

Friends readers!

We are divulging, through all the available ways we have at hand, the book “**Intraterrestrial Cities: Awakening the Humanity**”

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By other hand, we'd like inform you, this translation was made by a willingness sister, not expert in English Language, who put her simple acquaintance at our disposal, so that we could make public our brothers Intras of elevated spiritual graduation far above us, engaged for works of planetary transition that already began. Then we apologize for any found incorrectness and we request you let we know them for due correction.

Our site: <http://www.extraseintras.com.br>

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Respectfully

GESH - Shame Hare Spiritualistic Group

INTRATERRESTRIAL CITIES: AWAKENING THE HUMANITY

History of our work group

Since long time, Margarida, foundress and leader of the Spiritualistic Jesus' Servants Group GESH – has been interesting for subjects referred with Revelation such as: Prophecies, Final Judgement, Extraterrestrial Inhabitants, Herlocubus, Intruder Star or Planet Cleaner, as it's called for some writers, and, finally, from the sixties, she interested for Intraterrestrial Inhabitants (or Intras), a reality little divulged and known.

On November, 11th, 1982, Group of Studies Ramatis, GER, was settled down having the following purposes:

- To acquire and make public the huge acquaintance about the subjects described above;
- To strengthen Faith and Trust in Divine purposes;
- To get interior balance;
- To get in touch with Extraterrestrial Beings either at physical and mental level;
- To strengthen practice of Love to the neighbour;

GER (Ramatis Spiritualistic Group) has worked, during seventeen years, having several followers along of the years, besides of talkers coming from the others Spiritualistic Groups, also studious above same theme.

On January 15th, 1999, the abbreviature GER changed to GESH – Group of Studies Shama Hare, although upholding its purpose as a whole. Shama Hare was Master Ramatis' disciple and is Margarida's Spiritualistic Guide.

The messages arrive to us through by Pscophony, Psychography, Astral trip or Unfolding process, Telepathy, Astral Projection and others advanced spiritualitic techniques which we can't explain them yet. All the messages have been acquired during our meetings weekly and vigis fortnightly.

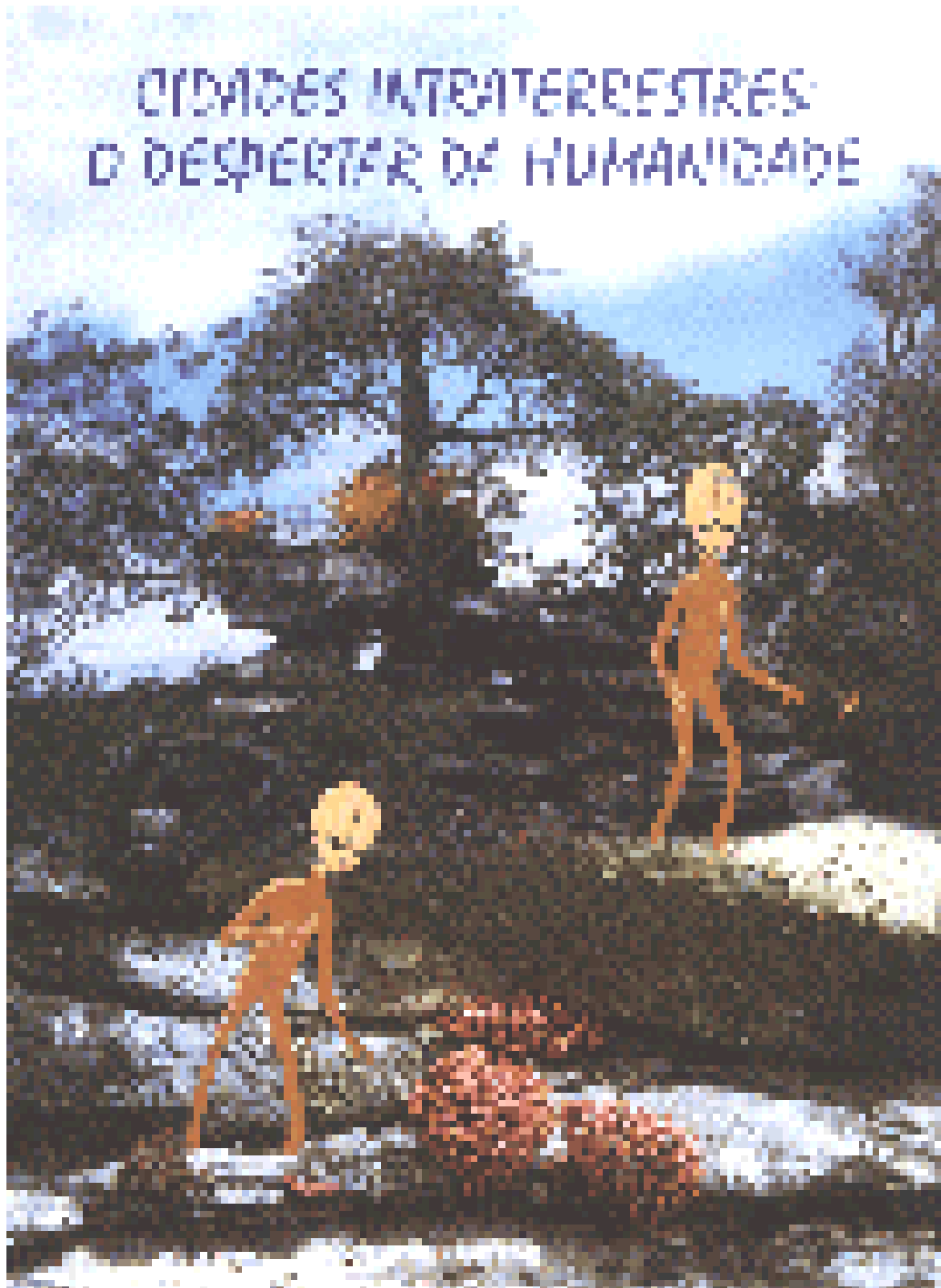
Then with the supply of messages we have published the following works:

- The Intraterrestrials of Stelta - Extraterrestrial Submarine Mission
- Petals of Light;

- The Extraterrestrials and Us, I and II;
- Divulcation of periodical Bulletins of messages published since 1996.
- Weekly messages, published by Internet: <http://www.extraseintras.com.br>

GESH team is composed of seven women: Edilza, Lia, Margarida, Maria Clara, Maria da Penha, Penny and Simone.

We are three teachers, one nurse, one biologist, one lawyeress and one nutritionist, whose ages vary from thirty to eighty years old. We are native from Minas Gerais, Bahia and Espírito Santo States. All very Brazilian ones!.



INTRATERRESTRIAL CIVILIZATION

All those who want to remove the Osiris' veil and have eyes to see, prepare your hearts for News, while reading these pages. You are going to discover that in interior of the Planet Earth vibrates the God's work.

Count Rochester

Spirit , author of several great works, published by FEB and other groups. Now, he is one Spiritualistic Instructor of our work Groups

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First Part

Nothing what will be lived for you, either as group or individual, it is larger nor smaller than can be avoided
Rampa

INTRODUCTION

Loved daughters:

Your minds connected with Light of Divine Love command the will of mobilization of ascensional forces for Spirits.

Devoted to the work, you're humbling and affable as it's habitual in souls involved by feminine enchantment.

Brave and courageous as warriors, you have been facing opponents feared even for evolved spirits. You're strong, you are brave ones.

Moreover, devote this work and don't await the Larger spirituality oblige you this task, therefore aware of Laws, you realize, only the work done through by Light of sincere Love can redeem all the Spirits' mistakes. Don't delay in that disturbing crucifixion. Endeavour redoubled efforts for restorer service, so that in near future, you can be rewarded by freedom desired and deserved.

It already shines at Astral Plan, light focus lit among of men. Your Light must awake many of those brothers who still asleep and your information prepare lots of them to realize how behave during the last moments in the Planetary redeem.

For you, only eternal gratefulness for your trust and faith put on this work; for your courage in facing your retrograde and prejudiced society, for your adoring determination and perseverance revealing obedience of soul aware about her task.

For your love devoted this Work, only Jesus can reward you, pouring on each one of you the fragrance of his Blessed Love.

Save the force of Light!

Your Master,
Ramatis.

HERCILIO TALKS ABOUT THE BOOK

01. The reason GER was invited

*I feel deeply Hercílio Maes' presence.
Soon afterwards he has communicated:*

Sisters, Peace in Jesus!

Very short time we had in matter for getting together, but our affinity always was much and immediate (*refers to Margarida*).

We belong the huge Spiritualistic family of Master Ramatis, who tries join his pupils, renitent in maleficence, they lost great opportunities them offered by our Father, during many lives.

The sacrificial tasks which we perform in matter, seeking the Spirit's growth are many others Father's Blessing to his offender son in the past.

Hold courage and faith, this another offer of redeeming work. You are able.

You're sure in your thoughts. The Master had requested to many other groups which, he also drives on the Earth, divulgation about the pulsating life in interior of the Planet, however many were the apologies presented.

To face the human hypocrisy it's a task for few ones, actually.

Go ahead Warrior of Light!

Save Jesus

Hercílio Maes, 09/09/02

Note: Few minutes before, I had said to my companions: " Why didn't the Master give this task either to one Spiritualistic Center or another work Group under his responsibility? There are many others, older, qualified , with Mediums qualified. Why did he choose us ". And the nostalgic Friend came to answer our questions.

Thank You dear Brother. Jesus blesses us.

Margarida

02. Upholding our work

Days later, Hercílio honored us with his wise consideration:

"Peace in Jesus!

Sisters, it is not easy to bring until the profane world, absolute truths, up till now, kept under veil of mysteries and superstition. The earthy man embodied on the surface, less knows about himself and the planet where lives. Maybe, if he had believed and practiced those Master Nazareno's Sublimes Lessons, right now, you shouldn't have to raise the veil, therefore it wouldn't exist anymore.

Unfortunately, the "wheel of incarnation" is full of decayed and rebellious Beings, not prepared for assimilating such lessons received from the High, due ignorance, rebelliousness or even apathy.

Sisters, I reaffirm my upholding for your work.

The evolved Intras always have been contributing positively with realization for the Planet's welfare.

The evolved Spirits know them and work together.

Their great cities improve the Planet's balance.

Go ahead trustful, in spite of distrust of many others. Wait just from the Father, friendly Spirits and evolved Beings whom drive your future, the credit for performed duty. Peace always.

Hercílio Maes, Spiritual medium (or channel) who has received a great number of the Master Ramatis' works. He was pioneer, searcher of many roads never trodden before by other workers of Light. Ramatis, our Master, and Hercílio, our very dear Brother, both are too discriminated for revealing occult truths.
With us the history repeats.

WORDS OF EXPLANATION

Historically, the earthy humanity modifies, many times, their perception about life, Universe and even humane existence. Even so, we still crystallize our minds on truths presented either by Sciences or Religions, as they were absolute, impeding us for new discoveries.

During its course, the current sciences have been contributing for establishing methods and techniques with a view to to search the stranger, and thus have separated more and more imponderable realities of life, intending join evidences to explain the perspective merely materialistic, chemical, physical and biological phenomena.

The religious doctrines have been increasing in number quickly, sometimes due anguish of powership; other anguish in getting explanation enough able to appease the needs and human curiosities, always worrying excessively with the corporal shape and, sometimes, digressing of main content, as it's habitual for all the people.

However, looking through the world, it reveals still lacks us very much. It lacks connection to allow us understand, feel and live in fullness, in liasion with Universe's cyclical movement, with several plans of existence, integrated and into harmony with us, with our neighbour and Universe too.

Ramatis, the loved Master Kuthumi, invites us, through his own works, to enlarge our perception of world and raise the veil covering our eyes. Through his know-how and integrated and universalist forces, he breaks barriers of prejudice teaching us the outlet for large labyrinth of pains we have built to us and it is closer than we imagine, actually.

To participate of this Book development was somehow unexpected to us and, one opportunity larger than our worthiness. By other hand, as workers of last hour, we took it with all our support and did our best as the Master expectation. We put our affection and love and we're thankful for so much kindness. We realize what we win goes besides of our comprehension and worthiness for this life.

Earth is alive! In and out, Life vibrates. We are many Beings, sharing our life with this Planet and, as brothers, we need recognize ourselves, so that, finally render concrete the ideal of Love preached by Christ.

We have been learning too much with our brothers Intras nearer us, bringing so much help to the Planet and us, embodied people. They live in such fullness without be seen, therefore their extraordinary spiritual evolution couldn't be understood times before.

Now, it arrives the moment for divulging our bodiless brothers' presence, alive and vibrating, to those whom are already prepared and can accept them and those whom are looking for, can reach a such comprehension.

Jesus is Force driving and upholding us!

Edilza, Maria Clara, Penha, Penny and Simone
Team of GER.

OUR GRATEFULNESS

This book, simple by its appearance, it is rich and sublime due the transmission of acquaintance presented.

We didn't want to ask any other person out of our Group GESH to make foreword, introduction, presentation or similar, aware **the messages emanated through by powerful Beings minds deposited here are enough**, sparing any other words that, not always express the truth of thoughts, moreover, being subject unknown, foreign and controversial like this one: **The human life in the interior of the earth.**

This work very simple is fruit of GESH efforts. We have, yes, to thank God and Jesus, dear Mentors Ramatis and Shama Hare and the Great Universal White Fraternity too. They gave us this blessed opportunity of spiritualistic work, besides of our capacity and worthiness. For our friendly Spirituality that works with us, full time, during all the activities and situations, and once again, giving us support, covering and assistance, protecting us against of incessant attacks for involutive forces.

We also thank the Great Extraterrestrial ones!, Commanders Asthar Sheram, Setum Shenar and Yuri and all the others Extraterrestrial Commanders and magnificent Workers of Light, our Star brothers, as we call them kindly.

Concerns with our dear and unselfish brothers Intras, it's not necessary to thank them, therefore they already are part of our daily tasks; the reason for this work reason.

Now, even it could seem as joke what we are going to say, it is truth, actually. Why not thank our tireless enemies, wizards black magus and others, from present and past, either embodied or bodiless ones, whom thought to get wool and had returned shorn! They have been interfering hardly during twenty-four hours a day, trying to destroy us and also to stop our activities.

Vain hope, impossible dream!

All their efforts overflow into our spirits' growth. We have confirmed ourselves our Spiritualistic growth, checking our courage, union, obedience, discipline, astuteness, prudence, renouncement, trust and Faith.

Those unhappy fellows were excellent ways of learning to us. Good teachers!

Thank you, irrational creatures. One day, in remote future, you'll will have similar probation, because the Divine Law says: "**The sowing is free but the crop is obligatory**"

Yes, we will die, therefore all the things that germinates also die, however, when our FATHER calls us, not for freak or obscure desires. Thus we offer to you, this very simple work in its presentation, but, so great, sublime and wonderful in its essence.

Jesus blesses us.

Margarida and hers GER team. (Edilza, Maria Clara, Penha, Penny and Simone)
Vitoria/ES, April, 2003.

**MESSAGES PRESENTED IN THIS WORK
BY
SEVERAL BEINGS**

*That, there are many Father's homes, it is already popular in your world.
That, there are many underground homes on the earth you can
make public through the simple and abundance of messages
That, darkness will try to stop your steps, there is no news.
Reaffirm the shield with Faith and Confidence, therefore the objective of
Light is superior than disturbances of opponents.
Force and Light. Master's Jesus Peace.*

*Rampa
GESH, 21/09/02 – 12 o'clock p. m.*

01. Invitation to new work – Book about the Intras

Sisters!

Peace in your hearts.

You are performing with wisdom and determination, all orientation you given. Like loved disciples, you are walking along of the roads which lead the beginners in direction to growth and conquest of wisdom.

Humanity need so much orientation and comfortable words and, more and more need action of Faith and Courage, with a view to awake internally in each creature same Force producer of Light.

Many rewards gotten, many doors opened and now, we are here bringing for **you another task able to bring to the Humanity, Light and understanding, opening other doors to those petrified hearts due selfishness, pride and lovelessness.**

For those people's welfare who had already heard about the Intraterrestrial beings, it needs now, to deliver them these messages so that may listen them, therefore is our **Father's desire, all the inhabitants on earthy surface, during the last phase of Planetary Cycle, could listen and understand everything that, up to now, only few ones knew and understood.**

What is occult must be revealed.

We don't impose you it as task, we just bring this invitation to you, so that, once again, you could be messengers of words of Light and Love gushing over Humanity.

You are going to reveal to the mankind, our Blessed Brothers' existence, evolved moral, spiritual and scientifically, in comparison to those in the surface, inhabiting cities equally evolved inside Planet, where the stylelife, desires and behaviour express high vibratory graduation with which are connected those spirits.

Men of surface must realize, in the main, those people who had inhabited here before, now they inhabit other cities intras and make their homes over there, while those of surface are seen as disappeared, lost or died. **But they still live!**

Any question in your mind? You may do them.

Q - We fear this work after concluded doesn't get so good as we'd like.

A – We realize your means of working are not so good, due little performance and training of spiritual mediums for this type of task to be far those goals drifted originally. Therefore, I affirm you, as well as your determination presented through the performance of other tasks up to now, this Group indeed have all our support for perform it according to necessary and foreseen like other works transmitted for the humanity's welfare.

It is also truth, the "Phalanges of the evil" intending to interrupt this revelation process. They have already began and must increase during this work developping and thus it's indispensable discipline, dedication, courage and obedience.

We will be upholding you during transmission of information necessary and later may represent answers to your questions. **There is only this Presence of mine**, but other brothers are always with you, helping in process of comprehension and building for this work.

Q - May God helps us so that we perform this work so well as we had done others before, in spite of our limitation and difficulties.

A - God has done it. We count on your courage and determination, as well as other members of Group GESH. The most important now is discipline and obedience, because the Phalanges of the Evil and others want to **"abort this birth"**

It needs you stay together and strengthened as Group, so that "they" can not find a little opening at all.

May "adversaries to the Light" be repelled by "force field you perform" and **to follow up your trajectory that it is not to interrupt their walking anyway**, therefore you are walking on the road of Light and nothing must interrupt it.

May disciples be aware about the service, and connected with only work of assistance, therefore there are many Beings suffering and needing assistance. Every day, as your terrestrial calendar, appears more and more uncontrolled and lost spirits, coming from abysmal areas to surface, in quite moral decomposition state, needing full time of working and helping. **Work while asleeping and even awake, by unfolding, as you have done up to now.**

We need determined and courageous hands for working and serving concerns with Jesus' Laws. It needs understand, at this moment, nothing else is so important than the huge redeem work and warning sent to the humanity by increment of Mercy and Sublime Love of That who from the High all drives, Divine Master Jesus.

Supervisor of all and whatever function of spiritual helping, from the simplest and too little tasks, to the most complex ones, long and dangerous, all His kind drives hearts. He feeds on His endless Love and is to Him, as answer, we shall work devoting to Him our sweat and fatigue.

Some time ago, we trained some disciples whom, at this time, ought to receive this task brought to you. By fear of fail, that already is the proper fail, they drew back of this blessed offering. **Be you, as workers of last hour, Warriors of Light, to get it in attitude of gratefulness and courage, ignoring all the protest screams, the hate roars, attacks of devastation and disdain looks.**

Be faithful disciples to follow with your labour revealing to the Humanity the existence of intraterrestrial Life on the Planet Earth.

Once again, remove the veil before ignorant eyes those earthy inhabitants and wait just among of those Spirits of Light, reward and love for your performed duty.

Stay far of censure and go ahead, because your task must be hard.

- We will put all our efforts, good will, love and respect, so that we can conclude our duty.

- I will be beside you, whatever it needs for transmission of messages, during period of work planned for you all.

Ramatis = Master Kuthumi of GFBU
Spiritual Mentor of groups GESJ (Head office); ASJ (social work) and GESH (new
abbreviature of old GER)
Morro do Chapéu, Bahia State , Brazil, 07/09/02.

02. The book

Save Jesus!

Loved daughters,

Once again, it is requested you, a task that expose you in front of presence of danger and beasts that want somehow to stagnate the acquaintance.

If still exists so much ignorance over Life in the Planet, men so allow it, therefore from the High, Lights of progress never stop gushing.

As already said, through the many other connection with you, there will be the "Enough!" moment and, all the acquaintance may be brought to the sunshine, even under sacrifice of your bodies and minds, sacrifice of comfortable life concerns with material desires, must be performed, because that's "the last race of Planetary Transition."

Those who didn't want walk, they had already gave up and, who decide to go ahead, to give up is not allowed anymore.

We believe in this Group, because is performing with obedience, courage and work, all our requests.

Have Faith and Confidence on your Guardians and Guides, therefore you realize, wouldn't be requested to you besides of your forces.

Someone like you, Sister (refers to Margarida), whose physical body is already tired for your own age, shall suffer much more the darkness attacks, but, as always you have said, you would do your best for no longer return the condition of suffering and pain, so it will be done.

Save Light.

**Shama Hare, Ramatis' disciple and also Margaridas' Spiritual Guide
Morro do Chapéu, Bahia State, Brazil, 08/09/02**

03. The Task

By this way, we have known about our next task begun over there, in place called Morro do Chapéu (Hill of Hat), in Diamantina Plateau, in middle interior at Bahia State, on September 7th, 2002, at 9 o'clock p.m., in our hotel bedroom.

We were coming from long, dangerous battle during the last months, at the bottoms of terrestrial abysses at inferior Sideral Plan.

Through the 'green signal' given by our Mentors, Ramatis and Shama Hare, we did a short walking for getting over our energy and mental relief.

That was only our purpose, because as says the proverb: "Man proposes, God disposes", we couldn't imagine, it was already planned over there, by the High, another working to us, expressed through the request of dear Master Ramatis.

Indeed, the first signal wasn't that one, because we had already received on the bus, from Vitoria to Feira de Santana, the message, to which we didn't pay attention to its content, due our euphoria during the trip when we're very cheerful like children in vacations!

The next message was received on the bus: Prepare men for what comes from within Earth.

Margarida.

04. Prepare men for what comes from within Earth

Firstly, I see three spaceships flying over the bus and following us.

Then I saw Mrs. Margarida at Astral Plan sat down at the table writting a book. She had an old fountain pen which ink shone intensely when put on the paper. The great part of the book had already been written, because a lot of pages were turned and it lacked few ones to finish it.

At last, I felt strongly the presence of Sub-commander Setum Shenar. His appearance looked different to his habitual. He looked like "more human", having golden-brown hair, tanned face, all his body similar to the human body. Then He gave us the following message:

Greetings terraqueous. We greet you on behalf of Light!

Blessed Force bringing you here again.

Blessed Light guiding you.

Sister, you have received the "key" with that you'll open the door for reavealling our presence among of men and also to transmit them our messages.

You have received the "stone" for lighting your road and with that you'll open "Portal of Communication" for contacts necessary for revelation.

By divulgation, you have been registering and informing for many people about the events done by Celestial Forces around earth.

You have used the gifts given to you. *(at this point, there was an interruption ; seconds later, continue)*... you have received the gifts given to you and with generosity of

souls lighted and firmness of decisive Spirits you got to make public in terrestrial world, the ideal of the Hostes of Light .

It is truth, a lot of work which should be done was left behind along of the road, although many workers (spiritual mediums) deserted, but effort and faith, still maintains lit fire of truth that, soft and gradually spreads out over the Earth.

Our words are as, small winged seeds, blown by friendly wind of work made by these embodied sisters that, falling on each fertile land, surely will grow, producing new seeds and thus giving sequence to the Cicle of Life.

No "darkness force" may silence voices that resound in the humanity's collective conscience, therefore our presence already vibrate strongly into Beings' hearts and, whether nowadays, we appeared with our Fleet of Redeem, lots of them wouldn't no longer become inert, terrified or even die.

Our task of revelation awaits you, task that you have already begun and now must be materialized with same force, although it's so much polemical and controversial: Prepare men for what comes from within of the Earth, therefore about what is coming from Heavens, you are already prepared.

May everybody realize, in this same Planet, evolved civilization build up their cities interconnecting them either by corridors or tunnel. Thus it agitates "Forces of Light " upkeek the civilization that will emerge and will be the embryo of new terrestrial civilization.

Men need realize, their brothers Intras have been working for a long time with several energies of the Nature, besides of the human ones. They are workable for preparation of dense matter due imitate atomic material, essential to activities to which you are committed of performing them.

Revived of the mud, vibrates the embryo to new terrestrial civilization.

Setum Shenar, 07/09/02.

05. Revealling the occult matter

Save Peace!

It is not by chance worlds meet each another, therefore always rise of those encounters, spontaneous sparkles of Light of acquaintance improving the creatures through the great walking for angelicalness.

Reveal the matter, hidden for intransigence, indifference, pride and human foolishness, it's an arduous task and sometimes painful.

Men listen only what they want and not what need, therefore, to many, will sound as a joke, to remove the veil as you are doing now.

Many others, fed on bitterness and interior dissatisfaction, they take a such revelation either as madness or perversity action. However, there is a group and is for it we work, are going to receive the Cup of Light into their hands. They'll take and drink **as it were the wine served by Saint Graal, therefore everywhere where Peace reigns and germinates Love, over there, is the Christ's body and Blood.**

Sisters, go ahead and build up through the forces of your work the master-piece to you ordered by Dear Ramatis, and lift up the veil of human blindness, expanding to your brothers, in matter, the carpet made of light that will invite them to spiritual ascension, progressive and happy.

I conclude with words of love, leaving you sure, we are with you in turns of works and vigils, so that don't discourage your forces.

Be sure your steps were drawn by our Father and upheld by His Son Jesus. There is no force around Universes able to stop them.

Save Light!

Count Rochester, 22/11/02

6. Kanopson XR3 Basis

I have seen three Beings near where we sat down. They have approached us cautiously. They're unlike creatures. His long and thin body, very long neck. By behind of his lengthened head there is a kind of high collar, with three slices that looks like a satellite antenna portable. His clothes colour is whitish like trunks and branches of trees round, giving impression of mimicry. They emit sounds which I translate mentally.

