directions at once. However, that still provided the experience of perceiving through a particular and fixed location. As an expression of the Creator, you exist everywhere at once. You exist in everything you perceive, and just as the Creator experiences itself through its creations, you also experience yourself through all of the creation that you intersect with from your individualized point of awareness.

This will not change when you are in full consciousness again, but what WILL change will be how you perceive everything you observe and interact with. You will EXPERIENCE being part of everything that exists. You will directly “know” the meaning of the phrase, “I am that.” Are you familiar with that term? It has appeared in many of your languages. In the Hebrew language, it is “Ayeh Esher Ayeh” [“I am that I am,” spelled phonetically]. In the Mayan language, it is “In Lakesh” [“I am another yourself,” spelled phonetically]. This is a very old understanding. In the traditions that emphasize something you call self-realization or enlightenment, the attainment of those states brings you to the direct experience. “You” are everywhere and in everything you perceive. The meaning of these terms come down to that simple fact. You are intimately interwoven with everything that exists and everything that exists has its counterpart in you.

Why do we emphasize this point? Because in order to move out of separation consciousness, you have to realize this for yourself — not just as an intellectual concept, but as an inherent feature of your experience of life. In point of fact, this is absolutely true, but until your veils are thinned to the point you can actually FEEL the reciprocity of the dance of the illusion you are mired in, you will never be able to move past enemy-patterning into oneness with All That Is,

Your life is bringing you closer to this realization every day. Your life is giving you opportunities to see and know that everything and everyone you come in contact with mirrors something of yourself back to you, so you can come to see yourself EVERYWHERE and IN EVERYTHING. You will come to realize that everywhere you look, there you are.

One of the terms you have for the Creator is “All That Is.” The Creator permeates all of Its Creations. It is the matrix, the foundation, the ground of all that exists. As an individualized aspect of the Creator, YOU also exist in All That Is. YOU also are part of the matrix, the foundation, the ground of all that exists. But that does not mean that “you” ARE “the Creator.” Let us give you an example from your experience with food.

Let’s say you are going to make a soup or a stew or a gelatin salad. Any of those dishes contain individual ingredients. In the gelatin salad, for example, there may be sliced vegetables or small pieces of fruit or nuts or any number of ingredients. What interconnects all of these individual pieces is the gelatin that forms the whole. Likewise, in a soup or stew, all of the individual pieces are swimming in the broth. The Creator is the gelatin or the broth, interpenetrating all of the pieces of ingredients. However, the Creator is ALSO present in the pieces themselves, unlike the gelatin or broth. This is very difficult to grasp with the intellect alone, but if you can — even for a moment — get your intellect to step back so you can use your intuition to directly experience the reality BEHIND the apparent reality in which you move and have your focus, you might just catch an intuitive sense that what is REALLY going on is not perceivable with your physical senses.

Why is this important to mention at all right now? Because very soon, things are going to get very intense in many aspects of your planetary civilization, and unless you can somehow manage to remain in a state of unity with everything that unfolds, the experience of separation from Source will be greatly magnified and you will feel very threatened and very much at risk. This in turn will cause you to contract in fear, and when you are in fear, you cannot be in a state of acceptance or love. Your energies will congeal instead of flowing, and you will be unable to respond appropriately