Greetings terraqueous!

What are you doing here?

I didn't answer, therefore we were still praying before begin the work. They understood and looked at us while we're praying, and when Commander Asthar Sheram's name was mentioned, they recognized the vibration produced for that name and "relaxed" their defensive posture.

Soon after we have finished the prayer, they informed to work near that place. They showed me their high antennas with radars pointed to the High (sky).

They can catch easily the tangled of mine thoughts. Our communication is mental. They are from Planet Mars and are implanting here, technology very advanced in controlling of force field, at one of those entrance portal for spaceships on the earth.

For ships reach the earthy dimension, it needs produce a sound or signal and receive another back sign from here. So, as a key and lock, both sounds fit perfectly, passage opens and the ships enter easily, without spending so much energy. They are like small doors that open and soon are closed.

I realized they can take the shape wanted, therefore one of them became a white and beautiful horse and have ridden round the area listening and watching human Beings and their feelings. Afterwards he gave us the following information:

Kanopson XR3 Basis, it is a sound that identifies a small landing and supply

They call me Aaron and I'm this Basis Commander. From Mars, we were committed by Ashtar commander for settling down, maintain and watch this region. We belong to Spatial Command working at the moment of planetary transition. We have little contact with humankind. We know their culture and several expression of Art. We always update progress of researches done by that people, by network monitored, with a view to maintain informed our Centers of Command. We deliver, periodically, bulletins to Stars, so that ships surrounding the Planet may know and follow up the working-out of human activities.

We realize mankind groups research on us and, we receive instruction to be quite discreet and don't arouse interest to our presence on the earth. The operation we perform requires all this attention.

We research on human behavior, we study their language and we only approach them at the last circumstances.

Many are indeed, followed by our forerunner ships, some are driven away, therefore their presence in the area aren't welcome yet.

Men wonder about the foreign subjects, however they already know famine and can't exterminate it, they know hate and can't dominate it.

We know it's not time yet, of bringing to the human acquaintance, several advanced equipments which we perform, therefore they won't improve the moral performance, actually.

- *I asked whether they realize about our work Group.*

- The data processing updates me (he search data into his mind as if were within a computer). Soon he answered.

Your Master guides you. He's known as light-power at the Stars Kingdom.

Go ahead at peace.
May your work soften those hard hearts as rain softens the land.
You're human beings, however you differ of them
Save Master Ramatis who guides you.

Aaron, Morro do Chapéu, 8/9/02.

07. Where arises fear, plant courage

Greetings, Daughters of Light!
Here is Commander Yuri who says you.

Your minds are prepared for the task you are performing.

Your unfolded bodies were cleaned and also covered with special protection so that, you don't be hurt by strong striped of energy you'll receive probably.

Recomposed and prepared, let me drive you to nucleous intra and thence you bring gifts of Light, pearls of Master Jesus' Love, changed into know-how necessary that may arrive for all the people.

May all the people access Inexhaustive Source of Love and this way, they realize what comes.

You're already aware that many people can't understand you yet. Don't judge them, therefore they can't reach the highest fruits from "the life tree". Devote to spread out precious seeds and await until those hearts free of strong attachment with appearance can open their hearts leaving their Light shine.

We're present upholding and strengtenning your spirits so that, you can face difficulties. We realize there are many difficulties, and no wonder that, therefore **it's arrived the time for Final Confrontation between Light and Darkness.**

It is arrived the time when each Soldier of Light must defend his flag, revealing to his "enemy army", the Christ's Planetarium is alive into children's heart and else, only Love is hard enough in combating festering wounds of hate, envy, pride, selfishness, vanity and many others maleficence.

It is known, the combat must demand long time and hard work, trial of resistance and guaranty of votes uttered by new-comers at Rows of Light.

We're upholding you at the Redeem Operation. **It's necessary know the ways by which you'll be guided until safe helping points.**

It needs to know the places which will shelter you and be prepared to stay over there. It needs Confidence, strengthen Faith and renew Hope. Nothing reach you that it hasn't been thrown into space by yourselves, we just guarantee that your renewal represent always and in each moment, extinction factor of force as Law of Return.

We can state we'll be auscultating you until the last moment and, in case the smallest sign in modification of frequency detected by our devices, you'll be automatically hoisted for redeem.

Thus renew yourself and don't await come that crucial time for removing veil of ignorance and know, more lives for growing than grows for living.

Where arises fear, plant courage, repel paralyzed fear.

Where arises pain, stay loving.

Where arises despair, speed up your step in direction to faith.

Make this and we'll be able to redeem you.

Peace on your hearts is greeting we leave with you.

Save Light.

Yury, Commander of Planet Patrol

As you say, the preparation this work is linked with redeem programs of terrestrial humanity. Is that so?

- Right. Besides of large divulgation about the subject, we'll let you know, our revelation intend to prepare aware and unaware people for moments of pain which all you are going to face. The seeds thrown will break the resistance into those hard hearts and will germinate fertilized by pain and despair.

By our comfort and incentive words, indeed empty for many, probably get a new sense when all those terrestrial illusions, little by little, takes place the hard reality, worshipped through the human foolishness. Thence they'll be forewarned to understand and to act.

Q - Then, to reveal to the world existence and way of life of civilization Intras, will prepare embodied people for choises of last hour?

A - Yes, and else: not only embodied people, therefore all those bodiless creatures connected with Astral Plan must join by reading and meditation groups about the book.

The book will reverberate in several terrestrial life section, and you'll be evidenced and responsible for destabilizing men from their spiritual selfishness in front of fast, serious and deep changes taking place concerned with life and organization in their cities.

Discussion about the human values lost, get shapes moving beings, provoking changes on motionless force.

Many awake and begin walk and the others return passivity and selfishness, however they receive other not softing or loving incentives.

**Yury (Extraterrestrial)
Commander of Redeem Operation Forces**

08. No human action is free of results

I have seen three creatures with different height and forms. One tall, other medium and the thirth one very small. The tallest one said to inhabit in Letha, and his body irradiated so beautiful golden color. The medium one lived in Stelta and his body irradiated beautiful silver color. The third, the smallest one lived in Okay's and his body had copper color. In fact, now I suppose those colors referred with their clothes and not with their skin. I didn't identify no corporal morphology capable of differentiate them sexually, if they were man or woman. Their bodies looks like of little child. Their hands had two or no finger.

After soon I received the following message:

May incautious minds understand the message transmitted by addition for Father's Mercy, with a view to not approach them madness and terror.

Dear brothers, I am Elsim, Stelta's inhabitant, city intra, and I represent my people in greetings deliverd to all terrestrial humanity.

Oddly enough it could be, our existence is real and unprejudiced.

We must warn you about the huge and negative load you are throwing over your own Planet

No human action is free of results; no thought in low vibration is neutral of reaction and, no word uttered crosses the space without reaches its objective. Then, you may realize, all you have planted before, you are and will picking out bitter fruits of prejudice, fear, attachment and exagerated intolerance.

By withstanding each lesson form which shows the rightness walking, the present humanity search ephemeral pleasures and happiness, believing that, once satiated the first pleasure of famine, it is satiated the first desire and, that satiation will be prolonged untill the deepest fibers of theirs.

Happiness is not from this world, already said Jesus, and we tell you: nor from that hour. However who hear and understand us, now can sow their future happiness, but for it, it's necessary to begin .

Begin by renouncing of attachment with matter and all feelings thence promoted, as well as illusory and temporal powership which you must change for supreme desire for dominating your remained primary instincts.

By renouncing of luxury that dominates many people and it's supposed to feed you as embodied people. You must change it into Sublime love desire that, being perennial, promotes truthfull Life, in exalting Spirit that, only, can encourage the matter.

You must renounce of prejudice among of yourselves, as barrier seemingly insurmountable and must be collapsed giving place to free access and control of your minds, preparing for those days of contact.

For you others, whose difficulty in accepting us is larger, at least, try bear in mind the idea, Life can present in different ways and different places. not only, as you can understand, but also and mainly beyond of limits of your little human comprehension.

Put yourselves as the **God's children**, however you had never listened refer you as **single child**. Only One became unequalled for His Love to you, **He, your Larger Brother, Jesus, to whom we all revered considering that He represents the simple pronounciation of His Name, an opportunity of elevation for His Loving Energy.**

Rise up of your impetuous pride considering to be the only one and exclusive race.

Renounce of selfishness i thinking to be the Earth heirs.

Be aware, you are just one among the other people to struggle against of your own foolishness **and as soon as possible, drive your minds for accepting our presence.**

We are beside you, want or not, therefore this desire is not yours, but it's our Creative Father's desire. We want be at peace with you, transmit you peace, preparing you for facing all what comes and so it will be done. The More you join us, the larger possibilities for exist a happy earth.

Come to our side, open hearts, lucid minds, unconscious revealed and you'll be able to know the new reality. We await you as dear Brothers to visit us sooner.

Elsim, Stelta's Intra

At this point, Elsim explains to me that contact is part of wakening work to spiritsm with vibration similar to Steltas' cities and each being, touched for it, will be connected with work teams from that city including preparation, training and visiting activities to Cities intras. Many people will read them and feel nothing besides of disregard and disbelief. Others, however, they won't be able to explain such stranger familiarity those words mad into their hearts.

Q - Are there among of us and you, Intras, people of surface, any connection with our sidereal origin?

A - Old fellows meet and recognize each other, despite of time and distance. Nothing happens on the Universe that is not provided through by logic and reason. If it weren't this way, everything that exists would be by chance, as you know it is not this way. However, it's earlier continue with this theme.

Q - Who were other two beings whom I saw with you yesterday (I was still asking the question when one of them appeared and answered)?

A - I introduce me to you. My name is Onsã, I am Letha inhabit, city intra.

We come beside you, terrestrial brotherhood, with Love of whom since a long time have been following you up and looking at uour people's historical trajectory, thus we invite you to think about the direction you have been driving for your future.

You know, every day, you build your future, however, you live as only the present time should be so important. Through the religious manifestation, you try to see beyond of the matter veil, however, sometimes, it still seems to be stronger the attachment to shapes than faith by itself; what should represent your religion connected to the High, in fact move you away. Does it need strange people to yours get you either to destroy or to disturb? By chance aren't you destroying and disturbing yet, doing that with extreme ability?

Foolish humanity!

Rise up from infected paralysis in your wild Self and reach the angelical graduation as spirit renewed.

Be happy, therefore the day comes, when will be interrupted the historical legacy of sufferings from incarnation and reincarnation of perverse spirits who continue crawling in mud of incomprehension and deep intolerance.

Come to us, opened hearts, lucid minds! Let emerge luck of being the Gods' children.

Onsã, Letha's Intra

At this moment, another Intra approaches and gives his communication.

Lenthy is my name and I inhabit Okay city. Since a long time, I have been studying the humankind and his way of life. We love your people, your nature, how you devote undressing yourselves of matter in favor to your spirit; though it saddens us realize, that so few creatures devoted to a such a detachment posture, when many others could live this way and awoke in direction to Light. By it, we work helping you find your best option of life: **Light and happy Life.**

We affirm that you'll be redeemed and cared with much love for Okay inhabitants, and they also are preparing carefully for living with you.

Never we desire pain, but as we already told you, the crop you do today, is result of sowing in the past. When you used sick seeds, you planted pain and suffering which you are picking out today. We are here to bring you Peace from our city.

Come to us us bringing your lucid minds, your cheerful heart free of fear; may prevail into your souls, lightness of love, so that you enjoy well this stay we are offering for you.

Lenthy, Okay's Intra

Remarks:

Stelta, intraterrestrial city, located at Domingos Martins city, ES/Brazil.

Okay, intraterrestrial city, located at Diamantina Plateau, Minas Gerais State, Brazil

Letha, intraterrestrial city, located at Rocardor Mountain /MT, Brazil

GENERAL ARRANGEMENT ABOUT THE INTRATERRESTRIAL CITIES

*When ends the last hope, you shall have Faith, therefore we'll come
from within and outside of the Earth with all our ships snatching all whose good
action activated Christ's Marks and selected they own to Redeem.
Thus ends the cycle of the Evil and begins the Peace Era.*

Arfat (Intra), 04/01/03

01. Animal

Q – *Are there animals and human beings living together in cities intras?*

A – The animal life still represents retrograde graduation concerns with monade evolution. However, despite of they are our brothers at inferior condition, sometimes it's allowed them acquaintanceship with inhabitants of Stelta and some of Okay.

Q – *What does it mean? Could you explain better which section of the city you refer and what kind of animals live over there ?*

A – By consonance with equilibrium forces established for Beings living at your dimension, also the cities Intras need their elements interlinked by complementary devices. Thus as the insects can pollinate flower and thence get their food, some animals make progress in Stelta interacting with fruitful trees, feeding on fruits, while they render hard service in spreading out their seeds. Usually, concerns with primates that less differ to the human condition as the world evolution graduation.

Water also is present carrying out work similar to that in present time, however, the Stelta inhabitants don't depend on this resource, so visible for Beings of surface.

Water, vegetables and animals present in Stelta, city intra, with a view to approach inhabitants of different realities.

In Letha and some others sections of Okay, there are different species living together with inhabitants. native from their inhabitants' mental creation, practicing exercises to control their minds and prepare the ambiance with a view to study and work, as they feel better.

It's normal to traffic along of the clean streets of Letha and meet transparent plumage birds of round fine beak, soft colors and human eyes, as they were the same owner staring us.

Much more different is reality of some cities section bound to receive human beings. As wanted the fraternal Love and allowed Divine Kindness, there some areas reserved for reception of embodied people, reproduced by extreme fidelity according with natural atmosphere of earthy surface. Such measures, native from those generous hearts, with a view to make easier adaptation of redeemed in their new homes. So, they could feel as well as they were at hospital for treatment getting over quite their physical and mental health.

Children will be quite improved in that situation. They can feel well in the new atmosphere, presenting same characteristics as the terrestrial, as they used to have but left behind. The redeem Group have incumbency of offering them all physical welfare.

Q – *Do not live in your cities others poisonous and dangerous beings for human contact?*

A - There is no eminent danger in Okay, Stelta or Letha Cities, therefore is objective those places shelter Beings in regeneration, as will be the Planet Earth. Thus won't be no longer need of sufferings or painful atonement. It eliminates fear and negative feelings resulting from it. The evil won't inhabit stonemasons in regeneration. What is out of order, smoothly, it is harmonized according with loving plan made by the most experienced and evolved inhabitants.

Ersam, 05/10/02

02. Foods

It centralizes Intras forces, in evolution, as immortal spirit, realizing that dense form is transitory and perishable.

By mental way project their simple and practical bodies, driving them while they are in material life consuming basic energy to subsistence.

Their houses, collective or single, are simple and comfortable, with no furniture pieces and utensils, unlike of human houses in the surface. Foods and ostentation held for fellows in the surface make them overfill their houses with domestic dumps.

They live simple and harmonically, trying always activate edifying earthy energies.

In agreement with evolutionary graduation, they feed on vegetables, fruits, juices, pastes, not existing in evolved graduation, no one Being that feeds on his inferior brother.

All they respect the Nature kingdoms and consume only necessary for subsistence.

The more developed ones capture prane energy, transforming into energy source to their bodies upkeep.

They produce foods equally to share among of them, without privilege or deviation to any category or profession.

There's in each area, shared Provisioning Nucleous, thus the inhabitants don't worry with food shortage.

They always seek balance and simplicity of living.

Their bodies absorb the whole ingested food. There's no organic excretion, it liberates their cities of sewerage system or equivalent, not existing therefore either any contamination or disease provoked in their cities by inadequate nets of sanitation.

Ersam, 12/10/02

03. Family

One of most difficult reality is transmit about the intras way of life, for whom didn't reach yet, enough understanding. **The more advanced on progress steps, the less attached and emotional they are.** There is, therefore, frequently, children growing up in different graduation and separated of their parents. It doesn't mean they want this, but so must be done. It is the example of Stelta, where a lot of times, the couple announces separation of their son and look for tasks concerned to renovation and edifying work. The children, as evolved spirits, understand well the choise done for their parents.

Q - *Then is there no need of families like ours?*

A - As you know on the earth, no way. **The nucleous are formed intentionally and no longer by karmic cycle, concerns with painful relationships, product of free will bad used.**

Planets in regeneration, like earth will be in future like the cities intras which will mould the future earthy civilization, the encounters are planned by Sidereal teams, in accordance with individual needs for growth.

This way, Stelta families are formed temporarily for growth and vibratory adaptation stimulated through by close contact.

In Okay, choices only concerns with opportunity of manifestation in denser plans or material for learning.

In Letha, the fraternal love joins spiritualistic families groups, according with their vibratory affinity. By Acting this way, the Cosmical Movement, as well as musician gathers musical notes, harmonizing them into resonant group, capable of stimulating the listeners, deeper feelings of peace and of blessedness.

Letha family nucleous are cells of universal families, in formation and upkeep possibility of power among of people by union.

04. Transport individual and collective

At densest nucleus there are single and collective transport circulating along of wide avenues. They are aerial, because the "wheel" vehicles are already out of order over there, since a long time.

At the most evolved, people fly in their cities with no transport, therefore can project their own bodies with an appendix allowing them to transit everywhere.

Beings at higher evolution graduation teach to the others, by using learning exchange, through the schools and universities existent over there.

Brothers Intras suffer by knowing, those of surface still live at primitive way for own desire, on account of pride and immoderate greed. If human people of surface knew how respect the Larger Laws, Father would have already allowed them help coming from those superior Minds who also inhabit the Planet, bringing progress to Beings and consequently to the Planet.

Save Jesus.

Ersam, 12/10/02

In cities intras, there are several ways of displacement. The local ships transport families and individual inhabitants of the first steps of the city. They are small vehicles also moved by air, however its initial pulse is activated by conscious will of minds that need to be transported. That way, the transport works favors the performance of mental force collective, developing in the inhabitants the dominion of force-ability.

Q – Are there single transports ?

A - No. Everywhere they want to go, there are always a group going over there. When it is not for working, it is always done into family group, therefore the evolved beings' way of life approach minds through the releasing exercises to individual self, in opposition to collective-force.

After these explanation I see a smaller bus and an group of Intras boarding on over there. All together concentrated on the vehicle displacement that soon rises up in the air and begins moving, sliding smoothly, as it were rised by a light draught. It seems so light like as feather.

Q – Of which kind of material is made that transport I have seen?

A - The shaped matter uses elements of your chemistry still unknown, however it resembles, in distant way, the lightness of your aluminum, but without that element acidity.

Q – And where is that material got from?

A – It's produced by means of mental forces inhabiting superior steps, and after soon delivered to be moulded.

Q – The ships flying over the surface crossing our atmosphere towards to space, are they made of same material too?

A - Yes, same basis and depending on the mission, each flying vehicle receives suitable preparation with a view to perform the displacement necessary.

Q - Could you give us a practical example?

A - Yes, the corrosive action component of substances of your atmosphere, requests neutralization through a fine layer of special varnish, that is impregnated on metallic surface giving necessary protection.

Q –What is that varnish made of?

A - Of some substances unknown for you. Those vehicles bound to penetrate lakes, rivers and seas are covered with a substance and, when in contact with water, it hardens and isolates the atoms, upholding equilibrium between attraction and repulsion forces of chemical elements, present in environmental and ships.

Q - Even big ships are made of same material?

A - No, each civilization performs their suitable technique and improve it in agreement with their own possibilities.

Orcadim, 26/10/02

Note: I suppose to be that explanation given for many spaceships format already sighted.

05. Habitation

Constructions are made by means of minds that capture cosmical energy already transformed on the earth, and put together with elements also existent on the earth and then form necessary material.

They live together in harmony in their collective houses, therefore similar vibration attract them.

The more developed the person, the less individual he is, as result they share collective homes, while those in less subtle vibration still live into small family groups; having good acquaintanceship and always seeking the collective welfare.

In Stelta, for instance, there are many families living into private groups, forming habitational groups and within this same city, superior commands live in collective construction in complete harmony.

From those subterranean cities come superior energy bringing equilibrium to the Planet.

Ersam, 12/10/02

6. Religion

Brothers Intras have religion joining them deeply to the Creator.

Those cities have specific places for cult to the Larger Father. They meet into similar and harmonical groups for getting in touch with Superior Minds, absorbing essence from a such sublime messages which bring to their bodies and minds understanding and submission to the Creator. They absorb and also assimilate the messages transforming them into thoughts, words and daily action confirming as proper Faith and Trust in God.

People intra are amenable and obedient to the Unalterable Laws, without false attitudes or hypocrisy before the Father, as well as at peaceful acquaintanceship collective daily. As evolved spiritual minds, then form around themselves breeze of kindness felt by all who them approach.

By the other hand, human people of surface look for several religions with a view to save their souls of eternal fire. They believe that just reading Deeds and reciting its verses are quite saved.

Awake poor children! Begin the redeeming work, even without an official religion. Into your hearts Love vibrates and into your hands operates charity.

You are chosen, you bring the Christ's Marks.

Save Light.

Ersam, 12/10/02

07. Knowledge about the Spirits and Cosmos

The Intras search acquire the highest know-how concerns with Spirit and Cosmos life, trying to move forward and decrease the distance that separates them of Superior

Minds, on account of perfectionism of action, in well-serving the Creator who they adore sincerely.

Maybe, by the human distorted vision, the acquaintance is either of pride or vanity, but I state you, those inferior feelings which enslave the mankind in his matter, they're already overcame, since long time, through our brothers whom are far above human ones evolution.

There are several active professions in Cities Intras, Beings become experts on those subjects they like more, however they study others profession, not to compete each another, but always with a view to help and progress. Then become more and more homogeneous and harmonical group, because the more evolved minds, the tendency is join them into unite.

In some cities Intras so evolved, the Government's Commands comprise Groups commanding unite minds.

Do not confound unite-mind with soul-group.

Unite-minds are those people who still exist individually, only those of elevated spiritual minds joined into harmonious group, increasing them capacity of powership and action, bringing growth to group as a whole.

They always look for perfection in order to reach the Father more and more, always yearning afford assistance those destitute people and distant of the Light. They have powerful energy controlled by their own superior minds.

They live inside earth, despite of being much evolved due karmic worthiness, therefore days before they had lived in the surface and didn't know how respect the God's Laws, contributing for destruction of order and of growth. Thus they don't have worthiness for receiving bless of solar rays directly from the King Star.

Brothers terraqueous, enter in cities Intras with much respect and without fear and learn their superior life lessons.

Ersam, 12/10/02

08. Schools

Schools are spread out in all the city. Where there are learning nucleous, rises there a building for conduction of good learning. In general, the areas are opened and and we can see several student groups followed up by suitable instructors researching on acquaintance desired.

The teaching basis is Applied Pedagogy, therefore through the exercises, the students are invited to know his main object of study, fulfilling with readings, lectures, videos and even searching registration akashics, whenever it is possible.

Helping incursions are also of great advantage for elucidation on aspects since Humanity's moral evolution until the bodies systemic configuration forming the creatures.

The Intras have affinity mainly with acquaintance and study on vegetable biochemistry and elements that disappear of species cultivated. They are devoted on performance of studying and understanding about the healing mechanism. They separate and increase healing gases applied first on themselves, checking the balance and unbalance effects for later make public the results.

Treatment is the main theme at all the universities, therefore civilization intra resembles to those spread out by several Orbes, which had already began process of regeneration and seek through the work harmonize Universal Laws.

At this moment, several spirits groups join with others spiritual work Groups. In general, the largest difficulties take place during period of trials and atonements can determine the type of work to be performed by that person.

Thus Master Ramatis, Master of union, had his virtue evolved starting from combat the people apparted preached and exercised previously. Master Jesus' High Love came

balance immoderate hate existent in the past and forwardd. The scenario you can see nowadays, it is just a mirror of previous ones in the past, reflecting the humankind reverse transformed by force of creator pulse into Light Gift.

You are, each one, member of same growth, whereby you only differ to your brothers Intras referred with evolutionary moment you live now. Then, having you no relevant difference why fear them? And, whether there is no reason to fear them, why avoid them? They're prepared to receive you, then get you ready equally for that encounter when you may have, for increment of Father Mercy, opportunity in absorb forces for renewer life that will appear on the earth.

Save God's Love commands everything.
Save the Largest Plan helping everybody.
Save Light!
God saves you!

Nefertiti, 05/10/02

Schools intras attended by eager students of learning and not for obligation as do brothers in the surface avoiding school whatever the can.

The teaching methods are unlike yours, therefore having evolved minds and advanced technology is unnecessary use notebook, pencil and eraser. They use sophisticated apparels able to project either image or words, some having real images, so that student feel as integral part of his lesson studied.

The children intras, grow up integrated into education, seeking performance on that area they like more and this way can choose it as profession seeking perfection whatever they do.

Some Centers have Universities where, similar those in the surface, students from several cities are enrolled, since they are able to attend them.

By consequence, they also persist over moral and spiritulistic growth.

The intras, while aging, realize about their learned got in previous lives, making progress faster with the last experiences and applying them easily in current lessons they like more. So they don't forget the acquaintace got previously.

Children inhabiting some Nucleus, are cheerful, intelligent, tame and obedient, always avid of learning. They're always stimulated for studying, looking for perfection since childhood, always refining, even without systematic and traumatic exigency coming from their loving parents.

Without punishment, pressure and no exigency they live happy childhood, learning and studying, always with objective applicable in the future of collectivity in which they take part.

The Intras extract from the Nature, lessons and acquaintace for upkeep their lives, without either damages or unbalances. They study without attacking; consume without decimating and then live harmonically. They realize how to use it without destroying it.

They search to know minutely all the secrets of Nature kingdoms, extracting fluidic essence of plants as such treatment and healing without hurting the physical morphology.

They shape mentally any project wanted, before render concrete on the matter plan, always analyzing collective welfare and never provoking damages or unbalances to any element of the nature.

Their superior forces renew inferior kingdoms unbalanced provoked by madness and foolishness of Beings of surface.

Ersam, 30/11/02

09. Dimensional Barriers

I left my physical body and slowly, I dove into tangled tunnels plenty of light and travel at high speed. There was no transport or similar equipment as it had happened other times.

Afterwards, I arrived in that place, where in front of me there was a big gate which material seemed to be of gold, having more or less about forty meters height.

The two sides gate was higher than the wall. Thence emanated pure and strong vibration, so good that invited me enter in it, as whether it attracted me magnetically. Actually, the wall seemed a barrier impeding me to dove fully within that vibration.

The return was more difficult. My unfolded bodies seemed disconnected, some have returned, others were as magnetized to the place without return condition. I can not affirm it but I suppose it took me a long time until return my habitual and finally, aware and with my physical body again, I felt myself taken for strong cold perspiration wave. Afterwards a foreign voice said:

For enter in cities with vibration far above yours, it's how breathing deeply and hold air until its outlet. For energies exchange with astral of atmospheres like this one, your physical body isn't adapted for it yet.

Don't forget these cities exist in matter plan, however in unlike dimension of yours. By few minutes you can transpose dimensional barriers separating you and those cities, and in a jiffy transpose them back, by using only your subtle bodies with no special equipment.

You are prepared with a view to circulate easier those cities like an tourist who travels for country unknow.

That arrangement is made fastly, therefore sometimes it can result as impression unknown to your physical body. Don't worry, because soon your group will recover your energies for immediate welfare.

Concerns with your unfolding, bear in mind, you don't belong any other world unlike this you inhabit now. Your minds must be anchored on that reality and be aware for returning your physical body again.

We can not drive you back against of your own will and, and due the nature of this work you perform, as well as the cities visited; to sleep could be a risk which we can't run. Thus depends on your the mental command of going and coming, recalling always that superior vibration invite to permanent stay at other plans, although of inferior vibration and connection with your karmic cycle, inciting you on continuing your way, untying bowknots and so to conquer freedom.

Peace on all the planetary quadrants.

Peace on your hearts too.

Commander Ashtam Sheram, 12/10/02

Q – You, here? - asks the medium surprised with Commander's presence.

A - I was called with a view to bring you back. Since long time we have been working together and I know your energies as they were of mine. However, no longer I do it, because it's depends on you improve your mental internal control.

Save Force! Save Light!

Ashtar Sheram Commander

10. Intras working with Extras and Terrestrials

The Intras are working hand in hand with brothers Extras and Terrestrial. They are unselfish spirits yearning for the good, and then do several works for decreasing damages provoked by human insanity, at redeem Centers with inferior brothers stationary

in darkness, and fighting body to body, with Wild Bestials through the support and supply Platoons of Hostes to the Good.

They are engaged to Planetary Transition, with active and laborious hands, together with Superior Commands of Light.

The smallest part of ransomable must reaffirm Faith and Trust to the Father's Superior Force, because the Bestial Hordes devastate the Planet, in a such way that make front the unbeliever eyes, looks like Father's abandoned house. Therefore, those whom have faith in God's Lamb, aware of Light Presence must be effective within your hearts, for not become victim of yourself, vibrating in fear, despair and disbelief, darkness syntony, and then avoiding some evolved minds of moving forward in redeeming work.

Pray and watch. Work and work is what depend on you to do.

We realize this moment of madness and insanity, materialism and disbelief. Brave Warriors, have faith and spread out to those desirous to hear and of see, **the seed of hope of the New Era that sprouts coming from the bowels of the earth**

The Intras come for rendering the Father's Kindness, who never abandons his children, although they could feel alone.

Save Jesus.

Ersam, 12/10/02

11. Harmonious acquaintanceship

Q – How will be contact between Intras and Terrestrials?

A – Firstly the terrestrial beings enter in lodgings already prepared for assistance.

After suitable adaptation and harmonization with atmosphere and also with Intras who receive them, soon are invited to take part in trainings and acquaintance about the high technology which they need in the new future Land.

Being the mankind with his mind already aware for redeem and subsequent lodging in cities intras, the surprising impacts can reach minimum level, contributing to the fastest physical and emotional balance and beginning of learning over new scientific know-how and advanced technology.

The more learn, the easier the restart when they return surface again.

Soften your hearts human people!

Awake for love!

Ersam, 12/10/02

12. Attention warning

Father offers a lot of chances with a view to his creatures can be renewed, therefore continue refusing to change. Rebellious creatures!

During the transition period, many can maddem not supporting the confront with themselves when realize about the opportunities lost.

Others, will commit suicide, not supporting the internal reality of failure. A few ones, in spite of stand in fear, recognize the Father's Force and the fire of Faith flickering intimately, then they will be somehow driven for helping.

May those minds chosen for driving crowd to redeem tunnel be always lucid and believed in Who everything Sees. May your hearts be sure about the Light Presence driving their steps. Only this way, trustful, despite of chaos, they will perform the task that depends on them, actually.

May those brothers of surface be aware about the huge life inside Land and, about the possibility to worthiness for own action of living together in our world.

Awake mankind, Time urges.

At world intra there is no darkness, but always a soft light that everything lights up. The searches and discoveries made by Intras, always improve them for collective growth. They are pure and tame and nowadays, they want help on behalf of Jesus.

Attention to the "warning" in the surface. More and more shortens time for taking place the great transformation.

Get ready at maximum, instructing yourselves and yours, so that may stand firm and trustful at the supreme hour of planetary pain. Look for Jesus, apply his loving words for reaching your interior balance, despite being the chaos.

Q – And those creatures arriving at spiritual world, once they had died by violent way, by collective deaths, will they also go to cities intras?

A - Those who are going to leave their material bodies, in abundance, but are not prepared for facing the great hour, therefore only had lived to matter, enjoying it as if nothing else had in the world, they'll be enslaved and sucked by "darkness hordes", and moreover, they'll be redeemed with others by workers of the Light and taken where they deserve indeed.

Some bodiless people, in that hour are bound to worlds intras for receiving help, as we have informed you before. Some already meet among of us.

Fawcett, 19/10/02

13. Reincarnation of Intras and Extras on the Earth

There are Intras embodied spread out on the Planet Earth, included in training for redeem groups with a view to to drive ransomable to inside earth.

Those who decay and don't perform the planned determination, they are selected according with their action and worthiness, as the other ones and led to suitable worlds as their worthiness.

Also, many Extras embodied during the last times, especially revealing about the planetary transition and, working actively, (don't confound them with Extras decayed), will have their memories activated at the opportune moment, when realize how they are and the why they meet over there at that time. Their actions will be right at the collective madness moments.

They are our brothers Extras and intras, embodied at the **End of Time** by sacrificial mission, afford assistance their earthy brothers, where they had lived physically, during evolutionary wheel of incarnation.

The Intras had also embodied, millenniums of years ago, in the surface under helping mission and growth, but they had decayed. After correction foreseen by Law, they had returned to acquaintanceship with fellow creatures inside earth.

They returned once again, now without fear of falling.

Father everything drives with infinite Love.

Q – I wonder more explanation concerns with the subject.

A - In each planetary cycle of life, embody among of terrestrial ones, evolved Intras and groups of Extras with a view to fast the Planet's progress and his inhabitants.

Nor all get to perform the program to which they were submitted when arrived at earth and let to be taken for entertainment for the evil, declining or giving up, only returning to the acquaintanceship with their fellow creatures, after necessary atonement period.

Many get perform the mission for what they had came.

Many decayed had already returned to acquaintanceship with theirs followers; others still stand on the road. There are those who have still to walk a lot until can again return their original world.

Evolution is a dynamic process and who falls, stays in the corrective wheels until gets again firm at the evolutionary spiral.

At Peace always.

Orcadim, 26/10/02

14. Since Atlantis

At Atlantis, many Intras and Extras decayed, exiled, embodied with a view to live together with evolved minds capable of improving planetary progress.

The Leader's heart on the earth became quite happy before the perspective of progress due great evolutionary jump planned.

They realized, however that decayed hearts needed fraternal help from Superior Beings in driving them for the Good. By the other hand, ambition and immoderate pride spoke loudly to those declined spirits.

We return our cities sad, but, trustful in Superior Force that always offer opportunity of progress to creatures, even those senseless and crazy ones, in new opportunities during incarnation in the surface, always seeking the humanity's growth.

Nowadays and at that time, our Stars brothers and Intras join with earthy ones with a view to perform the planned evolutionary jump. Now, definitive and undelayable.

Ramses, 02/11/02

15. Offering Refused

The current man doesn't work hand in hand with evolved Extras and Intras; when they had direct help offered from Extras to Terrestrial, the latter ones only wanted only the science and advanced technology, with a view to subdue the other people. Thus the evolved Beings took away their offering, because they should only share know-how with the planet, if such progress could promote growth for people, as a whole.

The evolved Beings went away, because they don't agree with proposals presented by terrestrial rulers.

Times later, this same people (rulers of some nation) have accepted the offering done by Shadows Beings (Reptilian) that offered technology advanced, but don't worrying with its bad usage, since they also had freedom in acting with genetic experiences with humans, the way they wanted.

Thus terrestrial people had lost great opportunity for ascending up spiritually and in planetary evolution, declining in form and in moral causing incalculable damages to the Planet Earth.

Father offers helping to mankind once again, however, that is the last choice opportunity. Who decide withstand the Light will follow his evolutionary course in another Orbe, according with his vibration; by other hand, who choose Light will have new opportunities of progress on the earth.

Mankind, bear in mind: That is the last choice opportunity offered by our Father.

Orcadim, 26/10/02

16. Verticality of Earth axle

When occur the verticality of the earth axle, the cities Intras will be closed and, out them will be activated protecting shield with a view to impede that either cataclysmic tremors or any other inferior energy reach the cities and inhabitants.

From within those cities, the planetary chaos will be monitored by evolved minds whom will bear to look calmly, without interior unbalance, the plans affected by such catastrophes.

The developed cities intras, subterranean and intra-oceanic, leave from the earth going to places already pre-fixed. In other cities less developed, inhabitants will be transferred to larger nucleous and areas isolated tightly for not to be damaged.

A few of those small nucleous will emerge up to the surface, staying closer the crust.

From cities Intras – prime Centers of superior power – comes energy which will involve the whole earth, balancing her molecules, avoiding total destruction, explosion and the Planet fragmentation.

Everything happen for a period of time so far as long , giving to the ransomable, inhabitants, according with their worthiness, opportunity of renewing and acquaintance for the future restart.

Apart either volition or credulity human, the catastrophes take place, and all those whom hadn't prepared yet and had ridiculed the signs, they won't go back to see the earth renewed, therefore will be re-starting their lives in other homes, in similar or inferior way to those they had left behind.

Look for renewing now through Faith and work with Jesus, and you to get a place on the transport taking you to New Era at Peace and Progress.

Orcadim, 26/10/02

17. Energy supply

The Cities Intras caught solar and cosmic energies by gigantic crystals, storing them with teluric energy, upkeep intraterrestrial life.

The crystals emit continuously waves of energy upkeep life in the city.

The cities Intras evolved, such as Light and Love city, get pure energy and deliver them to the whole earth, insuring the Planet molecular cohesion, avoiding its disintegration during the process of verticality of the Earth axle.

Apart, each city Intra generates specific energy consumption and suppling entirely the inhabitants.

They have one central Government, one food supply Center and power supply Center and, each one inhabitant know his own responsibility front his collectivity, with no selfishness or attachment postures. The whole City is projected in suitable way in order to make easier the inhabitants way of life.

Ersam, 02/11/02

18. Redeem Operation

The Nucleous Intras, less developed must have larger relevance for the planetary redeem, therefore their inhabitants adapt easier to acquaintanceship in the surface as far as the human shape. They will be undertook to the first contacts with redeemed, without commotion. Many those brothers already walk freely, naturally, among of menkind, by masked way, because their energies are compatible for the first contact.

The closest earthy cities will receive the largest number of ransomable.

A smaller number will is bound to other cities of subtler evolution. It's a reduced number, therefore will be those who stand high vibration in Faith and Trust to the Father. They await the happenings actively, working for quite welfare for those whom had refused hear and see.

The redeemed coming from surface will receive suitable training, with a view to fast the people growth still progressing..

Each one vibratory graduation according with their performance, works and worthiness will select him for type of redeem and place to where driven him.

It won't be religion for fixing the redeem direction, but only action for the good and, choices done along of each life-time.

Save Jesus

Ersam, 02/11/02

19. The Ransomable

When they realize through the Extras and Intras brothers, about the pulsative life inside earth, transition and redeem, at the first time, many will wonder such as: how to know what to do, where to go, to whom look for ?

May everybody bear in mind, only action, thoughts and anonymous work for their neighbour's good, giving up stagnation life in the matter, will give them the sowing of changes. The latter ones either take place in self benefit and for the neighbour. The practice on Jesus' Gospel, yes, my confirm the redeem somehow.

No one has authorization for selecting this or that one for redeem, according with human evaluation criterion. Nor even the Superior ones can select no one, even relatives if they don't get the necessary vibratory quota. Without those attributes no one can't be helped and then bound to less dense level.

Those who don't reach suitable and help condition will be exiled inexorably out earth.

Therefore Brothers, depends on each one, the singular and untransferable task which may improve you for redeem selection. Each one may do his own selection in agreement with vibration got by his action performed as embodied.

Concerns with those whom believe to be the saviors, they also have already made their choices and will collect bitter fruits from their performed sowing.

You can't with these words, awake all the consciences. It will awake yes, those with their field prepared, receiving the seeds and these will flourish into their hearts.

Many will hear and see, but few will understand and others stand asleeping.

Each one answers for his own action. Laws are implacable and fair.

Q – How will be those people who didn't know about the Intras?

A – All the Planet population ransomable to its interior receive somehow, acquaintance concerns with Intras.

The illiterate people and other inaccessible ones to reading about a such subject, they will be driven by their Guides, while sleeping, to helping station, at spiritual colonies nearer earth and already set ready for suitable explanation. Those spirits who live over there, they know about the transition process and some department commit those task.

Not only Extras and Intras are engaged, hand in hand, for awakening of the humanity. A large number of evolved spirits work in that phase for awake spirits. By the way, many of those brothers are undertaken for large number of revelation at physical plan.

Save Jesus.

Ersam, 02/11/02

20. Lodging for ransomable

We have flown at high-speed passing through a tunnel lighted with very soft green light. Afterwards we have travelled a long distance, at the end we saw a waterfall very high, plenty of vegetation with wide variety of trees and also current water, where we found an intraterrestrial lodging.

The walls were plane and bright. A button was turned on and appeared some rooms with coloured clothes, in soft tones: shirts, T-shirts, pants of same fabric type with string, towels very clear and many bathrooms with showers.

I opened one shower and water was different ours, without weight; as didn't wet the skin.

The intense energy made me feel as I were in the air. Then, an instructor began to speak:

Water in cities intras has smaller density, it is lighter, giving a such sensation you are not wet.

You can see, everything you touch or notice by your own senses, it can present you softer. The higher vibration to your bodies makes you feel this way.

Also foods, you'll find them unlike, lighter, however, you had better not ingest them by heaps to avoid stuff, as you do habitually, therefore they have light contexture, however higher energy tenor, thus small portion is enough.

Air is more rarefied, in spite of low altitude.

Gradually your bodies will adapt to the environment, as well as you feel when you either change of altitude or of temperature abruptly.

You had better care your minds; because depending on the direction you give your thoughts, larger or smaller the difficulty of adaptation at new ambiance.

Q - Will be large number of ransomable bound to cities intras?

A – They are prepared to welcome a number programmed of Beings, the survivors and people's spirits died during the chaos time and, who will be inhabiting the new earth. The ransomable ones won't go all to the same place.

You already know, they will be divided into similar groups and bound to cities intras, either to spacial ships or to other Planet especially prepared for receiving them.

Get you ready internally, join with Jesus and his Hostes, work to the neighbour's good and await lovely hands guiding you until the helping station, according with your worthiness.

Peace on Jesus

Ersam, 02/11/02

21. Lodging and feeding

Foods to redeemed people, by the presentation and nutritious quality is the same basically at all the redeem places, however in those more evolved cities, foods are lighter and softer, while in cities nearer the surface, they are similar to your reality; thereby production and handling have one only prescription.

At helping lodgings, the redeemed ones equally may feel unlike vibration and perception, depending on which city live. The several Metropolises' lodgings were adapted similar to those in the surface.

To make public to the world, about the existence of another equally real inside earthy world, may provoke impacts to many minds, however intention of such action is just awake the mankind, making his own displacement at the suitable moment.

Unfortunately, a great number of people will be closed to this Divine Grace offered by Superior Hostes. The projects shaped by their minds are materialized by united efforts, and the same happens with Evacuation projects, Redeem and planetary transition, drawn by Superior Minds, and coming from High and transmitted to brothers intras, whom are joined either without precipitation or defects. All they together prepare plans and practice to upkeep human needs and also to perform determination coming from theHigh.

Orcadim, 16/11/02

22. Adaptation

The underground world keeps lots of pleasant surprises for offering to terraqueous ones. Adaptation were made to people life coming from surface, so that they don't feel either uncomfortable or claustrophobic. They have prepared the ambiance similar to yours. They also worry about the alimentation prepared without sacrificing the inferior brother. They did their best for welcome all those whom will arrive unbalanced and afraid.

The Intras try to reduce at maximum, the emotional impacts of those will arrive.

A lot of them stand fallen asleep during a period of time necessary for internal adaptation, until they stand calm and then are bound to visit and learning stage.

The brothers intras aren't obsequious, loving and friendly ones, they know the humane instincts. They are perfectible and this way, will welcome their brothers; they want to present them everything in the best way.

May mankind leave on surface all his frivolities, sophistication and bad habits, therefore during his permanency won't find subsidies to upkeep them. Seek only devote to Light from High, to Mercy and FATHER's Kindness, and everything come for increment.

Save Jesus

Ersam, 02/11/02

23. When arrives the last signal

It is a dark night. The Spirit struggles and strikes.

It is a clear day. It becomes tame. It is reflected through the foolishness gestures.

Try renew and strength yourselves.

It awakes at the stars.

Afterwards have gotten the access tunnel to cities; the ransomable ones are placed on public transportation and taken until the helping Station. In case they go on foot, it takes them a few days and moreover, running the risk to be lost.

When they are already on the transport receive the first Aid, in case of they are hurt, desperate or mad, seeking the fastest healing for their suffering.

The redeem teams are already prepared and will be stand at observation post, when comes the warning of the Great Hour.

Apart, the redeems already happen, therefore at each moment happens catastrophe provoked by collective deaths in your Orbe, and also in both life plans, physical and astral, when are redeemed people coming from surface.

Don't stand in fear. Renew you internally lighting by Christ's love doing the good and devote to the Father.

Ersam, 02/11/02

24. Occupation

At basis-cities found at the first steps of evolution such as: Stelta, Okay and Letha cities, professional activities comprise Education, Transport, Assurance, Health and Arts.

The work concerns with Education is given by instructors who, at the same time, they are apprentices as far as teachers, therefore while teaching can learn too. The individual whose ability addresses to healing works, he performs mainly on research area about the humane energy, seeking to develop practical alternative for application of salutary resources for collective welfare.

Concerns with the other beings, the tendency is to elevate up the neighbour through the Arts. In the cities intras there are artistical section, always promoting additional events with a view to provide individual and collective welfare.

Meantime the instructors grow, their work are more and more complex until they can no longer be made for individuals, but into groups.

Those tasks such as defense and upkeep of boundaries and access tunnel to cities, these are performed by the oldest and more elevated spiritual inhabitants.

05/10/02

25. Labour

The Intras' style of life is dynamic and active. Their minds seek uninterruptly the Spirit's growth, while laborious hands work for collective welfare too.

The daily professional work is not remunerated in the way you know. All they give a daily quota of work either of profession or speciality. All they work for everyone, therefore workshops, factories and industries products are shared among of all the inhabitants such as: feeding, clothing, teaching-schools. Even the scientists work for collective welfare too.

There are those whom, periodically, moves from one to another task for working in several activities, promoting the collective welfare too. All the adults work, men and women. Women give a smaller daily quota, therefore divide their time to look after their children, guiding them on study and, moral and spiritual learning, moreover strengthening each creature under their responsibility. When children begin attending the school, they continue the study began at home.

The works which demand larger physical endeavour are made by suitable machinery. Each inhabitant emanates from himself sincere and fraternal feelings and vibration involving everyone. There aren't either lies or hypocrisies, therefore low vibration feelings don't find support in those already evolved Beings.

The Intras decayed are exactly those who have embodied in the surface and were contaminated by daily bad habits, therefore such feelings no longer exist among of them. Even those who came from abroad and inhabit cities intras, as transitory learning, they are involved by high atmosphere of magnetism. The miasmas which they bring into their hearts are neutralized and dematerialized, don't remaining any force to germinate, grow or multiply them. That doesn't happen in your environment, because the noble feelings struggle against of black magnetic barrier trying to strangle and destroy them.

Serenity is what you need breathing inside earth.

Q – Are you an Okay inhabitant ?

A - We work together in several cities.

Orcadim, 16/11/02

26. Entertainment

Q – Are there sports and entertainment among of Intras ?

A - Sports performed as you know, there are not and have lost their function, when Beings leave their physical bodies. Also competitive encounters is up since a long time. The cooperation comprises a group of values much more suitable.

After a work day, Intras join with similar groups, at the flowery squares with a view to watch either open-air theater or symphony orchestras. Some groups go the temples get in touch with Superiors Hostes, others, go school to continue either their vocational courses or to supplement of studies. They always seek, their internal equilibrium.

Orcadim, 16/11/02

27. Medicine

I can see big and high buildings of cylindrical shapes quite shining.

I enter in a wide room, full of apparels which I don't know and while I was still staring everything my Spiritual Instructor spoke.

The cities Intras don't have hospitals nor sick people neither. The doctors practice medicine unlike of yours. They study and improve on knowledge about the anatomical body structures and on physiology of other bodies. When takes place any accident having wounded people, the latter ones treated "in loco", through by specific magnetic rays, able to cure and also can scar bones or any damaged physical body structure. Women don't have their children by the painful process as we know; the birth process is quite different of yours.

The scientists doctors work, study and research at their own laboratories, bringing collective welfare. They seek through their researches to improve the inhabitants' quality of life, and moreover on physical and spiritual bodies.

They make interchange extra-planetary for perfecting the future race.

The doctors are committed to create and improve clothes used for visiting the surface, without contaminating themselves; equipments to neutralize external microbes and also to prepare the treatment of cameras for ransomable ones. They belong to the highest evolved category among of inhabitants.

They command orientation places, forming groups to teach the population how to behave front the risk situation, orientation about the well-living conduct, and information about the last progress and discoveries capable of bringing benefits, and moreover make easier the population daily life.

South, 30/11/02

28. Studying living bodies

The Genetic study is hardly advanced, therefore we seek perfection of bodies and moreover, the Spirit's growth.

At schools, students, little by little, can active their learning from previous lives and improve it, giving continuity either that stage they had begun or even complementing the knowledge acquired.

We have advanced technology devices, which allow us study living bodies, without damaging them, provoke traumatismos or unbalances. These devices project and moreover, can decompose several bodies or they project only the organism internally, by high precision screen, minutely whole or only partially the group, as wants the doctor or as does necessary at the moment.

Students improve how to use their thoughts as creative forces.

While we were receiving the message, the medium (or channel) had a very interesting clairvoyance: I see a student doing mental training and also a leafy tree, aged with very high, twisted and darkened trunk. The student volititates, quite meditative; he is climbing up the gigantic tree. While moving forward staring the tree, this one goes transforming itself and When he had reached the top, the tree was quite renewed. From its aged appearance it became a lush one.

The Spiritual Instructor continues:

To reach that apprenticeship, the student has done several training graduation with determination, desire and discipline.

Q – *Then, do not the trees age and do not fall down?*

A – Concerns with its cycle of life, the trees are always renewed and, if does necessary, they are changed from one to other place.

By mental transport, all of the roots are separated of the land, and the tree transported to a type of transparent cylinder having some kind of culture at the bottom, where the roots are dived inside and taken to other place chosen previously.

South, 30/11/02

29. Cities for ransomable in interior of the Planet

I left my physical body and arrived quickly next a pyramid. Inside it we travelled across by narrow corridors not visible, due invisible doors opened accessing them. It appear a tenuous light on the road while we were moving forward.

After a short time, it seemed long to me, other invisible door opened on the wall and we entered into a big living room, where there was a small vehicle recalling one of those children playground toys, fitting two or three people. The apparel was "closed" and thence, its lateral sides open and we boarded on it.

Firstly, it travelled rails existent inside a tunnel in front of us. Thence, the rails have disappeared while the apparel starting its flight at low speed and little height. We passed through a long tunnel having little light. Finally, we reached a very big and circular wall, made of malleable and bright material. We got down the transport and thence going up on foot. We have crossed by the wall which bright material adhered our bodies. By the other side of the wal. I we reached a small corridor and thence some steps, other wall appeared similar the previous one. We also crossed it and the substance that adhered our bodies was absorbed. We were inside a camera of cleaning, said our Instructor.

On the other side, there was a forest full of gigantic trees. We entered inside it, thence after we have walked a few meters long, several high buildings appeared made of material like green crystal and also, the whole city was built with same material. We walked along on the streets, which were not wider in that section. I see no inhabitant over there. We entered inside one of those buildings, where there was a wide and very lighted living room, but without pieces of furniture. Thence we flew over the city.

We left it by the opposite side we have entered in, and this outlet took us towards the sea.

Then the Being who was with me began to speak:

The city you have been visiting, it was drifted and built seeking the planetary transition. Afterwards the earth convulsion, it's one city that will emerge as a new home for old and renewed inhabitants, but there are others in different earthy points, built with cosmic, teluric and humane energies, under complex manufacturing process, by evolved minds Extras and Intras that you can't understand yet.

People who will inhabit them in near future, therein are taken during their permanence inside earth for previous accommodation with their future houses.

Q - *Who are you?*

A - Vetha. (I'm from Planet Venus)

The cities visited for redeemed before their return to surface are equipped with machinery and material suitable for reconstruction of the New Land. Material and equipments which people need to study and learn how handle them during their permanence in underground world.

May Larger Force guide and protect you.

Vetha, 06/12/02

30. New cities in New Era

Some cities intras were built up, specifically to be inhabited after the earth axle got its vertical position. Finished the huge of cataclysms, those cities will be ready for usage at specific areas of the Planet.

During their permanence in earthy interior, and having their minds balanced, the redeemed people begin preparatory courses on well-living, according to Christian moral conduct preached by Jesus' Gospel and moreover, courses for awakening consciences about the know-how got through the long period of training and studying and also, during physical sleep while living in the surface. **They also will begin perform, study and practice concerns with new technology used in the future.** When they have got such know-how, then go to research and recognition trips, visiting cities where they'll inhabit later.

During the permanence inside Land, they live in lodgings built up in those cities intras, we already knew such as: Letha, Okay and Stelta cities.

But nor all the people redeemed from surface will awake with a view to begin the study over advanced technology.

The individuals will be separated into different groups, according to each one acquaintance and aptitude; They'll perform several resources for using during the new stage of life on the earth. But not only concerns with new advanced technology, also Medicine including phytoterapy, homeopathy, nutrition and others activities with a view to new earth constitution. Everybody receive instruction and new acquaintance.

The Large Programme is synchronized and harmonic.

The new earthy inhabitants will be guided in order to reduce the garbage and toxins production so that, the environment get maximum usage for the people's good, building and renewing the planet and, no longer, retroactive with intentional destruction with fountainhead of life.

Save the force of Light.

Vetha, 07/12/02

31. When the trumpet sounds

When the trumpet sounds announcing the Planetary Redeem, some tunnel accessible to the population will be visible and many people will run over there, thinking to be a safe place to hide of general insanity established. They won't be wrong and will bound to Shelters.

Okay city is settled down where the inhabitants in the surface, the larger number, comprise humble people. The human destructive progress reaches over there slowly, not having commotion or alert to the city inside earth, at the end of this planetary cycle.

In Okay, accommodation and facilities for ransomable ones are already concluded, as well as foods storage for distribution to several Redeem Places. The redeem ships are set ready too.

The several access tunnel are strictly free and lighted.

All the cities intras are kept under warning state, waiting the crucial moment of planetary transformation.

The following up about vigilance and assistance for humane nucleus are made continually, so that be possible foresee in advance and avoid putting under risk the Planet and cities thence.

All the processes involving inhabitants intras takes place in agreement with programm coming from the High; but with people of surface, however free-will and uncontrolled emotion still drive their unbalanced action, for this are kept under severe vigilance.

Okay is the largest redeem center and will receive the largest number of wounded people. The force of love drives us

The upholding of the planetary axel is made by extraterrestrial ships parked around earth and, the planetary cohesion balance is made through by distribution of cosmic energy captured and transformed, in earthy interior, by Driving force Centers.

The mankind doesn't have the least notion yet, how he survives, therefore his acts, up to now, having been only of destruction and devastation.

There will be one "Enough!", because the Planet has its limit of usage.

It's Force of Light that uphold with courage and love the life inside earth.

Peace always

Orcadim, 14/12/02

32. Access tunnel to intraterrestrial cities

All the access tunnel to cities intras, which will be used for people coming from surface, during the redeem time, they are cleaned, free and also with suitable illumination.

There are entangled millions of access tunnel to cities intras, and thence to surface. Nor all will be accessible for whom come, only a few ones lead to the aid Station.

Through their own mind, the terriculous could drive by himself until the access tunnel and taken inside earth, but, million of ordinary men inhabiting the surface, at least can imagine the possibility of having life in interior of the Land and less yet, the possibility of inhabiting over there.

People walk on "ant steps" and we'll have much work, much waste of time and energy in driving them to suitable redeem.

Jesus, two thousand of years ago, incited you: "Love each another". You have been turning your backs and covering ears to the Sublime Being words, who brought you **behaviour of evolution**. Now it is necessary work lovely, drive the few ones able to supplant their low feelings and if they allow, a chance of progress.

The planetarium redeem isn't an static process that will only happen when the trumpet sounds; on the contrary, that moment means the end of redeem, that culminates in those processes front the pain and collective despair.

The redeem already happens, therefore, in each moment, Beings of surface have been driving to inside earth or to another extraterrestrial redeem center.

Evolution is dynamic.

Peace always

Orcadim, 14/12/02

33. Cities Intras of the Planet

There are cities intras in the whole Planet and many must have important work during the redeem operation.

The cities have different vibratory levels, from the most evolved, supplying energy for the whole Orbe, to the most primitive, next terrestrial surface.

Brazil's intraterrestrial cities ought to receive the largest number of redeemed, therefore it is the barn of the world, where vibrates the heart of the Planet Earth.

The cities intras overflow the Orbe with wholesome balanced and reinvigorating energies.

Since far-off Era, it emanates from the Earth bowels, energies of balance and upholding. It arrives the moment to remove the ignorance veil from those consciences already awoke to the Light.

It's time to know and believe in abundant life inside earth.

Indians know us, animals don't get scared with us, only men, intelligent, however they can't believe on us; they fear us when suspect about the least possibility over our existence.

Love can break the fear barrier. We have a lot to present for you. Don't be afraid. Let us follow you up.

Rami, 28/12/02

34. Temporary Permanence

The cities intras which will receive you for temporary redeem, either in physical or astral body, in fact are so real and tangible than the hardest rock you know.

Therefore, in those cities, you'll find balance necessary with a view to get you over internally, vitality for restart, love and fraternity will impel you to the progress and new acquaintance, making easier your restart in the New Land.

From you, only depend on enjoy your permanence, improving yourselves, therefore your interior feelings, we can not modify them, it depends on you awake your superior conscience.

Thus prepare your minds for a different and surprising future. Work lovely and share it abundantly and thence, it won't have surprises for your awakening to the new reality which you have worthiness due your action won.

Save Light!

Orcadim, 21/12/02

35. The hard future of transition

Concerns with those cities intras more evolved, we work with evolved minds that already reached high graduation of purity and capable of reaching resources of materialization and dematerialization of substances. Those minds project, shape and also materialize everything useful to men redeemed, putting them in a such dimension, they can use them. We can not get products no longer present in our cities to feed humane needs here.

The substances used to manufacture all the equipments and necessary material, they are got from Earth, the proper planet that link all us, from surface and others.

We don't create, we only transform them.

The groups of Help and Redeem travel permanently for surface of the earth, bringing to its interior, many men whom so far succumb through by collective deaths and, others not succumbed either of drastic or of violent way.

Those Redeem Groups have been working hardly for those crucial moments you're living nowadays.

Some brothers of surface already live among of us. A lot of them stand asleeping and others at awakening phase, when they realize about the present time.

All that doesn't reflect the drastic future for the planetary transition yet.

Save Light

South, 21/12/02

I see people redeemd sleeping in city intra. One of them awake, take a look around and run as a crazy one across by white corridor and screamed she wanted to go out therefrom to breathe. She runs hysterically until a round hole existent on the wall where enters "wind". She leaned her face in the gap and fell asleeping, when some Intras took her to the bed, covering her by a fabric type which adhered her body and therewith she was involved with a kind of white smoke.

21/12/02

36. Passage subtle to other dimension

Q – *What is solution to human excrement in cities intras ?*

A - The man's physiological excrements passes by disinfecting process, drying and later transformed into fertilizer took with them when go back the surface.

The human people won't leave anything behind, besides of sincere friendships.

In so far as they adapt at the new atmosphere, the sort of food swallowed favors so much in decreasing volume of residues inside their bodies. All foods swallowed have pleasant flavor and high energy tenor absorbed by physical bodies at the last changes phase, leaving the third dimension to another subtler phase, where it will be the New Land.

The largest transformation noticed in human bodies are much more evidenced for lack of diseases, due high degree of contamination from foods and also from air. However transformation from physical body to subtle matter is not noticed by ordinary person, but only who have already got spiritualized life, can notice nuances of physical improvement. It needs also consider the embodied man can not refine his body to other dimension, therefore his negative karme demands a rustic body, according with his evolutionary graduation. Only after the planetary transition it's possible notice such tenuous changes in their bodies.

Save the Force of Light.

Save Jesus.

South, 21/12/02

37. The panic-drive Redeemed

I have seen several outlets of tunnel to surface, some into water and other at mountains.

The panic-drive people looking at Intras and thinking to be some character on fiction movies and moreover, they came to destroy and subdue the Planet. Someone spoke.:

The fiction terror films on Martians cause fear and panic, contributing so much in negative way for human mind. They create barriers making difficult friendly contact, turning it full of disturbances and, delaying the balance to creatures redeemed, therefore they'll fall asleep longer and also in treatment for get over their physical, psychic and emotional forces.

All the Aid Station will have inopportune unbalance from those arrived, because the own mankind is disobedient and undisciplined.

South, 21/12/02

I see one man and one child being redeemed. Both were dazzled with everything they have seen, the place and Intras too. The access tunnel in that place became lighted as far as the both people stepped on it, what left them so enchanted. They arrived into a large and white living room and thence were taken for personnel hygiene and to have meal. They stayed obedient and dazzled.

38. Earth renewed of the furure

I left my physical body and have seen silver string stretching out a lot. I left the earthy atmosphere and I went on up until glimpse our Galaxy at the distance. I was unbinded in the space, surprised for that unexpected trip when beside me I saw one

Star brother. He took me by the hand and led me next Orion city. Then appeared around me explosion of colors and lights of indescribable beauty. They led me into a room where Ortham, Orthon and Orthanine (three great doctors, our friends and , Orion's inhabitants) were awaited me. They laid me down on a stretcher and performed a surgical operation, I suppose they were changing cells of my astral body and also implanting a white helmet on my head. I felt as newer one. Then they said I was going to the future and my body should be prepared for it.

Q – *What are you doing?*

A - *We are preparing new chemical elements that will compose the Earth body.*

Then, they let me free and I return earth again. I already was far off Orion city when I have noticed a different coloration. It was a translucent clear blue like oceanic water. By volitation I reached the Crust. The place was a beach with very white sand. I stepped on it and I felt softness as I had stepped on a bulky rug. My feet sank and I was surprised to see they were not dirty despite of contact with that fine sand.

In front of me was the sea shining a lot due incidence of sun rays; it was so calm as a lagoon, finishing in sand as a white blanket covering a mattress. I didn't resist and had my feet wet. Water envolved my feet without touch them. It's too difficult to explain it. It was as my body had a wax making it impermeable while in contact with water. Not resisting to the inviting beauty and refreshing temperature coming from that sea, I went until water reached at my chest height. I untied my body and I felt myself floatting as I were driven by soft arms. Water was less dense and lighter than ours.

Moreover, much curious I was to discover that beautiful world, with my yes opened I dove trying to see others life shapes.

Thence strange fishes which tail fin rotated quickly as a ship helix. The green and velvety moved pleasantly up and down according with the water movement.

Q - *Could you Brother explain us about the trip we had taken? Is the Earth already renewed and materialized at fourth dimension?*

A – *With the work made by sidereal engineers and irradiation got from human minds and projecting in direction to the future, the ideal of a new earth, we are building the double of your planet renewed at fourth dimension. Some chemical elements produced through the nuclear coalition enter in its composition, filling the gaps of some that no longer will exist, while other elements will raise brightly.*

While he was speaking, I saw a periodic table lacking some elements. Some places were empty and others converted into its lighter reply. He went on explaining:

The work is not finished yet, it lacks some elements, but you can already see yourself reconstituted into atmosphere which will be present at the " planet renewed", having higher presence of water in comparison to quantity of land.

The climate will be soft and constant as well as the water temperature will be the same in the whole Planet.

Q – *Then, will be the sun much more distant ?*

A – *Not necessarily, there will be atmospheric changes in the Planet, having different gases in quality and proportion, creating a natural barrier against of excessive heat and abrupt changes of temperature. The new elements will also irradiate far off the harmful rays for development of life.*

One only Continent without borders and barriers, thus will be your new home.

Be ready to have right of living over there. To work is the road, To love is the vehicle.

May the Father's Light anchors into your hearts and thence expand it beyond the horizon you can see, involving all your brothers.

God saves you!

Orthanine, 04/01/03

I left my physical body and taken to a city intra. I was quite confused because it was the city mentioned the book which I was reading: "The Future Race". Zi, inhabitant from that city received me and said:

This is a mental contact. I'm meditating during a Council meeting. We realize the Planet that shelters us is ready to pass for great transformation and reach us too. We can't realize how deep those changes must be, but we are sure we must take certain urgent arrangement in order to preserve the city and residents. The priests try to inform and to become aware the population, but the Government's Council refuses to allow a such warning for crowd of people.

Some scientists, by vril energy, develop a kind of shield for protecting only one part of the city. We are afraid. Who knows this stand in fear of the near future.

The great number of people ignore completely this reality about the surface, in spite of along the time, we have had many confirmation about the other lives besides of our border line.

At this moment, we are working and trying extra contacts, capable of explaining us about the future events.

Spiritual medium: It is true. Earth is at its final cycle and will happen deep changes into its geography. On surface, the callings of alert spreads out, but a few ones are aware either about this process or at least they value the messages giving explanation and alert published throughout the world. The Extra and Intras and also Spirits of the Light inform us about the lodgings prepared in evolved cities intras with a view to welcome people of surface whom believe and also deserve to be collected during such huge cataclysms. We have Faith and confidence in God, in Jesus and in Those ones guiding us under His Name. We believe everybody are under the Father's Glance and also His People will receive help in so far as worthiness, therefore no one is alone.

Zi: Those who know the truth stand in fear of the future.

At that point the connection was interrupted between us.

10/01/03

40. Cities intras less evolved

There are worlds intras inhabited by creatures too primitive, at graduation a little above to the primates ones. They live in specific worlds, however ignore quite any other world out their limits. Among of them there are those who dream with unlike way of life, but can't express it, as it were a far-off dream of theirs. That category of creatures won't survive on the earth. They ought to be transferred to other planets where continue their evolutionary journey in other circumstances.

Then any creature either a man or a strange animal that accidentally docked that Orbe would be devoured, before they even realize what happened or where they are.

Other cities less primitive, but at low graduation, the inhabitants have already an organized Government' system, they made progress intellectually, but spiritually still have a long road forward. Some of those cities intras will emerge to surface. Part of them may be future houses for renewed earthy people.

There is a long road forward for you realize about life.

Save Light.

Zenin, 10/01/03

41. The Elementals

Evacuate the area!, evacuate the area!, Fast, evacuate the area!. If could learn to hear the sounds of the nature men would not feel a lot of pains, Kaplum said.

Then somebody spoke:

The little nature Elementals, in spite of being marginalized by human spirit of dominion, they perform valorously the orientation received, protecting and afford assistance their "executioner", whenever does necessary.

Many of those little creatures, are already extinguished from the terrestrial surface and nowadays, are spending a new life similar to their previous labour inside cities intras.

They live in shelters that present same characteristics of those areas they had inhabited in the crust.

They are hard-working people and always engaged in performing well their tasks. Then, the mankind will have the opportunity to know them when arrive here, and also realize how much harmed those poor and fragile earthy creatures.

Q - *Who are you?*

A - I come from Okay city with Orcadim and I train small Elementals on their devoted labour.

Q – *Which strange language speaks little Kaplum? (the initial message transmitted by one Elemental was in a strange and not understandable language, it was translated to the medium by Samion)*

A – The earthy Elementals (gnomes and dwarfs) develop a specific dialect among of themselves, varying according with the region, in so far as comfortable communication among of themselves.

Q - *But why did he use a language I couldn't understand him?*

A - At astral plan you look like them, although in a family size. (We laughed before such comparison)

Q - *Does that language have name?*

A - No, but you may call it as gnome language.

Samion, 13/12/02

At his point, Kaplum spoke again:

May you, men of surface aware, you ought to love each another and also all the God's creatures, therefore without such love, many of you won't survive and will face coming pains. We're brothers and for it we are working for helping.

Due lack of love your humanity is up.

Q – *May I ask questions?*

A - Yes.

Q – *What do you do, as Elemental, in city intra?*

A – We do the same we did before: we take care of plants, we ventilate the land, we turn over the underground so that don't become soled, we drive the earthworms and others little beings from soil and the matter decomposition too.

Q - *But have cities intras cycle of matter ?*

A – We have learned the Mercy Divine is huge. In some section, there is much dense cycle of matter that patients sheltered over there can touch them. It is for the weak minds don't get mad due abrupt changes. That is the Father's Love to us.

You can see what the Father doing for you. And you , what can you do?

Kaplum, 13/12/02

GENERAL NOTION ABOUT THE SUBTERRANEAN CITIES
By RAMATIS

*Never has mankind imagined could exist intraterrestrial world; either,
those hearts created with a view to love could reach such high destruction
powership .*
Ranquilau.

01. Master Ramatis's presence

We all are honoured in front of Master Ramatis's presence.

However much love vibrates into our hearts, to see him around us with that typical Master vibration, it puts us also at such torpor state, similar to that you incarnate people get.

A great surprise also involve us, front the task he presents us, and we can hear him, as if he were addressed us, directly. We aware it is not. Our work will be indirect, but we realize we're with you whenever does necessary. Each one among of us, worker, however little ones, we put our forces at your disposal offering this friendly presence for collective labour.

Dr. Cruz (medical team head of GESJ), 07/09/02.

02. Ramatis is force that shines

I see it was prepared a room with special blindage for this work performance. Inside it were gathered, Subcomandante Sethym Shenar, Nefertiti and Lobsang Rampa.

The room has lightness so indescribable than I suppose we are at free area of gravity astral.

Master Ramatis's presence is all, I want to say, the blindage is his own body and we are inside it. At the high, in front of us vibrate huge light focus that seems to be his heart. I didn't see him today yet, but it's as he were everywhere. Soon afterwards, I listen those loving sentences:

"Ramatis is force that shines!, Nefertiti says singing.

It is "light and heat" continues Setum Shenar.

"His presence is source of life gushing pure love! ", he concludes Lobsang Rampa, singing the three together, in perfect harmony.

*About us, at Jesus' Servants Shelter (JSS), by the outside, I see big **Master Jesus'** body, embracing us lovingly, as that Mother leans over her son, protecting him.*

21/09/02

03. Father's magnific work

Loved daughters!

Don't worry about what lacks you. Have your minds busy with that you have already got, therefore it is just on that solid basis of love, you have already developed, I will be acting.

In case of there would not have possibility of rightness and seriousness over result of the work planned, the Divine Providence would not have invited you.

It needs remember countless brothers having no faith, that in dimension of a mustard grain, await explanation capable of raising them to spheres of spiritual understanding.

Therefore, you may always remember, I write to little ones, whose understanding need to awake with a view to apply their softness hearts, during the inevitable encounter with civilization intras.

Remove the blindfold of your eyes and make public to the world our Father's Magnific Work.
You are able to do it. Who affirms is your Master.
Peace, always.

21/09/02.

4. Acceleration of mediumism

I see the area of my frontal chakra, a quartz of crystal transparent of pyramid shape.

I also see my gland pineal full with very small crystal similar to dew drops dived into a fluid of astral nature.

An external stimulus, similar to cerebral electric pulse, activates those crystals and they are anxious, producing a weak bunch of light, as rays reaching the crystal drops, also activated reflecting back a large bunch of light.

I feel deeply Master Ramatis's presence and through the light reflex from crystal drop, I have read his thoughts involving my mind in a soft way. Soon he spoke.

Cordial greetings!

I can see you have improved your understanding over communication which we have been establishing for you. It is necessary to do this way, therefore mind awaked, can understand and accepts and, when accepts, the work is done without limitation.

Another benefit for elucidation we do about the manifestation and reception of messages we bring for helping the readers to understand the mechanisms used in communication, involving them not concerns with force of human mental imagination, but mainly for intellectual performance and preparatory work performed along of the years, balancing the medium mind, through the resources as already followed before.

Can you remember the painful process for implantating the potential crystal by extra sensorial perception, implanted over your frontal chakra, as a complement to forces agitating your cerebral area longing for evolution?

As it was already said, you are taken as workers of last hour, because those who have already brought as astral body all the condition to perform a such work, they had abandoned, not to us, but themselves.

Don't worry with capacity of work, because this is not yours, and it was presented by the Father, as you could receive it, without much disturbance for your work group. However, you can feel some discomfort, therefore you are getting in touch with "evolved energies" which had impelled your spirits to the progress, but not besides of that you can support. By other hand, there is no longer time for lapses. Let's go on rendering explanation.

05. The mind control

The images we throw into you, intend to put you in front of realities quite forgotten or ignored up to now. **Naturally the filter of conscience manifested through the physical mind, purifies the information, causing some distortion. However, we shouldn't begin a work of a such nature without having foreseen and calculated previously all of the possible interferences which could happen.** Your mediums minds, we already know them, in extension and depth, in such way their vibratory manifestation we could foreseen it.

It is through the exercises of self-control, with personal effort we dedicate our attention so that, with the opportunity presented by this task, you can balance your anatomical cerebral lobes.

Your disposition for helping, open doors of springs of Light reaching you and washing your spirits. The latter ones, by its turn, detect this passage, and consequences that cleaning are as light torpors and numbness. We are sure such symptoms soon disappear, giving you welfare feeling and purity as the ones who work and serve to Light.

Be devoted in reinforcing among you the necessary connection with our minds, so that stays forces balance, even front the attacks and fights.

The civilization intra readjust with us small distortion detected and sanitized for you when it does necessary.

May your spirits receive the Divine Light, pouring its content over all the humanity, when the hour comes.

I greet you on behalf of Light

02/11/02

06. Life and pregnancy in Okay

Okay is an hospital city for receiving creatures and redeemable souls, sheltering their afflicted hearts during the most painful moments during great transition.

Theirs inhabitants, as you have seen they have small stature (approximately one and half meter) having the pattern of skin coloration similar to earthy copper, as the residents of Stelta. **Their heads very big denote extreme mental ability** contemplated by advanced technology of theirs city. **They are as innocent as children and for it, they will be charged of sheltering the most number of children capable of being exempted of large sufferings.** Their alimentation is frugal and they can live far above thousand of years.

There are plantation over there. They develop advanced agriculture, that may be the alimentary basis to the earthy renewed. Their beds of foods blunt from the ground lovingly cultivated, as true light focus.

Q – Then do they eat ?

A - Many of them eat, however while aging, develop more and more, unlike to creatures of surface, whose physical growth, a lot of times doesn't correspond to spiritual level of theirs.

An Okayense (resident in Okay) is so evolved and older they are, the more their habits make progress, and they stop feeding along of the time. Also their function performed in the society which they constitute, change according with the progress.

Q – Do they have children?

A – As well as nor all inhabitants of surface have same evolutionary apprenticeship, the okayenses haven't neither. Thence that individual whose period of life was not enough to reach suitable graduation of evolution, concerns with that civilization, he retakes a new life, and this return is agreed even before his outcome, because he needs to leave already fixed which body ought to use in order to continue his work.

Q – Then could he choose his parents?

A - Yes and he may also agree with the elect ones about the collection of malleable material for moulding his own body and he by himself, using his mental energy, may transform the initial energy. And after a short rest he is born again.

Q - Master Ramatis, it is not clear yet that information about the way of reproduction in Okay's. Could you explain better?

A - We are going to return all those cities with a view to make a profound study about the themes thrown and also identifying other aspects not considered yet. However, I can advance, the union between okayenses happens when they own wish, through the mental force and without physical contact, this happens between cells donated by each one genitor, and represent the malleable matter where the descendant will also mould his new body with his mental energy. When embodies, the spirit spends short period in

vitalizer rest. While developing his body, his mind rests, not having need of infantile apprenticeship. When the body is ready, the mind awakes and commands his entrance in the new garment, giving pursuit to his evolution starting from that point he had stopped.

While resting, the mind get forces and spiritual teaching at sidereal schools, it allows access energies able to contribute for his evolutionary plan.

Q – Could you, once again, explain us about the fecundation process and the body development for Okay inhabitants?

A - Their bodies are born by fecundation. Inside laboratories, the reproductive cells are produced starting from any corporal cell, not having need of internal or external reproductive organs, already bygone by our brothers a long time ago. The fecundation starts within of special camera, composed of nutritious substance, the initial cells, shaped with mental energy, it starts to multiply through vital pulse, generated the future son's mind.

The energy load printed in that corpuscule group permit he grows as far as the moment wanted, when then the spirit awakes and the Being who may reincarnate will begin to inhabit it.

By another clairvoyance of mine, I have seen two beings sat down on a special room, all made of crystal or of glass.

*They have got a cell from their bodies and put it inside a container on a table in front of them, thence they syntonized their mental frequency with the **companion's love**.*

In spite of having no sexual morphologic differentiation, one present a feminine energy and the other, masculine. While they are free from force and heat due the encounter of energies, both cells became only one.

This scenario has disappeared and another came. I have seen the mental energy of one future son encouraging the cell formed, when then it started to divide quickly until get an embryo form.

Again another scene took place.

I have seen a spirit adult entering in similar hibernation process, unfolding (division). Thence one body was asleeped and other going to superior sphere.

The body in development continued growing slowly, dived into nutritious liquid substance and impelled by quota of mental energy deflagrated by his future resident.

Q - How long does it take that corporal development?

A - That time may vary depending on the embodied spiritual age, because the energy propelling responsible for modelling in the ways dictated by mental force can be more or less skilful, staying the whole process delimited, in general, at a range of three and seven months, according to terrestrial time, however, this can be larger or smaller, depending upon each one circumstance

21/09/02

7. Constitution of cities intras

Master Ramtis continued answering the questions, now about the constitution of cities intras.

Q – How does it occur difference evolutionary among of the cities? Does it happen in cities intras?

A – In fact, the different races involved for construction and constitution of cities intras are formed with Beings at advanced evolutionary graduation, although they stand at unlike evolution stage. The cities such as: Letha, Odim, Shines and Love are at larger evolution graduation, and you can detect it when we visit each one of them, as a recognition trip.

Firstly, we will introduce you to general view about the ambiance and Beings and thence you can describe closer, detailing those elements the way you want.

Master Ramatis asks me whether the previous message was well understood. I answer yes and he continues:

Each city inside of the Planet means a concise block of staircases. Each step represents one city section with beings suitable to that vibratory level. When they reach the superior step, it modifies the bodies, as far as their needs started to be distinct. Following same logic, ambiance where they live also differs. So, higher the step is, more developed the inhabitants group are and less complex the structures. Then they constitute their bodies and lines of the city they inhabit.

The present explanation is important so that, you can understand the description we will go forward. We'll always refer to those of first steps concerns with the great staircase. However, nothing impede the other inhabitants of same city, but at superior platforms of transmitting you their fraternal feelings. I speak this so that, you can understand those beings presence is not strange or something fictional of your imagination, darkness attack, or visit of strange inhabitants to city studied. Elucidation is necessary for the previous acquaintance avoiding mental confusion, because by having the primary image of each inhabitant, you can define by their typical lines, which city is the communicant comes from.

A - I thank you Master.

The condition of ambiance, bodies and tasks involving inhabitants of the earthy steps, connect with vibration quality requested by those Beings, for performing the work got as source of progress - The Planetary Redeem.

Since a long time, when people in the surface didn't speak about the extra-planetary life, evolved and generous spirits, started the fire of gratefulness, therefore their minds got acquaintance about the humanity's difficult progress. They offered themselves, spontaneously, for rewarding everything they had received, afford assistance during the painful period, called "planetary redeem". They begun mobilize their efforts for construction of houses, at subtle dimension, forming the first embryo of cities known nowadays. Since that time, they are working unceasingly and making progress, because work and progress walk side by side.

When already strengthened, the small nucleous connected by tunnel, gradually, so that they promote forces exchange, formation and invigoration of magnetic fields for protecting the cities of pressure made due matter density around them.

Several access tunnel were dug among of the new cities and, the latter ones with surface of the Planet forming channel of ventilation and transport of invigorating and redeeming energies that pressure.

21/09/02.

08. The Elons

As we foreseen, we continue working , explaining about the nature of bodies intras.

You realize, it is not dense matter as you know, that enters into Intras physical composition. However, like you, the people we refer have seven bodies. The physical nature for their constitution is got from elements present at terrestrial nature.

The raw-material necessary is gotten by their thoughts action; they capture and shape their bodies with natural elements.

Q - How is that? Could you explain it better?

A – As I have told you, in general, there is no physical contact for reproductive process of Intras, except in Stelta still presents a type of relationship primary, however unlike that the man uses. Thence the whole process is shaped with mental force, impelled by lovely feelings, commanding and addressing vital forces, mobilizing the hard will to perform the thing wished.

The elements to constitution of matter, their bodies components, are not those corresponding or similar known by your science, concerns with smaller particles than those atom ones, also in abundance, especially of gas form dispersed over the terrestrial atmosphere.

Q – Like Prane energy?

A - Correct. As well as prane, the vital energy that animates your physical body. **The elons constitute the material force “in natura” that animates the Beings bodies as you know.** They are substances infinitely smaller than those tiny and known atoms particles. They are bricks used by Creation for formation of Intras´ corporal matter, and also of their cities.

As we have said, those particles differ in contexture of chemical elements that enter in the composition of physical body to embodied man; however following the same pattern of planetary constitution and of all their components, because so wanted the Father that from powerful explosion ought to appear necessary material for Creation.

Q – Are everything, in cities intras, composed of those elements or only bodies?

A - Everything that constitute matter shaped by mind came from those elements presented before.

Q – Do those elements got from terrestrial atmosphere make Intras dependent of our environment, is something like this?

A – There is such dependence, however, there is enough technology capable of removing accurately the material in amount, remove contamination from astral and physical residues produced by men. The intraterrestrial life is, therefore, closely connected with that in Planet, then those beings are earthy son as any one of you, of surface.

The societies comprise several organization such as:houses, buildings, schools and squares, because the sun light, captured and retransmitted, it is powerful force generator in feeding those people.

Q – There are grandfathers and grandmothers living with their relatives?

A - As we already said, there is not among if intraterrestrial relationships the karmic family, being unnecessary descents established genetically and with karmic connection, as happens in the the surface.

Q - Are there involutive forces in the cities intras which we visited?

A - There aren´t **involutive forces** over there. In fact, Forces of that nature, exist inhabiting worlds intras not developed, primitive, however their organic and organization constitution aren´t the purpose for this work we are presenting you now. Thus let´s leave it to another time so that be done deeper explanation about that subject. Moreover, we could have the understanding over the theme counfound embodied minds, in detriment of the understanding necessary for this current subject.

Let´s return that more important to be transmited on this work for you.

We have presented the different relationships groups involving three cities intras (Okay, Letha and Stelta). Now, it needs to explain they have, strongly marked the evolution line and so that has disappeared thence, since a long time, the primitive relation of crimes that devastates the earthy surface.

The mistakes occured among of Beings Intras denote individuals deficiencies in their approach with virtuous sources of love, kindness and justice.

They are fragments of thoughts and emotions which still sound out of tune in the universal music; little infraction, if compared to yours, before Laws and Divine Justice, not having, therefore, necessary primitive and constraining correction to the Spirit, either through of disease or penal correction.

The disagreement are worked in the sense of looking for healing that can be gotten either self individual or cohabiting with evolved brothers.

28/09/02

9. Acceptance and understanding

Here is that approach the Enough time. By your minds you ought to transport the blessed and salutary effluvia to help recompose faith and hope on those beings crossing your ways.

Go, knock and the door of understanding opens for you. Then you may open it to those coming behind, so that they can understand too. But much more than simple comprehension, is necessary, men of surface accept into his heart the reality of intraterrestrial life.

This book, Focus of Light, can help them as introduction to the subject, to irradiate into their minds, opening the door for understanding, irradiate into hearts, opening doors for acceptance.

Together, acceptance and understanding provide individual opportunities to know and take shelter in those cities described here.

28/09/02

10. The Earth future

The nature of cities intras, resembles a lot to the balance nature existent in your material world, except, in those cities the harmony remained becomes unbreakable due human action, although the human nature is quite developed to do not consider superior and to develop dominion on others forms of life.

Q – During that trip we have taken to the Morro do Chapeu, we visited a grotto where I saw hybrid birds, composed of elements from both worlds. What could you say about that episode?

A – It was already introduced over there, into your minds, the huge material able to ferment and grow inside your brains, performing the content presented you now.

There is in Okay, one entrance, more properly, the entrance to redeem section. It will shelter a portion of the community resident over there, and also, others who will arrive, brought by spaceships from neighboring cities. They are adapted to fashion of terrestrial rest houses, whose aesthetic similarity calms the human brain, while it distances them from matter collisions.

On that place, put set birds similar those known in the surface and their songs, naturally will be recognized for many people redeemed.

Everywhere grow greening bushes elaborated with mixed chemistry, turning them as tangible as the birds, easier to human perception. Thence, as far as in others similar, built around other cities, reveals the simple love of Intras devoted to the humanity's welfare.

Q – Are those hybrid beings important for recovering and regeneration of earthy physical environment?

A - The cities intras have in their communities, strategic points about the most varied ways of life that, hereafter will compose the terrestrial natural atmosphere. Those points must be elevated above the soil of surface, breaking it through the cracks appeared during cataclysms and, once emerged, you realize it begins over there, the planetary reconstruction phase. This is the Fathers's gift to all the creatures whom have believed, trusted and applied to fight with a view to preserve the Good to the Planet Earth.

Q – Will those people returned to the surface receive that gift that will be the start-up point?

A- Not just the natural elements, but all the technology learned during the "resting or seclusion" period, while they live in cities intras. Those who stay lucid, will receive classes and instruction and spend time during the "forceable permanence" in the world intra, for happy learning of new and renewed survival techniques, that will subsidize the reconstruction of their cities on the Planet's surface.

Q – But which are such techniques ? Why don't we stay living inside Planet?

The – Let's answer each one question.

They'll learn with instructors, older brothers, the techniques concerns usage and harmonization of corporal energies, with special devotion to application of mental energy, in elaboration and manipulation of necessary matter to life. Secondly, they will learn **how use with efficacy the solar energy**, Star that will be closer Earth.

Apparels will be presented to them and they learn to build them, taking larger advantages of climatic condition from the New Planet, as far as vegetable and mineral essences, will serve you as first matter for construction of houses, medicines and foods.

New instruction concerning to the world political organization will be presented and, all of you will be prepared well for constituting into only one people of social mixture, resulting from the planetary chaos and bound to inherit the ruge world governed by single Law, with no borders.

You must be united in love, flooding you as blessed opportunity of restart, and by pains, at the point necessary to force you remember forever, your past in such a way, in your future walking, the past mistakes be strong remarks about the road travelled and shall not return, anymore.

11/10/02

11. The intruder Planet

The cosmical waves provoked through the magnetism from the star purifier, associated with impact of coupling, certainly can generate strong shocks in structure of the Planet Earth.

Where exist subterranean gaps composing the underground, the propagation will generate pressure and expulsion of gases expelled by vibration force on coming.

Great tremors will be felt by all the continents and many people will think it is arrived the apocalypse time. Seismic waves will affect cities in minutes, however such intensity will be reduced by magnetic force from our ships.

The earthy Government will apply all efforts to mask the Global terrestrial results, provoked by impacts from the "Great Beast" (purifier Planet, Intruder Planet, Absinth or Hercobulus are denomination to that Star).

However those people aware will know to treat of strong sign that the irresistible moment is closer. While we inform you, we don't intend to disseminate either panic or disorder. We want only prepare you to stay calm and lucid for acting. Take you advantage to indicate to many others that a sign have already arrived to the human senses. Your Science will try to explain it by its own way, but you whom look at the world not only with reason eyes, you realize only Faith has wiser reason to explain such phenomena.

Q - Who are you? (the medium doesn't recognize the Master's style, having doubts, and so does this question)

A – Here your Master speaks to you.

Q - Your language, sometimes is so different.

A - It is true. Nor all the pens write with the same blue tone, as well as nor all Mediums drive the Spirits's thoughts in the same way.

Q – Why do I feel you like human presence?

A - It is due preparation we have on all Friday (GESH meeting day). Be ready to leave with me to cities intras. You are going to visit each one, registering in your mind each detail, as if you were doing it on the paper.

You will receive hardly load of pure energy, as far as your brain have received strong load of pure oxygen. You can feel dizziness and intoxication sensation, mental confusion and body lightness. Try to avoid vibratory falls, so that pernicious shocks don't reach you.

Don't worry to become ready to serve. Just serve and you can see develop into your minds, of wise and logical way, the sequence of ideal events to announce the world: organization and operation of cities inside earth.

Q - which body are you now Master?

A - Mental Superior.

Q - Then you are here. Are you no projection?

A - One of my bodies is here. The other ones work wherever it is necessary.

Q - I feel I could talk mentally with you for long time.

A - It is enough you have necessary hours.

11/10/02

12. Letha – helping the neighbour

In Letha, the inhabitants devote the study and spiritual performance through the diversified techniques in order to do the good their neighbour. By arrangement of musical notes, it forms melodies crossing by different vibratory graduation and reaching the first platforms of evolution, spouring over those beings, the beneficial and salutary effects of love.

The techniques development about the unfolding of spiritual bodies, prepare them to travel, applying the coercive effort for helping those spirits whom works for their internal growth.

In a word, the Intras devote seeking for helping and beneficial forms to do one's good, as resource of spiritual performance. The Instructors are Intras too and have already gotten higher evolution, devote in working for collective construction and application of know-how gotten before.

Q – And what about that place I have seen? Is it a food factory?

A – Some section at Light University, devote to prepare suitable condition to the shelter mankind during the planetary transition. You have seen one of those section where, characteristics of some terrestrial vegetable species will serve as food for whom come to live over there and reproduced mentally.

Q – What else it learns here? (I saw plants beds and some tablets coloured put into salads, done with those plants).

A - About the way of live in the surface, the Letha inhabitants receive instruction detailed so that, they can improve their minds in order to help the sheltered people in their cities. There are evolved Beings coming in Letha, periodically, seeking instruction from those inhabitants. They are similar to Spiritual Instructors of yours. All the know-how gotten result into practice application immediate or subsequent, with complete usage.

Q – Do you mean, thence go the people for helping all the others cities?

A - Each city has "redeem team" prepared and, any collective needs to be assisted receive specialized work group for that objective.

Q - Do the Lethans feed? Is there any drainage system for residues ?

A - No. Their pure energy is totally taken advantage, without wastes or excess.

11/10/02

13. The Cocoon transformer

It is hard the scenario we bring to you, however it does think about the long humane journey so that finally lead it till the abyss. It approaches of you helpful and humble brothers. The voices echo in the time reminding pains in the past time, not allowing you to forget such madness planted in the past and, it depends on you to correct them now.

We have stated: the sowing is free, however the crop is obligatory. So wanted the Divine Mercy you were not alone, thus we'll help you during the crop of pains.

The evolved Forces uphold you as "apparatus of light" supplying energies, strengthening against of the evil. Be firm and strong, tame, careful and renew your labour votes for "Light Hostes", washing with work water the nuptial tunic to marry you definitively with Christ.

The cities intras taken for their inhabitants as "the cocoon transformer of spiritual metamorphosis", will be get like shelter and equally as opportunity of transformation metamorphosing the current unhappy and disgusting caterpillars into multicoloured, light and free butterflies tomorrow.

Thus Sisters take advantage that opportunity presented you by the Divine Providence. Move away prejudice, fear, selfishness as far as the pride paralyzed so that walk in direction to Light.

Your Master Ramatis greets you.

19/10/02

14. Between Light and Darkness

Loved daughters!

The Divine Providence presents you a work opportunity that represents as task as growth. While "opposite forces" are addressed, seeking either to difficult or perhaps to interrupt the process, therefore it is from Law that, each face has two sides. The side we bring to you is Light able to irradiate over humane consciences; the opposite one, Darkness, darkening the vision of whom seek liberating force of light.

Both antagonistic forces confront into embodied man, who brings Light into his heart, primordial source of life; the shadow, a stock of mistakes.

To perform that work means to confront your past and present, it's turn over the soul profundities, clean each edge making to shine hardly and softly the Light awoke from each one.

Only union of fire light of yours, make the necessary sparkle to move away and to stop the shadow progress trying to hide the generosity of this work.

Q - Master, I can not understand, therefore, it seems everything is running well. What do want to say exactly?

A - It is not like this. (There was an interruption here)

Q - Could you explain about what happened? Because, how and where?

A - The more important than to elucidate it is correct the syntony of yours. Don't let your concern overcome you and address your minds to purpose they are linked. **You realize don't be yet the angels of light you were invited to be, however applicants chosen by my heart to rise from the past of darkness towards the eternal Light.** Thence have tolerance with your own mistakes, therefore they act and identify your soul outstanding that need to be polished for force of reciprocal and truthful love.

Be courageous, not only to fight against of perverse creatures you confront daily, but to face with such determination yourselves and then you ought to deformed the masks of volition and of pride.

Don't fear, only work!

Don't cry, perfect yourselves!

Let us return Letha recognition work, city intra, travelling with Elsim.

30/11/02

15. The batlement in cities intras

In Letha city you'll will enter in the main portal, driven by instructors and spiritual friends who will be guides and whom you may address your questions thence compose your report about the experience lived.

Q - Is the city indeed enclosed and with a big gate, as I saw by meditation?

A – As I told you before, the cities intras shelter Beings of evolved spiritual ancestry, Beings in regeneration phase, distributed into different evolutionary apprenticeships, which they are crossing progressively along their existence. However, there are involutive forces everywhere over the Planet, able to provoke disturbance to beginners along of the progress road, as far as to other ones, whose ferocity and daring are so high that could drive them to invasion.

For avoiding vibratory falls and unnecessary wear of forces, that cities in general are walled and protected, by huge gates in order to constrain and to avoid those undesired beings.

12/10/02

16. Politics and Society

Let's continue rendering explanation.

In cities intras soon we are visiting them, Politics were already abolished since long time. The Beings are hardly conscious about their function contributing for collective growth.

During their growth, the studies performed are bound to social section where they ought to act, continuing the evolutionary process. Then the teacher identifies with instruction given to younger; either the curators or doctors devote to study energetical elements to be applied for health. The musicians find in the sounding of vibration, the content that allows to improve their acquaintance and provide resources for collective progress at all the section, besides of the administrative one. All they live together acting in similar areas to growth and regeneration of human group.

The social encounters value the know-how gotten and during that time, they take advantage to disseminate such acquaintance among of their friends of others areas, harmonizing the several tendencies by one single road of light.

There are no fights, inflamed discussion or any disturbing conflict due primitive competition unbalanced. All they seek to improve acquaintance with a view to awake men in direction to superior reality of life, not having recrimination and censure about the individual deficiency and no emotion distortion.

All work with a view to correct their own difficulties which they already brought listed and classified for vibratory correction, not pointing them to the neighbor but yes, understanding them under light of reciprocal pardon. They apply forces on personal work of purification moral, spiritual and affectionate. The more free the spirit is from unbalance disturbing, the more awake will be to perform his function into group.

Q – Then are they in regeneration apprenticeship and not atonement, is that?

A - As we already have said, in those cities, there are diversified evolutionary graduation reached by the spirit, on proportion to his effort and personal work. It is correct the statement transmitted, therefore in nothing contradicts what we have already said you. In fact, the applicants to the progress move forward to ascension, starting from regeneration, passing through quite redemption until reach the well-supreme. Redeemed,

they connect with spirits group that begins new stage, more advanced, as the student from primary school to secondary one.

Blessed those who can accept the Christ's principle, therefore they are building a happy life. Unhappy those, whom remain rooted by delinquency and primitive feelings, therefore far away they are for discovering happiness.

May your brothers Intras, more evolved, be example of progress to be performed for you.

05/10/02

17. The Universe evolutionary movement

The Universe's evolutionary movement is dynamic and ascencional. What is below, it rises, from the worst to the best.

Those who refuse to follow the uninterrupted ascencional process, go to platform of dense vibration and slow progress until they can return that point where fell and restart by the same rhythm, those similar spirits whom have followed up their evolution lost too much and became alone in the ascesis.

Painful is the journey of wandering spirit!

A lot of creatures at this time of choice will see each another in that situation of evolutionary deviation. They will cry, under pains and sufferings, giving up, revolt, pride, vanity, or any other made them to fall.

Those who move forward, according with Law, become strengthened in Faith, having difficulties supplanted and reaffirmed on Christ's Work.

Be uphold spirits to ascend up in direction to happy Father's homes, shortening distances among of those, one day also left you back and today, give hands to you, impelling encounter with Superior Spheres.

Jesus is the Largest Fire you shall follow to transpose tortuous roads which still ought to travel until you can get freedom.

Peace always.

Q – *And Intras?*

A - The brothers intras are vehicles of help, chosed by the Father, to drive souls already prepared for the great evolutionary jump. The Extras equally because, all are same children from same Creator not created and, **it is Law; who goes forward gives** the hands to whom come behind, the latter one give hands whom comes behind and thence forming an indestructible current of brothers helping the neighbor .

09/10/02

18. Spirit in equilibrium

The dispersed energies consume forces.

Forces is the fundamental beginning for growth, the more is waste of forces, the smaller is the progress.

Once understood this logical thought, you shall to perfect it by meditation on dispersed daily energies representing unproductive and wasted forces.

Those beings at high spiritual evolution spend their time for correcting and necessary application of energies to performance of their works, and now it is your turn, applicants to learning, review those points which can immediately begin correct vigilance about the waste of forces, as precious curators.

The feelings are also unbalance factors, because represent dense strip in recovering your physical body. The emotional body that it is highly sensitive, it registers and records all and any alteration that reaches it.

As larger number of signs, the more intense the emotional movement, the larger the spaces marked by vibratory waves. The larger and more frequent the reached areas, the more disturbed vibration frequency in that body.

Thence the balanced spirit shall establish the mental filter to purify information, so that only touch the emotional body, whom is able to uphold, however without alter, in excess, the light bunches arrangement.

The material arrangement from what is constituted, depends on a lot of mental attitude, confident on his own strenght and renovating, in perfect and permanent sincronization to order maintenance .

The chaos involving a great number of bodies, also umbodied, means lack of faith in God, great major, due strong human inclination in exalting his instinctive aspects .

Some diseases occur due subtle unbalances that attack all the humanity. They are signs of alert from the nature to creatures, in order to mobilize his will for rebalancing internal forces, cleaning up those areas of larger conflict and disturbance, eliminating disorder of cosmic forces channel, so they can move among of you freely.

Experts on the difficult circulating by network in all humane bodies, the Intras realize about this network interconnecting bodies, maintaining them constantly free and healthy.

When there is excess of small alteration in any one of the bodies, especially the emotional, make noticed, the Intras search available resources and through by immersion baths they renew the initial stage adjusting little needs.

By self control and special care occurs absence of residues and diseases that characterize people more evolved than terrestrial people in the surface.

It still elapses from this fact, mental health and perfect balance, reached for Great Masters, humanity had ever known.

Q - Mister you mention emotional body with so much distinction, that make me confused.

A – The confusion is yours and not of matter presented, however, we will put it another way so that, you can understand it well. You have your physical body, corporal mass moulded starting from energy head, that it is your mental body. Your primary nature still makes distinction to other body that, due huge emotion you concentrate, it is delimited, as unbalance for other bodies, causing them sometimes illusion of own life.

Q – Like form-thought ?

A - As well as the form-thought they are created starting from fixed and certain thoughts, the form-feeling constitutes fictitious individuals, generated by the huge and constant feelings, expressed in the emotional body and after certain period loosen and stay closer, until join with material body, able to change his form.

Q - Then that breeze we can see results from energetic activity of those bodies: mental, emotional and physical?

A – That breeze you can see around each creature in this planet, results from forces exchange between these and other bodies existent, however we can not explain this subject now.

We have given our explanation, so that you can understand, that evolution reached by Intras doesn't result from any miracle or preference from the Father to his children, but through conquest of collective spirits that gradually, perform self control of thought and emotion of theirs, they must always act in perfect harmony in performing those creatures that awake beyond of human instincts and, to be free of fear that attack a great number of people.

That manner of being is the tasty fruit pick by personal effort in commanding healing forces. The detachment mentioned previously, it results equally from truthful love already performed as Cosmos integrating force.

We also intend to remove any mystery about the progress so that, you can understand this who follows you and it is beside you, it is enough to each one to have strong desire of reaching extraordinary benefits, abandon the old form and, to speed up the steps in direction to new man.

22/10/02

19. The fly

While meditating I saw a very big fly. Its eyes transmit an energy too negative and its wings beat generating images seeking to interfere among of us and messages coming from the from High.

The insect began to agitate the wings as soon we have begun to meditate. It had been thrown by an opening in the window, still as larva.

At astral plan, solid attacks seeked to break the blockade of Light. Objects were thrown and one of them brought the fly larva that here was and its grew in a few weeks. The paws are hairy, she is black having gray wings.

I was very curious with everything was happening in the astral and didn't understand, then I decided to ask Master Ramatis.

Q - Master, existing strong protection against of darkness around that House, what I don't doubt anyway, how did the fly larva get to grow so fast and transforming in such big disgusting insect?

A - For you, incarnate people, the reception work for revelation, before considered as "treasure" by occultism, it is at the same time an arduous work of learning and growth. The association of both factors results into practice at the same time you work, but also "cross the initial portal " for spiritual formation you wish so much.

It is right, you have been receiving integral and complemental load of protection, however, the absorption of high principle of love and peace, we try to transmit you and such words, conceived by limited humane mind, they are impossible of translating, needing therefore to develop into your hearts, feelings capable of approaching to ideals transmitted to you. Thus it was allowed the larva to penetrate the protection space that creature you have seen, so that you could reach it by your own mind in order to get your own conclusion, because, it was born and grew fed on diverted thoughts far from the salutary frequency to the good.

Q - Do you mean the larva was introduced by "action of darkness" because superior spirituality allowed it? Did it grow fed on the people improper thoughts from here?

A - Yes.

Q - And also that it was allowed this way so that we could understand and learn through the beginning of antagonistic forces, to combat the evil?

A - Yes.

Q - Thus what I thought during the mantra prayer about the antagonistic forces means I have just captured your thought?

A - Yes.

Q - Are we correct to get together to neutralize the force dissociated caused by that being influence and later to liquidate it?

A - May your action be strong and decisive, in the sense of strengthening the bows joining you for the spiritual work and, into union, come the light rays that will disintegrate primitive form that tries to interfere in the task.

Q - Will we not with that waste time and energy?

A - Small disciple, time for you not acts as you can understand it. You may understand time is relative to the acquaintance load you may awake and to put into practice. Time is relative to practice and progress you are performing.

The delay of some weeks in your terrestrial calendar, it can represent progress of decades, or even centuries, according to spiritual karmic point of view.

16/11/2002

Some time later during a meeting, something similar have happened again.

The meditation was very difficult. There was a dense cloud, of gray color and I felt a negative Being presence. However much I tried to identify him didn't get. Then I prayed and he was took away.

The place was clearer and I saw black packages suspended in the air around us. They were floating and also were many. Once in a while it passed a light package. It was if atmosphere were prepared with traps for us during the night and, when we enter in, we have already found the place like this.

Somebody said the work would be more difficult but, that it was allowed like this, being for us as training and recognition of strange forces.

04/01/03

20. Earth, laboratory of many spirits

Loved daughters!

The dear Planet Earth is a laboratory for a lot of races arrived from several points of the Universe endless, docking in the Planet for hard transformation. The great miscegenation of souls during millenarian nights gives everybody, opportunities for progress.

The great number of decayed in the past have already adjusted with Law, returning their origin Planets or staying on Earth, seeking afford assistance for who still fear in awaking and also those that already awoke, they are prepared to get freedom.

It ends the time of choices in opposite direction to the Spirit's ascencional progress.

The Planet screams for renewal, it shouts for peace.

New cycle of Light breaks the door of darkness night, expelling for necessary time, those whom are not compatible with the **New Home**.

At the last moments, the alerts made through by great neon signs call the asleep consciences and the word Love, kept into few hearts that has Faith, expands in search those that for luck want to change.

I leave you Peace

18/01/3

21. You are not the single resident on the Universe

There are cities intras in high graduation in the Earth, where people have already understanding and know-how working for benefit of the Planet. We'll describe the main ones.

The people of the surface needs urgently, abandon the fixed idea they are unique residents on Universe. It is infantile idea, that can't be accepted even by the humblest earthy inhabitant, while trying to make public the New Era blunts.

These brothers of surface shall know, the cities intras has been contributing in a significant way for their existence, if it didn't go this way, Planet would have already unbalanced in the Universe.

Understand and change such infantile mentality at once, therefore that have been practicing for millennia of years. Time is up for the humanity awakening.

The changes happen every instant in their existence, but they refuse to awake from that illusion built to their world.

The brothers intras give their hands for you. Do the same in order to build solid future full of blessings and peace.

Peace always!

18/01/03

22. Work is personified love

Dear!

The producer of forces stand you permanently supplied. Don't doubt, the task of materialization is work of precious collaboration coming from the High for the future Planet.

Many who are involved with that publishing, they are going forward of you, opening ways. Believe, disperse fear, everything runs well. Nothing nor nobody will be able to stop the Light power of Christ's Love spouring generously over his people.

Follow His teachings: Love God above all the things. Love your neighbour as he were you.

Follow also this brother advice who says: Work, work, work, therefore work is personified love.

21/02/03

23. The last Examination

Save Light!

Brothers, the terrestrial humanity has been suffering a lot and little has been learning the mankind, concerns with Jesus' Gospel truthful lessons

The trial shall select able and unable ones; blind man of those who can see; deaf ones of those who can not hear.

The trial means the period to which you'll be invited to expose your luggage conquered during the cycle of last existence and, it represents new opportunity offered by the Father, to his son deserter of faith.

Memories over delinquent past will emerge, coming to surface due exigence of the moment sublime of pains and atonements. They will be extra resources for self discovery and choice of the future.

The proud ones won't stop before the evidences.

The selfish ones will conclude they have rights, once they have been hardly injured.

The unbelievers will think they are crazy.

And unprepared ones will take little advantage of the whole presented them.

Therefore, brothers of mine, work publishing among of men, the great examination is coming and, the period of twenty eight thousand years is up and mean either ascension or fall for the God's Angels.

For that undisciplined and lazy student, who makes no effort for preparing, that chance will be still given him so that, when he seeks by his own the answers requested by pain, he shall find internal resources, at least, capable of elevating him for his own redeem.

Peace always.

28/09/02

24. Now it's just another time

Raise up your minds above of the terrestrial poverty and devote efforts to the Father's Work Enterprise.

Your spirits are receiving renewed load of energy every week so that, you have strong vitality for combatting vicissitudes that you face.

Beside you, are those beings guided to destroy your roads, changing your vibratory tonus. Don't give them attention. Receive them as the youngest children, inexperienced and ignorant of the Father's Wise Laws. With your mental force, maintain them at distance, so that their approach doesn't disturb you and consume precious energies. It is not the moment for helping them. **The moment now is other; for rendering help to the humanity that walks blind, towards the abyss of pain.** Everything else on that moment has reduced importance, therefore our objective now is to apply energies in canalization of messages, which you can represent help and awakening for men of good will.

Q - Who are those beings and what are doing here?

A - They range in a line and move forward without stopping, and thence it continues until the end of your work. They are morbid beings armies, deprived of their primordial light and wander enslaved due carelessness of their souls.

They put forward you unceasingly. Keep strong vitality in upkeep of vibratory tonus that connect you with us.

Love always.

22/10/02

25. During interviews and lectures

You were informed in previous contact, the publishing of our work will be large and shall reach the more hardened and confirmed hearts. **It doesn't matter to render concrete our objective, which vehicle will drive it, but yes, that can be protected their contents and principle.**

So it already begins preparation of those works already indicated by the Spirituality and invited for us, for receiving our revelation. They will be brought to be submitted to the mental cleanness and subconscious filling the process of creation this work.

Little by little, there will be those minds to be confronted with realities so clear as extraordinary; however, is the permanent contact that will makes easier understanding and acceptance of theirs. After that preparation stage, they'll be invited to materialize the intention coming from the High, for disseminating such acquaintance among of the terrestrial humanity.

The moment for interviews and lectures on the theme, will be like a presentation of play hardly studied and tested. May be observed that requirement carefully so that, information and revelation be presented in compatible doses with the immaturity level and resistance of the Spirit .

As we already said, we don't intend to disseminate panic nor promote madness, on the contrary, we look for presenting to men of surface the ideal condition so that, they know how to follow up the events and to perform their own choices.

There is always a certain minute for each individual to choose for the Good and, this option is been presenting every moment in that it is confronted with subjects of spiritual order. It depends on each one, as soon as possible, to chisel the edges that still hold them in the middle of so much pain and suffering, through the renouncement, humbleness and disinterested dedication to the neighbour.

Peace always.

23/11/02

Ramatis, the same Master Kutumi of GFBU.

LETHA – INTRATERRESTRIAL CITY

Located at Rocador Mountain, MT/Brazil

We saw, while working your
sweetness heart reverting into force
of growth.

That essence impregnates Master's
work with His mark legitimating it and,
if His words could not spread over the
matter, His essence gives its life.

Save the Force!
Save Divine Master's Jesus Light!

Brother Francisco
Worker of GESH

01. Lethan - personification of light-power

In Letha city, we all are lanky, our hands and feet have two fingers similar to the Stelta inhabitants, however taller, baldness and with big almond-shaped eyes.

A little ear ornaments our big oval head, and we don't need no longer nostrils, therefore our food and air, nourish us by all the pores.

The long neck hold surprisingly the great head and thin bodies, as if we're contradicting Physic Laws. Foolishness, Universal Laws cannot be contradicted and neglectful neither.

I'll explain; the big cranial box keeps inside encephalon whose electric sinapses already developed to the Light stage, having no mass, don't weigh, just occupy great volume, because we don't know how to control its growth yet.

The oldest people don't have fingers, as has explained by Master Ramatis, because some of us, keep in the body progress marks.

It characterizes the cities intras by existence of several lines of evolution, each one receiving and sheltering compatible Beings according to his vibration.

Q - Then each city intra could have groups of differentiated apprenticeships evolution?

A - It's like this, however, there are among of them only a single evolution line, altering little this or that of form or size, as well as, this or that physical attribute, if it does necessary. So, we are going to see Letha Beings at beginning their race evolution and soon we'll get information describing other phasis.

Q - Who are you?

A - I am Lethan, personification of light-power that commands this city.

Q - How does it mean?

A - Each nucleous intra starts with arrival of Beings desirous of progress, contributing for evolution of the Planet Earth, far-off times moulded own body. They return now to the heartwood of "mother-body", joining to Him in Light to reach larger liberation.

Lethan, 21/09/02

I suppose that Being was the own city. Light that encourages and this, for its turn, a cell of the Planet.

02. The inhabitants of Letha

Q - How are our Letha brothers like?

A - The inhabitants of Letha are evolved, loving and amenable. They don't nourish no longer on ready foods, but with their own energy. They remove it, without provoking damages to the physical or genetic nature of vegetable, also using this process with medicinal plants.

Specialists, they seek through the acquaintance, improve skills for helping their neighbours.

They like music that delight them towards the celestial Sky.

They use adherent clothes, not because they shame of undressing, but allows to receive high energies, positive, absorbed by organism.

They stand interchange with several cities intras, always into fraternal friendship, helping those less evolved without interfering their personnel progress.

They visit the Planet surface upholding friendly relationships with Indian brothers who protect them at "the door", instructing about the upholding of life, teaching them, not

advanced technology, because their minds progressing would not understand but, as a primary teacher teaching his students basic notion about the Universal Love. They don't take advantage better of contacts, on account of karmic involvement with other people.

Fawcett, 19/10/02

Cel. Percy Harrison Fawcett, vanished at the beginning of last century

03. Visiting Access tunnel

At this moment, you don't visit Letha. Firstly, it needs to have your body adapted for such visiting. We'll visit several access tunnel to cities, forming a network exchange of Beings and energies, spread out over the Planet.

There is attempt of involutive Forces for accessing those tunnel, but either they can't understand or don't want it, those tunnel have so high vibration and, they can only know them by changing their own syntony, in a word, leaving from darkness to Light, what is impossible up to now.

The portal of astral inferior is also under those evolved Beings supervision, working together with brothers of others planets, aiming at Planetary Transition process. All they work under Yury's supervision.

Fawcett, 05/10/02

04. Still about the access tunnels

I see around Jesus' Servants Shelter, a very big and bright green shield, like a curtain. By the shield outside, Beasts attack us hardly, try destroy us. I also can see the great African warrior Zambi, with his men, lions, leopards and others, affectionately called by him as "my cats". All they are inside a shield protecting the shelter, set ready for defending him. Inside shelter, we're of physical body, meditating and receiving this and other messages, as part this work content.

Fawcett keeps on speaking:

Life inside earth is active, vibrant, full of energy, work, study and cooperation. The Intras know well their own world and also the surface through their study trips. They realize their existence and have already studied several Nature kingdoms: mineral, vegetable and animal.

The access tunnel near surface are treated and uphold under special attention so that, they don't stay vulnerable and discovered by the low feeling people, even though the vast contact with mankind may happen under organized process and with superior criteria.

The Intras seek perform superior determination, by clearing and organized way, without uncontrolled attitudes. Everything is done under obedience and love.

Fawcett, 05/10/02

05. Medical Promptuary

It approaches the moment you need separate of your physical and primary bodies, so you may enter in cities which you're describing about them. You're driven by access tunnel, until the main Letha entrance. It happens normal alteration, as foreseen by medical promptuary that follow you up. It makes minute medical written report about reaction, in respect to action you're submitted.

Your astral body, having long contact with superior "force and strong fire of light", loosen the bows, making you feel as separate of your matter. Endeavour so that your body can obey mental command, so we can drive you easier.

The frequent and unexpected heat followed of perspiration, it represents acceleration of metabolism to adjust the dense body to positive energy load brought from the city entrance you have been visiting.

Dr. Cruz, 12/10/02

Note: Doctor Cruz (pseudonym) is medical boss who works for GESJ's team (Spiritualistic Jesus Servants Group). That team is composed of doctors, (this Planet spirits) and, of Intras and Extras doctors. Among of the latter ones, three always help us either during trips or hard moments, concerning to health of our physical and astral bodies. They're from Orion City and called as Orthon, Orthan and Orthanine. They're cheerful, jovial and loving hearts. They already made me, spontaneously, spiritual operation at home for three times. They are amenable Beings and wonderful friends.

Margarida

06. Be ready for future transformation coming

You'll enter in cities intras, by accessing which won't be used by redeemed people, therefore only those adepts, having specific training, can uphold high vibration emanated from those centers. Such emanation of higher power spread out beyond of the cities intras to surface, forming protection magnetic field that, at the same time it attracts who look for simplicity and love and, by other hand, moves away those of inferior vibration.

For many hundred of years "the portal" were closed to surface, because people who, times behind penetrated over there, just desiring to get riches, they brought unbalance to the people intra. Thus they closed the doors to surface and, only those with specific permission and compatible vibratory condition, can penetrate the happy cities portal.

For redeemed ones, besides of internal unpreparedness, they'll also come unbalanced emotionally then are reserved some lines at the cities periphery, with access isolated to its interior. He who careless and imprudently penetrate the cities, can suffer huge vibratory impact and die.

Brothers of surface, be ready as soon you can for future transformation, by beginning for your own internal transformation.

The Creator's mighty Presence is huge in ambiance intra. It hovers in the air such sweet vibration, serenity and welfare feelings. The pure and sincere love come from inhabitants hearts, who already surpassed needs and inferior desires and thence they seek growth.

They realize since long time the FATHER's purpose, that is to act as device of helping for obstinate spirits in the surface. They welcome them sincerely.

The cities intras keep active exchange with brothers intras, whom provided them technological progress. They work together with a view to change the Planet Earth into a flowery and perfumed garden, where weeds no longer are reproduced due lack of inferior energy, therefore are eliminated by the coming transformation. They look for Peace.

Peace on Jesus.

Fawcett, 19/10/02

07. Expression Artistic

The portal was opened, I and a my brother entered in. Some Letha inhabitants were awaiting us over there: a man, a woman, two children, a "teacher", an administrator and another woman who seemed to work at the beginning therein.

I asked which place was that, and said to be a vibratory selection section. There was a sort of curtain of energy, by where we should cross, in order to reach a brick road stood out in the landscape, as if it had been drawn among of buildings. While crossing that curtain of energy, one body of mine the outside.

Q – *It was here that Colonel Fawcett had entered in ?*

A – The whole city is surrounded by that curtain of selective energy and, the entrance points are opened where it's possible and necessary. Those points can not be identified accurately but, you realize one of them is at Rocador Mountain, within of space bound to sacred area of the Xavant Indians.

We're meditating again and at this time I saw a mine wagon. The road of light reminded me of a russian mountain. We all boarded on the pushcart and it started to slide over the road of ligh, going up and down, until we reached that place which I suppose to be a huge coustic shell outdoors and several musician were rehearsing a number. The instruments reminded me of marine animals shells and, the few sounds we have heard reminded me of the sea sounds and also of beings living over there.

- That group you see are beginner in cosmic music art. They start studying reproduction of nature sounds, as you can see. Afterwards, when they already can uphold that divine technique, they practice it improving and performing the scales into vibratory intonation which follow the human bodies nature.

Thus the first musical note you denominate as "Do", at astral plan, it repeats into another level of subtler sonority. Then, another one similar presents in the mental inferior with certain sonority; sooner in superior mental, until it reaches the Buddhistic plan. By that apprenticeship, the trainee already student, reaches the Musical Master's degree and so, he is capable of producing any sound, either with or without usage of instruments, by the most sublime or dense ways of manifestation. Students can also form musical orchestras, where they present only into perfect harmony, enchanting the listeners with sublime Universe sound.

Q – *Where techniques come from ?*

A – From Planet Venus.

Elsim, 15/11/02

08. Still about the Art

While arriving in Letha, it lights the road you'll drive for discoveries and revelation, concerned the work you're performing. Those roads visible but not lighted may not be taken, therefore you can confront with energies and vibration incompatible of yours.

The symphony intoned by Letha musicians was especially chosen for welcome you and to honor seashore people. The instruments used were inspired over the Nature Beings, whose sounds are reproduced through techniques performed by skifull lethan artists. They presented as known sound, fragances sprinkled by resonant vibration which reinvigorated and enchanted your souls, while coming from the High, pearls of light spread over all the people, nourishing them of love and joyness of life.

But nor always groups can visit our city, therefore the exchange is under supervision of scientists and researchers, going and coming, for seeking new information to studies they perform. They realize existence of others work groups, however the permission for receiving them come from the High.

Q – *What is it necessary to get permission?*

A - A mission shall have as objective, to increase knowledge for earthy people, by improving their moral and intellectual growth

Q - *How is made Beings selection to integrate an orchestra like that we have seen?*

A – *Earlier the musical ability is detected in the spirit, even though, while developing, emerge innate skills, before covered for clouds of inert emotion. To develop means to discover the Being's essence, allowing him sparkle into Light.*

Music, as well as others artistic expression, reveals bright and his performance at maximum love expression.

Q - *Then are in Letha others form of artistic expression?*

A - As we already told you, this was just a reception for visitors. Let's go on. Soon you'll be led at Light University, that represents an intermediary apprenticeship of evolution for that group of Beings.

At Light University, Intras seek resources to do ones' good, by studying and performing select techniques of manipulation about the subtle bodies.

At this time, they offered us a drink and I asked what was that. Elsim replied it was invigorating liquid that we should drink it.

Then continued: as we said, each section at Light University devote to study Science referred to performance and effect of each one body and chakras over other bodies.

Save Light

Elsim, 15/11/02

09. Letha

Save Light!

We're at Light University and as its representatives we greet you on behalf of Universal Love.

My name is Loudi and I was designated to follow you in our city. You have travelled up to here, by roads that seemed you strangely illuminated. We'd like to explain. Here, in Letha, **"the each Being magnetism " is capable of working devices of light by where it wants to transit or to be, in agreement with individual or collective will.**

The devices of works like a switch, turning on forces that lights certain space. Elements of transport and captation of mental force are set ready, making work of posts and threads like those you have in your cities.

Q – *Then, who turned on the light road that drove us that place where the chorale was?.*

A – Due your own volitation of entering in and know our civilization, surely, by superior authorization.

Q – *Then, does the mechanism serve also for us, does it work with us?*

A - Yes, we're Beings with evolved skills inherent our human condition, present in you too; therefore you can be like us and develop same abilities as we did, for this is enough to abdicate of inferior feelings and behaviors. To that we call evolution.

Q - *Yesterday I saw you studying the energy channel and man's subtle body. What else do you study at that Letha section?*

A - As you have been received the Master Ramatis' explanation, each city intra has several groups of inhabitants, distributed into different platform of evolutionary graduation. Over there, there are section at initial evolution, intermediary and advanced degree. This section presented to you meets at intermediary evolution degree.

Q - *When does it reach the section immediately superior, what happens to the individual? Is he going to another city much more developed, out of the planet or does he stay in same city?*

A – The period spent for evolutionary learning varies, in agreement with each individual, larger or minor depending on each one.

In Letha, expectation of life varies from 1000 to 1500 years, as terrestrial calendar. That period means what a person takes to develop his own intrinsic skills applying them later to the collectivity.

It begins new period free of terrestrial fastening and unattached of inferior feelings. For living in Letha needs to be calm, unattached and to have firm will for progressing. The spiritual understanding about Laws that governs Universe and accepting them, constitutes the first part of the whole training for that person.

At that phase, it avoids influence of earthy dense energies. They still have contact with terrestrial Beings that prove their progress and self-control, but their minds are prepared to guide, instruct and help earthy Beings.

They devote study and perform important techniques useful for human existence. They protect the "Letha entrance portal" and exchange information with terraqueous people familiarized with their presence.

They realize that know-how got, can never be stagnated into mind; it's imperative that in this Letha section, the inhabitants transmit their know-how for people destitute of knowledge: **the embodied man.**

Loudi, 16/11/02

10. Emergency Plan

I and Elsim I go towards the Letha main entrance gate. He introduces me to a new trip fellow Abur. We proceeded silent until arriving at the wanted place.

Before the entrance gate, I make a prayer begging our Father light and discernment to hear, see and transmit sincerely the unknown world intra for all the people.

At this moment, we're in a section that seems to be industrial. There're big, large and tall buildings, that remind me of hangars where flight ships are stored. Thence I can see several workers intras using a silver worker overall and on their heads, a protection having a viewfinder in front of eyes, whose material looks of glass.

Some workers use an apparel like a laser welder. Elsim confirms it and Abur continues.

- There is also a machine, capable of injecting enough energy to provoke a nuclear coalition and, due that, they make the completion their ships with a sort of panel-beating service.

The bigger plates like steel sheets are manufactured over there. In spite of hard, they are totally flexible and resistant, and are moulded into the format wanted to manufacture the piece.

Our ships are built up based on intergalactic pattern. The techniques used are adapted with purposes to which they are bound to the world where we live now and, to the available resources in your planet.

The corrosive terrestrial atmosphere demands double work by a "tinsmith and covering". The flight devices are adjusted strictly so that, they never get interference strip with magnetic waves from earth and people therein. The adjustment are hardly rigorous in the sense of, not disseminate harmful vibration to the soft mankind physical nature.

Q - *Who are you?*

A - I am Extraterrestrial living temporarily in Letha. I work linking worlds intras and extras.

Q - *why?*

A - **There is an emergency plan, counting on the possibility of nuclear explosion.** We have a fleet of ships with resistant screening against of radiation of poisonous mushroom and, we'll leave the planet avoiding its unnecessary disintegration.

Q - *Do you work full time counting on that possibility?*

A - Yes, because it exists, it's real. **The human insensateness is immoderate. Our ships and section of cities intras monitor the political and warlike life of the main Governments, especially those that already developed lethal weapons and atomic power, because have devastating effects, as for your world as intra too.**

Abur, 30/11/02

Note: On 26/12/02, while attending TV Globe news, I had confirmation that, some days before The North Korea was arming, as well as Russia in partnership with Iran, concerning the atomic bomb.

The Extraterrestrial message arrived on 30/11/02. Our team didn't realize that, due surplus of work, we don't have even one day off to watch daily news.

11. The day by day in Letha

In Letha, city intra, we have spiritual evolution through the Arts, so you're welcome by that choral representing the heigest honor. Through the art the spirit grows.

Q – How are access tunnel build up?

A - They are build up by mental force like a flower that blossoms. The access tunnel by the outside is dense and as far as it aproachs to interior the city, more increase vibratory level, reducing density.

Q – Are there animals in Letha?

A - As we already told you, there are no animal over there.

Q – How is the day by day for Letha's people?

A – It distributes for performance of tasks and entertainment. At work: construction and maintenance of ships, city and access tunnel, of enclosed section as requested by Larger Spirituality; in the study and development of new techniques for contact with physical world, seeking healing by genetic medicine and distribution of genes, concerned to that acquaintance area with spiritual progress.

Q – And about the spare time?

A – Concerned to spare time, the techniques and devices performed make possible the listener, the wakenning and spiritual growth. At the same time by working as prophylaxis and means of healing. Everything they do are useful.

Foods are restricted to the absorption of energy coming from the High; electrification is under responsibility of evolved minds and, the religious expression happens by reciprocal respect.

It's important to stand out the work made by keeper of portal accessing the city, carried out by our group and spiritual commitment for Xavant Indians growth.

Q – Do the lethans use adornments?

A – Adornments and beauty treatment are unnecessary, because their understanding already cleared about the superficiality over such beauty. The healing and tonicity of natural beauty of each creature are performed by using limpid water captured from natural sources, using and soon returning it to the environment, without alter physical properties. It's used only special magnetism of that substance with respect and gratitude.

We have presented Letha, city intra. We'd like now put ourselves at your disposal to elucidate doubts and then, we are going to minute study in Okay city.

Q - That what I see is it a lighthouse?

Note: While Abur was transmiting the message I saw a strong light at distance, turning as it happens with our marine lights.

A - Yes. That light serve as orientation to landing of ships. Its devices of syntony with landing place is perfect and automatic, however the crystal that produces the light-power intensifies its performance at the moment the ship aproachs.

Q - *How do the ships move?*

A – They have a smaller crystal that emits radiation, improving their displacement.

Abur, 30/11/02

12. Foods, sleep and others

The "Letha access portal" are kept by Beings, experts on animal nature. Starting from observation on animals and crop of plants, they develop skills of communicating with those ones, thence knowing biological mechanism operation in their bodies, driving their behaviour, when does necessary to move away some intruders.

The study animals and crop of plants seek minute knowledge about the biology and behaviour of those Beings, with a view to use them as natural barrier, in points where **the city entrances stay next terrestrial surface**.

The contacts and visitings to surface, happen as part of learning for lethan students.

Q – *Could we travel to interior of the city?*

A - Fix your thoughts on it.

(Suddenly I own was driven until one of the first Letha platform).

Q – *How is the way of life here?*

A – Here, activities begin earlier. It sleeps little, from two to three daily sleeping hours are enough for recharging energies. During the sleeping period happens the feeding, by assimilation of superior energies, delivered by special feeders to each family nucleus.

Q - *Then while sleeping are they linked to any tube?*

A – While sleeping they are linked by any part of their body, preferentially the head, and rest while reinvigorating their minds by influx of pure energy.

Q – *Does it happen at intermediary section too?*

A- Not. During advanced apprenticeship, disappears the representative sense of nourish apparel and of restoring sleep too. Then Beings are restored while working.

We're taken to other Letha's section, where I saw, inside small buildings, like houses, men and women groups sleeping and linked by threads to an apparel, placed on the wall as our refrigerated air. By the outside, that apparel capture energy coming from the High, through by plate similar solar plates.

Q – *Besides of they study animals and vegetables, to protect cities entrance portal and contact human Beings, what else do lethan work at that evolution level?*

A - They get ready to afford assistance, preparing medicines and studying humane physiology and anatomy, seeking to develop medicines, techniques and apparels capable of healing organic deficiencies of embodied and redeemed people, as foreseen for that city. They try to do a forecast for whatever necessary so that can assist them quickly.

They study the human psychological profile equally, so that the medical treatment can be supplied by psychotherapeutic help, always with the objective for balance and acceptance of new life condition confronted with "Planetary Transition."

13. Nuclear weapon pointed Earthwards

I have seen an apparel like a robot. It's either at some planet or natural satellite in the space. There was another apparel which I suppose to be an artificial satellite. Moreover, there was also a nuclear ogive pointed Earthwards. I saw a red button and other green, side by side. I didn't understand nothing. However, I was sure that somebody would come to give us some explanation, concerns with strange thing.

Soon, by clairvoyance, my guardian Intus, who didn't come for long time, he appeared suddenly and we began the following dialogue:

Q - Hello Intus, how are you? How long time?

A – Sure, I was moved away to study.

Q – About what, could you let me know?

A – About the human evolution. Process and devices about the evolution of spirit in matter. Meantime you're followed by brother Olhim that now returns his city.

Q - Intus, please let me know. Are you indeed an Extra or Intra one?

A - I am extraterrestrial one, but I have already lived in cities intras, seeking study and spiritual growth.

Q - Where did you have already live?

A – In Okay and Letha .

Q – Have you been in Light and Love cities?

A – Not yet.

Q – Could you let me know about that clairvoyance I described before?

A – The world discusses about the war and peace and, meanwhile, in the space are placed equipments capable of provoking the Planet destruction.

The selfish human Beings find if they couldn't control the world, nobody else does. On account of their uncontrollable pride, they prefer complete destruction of the Planet to surrender to the Superior Force, driving them.

Q – Then, what I have seen was it really a nuclear weapon Earthwards?

A - Yes. There is a satellite orbiting the planet, whose structure was coupled to a nuclear ogiva of high power.

The pieces were thrown slowly and the equipment placed in the space. On the star surface was placed a basis with two buttons capable of either work or implode the star and its own basis if necessary. It is put in action set from earth.

Mirrors capture sun energy, converting it into chemical energy that guarantees permanent operation of robot.

Intus, 18/01/03

14. Salutory energies of Letha

In Letha, the superior vibratory level is far over the humans of surface. We transmit to the crust, salutary and beneficial energies of peace and we try to improve this process more and more. We cannot either change or increase vibration for no one, but we can involve all them with positive emanation able to lead them to such changes. Nor always that it happens, in spite of our sincere desire, the humanity's moral and spiritual progress.

The sources supplying rivers, we try to impregnate that water with healing energies and also neutralize, in the main, the negativiness of the environment, but lots of times it's so great the contamination and destruction that our energies become innocuous.

All the Intras endeavour for progress, it's also addressed to the planet which drives us to evolutionary journey and by consequence, the mankind is favored too.

Unlike of the crust, the earthy interior, where we live is bloomed and bright, contrasting to that aspect exterior suffocating your atmosphere.

There is a resting area or resting station where the lethan go, when they need repose. Over there can use cameras anti-gravity, capable of visualizing the Universe and other galaxies, or simply, walking through by the forests.

After these explanation, we went away at high-speed we passed through a narrow tunnel to another place.

I ask if there is no danger of collision between Beings, while coming other person in opposite, once we were at high-speed. He answered me those access tunnel have single direction, connecting several places of same city.

South, 30/11/02

15. Fawcett's words

I see arriving someone of Letha. He irradiates vaste energy.

After Colonel Fawcett arrives over there. We left by a sort of flying apparel coupled to our feet. We go to Rocador Mountain. He speaks about the difficulties he faced to render concrete his dream. By his mind retrospectively, I can see him fallen in the forest, holding an amulet and soon keeping it in its origin place. It's a preterit scene.

We continue the trip towards the Xavant Indian village. I observe the Indians day by day; the energy coming from earthy interior, contacts Intras and Xavant Indians either during the sleep or in astral trip. There is an huge light coming from earth to surface: it may be expansion of bright breeze from that developed Letha. Soon Fawcett speaks:

- I was gotten as madman and visionary one, by believing and trying to find cities intras. I spent bad moments thinking I would die such the worst situation I was, but without never to discredit or at least doubt about the existence of underground cities.

It didn't have into my heart and mind any doubt, even though, I had in my hands material evidence that now I realize, it was sent from earthy interior.

*At that time, the only thought I had was to make public the truth and to reach the objective of finding the entrance Portal to the underground world. I realize **the key** was with Xavant Indians, but I had no idea where the door was placed. I didn't give notice at any moment, the largeness of that search and importance of Xavant Indians to the Planet Earth.*

The Planetary transition was theme unknown to me at that time. I couldn't imagine, while rendering concrete in the matter, the established before reincarnation, I was performing large future projects, drifted by evolved minds that govern the Planet Earth.

The Intras are wonderful, amenable, tame and, surely, the terrestrial people will know just a small portion of those brothers, therefore they work at the present time for materialization of Divine projects and won't stay on Earth after transition anymore. They return their own worlds or other planet similar our world, with a view to begin the evolutive process in world still primitive.

Sisters, have Faith, because we're guided by Superior Minds.

Jesus is with us.

Fawcett, 05/10/02

16. Xavant Indians

While inhabiting among of white men, Xavant Indians shared same ambitious impulses which had moved many explorers to exterminate human and no human Beings.

At the present, after I lived interned at reformatory spiritual and at schools of extraphysical life, I'm now redone from illusory disturbances of domion that reigned on my spirit. However, in spite of upset conscience, past mistakes no longer disturb me, therefore I realize, it was the opportunity I needed to meet my own history again.

It hurts me to see some brothers destroying each other, on account of endless anguish in getting only power and money, that moves your people. It hurts my mind, because I can see myself in those who are now, as I already was and, I see in those creatures, the primitive force of ignorance still prevails, pushing the spirit to the abyss of pain and karmic obligation.

Nowadays, I am cured of spiritual ignorance, and I work with a view to reward me before Laws, alerting all my brothers of surface about the immense errors they did and do to humanity.

For Xavant Indians, are addressed my special care because, they represent the Guardians bound to High, to watch the "entrance portal" of that city intra which had sheltered me.

Many Indians are brought to interior of Letha, with the view to know their own strengthening, organization and to awakening their ancestors strong presence, inviting them to preserve it. However, on the other side, "involutive Forces" work for breaking their connection with us, altering them rhythm of pure life, trying to get same civilized man's way of life.

By behind that cunning plan, it interests mineral beds and sources of vegetable resources, kept by tribes little protected against of the white man's pernicious influence.

The Xavant Indians have already began to desire ownership of money, giving it such value far above the reality. Many Indians already are controlled by white men, as inferior ones and the latter ones want to "transform them like robots".

It already changes the Indians' purity of reasoning that resembles to the natural movement flow of energy present in the nature. What to do?

Alert them, nothing else white man desires, besides of enjoying countless wealth that his people consumes.

Alert them, they must avoid at maximum, the white men's progress in that area where they live, under penalty of, to be exterminated their people, language and culture, as well as it already happened to other indigenous races.

Alert them, to take advantage the precious and immense know-how of fraternal work we transmit them by several ways, for decades of years.

Join your voices to the echo of love that resounds at Rocardor Land. **Let us make to snore again the Rocardor's Valley, in order to stand back the man's evil force, by going away carrying his ambition and destruction power.**

Q – Are you asking us to deliver official report to the Indians over there?

A – We're asking you make to scream our appeal for all men's hearts, especially those main characters of that history.

The village you have visited is isolated and weak, in the attempt of containing the avalanche of "destructive forces" over those people. Send their souls, energies and vitality as uphold and comfort resource.

Save Light!

Save Love that joins all the creatures and make them brothers.

Fawcett, 12/10/02

17. The keeper of key

At night I see some Intras materialized within the forest, at unsheltered places but with no house. Animals give notice our presence, though, until the most ferocious stay quiet, they don't run away, they're amenable and tame ones. They don't attack and nor are afraid neither.

Q – What do Intras make at night in those dense forests?

A – Sometimes they come for studying and research trips. During periodical incursion, they seek to help animals and plants, reducing them negative effects from environmental unbalances.

Q - What could you say regarding "Xavant Indians" and access tunnel?

A - In some areas of theirs, there are outlets and access access tunnel to cities intras, through the caves kept by Beings more primitive than Xavant Indians – Keeper of the Key. You were next one those places.

Note: Actually, we're next the cave connecting Letha. It was not placed in the village we have visited. In spite of we were next, it would take us some days to get the cacique's green sign of other village. The own Cacique told us, others Xavant Indians aren't as tame as those his tribe. We didn't have nor more one day off, and thence we returned without "report."

Q - How will redeemable people find the tunnel entrances?

A - The remained access tunnel, with outlets to surface stand in inhospitable areas, they won't be used for redeem. Thus some were built up and others are by-pass of those already existent.

The human people will be attracted to access tunnel by others human ones that, in advance will be sensed or some that due climatic circumstances, they'll look for protection in places where judge like safe and, in these places the access already exist.

The human Beings may not worry too much to find the entrance for saving them. All the ransomable by some way will be directed to the help. The largest concern must be with internal reform because, this yes, must select them.

Save Jesus!

Fawcett, 05/10/02

18. Xavant Indians x key

I saw the whole indigenous area too green, plenty of leafy trees, animals running and a river of crystalline waters. Afterwards I received the following message:

What the ancestral ones desire is spiritual evolution for Xavant people, united, happy and the **"key"** preserved against of the evil.

We don't want that people extinguished before they can perform the program and project bound to evolved Beings.

We want to see the Xavant Indian people performing wisely the task that only depends on them in this Planet.

The fact of publishing for the world about this beautiful city existence will become my people more joined and strengthened protecting the **"key."**

Peace for all brothers.

Xavant Indian, 11/10/00

19. Xavant Indians and Portal

Discriminated and impoverished, the Indians became poverty ghettos on the Planet.

The indigenous culture lost its force.

At the New Era, everything will be different, but, before the tragic events foreseen for this Planet, the Xavant Indian Community must continue their mission protecting and moving away the intruders of that Sacred City.

The Superior ones have been helping us a lot, but unhappily, **the Planet was usurped by "dense forces"** and all were affected, because the Global Ecosystem is unbalanced.

We hope, through our Father's blessings in upholding joined the Xavant Indian community, aiding and protecting the "Sacred City portal" that in changing, will bring much spiritual growth for all the primitive people.

We thank your people for help us to maintain joined the Xavant Indian Nation.
Peace.

Cacique Xavan, 11/10/00

20. The Intras' exemption

Q - Why is there so much destruction in the surface? Why don't Intras interfere that?

A - For respect to the God's Laws they don't interfere in the surface.

The evolved creatures inhabiting earthy interior, cannot interfere in burning of karma or free will of people inhabiting the Orbe's surface. However, they act in such way to not allow any destruction reaches the Earth driving force Centers. Therefore, concerning to creatures' dynamic evolution, it depends on our Father and, to Him, Intras shall obey by logical and rational way, because their lucid and unshaken faith to the Creator, permit them understand His own dynamic of Evolution.

When it's allowed, they interfere, without provoking situation of changing in direction of the human history, because they don't transgress the Largest Law.

Some Intras, once in a while, embody in the earthy surface, with the view to increase human evolution, bringing out new horizons of progress.

Fawcett, 05/10/02

21. Law of vibration

Q – Why did Intras who already exist since millennia of years inside earth stay silent up to now?

A - The brothers intras had stayed in their world, under superior determination. Once they are superior nature than mankind in the surface and, the latter ones do nothing to deserve acquaintanceship with Intras, could use a high technology to harm the neighbor; if received it ready.

Q - What did impede them to appear, besides of Superior determination?

A – They were impeded of manifesting in the surface by Law of Vibration.

For absolute need for Planetary Transition, that happens throughout all vibratory level, part of underground cities will emerge for helping human kind.

At this time they seek to present themselves, also performing superior determination. But it does not mean the mankind have evolved and deserve acquaintanceship with those creatures

Brothers, peace at Earth and kindness into men's heart, is what we need, because to save men is individual and untransferable task, depending only upon him to save himself.

Save Jesus!

Fawcett, 05/10/02

22. Preparation of the great event

The groups of intras charged to each stage of transition and redeem process, they were formed in those cities intras for receiving redeemed coming from the surface.

All they act as volunteers and, the work began with preparation of reception lines, material storage, help and foods. The access access tunnel are already cleaned and lighted.

There are also groups for explanation, composed of doctors, psychologists and all upholding team, seeking fast and better adaptation for Beings of surface in the new ambiance. Concerns with Intras bound to receiving them, they're trained with people of surface, so that may serve of connection between both civilization which they will meet. They'll live together, terrain and Intras, during time necessary for great geological transformation that will be happen on the surface of the Planet Earth.

Q – Won't the Intra's appearance increase panic for earthy man?

A - One reason for that training period, for thousands of people of surface, is just reduce the impact of encounter provoked in minds already unbalanced. Though, the most direct contact happen after soon the redeemed ones are calm. Jesus drives everything.

Q - Is there no danger of some ignorant enter in cities intras?

A - Everything is driven by Superior Forces. Each one vibration permit his redeem, not getting thus, one category increase his vibration and reach minimum level for living with redeemed and arrive in the city.

The panic will just exist for human infantile minds. Beings of Light and peaceful will drive them to don't occur surprise. Chances don't exist in FATHER'S Work.

Q – And about the adaptation of men's physical bodies of surface with vibration of cities intras. You Mister, for instance, didn't melt your body to new life?

A – The redeemed ones don't have to adapt definitively in cities intras and change bodies to those cities vibration. The evolution happens, on proportion to individual internal changes and not, from outside to inside. Due people inhabit the earthy interior, temporarily, it doesn't mean changing of molecular constitution of their bodies.

The own earth changes its dimension to another less dense, subtler and their inhabitant bodies follow the changing, however still far to vibration level of evolved Beings of cities intras.

The places where they'll be settled down and, others that terrestrial ones will visit for studying and learning, are ready to allow their presence with dense physical bodies, without provoking them any disharmony. Everything is foreseen, therefore it had been drifted and built up seeking welfare and good usage for redeemed people.

Fawcett, 19/10/02

23. Access tunnel and verticality of Earth axle

Q – How are, at present time, access tunnel to take men from surface to earthy interior?

A - The access tunnel to surface, as entrance to thousands of redeemed people to cities intras, they are already free and ready, but will be closed, when happens the verticality of the Earth axle, impeding the cities intras disturbance.

Q - Are all they old or new construction?

A - Access tunnel, in some of those cities, they're especially built with the view to planetary redeem. They end next the metropolises where a great number of people by they own will go towards the earthy interior.

Some will think to be arriving at those places described by Júlio Verne, and maybe they'll be right.

Many authors have already mentioned the cities you visited, but their works were considered by Science as fiction work, therefore when the man's rational mind does not accept and ignore something, it is apologized either as supernatural or fiction.

Incredulous men and without faith, change, awake while there is some time.

Save Jesus!

24. Withdrawal nucleus

Q – *What means withdrawal nucleus?*

A – They are nucleus of help for receiving people of surface. They are set ready, not only concerned the lodgings, but also to brothers intras, those nucleus are prepared properly for direct contact with men of surface, which in great proportion, have never heard at the least possibility of human existence.

The painful moments you are living due errors made, is bygone. Take advantage at maximum you can of your acquaintanceship with Intras, assimilating the know-how transmitted concerned life.

Earthy brothers, get ready internally. Solidify your faith and trust in Superior Command of your lives.

Save Jesus!

Fawcett, 05/10/02

25. Construction

Q – *The Intras who will take part of Redeem Mission, do they knew about that event for few years like us?*

A - They have been preparing for many years for that event. The cities for receiving human Beings were built just for people coming abroad.

They have high technology but aren't free of training for redeem.

Together with responsible Superior Commands, all the people intra are aware about the planetary transition process.

Get ready, earthy men. Connect with Forces to the Good.

Fawcett, 05/10/02

26. Be fraternal and solidary

Q - *Where are the pavilion for redeemed ones?*

A - In Letha and, for people of surface, there are aid pavillion built up at periphery of the city, out of town, in such way, the terraqueous men can adapt and be able to balance and learn, getting ready for return after seismic convulsion over the Planet.

Q – *How are works respecting to crucial transition?*

A - The works for awakening a larger number of spirits, they are huge and uninterrupted. FATHER want all his children equally informed as far other ones and with same choice condition concerning their future, in front of current transformation.

A lot of people have fallen asleep, serving as meal for involutive forces, therefore the latter ones grow rich not just of their fellow creatures, but also of those undecided who didn't make their choices yet and live for matter, they don't harm anybody, but also, they don't take any positive attitude for his brother. Each creature is responsible for the evil he practices, but also, for the good that he doesn't practice.

Q - *What to do?*

A – May all this humanity assist to the clamor came from the High, in sense of awakening conscience for the decisive hours of transition already approaching.

Why can't they see the world is chaotic, violence increase at high level? Why don't give notice that increase insecurity, fear and insanity ?

They don't want to see, according with their "perfect worlds", they think to be untouchable ones.

Poor crazy ones! Awake, there is the time!

From earthy interior, the evolved people give their hands awaiting them with fraternity and love.

Why you also, mankind, doesn't give them your hands that, equally suffer bitterness moments ?

Brothers ! Be fraternal and solidary.

Fawcett, 19/10/02

27. The Spirits' Redeem

Q – Could you explain better concerns with Spirits' redeem to cities intras?

A - During the three darkness days, happen millions of deaths. Those spirits died by violent way, when they reach the Spiritual Plan, depending either on correct way or not they had lived, don't judge them, therefore they'll be sucked by Darkness or bound to Spiritual Colonies, Spaceships or cities intras.

Already at that phase, increase dynamics of transition and the great number of redeemed ones are assisted in cities intras, once the surviving population to the three darkness days shall be in reduced number.

Among of those who will go to Spiritual Plan (physical death) some prepared for driving groups to cities intras. May they don't let be to contaminated by hysteria and can minimize, in their minds, the impact of million violent deaths, driving the selected ones to enter into tunnel.

As a herd of elephants becoming crazy, so will be the minds of ransomable ones and, he who have his mind a little balanced, will be able to drive those with no condition of ratiocinating. Finally, when they're quite calm and recovered, they'll be already into shelters prepared for welcome them.

There won't be time for lamentation, because the astral plan where they'll be settled down, during those days, it'll be in total disagreement and the "darkness forces" by troops, will attack by inhuman way all those who don't decide, staying in lamentation.

Seek enough the FATHER and Jesus' Gospel to guarantee you minimum balance, while living that horror hour.

Save Jesus.

Cel. Fawcett, 19/10/02

28. The contact

Q – Is there yet a lot of underground mining on earth?

A - Yes. There are many underground mining over there, still ignored by earthy men, minerals that after the hecatombs of transition, they'll emerge up to surface and used for construction of New Earth, according with scientific project.

When human people are already living together with brothers intras, they receive instruction technologically advanced. Some of surface are already living in some redeem cities, however few ones present condition of studying and learning, actually.

When people of surface get in touch with ignored shapes they'll get such condition of fear and despair able to annul, for some time, the benefit of the encounter. While they can balance and accept the new situation, it takes long waste of time, precious time in the current situation of the Planet.

know us in advance makes easier the contact.

Fawcett, 05/10/02

29. The future race of the earth

A group of Intras of Letha was gathered talking. We then approached. One of them stood out and greeted us:

Sisters, Save the Force! Save Light!

It is arrived Time to which we have gotten ready.

It approaches more and more the hour when doors will be opened to surface, **collecting lovely those bound to compose the future race of the earth.**

May vibrate into your hearts the purest love, of our minds, simplicity in our action of fraternity, therefore as curious child, the visitors will arrive in our city.

We'll help the wounded ones, appease the desperate ones and love everybody..

Save the Force!

Save the Light!

Save Master Jesus!

Lethan, 05/10/02

30. Desertion of Warriors of Light

Q - What happens with those workers of Light who had abandoned the job?

A – Those workers of Light who give up on the road, they bring accumulation of job to whom stay. May they be aware about the moment lived now, applying all their energies.

He who stands without forces to struggle against of himself, will awake at painful and tragic manner, restarting from that point he gave up.

Poor children! They'll know how much had lost!

The lost time doesn't return again.

They'll restart the crop of improvident sowing.

Save Jesus.

Fawcett, 05/10/02

OKAY – INTRATERRESTRIAL CITY
Located at Diamantina Plateau , BA/Brazil

From sea had came the great navigation
enlarging horizon before small for men
From space had sparkled spaceships
revealing the small and insignificant human
existency.

From earthy interior gushes Light of
fertile God's Love revealing to the men that only
through LOVE we can become truthly great.

Ismael
Brazil's Spiritual Guide .

01. The road to Cristal Harbour

When I close my eyes, still on the car, I saw a lot of ships flying too low.

In front of us there was a rotating point with huge energy. I think it's one Portal. At 3 o'clock pm we stop for meditation. The ships continue to circulate over there. The crew are unlike Beings. They have long and fine bodies. It's so strange to me, I try to get in touch with them, with no success. Soon it appears in front of us an white and so beautiful unicorn. It was stopped looking over us. Then it joins him some black, mailed and other horses. They stayed looking over us and by now leave at full running. (note: all this happened at another dimension above to third one.)

I set from there taken to beautiful place where water fell coming from roof and walls. The latter ones of circular shape. There was a passage by waters. Everything were too blue.

Below us, there was crystalline water reflecting the walls and roof images, making everything without accurate definition. Thence starts a long water channel of some kilometers long.

We got on an embarkation and while navigating it seemed that waters became agitated and lift up, as if were to wet us. I looked at my companion and he was inert looking at me. Then I also stayed inert, imitating him; if that was a courage trial to me, I won it, actually.

We arrived at a beach and we got off the embarkation, went up a hillside and afterwards a very steep stairway. When we reached the end of that stairway, there was a small plateau for only two people.

I looked down and what I have seen enchanted me: a city made of crystal. It was the Okay central nucleus.

It had not allowed my access to the City yet. This fact let me gracelessly, but the Intra who followed me told:

- We go ahead according to your Master's program. Firstly information.

I have seen wider streets, having channel interconnecting several other that city nucleus. The channel formed obscure drawing. The city, the inside and the outside, had intense activity of Beings, besides of birds flew over there, entering and leaving from underground to surface. The Beings used vehicles that I didn't know them.

There was camouflaged trails arriving in the surface, invisible to the human sight.

It was intense coming and going of small ships.

The Okay inhabitants are jovial, cheerful, they know the reason of the planetary transition and, into their souls vibrate the evolutionary pulse.

They are happy due the opportunity of spiritual growth at evolutionary scale, therefore they realize the vibration of all the Beings in ascense, will go up one more step.

On the surface, okayense circulate in human towns, observing and comparing our way of life with theirs, though, they are invisible to the people's sight.

When we visit human ones they feel our presence, we stood back quickly.

Brothers remove the veil of ignorance, open your minds for other vibration ways of life as yours that give their hands to you.

We sorry the way how creatures awake their minds in direction to the Creation, their spirits have been delaying in cult of pain, because when human people rebel against of purposes coming from the Highest, they pick out pains and sufferings.

Orcadim, 26/10/02

Note. That remind me of my last visit at Diamantina Plateau, in October, 1997. One spiritual medium of our group traveled with me and she saw by several times, the Okay

inhabitants walking towards that place. It was exactly in Xique Xique of Igatu village, now called Igatu, when she talked mentally with one of them.

02. The Okayense´s Greetings

I see the entrance of city intra shinning.

We were involved by transparent bubble that moving in circle too fast and made us go back until primitive times of dinosaurs and other still flying reptiles. It was all dark, having rays and intense thunders. A black meteorite has fallen making a great crater and the black ball sank inwards earth. I don't know if it had been over there, the Hole of Possidonio had appeared (a tourist point at the Morro do Chapéu/BA). When we have visited it, it was impossible to know actually, because the local energy was unpleasant and we had gone away quickly. Afterwards, we realize that place was a clandestine slaughterhouse. During our second meditation, already at another place, I saw again earth at Dinosaurs Era. The Planet passed for huge convulsion. Somebody told me the marks of planetary events were all recorded on earth, registering the linking many last Eras.

Then we were involved by pleasant energy, pink colour when I saw some creatures shinning so much. They walked to our direction and greeted us:

- Brothers we greet you on behalf of Light!

We are happy to see you again.

We realize your spiritual growth and so we can feel it now.

A lot of transformation have happened on earth, since our last meeting.

The earthy redeem has been processing so fast at all the level.

The cities intras have already passed by training phase. Now, many human ones are among of us, working and awaiting the ransomable arriving at each moment.

You are fearless Warriors!

Save Force! Save Light!

Orcadim, 07/09/02

He is our friend intra from Okay and we knew him (at other dimension level) in October, 1997, at first time we visited the Diamantina Plateau.

03. For the good of the Planet

The okayense grow aware they inhabit the interior of the Planet. Their minds and hearts are impelled for self and collective growth and love their brothers abroad, even though trying to destroy your home.

The specialists in the surface, when sincere with their learning purposes to collective growth, they receive help of Intras under authorization came from the High and of their Instructors, referred the study they perform.

He who works for the good of the Planet and its inhabitants, always receives helping coming from those more evolved than him.

Orcadim, 26/10/02

04. Birth and death

Save Jesus!

Welcome to Okay, city of work and love. Here we have been devoting incessant labour at humanity service, because we found through the voluntary work, gratifying reward, that impels us in direction to light tomorrow.

We're Okay inhabitants since its foundation; previously for need, today as mission; so we're charged to follow you while visiting our city.

We'll present you each ambiance of work and the several sections. We'll answer your questions when we have authorization.

Let's begin for birth: men and women okayenses still join through bows of sincere love and begin a family nucleus. The same nucleus or family stays together for long period until meet others nucleus or go away to form new nucleus, whose objective is increase experience of their new family.

The natural tendency of all the nucleus is become homogeneous society and, for that, their inhabitants work courageously actually.

When they reach collective life state, organized into small similar groups then are bound to job.

Children and adults grow and age always learning, the more old a citizen, the more developed he is, referred with aspects performed during his current existence.

After soon that development period, the spirit who has reached the know-how wanted, he is renewed, leaving his old body to get other journey of progress with his new body.

Q - How long do they live ?

A – From 700 to 1000 years in each existence, when they leave the old body and adopt evolved form of existence.

Lemi, 14/12/02

05. Life and family

- Our city, as well as Stelta has family organization composed of couple and children, in general two, conceived by force of love, through the couple minds union.

After his birth, the small okayense begins to review his many lessons learned during previous lives. That period is short and lasts on average of 10 years. At that age, the youth begin to attend University so that drive his future life and choice of profession. When finally, begin the reproduction process, for conservation of species, they search each other to constitute a new Being giving continuity his own race.

Feeding in Okay is frugal based on essentially liquids and nutritious pastes; there are some tasty for people more sensible palate and also other foods without flavor.

The digestive system as well as other organs are endowed with components able to detect sounds, odors, colors and flavors at high intensity, giving them high sensibility, main characteristic to nature of tasks they perform.

They live from earth to earth. They love their Planet and do their best helping you for this preservation. It's known during far-off times, evolved people had inhabited over there, whose science helped so much evolution of life in the Planet. One of those people were endowed with high sidereal technology and responsible for the life performance on earth. They were **Okay's ancestors inhabitants, the Universe's Gardeners**, they're under saddlebag of work, having total respect to the Creation. They can't understand men destroying everything and, at some moments they hate human groups until that, the Larger Spirituality invited them for working to humanity's redemption. Then they could understand men worthy their compassion and pardon. They agreed quickly, working unceasingly for the humanity's good.

Save the Force!

Save the Light!

Lemi, 28/12/02

06. Several section of the City

Q – *Is Okay very big? Where is it?*

A – It's not allowed us to indicate accurately Okay location. However, we can affirm, its territorial covers an area like both São Paulo and Minas Gerais States together. The nucleous are small, so connection rays among of the several modules make cities intras, large area inhabited for evolved civilization.

From central nucleous sets commands determining the whole city dynamism.

By one side, we have production and transport industries, by the other, advanced research areas.

At one section ahead, we saw study centers including psychotherapeutic works, when necessary.

At the city West line, the Command and Training Centers of Protection and Defense Forces establishing connection with spirituality.

It's like this, one side, material life; the other, spiritual growth.

Lethan, 08/09/02

07. Animals and plants

The Okay inhabitants seek to prepare you for earthy reconstruction.

You are familiarized with the place, because, in fact, you have been visiting our city, as well as those ones also did for awakening the humanity for preservation of Planet Earth.

From there sets irradiation of light increasing many humane desire for the Planet life maintenance. Life vibrates in Okay as sparkle heart that everything encourages.

Actually, concentration of preservative forces, gives to the city, aspect and form more and more surprising, as little cell that grows and renews when feeding by Divine Love.

All current Beings species in your Planet, known and ignored by you, except for some Beings incompatible to evolution level of a restorer Planet, they have been cloned here, within Okay.

Inside greenhouses, kept under controlled temperature condition, humidity, pressure, atmospheric and nutritious component, are embryos for producing energy necessary for rebirth of the Planet.

Q – *Will not plants and animals live no longer on earth, is it right?*

A - Some process, mechanisms and relation, won't find resonance with the style of life on earth that will be in regeneration, so some beings were suppressed.

Q – *Could you give an example?*

A – Beings, inhabitants of shadows, for instance, they won't find place for their growth, therefore everywhere there will be only light. There still will be predatism in some specific cases, however, in the main, surviving species will be predominantly herbivore, having great diversity of vegetable species, performed for supply feeding and health to new terrestrial race.

At less dense matter is supposed to find the lightest element serving you as raw-material for production of objects and construction of works. Other material will be performed by yourselves using existent element in surface of the Renewed Planet.

Sources of water, renewed by cleaning filter will be more limpid and in abundance. Its dynamics will be less aggressive to the new human body morphology.

Air present into atmosphere, free of sidereal sludges by the cleaner Star, it will be total limpidity. No longer weapons, wars, painful pains and, aggression are changed into mutual compassion.

Orcadim, 28/12/02

08. Gardens of Health

I have seen a beautiful garden plenty of flowers of unlike sizes and colours spread out the field, like a rug. I have seen somebody coming but I couldn't identify him.

That Being looked depressed and sick. When he arrived in the garden, he chose one of several trails, in the middle of plants and began to walk among of stonemasons. The flowers colours sometimes were vibrant, other soft, presenting a extraordinary beauty. While walking, plants exhaled fragrances mixed in the air, resulting into singular fragrance and so was inhaled and absorbed as medicine by that brother.

Somebody explained those fragrances result from exhalation of healing substances the brother needed. The plants seemed aware what did, as if were a human's mind, with intention and will. It was a beautiful sight, unlike and full of sincere love.

I have seen our team at entrance of large cavern towards Okay. They gave us something to drink and we proceeded going down by a stone staircase until reach a cave opening into a living room, where a map of the city was presented indicating the gardens of health.

Then somebody spoke:

- We are healthy people. It doesn't inhabit in our minds such desires of domion anymore. They are distortion of reality. The eternal life proposes freedom and no domion and enslavement.

Nor Plants nor animals are subdued to our will anymore, therefore they are seen as brothers in evolution process, similar ours, however, at inferior apprenticeship.

We are engaged for reciprocal helping, offering what is possible, according with know-how we have already gotten.

At our lands, that are for everybody, there are no longer diseases and those by chance appears, usually got by scientists, because, they get in touch, permanently, with Beings of surface. They are kindly treated into Gardens of health, an existent space inside Okay. Over there, plants of several species are cultivated in harmonic way, allowing compatible growing closer and, the antagonistic ones, farer, being respected individualities; however, everybody contribute for the group.

If we could give a name to the exhaled substance, we would call it as Hope. That brother you have seen, he was contaminated due contact made in the surface; he faced fights and hurt next his chest.

While hearing that report, my attention was addressed that man treated in the garden and, I could see small wound on his chest. Some leaves and petals began then falling of plants and the patient collected them thankfully. They would be used as topical application.

It was through the wound inoculated, the lack of hope and discouragement, that we saw printing in his face.

Q – *How did he get hurt?*

A – He was trying to help an inhabitant in the surface who found into trouble.

Q – *Who am I speaking with ?*

A - My name is Lemi and I am Okay inhabitant.

Q -*Could you speak us a little more about the Garden of Health?*

A - Yes. The natural hospital whose denomination is that you said, it was idealized, drifted and built up by curators intras, inhabitants of our city. Healing is here one of the most developed activities.

There are lots of studies elaborated by our scientists for that purpose. We are researching and performing techniques for recovery alive organisms, starting from the simplest to the more complex one, like earthy body.

We didn't get restore her health yet, especially because, the more we act in that sense, the more man of surface destroy the earth; however, we can affirm them, after the

uphold ring lift up by ships intras, it comes from our city the healing force that still conserves alive, the earth pulse, that is hurt and broken due human ambition.

Q – Are there other gardens like that one?

A – There are several gardens, as well as in the Earth there are treatment clinics, in agreement with medical speciality requested. Most of them are bound for reception of embodied people that, temporarily, will inhabit this city. The most serious patients, those whom need of internment due mental problems, they'll be led for treatment into Gardens of Health.

There are also gardens, in initial apprenticeship of construction, where plants are just beginning its development. Some areas inside certain gardens, have small lakes coming from blooming of nascent water, that washes the surrounding roots, forming a nutritious broth. At those lakes people have immersion baths.

Q – Are there High Schools?

A - Schools are single here. When one person enters at High School, he welcome by an instructor who follows him up, moral, spiritual, artistic, intellectual progress and consequences over his physical body. They are called Guides of Light.

In general, they are our older companions, who have already reached evolved ascension graduation. Each Guide of Light afford assistance for 08 (eight) applicants, to which he follows up closer and, gradually, moves away until he can do it at distance and then he can guide other applicants.

When a student doesn't need to be guided anymore, he becomes Guide for other students; he is graduates as Instructor. After formation of certain number of new Guides, he becomes then Guide of light and receives his certificate, and finally he chooses staying in the task or to develop another one among of his skills.

Q – Are those applicants who build up the Gardens of Health?

A – It makes part of his learning, planning and construction of natural hospitals. When they study the compatibility of vegetable species, they approach, compatibilizing their own tempers. They build up and rebuild they own while testing construction and reconstruction of treatment centers.

Q – Which other activities do Okay inhabitants do?

A - There are groups bound to construction of reception lines for embodied people. They're researchers studying materials, seeking discoveries with raw material, available in the New Earth.

With revolviment of the whole terrestrial crust, many unknown minerals will emerge up. It begins to develop in our cities, especially in Okay, largely formed by researchers and scientists, the best way for using them, according with needs in the future.

Q - How do rebuild a planet at ruins?

A - We Work with this question, looking for techniques that ought to be transmitted for you, during the inevitable apprenticeship you'll have here.

To our city come people for working during the planetary reconstruction, therefore here receive necessary instructions to do that.

Q – Besides of healing, manipulation of materials, what else do Okay inhabitants perform and research about?

A – We have network with other cities intras and, we perform "corporal adaptation" for inhabitants of worlds intras who want to spend a study or work season at intra-oceanic cities, or even in another different city.

Q – Do those adaptation refers those scenes I see?

A - Yes, adaptation which we mention, concerns to feet and hands modification, making grow a corporal membrane to recover the entire body, mobilizing it for contact with water and developing a membrane among of fingers to make possible a softer displacement.

Also the breathing system, it is adapted with special valves for retreat the oxygen air dissolved into water. Other modification are: fortify musculature of arms, legs and breastplate, in order to make easier the displacement and prevent of pressure made by large volume of water.

Lemi, 28/12/02

09. Clandestine entrance

I have dipped inland by a cave existent at Diamantina Plateau/BA, where once in a while, we could see lights at some distance therefrom. I walked with my astral body at Xique Xique, Lagoa Azul (Blue Logoon) , Cahoeira da Fumaça (Smoke Falls), Morro de Pai Inacio (Father Inacio Hill)and others beautiful places, then I felt the Okay energies vibrating in that whole region.

I have stopped at certain place that I don't know how to explain it and then I saw a cave where a man entered in land seems looking for something. He meets one keeper Indian, unlike of Xavant Indians and, simply ignored him. The intruder enters in a hurry, looking suspicious to the sides, as if he realize could not be over there. Then he goes down and up until arriving at an opening that reaches one wide hall, access to city intra. When he is ready for going down to a wide living room, still hung in the roof of a rocky formation, an Intra appeared, lift up his hand and says: "Stop! " He looked frightened and, was paralyzed by a ray came from one intraterrestrial hand. The invader fainted and awoke confused, already in the surface.

They told me the white man of the previous clairvoyance, is not Brazilian and, he knew the city entrance. He tried force it astutely, without authorization, but he was impeded abruptly.

While walking in the Plateau I see quickly by a recognition flight, the helping and redeem lines. By a gap among of gigantic walls, I enter in a hangar, however I don't remember anything else thence. I awoke at our GESH meeting room, where we were meditating.

30/11/02

10. Center of training and Redeem

The vibration of cities intras keeps the planetary balance readjusted by ships belts belonged the same cities intras too.

The man of surface, more interested in this planetary balance, for upholding of his own existence on earth, he only destroy it, like predatory animal and doesn't worry the unbalance today can affect him tomorrow. Nowadays, most important to him is material conquest, absolute domion and power. The planetary life uphold is farer to be understood by those creatures who that can't see nothing besides of rude matter, tangible by their poor physical feelings.

By reception, transformation and distribution of energy to cities intras, through the great motive centers intras, one third is delivered to terrestrial surface.

We are small link between planetary and universal balance.

Okay is the center that prepares coordinators for redeem groups. Set from there commands for training of redeem groups in several cities, which will receive people of surface.

The okayenses are in fact giving important evolutionary jump, because they have love and good will of accepting to be the Training and Planetary Redeem Center.

The renewal of embodied people of surface, at the last instant, is something that won't take place, therefore those people obstinate in the evil, they won't be able to value

the Father's Mercy opportunity, giving new pulse to their existence. Thus the huge pains reach at maximum at the moment determined by the High and, those creatures ought to follow the trajectory chosen by themselves.

We always work for Peace and Planetary Renewal.

Rami, 28/12/02

11. Training Nucleous

From Okay to other several cities set many training groups of intras, at similar evolutionary graduation or even inferior. Equally Letha, many qualified groups set to other cities, guiding many Intras, for identical action during the Planetary Redeem.

When other cities have Groups of Redeem ready, accommodation and helping places properly prepared, they began new apprenticeship, now with groups intras, training brothers of surface; the latter are going to drive mad and unbalanced crowd to aid station, when they have condition for going forward.

This hard training performed during some years, according with your calendar, some people of surface, as volunteers, receive **credentials for accessing the helping centers of cities intras.**

You have recorded into your unconscious, several trainings and conditionings of attitudes and actions you shall perform with a view to transport groups towards the earthy interior.

During the apprenticeship, human beings have lived together with Intras and Extras that instructed them and bring into their minds the firm purpose of helping.

They will drive peacefully, but firmly, those who have condition, or similar groups that will be gathered with determination and purpose of being driven to safe places.

Some training Nucleous are still activated, therefore, at each moment, some spirits awake and, if he agree, receives the training at the last hour.

We are not imposing our brothers of surface, nor our presence nor our helping. Each one may accept it freely the inevitable, our existence: alive Beings, as well as you are, in the earthy interior.

He, the man spends long time admiring himself in front of the mirror, without worry with several other things near him.

The human groups trained are composed of bodiless and embodied spirits. The latter are trained during the spirit's detachment while sleeping and brought up to cities intras.

The free will, which human Being has so much proud, it is delaying his moral and spiritual growth, therefore situation like this, of radical change on way of life, the training offered by both, Intras and Extras for people of surface, it should be accepted by all, because it seeks their own welfare. Then by considering that it's not obliged, but yes offered, the great part of minds are still so rooted in the matter, for fear, pride, disbelief or even indifference, refusing to do it.

The offering was driven equally for all of the terrestrial people, and later they can not complain they were forgotten by our Father.

Instead of complain so much, the mankind should just work, therefore there are many groups, lacking of sincere and desirous workers in afford assistance others and his own spiritual growth, on behalf of Jesus.

That cycle is up. Too late those people will give notice about the unhappy choice done.

Orcadim, 26/10/02

12. Redeem Operation

Okay will receive great number of ransomable. Thence will also set ships to transport people helped of inhospitable places.

Q - *Only Brazil has that movement?*

A - At several Planet points there are cities intras set ready for receiving people of surface during the planetary redeem.

Q - *Will there be exchange of redeemed among of cities intras for acquaintance and learning?*

A - During the deep and hard earthy transformation, cities intras must be emertically closed so that, the impacts in the surface due such transformation, don't affect them. Also access tunnel, under strong protecting by energy field, they will be protected for not collapse.

Afterwards the hard disturbances, earth already with its new vertical axel, but still in preparatory phase for new settlement, the cities intras open their portal again.

The acquaintace transmitted in the several cities, a lot resemble each another, not having therefore, need of exchange among of redeemed; they can do it when return surface.

The larger programm for redeemed people is the way they feel comfortable, adapted and balanced, and so begin as soon as possible, the learning necessary for survival in the New Earth.

Q - *And referred to inferior cities intras ?*

A - They'll have necessary transformation and their inhabitants, in agreement with wothiness, they pass under separation of wheat from the tares too.

Q - *Will children be redeemed to cities intras?*

A - Yes. Those ones who have wortiness too.

Q - *Would not be more careful take the children together their parents avoiding , by the latter more commotion and despair?*

A - The ransomable beings are exactly those who present a quota of faith that revert at minimum vibration and provide them opportunity of redeem. Therefore, people who soon at the first times, recover lucidity, they can understand their situation and believe in God's Justice will be enough in order to supplant and to uphold pains of losses.

Save the Light!

Orcadim, 07/12/02

13. Love without borders

We recited our mantra at 3 pm near Ferro Doido Waterfall at Morro do chapeu.

I see a lot of small load ships. They do levelling flights. At full length of the river edge and top, it's full with workers of Spiritualistic Jesus' Servants Group (GESJ). It's one large Group having many companions who followed us during that trip.

Beside us is a group of Intras. One of them was our friend Orcadim who approached and began to speak:

Some cities intras have been building at full length of the earth, in places where men will restart their own lives.

The cities are built up by Intras using own earthy energy and, of several other species of beings, besides of own mankind.

If happened the man's conversion to the Redeemer Gospel, in larger number, the cities built up would be of larger load and also, quality and amount of energy would be enough to benefit, in huge way, the own man.

The fast transformation are not competing with the final judgement, but aiding beneficent action delivered for those deserved ones.

Only individual action shall select people.

Love without borders, unconditional love to the neighbor is the key for future happiness.

Save Jesus. Save the Force of Love.

Orcadim, 07/09/02

14. Raw material to several construction

I have transported myself until Okay, where I have seen some residents. Their eyes are big, round and of profound sweetness.

I was looking at them for some time. They worked with a soft substance similar to modelling mass. Transparent material as water, coming from a place where there was a big crystal (it seemed quartz) of obelisk form. They seemed to mould it manually giving it a brick shape. I mentally began to communicate with them, asking who they were and what did.

A - We are hard-workers of city intra existent here.

Q - *What is that were you doing?*

A - As well as the friction of matter produces fire, heat that is took advantage, the contact of human bodies liberates certain amount of energy, collected for us, but unknown for you.

A - *Is it the vital fluid or energy loosened of loving hearts?*

A - Nor a nor other, it treats of rude energy, pure, without interferences of feelings. As well as water mechanical energy becomes driving force and the latter one into electricity, that crystal you saw works as a transformer, absorbing and transforming the rude energy received, resulting that malleable matter that can be moulded as wanted.

(Then he has moulded a Being similar to him with the amount of material had in the hands.)

Q - *Could you give now life to this puppet?*

A - The individuality, only the Creator can.

Q - *Which place is that? What are building up and why did bring me here?*

A - So that you could see it. It's one of the buildings where will be placed the future administrative head of that city.

At this moment I saw the whole city intra emerging up to the earthy surface.

Q - *How will that city to become hard?*

R - The New Earth will be composed of different matter unlike of current.

15. Together we'll build the New Earth

Since far-off times, we have been giving our friendly hands to the man of surface.

A great number of them, for absolute incredulity still ignore us.

If they don't accept brothers extras, who always visit you, they can be seen in the sky, how do not believe that inland exist live and inhabit evolved Beingover there?

It's already late for humanity have faith and accept, know and make public that Life vibrate inside earth.

During the Planetary transition, a subject you already know, when the Planet by dizzy convulsion be covered of water, and a lot of surprises come, that means, when the unknown internal part emerge, may men bear in mind know-how and certainty of our presence among of you.

Our friendly hands look for you and together we'll build up the New Earth!

Save Jesus, the Divine Emissary, Sublime Governor.

Save the Father's Light that uphold us.

Orcadim, 07/09/02

16. Foods for ransomable

Built up as "uphold basis" for terrestrial civilization, Okay represents large energy reservoir and supply necessary for provisioning of helping cities.

All the raw material necessary to production of foods, for distribution to the sheltered, as well as, every liquid food, will leave from there to other cities. It is like the delivery service you know.

The fabrics to conversion of matter will work unceasingly in production of low density foods, suitable to those creatures still dependent of slave organic.

Only frugal foods will be served in several tasty and full meals, so that primitive mental structure of many don't be depressed.

Okay will also be charged of sanitation of Stelta and Letha section responsible for helped shelter, because, even aided, there will be production of dense residues, coming from minds and bodies weakly due pain.

Okay, commanded by Nefertiti, it's mobilized with typical loving devices of sweet feminine energy, to become comfortable and pleasant the people permanency inside earth. It's also, that beautiful creature who commands the operation of all the helping lines. On account of this, she inhabits other planets areas with underground cities, during some time, with a view to study and plan future action.

From Okay, sets luminous rays God's Love, upholding threads of hope in those who weave the texture of life, looking for moving forward having respect and gratitude for how much they had received from Divine Providence.

Monsters stay inert faced that untouchable Sun Goddess.

Orcadim, 14/12/02

STELTA – INTRATERRESTRIAL CITY
Placed at Domingos Martins, ES/Brasil

“... It's time to make public to terrestrial people about the reality of facts and facts indicating presence of evolved life at underground worlds in this Orbe.

It approaches the moment when "They" will be present helping to redeem many people and it needs your humanity be prepared for receiving such help.. ”

Ramatis
Spiritual mentor of Jesus' Servants Group

01. People of Stelta

We are Intras, we inhabit the earthy. We are from Stelta city, placed at Domingos Martins area - interior of Espírito Santo State - Brazil.

The Central Administration is located below the called Pedra Azul (Blue Stone), but the City limits extend some kilometers long therefrom. We are peaceful people.

We study the mankind of surface and also, we study and work the earthy ecosystems, in partnership with several mineral, vegetable and animal kingdoms, reducing impacts suffered in the area. Together with brothers of Stars, we have been helping the Planet and his people for long time.

There are several channel or, access tunnel to earthy surface, but they're used under restriction just at certain situation. There are also channel connecting us to other cities, also underground like ours, located at others geographical areas in Brazil and on the Planet.

We visit, when it depends on us, researching or helping, communities in the surface, getting human characteristics, we stay among of them, who are humble and simple and receive us fearless. We seek peace and the Planet's balance..

We're brothers and friends.

I ask one Intra, mentally, why I see him of gray color and, he answers that is not his skin colour and yes, his trip clothes.

There're aspects in our life that resemble yours, like work, study and to look after family; however, therein finish the similarities, because our faith and obedience to the Creator are still ignored for your hearts.

We live for our spirit and use matter just as uphold of life, with respect and love. We didn't kill, there are no wars among us and, we don't hate our brothers. We live in obedience with our Eternal FATHER, performing strictly His Laws with determination and love and so, we open our doors for brothers of surface.

We realize your bellicosity, because we are not ingenuous, however we don't fear them. We have mercy for your people that, parallel ours, they live at unlike vibrancy world. Both worlds grew and evolved having same opportunities offered by the FATHER and, nowadays stand at crucial planetary moment, so immature psychological and spiritually.

Come on Brothers! With our hands given to you, together for love the Planet and our FATHER, we'll born again as new life on Earth.

Save Jesus.

Loth, 21/09/02

02. Life in Stelta

We don't have sewerage system in our city; biological excretion are minimum, absorbed by our own body.

The Intras physical bodies develops on proportion their spiritual evolution. Thus digestive system modified, no longer produces excretion, equally renal and urinary systems improved, no longer eliminate unnecessary liquids.

We feed without excess, only the necessary portion to be absorbed by our organism.

We have circulatory system and our blood differs of yours, as well as we have tears of different consistence of yours. Then it is unnecessary our cities have sewerage system.

Diseases are abolished since millennia of years. We dress specific clothes when we go to surface, avoiding infection of several microbial species, existent over there.

Water flows in abundance in our City, free of contamination.

We have several school degrees and Universities, where the favourite teachings are studies concerns with Universes.

We don't have direct solar light, but we take it indirectly, by gigantic crystals, with which we have built up our city.

For our acquaintanceship we'll pick out many people of surface and, our helping groups, as well as lodgings, since long time, they are set ready and adapted according your needs.

We don't fear the human ferocity, because we're peaceful, but we realize how defend against of them. Our technology is far above your understanding and, with a simple ray that any our child can handle it, you can be immobilized.

By proceeding in obedience to our Creator's Law and the karmic course drawn by the High, we make it naturally and happy, because we live serving the self-existent Creator.

Q – Are there Elemental in your city?

A - Yes, they are Elemental in our own dimension of life. We don't interfere their evolution, we respect and afford assistance them whenever we can, in minimizing their damages provoked through inferior attitudes and action of some Beings in the surface.

Q – And animals?

A – There are animals in our cities however, all they live in harmony and peace with us, because we treated them lovingly like friends, respecting their evolutionary degree, as active part of the Creation .

Q – And parties?

A – We celebrate special dates for us. At the moment, the exuberant Spring time is reason for festivity. When we meet in gratitude to the FATHER, for presenting us such beautiful spectacle without involvement with any drug able to alter our senses.

We vibrate in communion with nature.

Loth, 21/09/02

03. Transport and reincarnation

Since hundreds of years the wheel for our transport is bygone: we use small flutters that move us at short distances.

We have ships of small and large load. The former ones circulate inland the Planet and surface too; the latter one used during extra-planetary trips to others Orbes. We work with a view for terrestrial balance.

Some of us, under special circumstances and complex processes, embody on surface. These embodiment always consider a objective superior of study, popularization or helping. Many become lost, spiritually speaking, by acquaintanceship with earthy men, adopting too much their habits and doing same mistakes, unfortunately retarding their return of acquaintanceship with brothers.

As you know, there are extraterrestrial birth among of human beings and it happens equally with Intras.

The declined people of all the spheres will adjust accounts for their voluntary delay and damages provoked their brother. They'll still suffer much more when they feel increased the distance between they own and their dear brothers.

When men hurt Earth – in some points, sterilizing it, it reaches vibratory level where we are, of such dangerous way, but, as we believe our loved FATHER, before the destructive beat, almost always appears the Law's corrective action.

We realize among of so much darnel, there is a special wheat which we apply for construction of New Home.

Loth, 21/09/02

04. The brain

Save Jesus!

My name is Elsim, I'm resident of Stelta, city intra. I was sent by our scientists for taking part of your project, clearing some doubts existent.

Q – You look so young for that mission. Aren't you?!

A - Actually, I am 720 years old and, I am quite experienced for working in your plan. Thus I own can move among of our and your cities with safety, ability and speed. I was also programmed with enough data, for afford assistance you with a view for understand a little better our civilization.

Q - You said that you were programmed. Are you a robot or alive Being as we are?

A - I am an alive Being as you are, then I have a mind that can be prepared and developed. By the way, our civilization already have grown so much morally and has conquered right to know and understand deeply operation in each brain area. Your scientists would be surprised, if they could see just a little portion of what we already learned over that fantastic human being's coordination center .

Q – Like what? Could you explain giving some practical examples of what you say?

A - Each mental skill known for your people, it only represents the tip of an iceberg, whose mass and larger proportion is submerged into the ocean water. Like this, the human memory is capable of storing all data regarding this life as well as the previous ones, all of experiences already lived, being them either of karmic point of view or not, physical, emotional, moral, transitory or definitive. Moreover, men can access each one of those information, at the time and hour wanted, needing for this develop enough for perfecting this capacity.

At memory area can also be implanting extra cells, as those involved in your computers and that must be changed when want to increase it. In my own case they didn't remove my memory, but added another one, so that I could carry out that task. Further it will be removed for not disturb my performance, because I shall get all know-how by my own effort.

Q - But if you didn't get it yet, why did they send you and not other expert and advanced Intra?

A – Firstly, others more advanced are performing others more advanced tasks. Secondly, communication among us is easier once we're closer evolutively, and, there is also the Divine mercy that gives countless tasks to workers who desire to do one's good.

Q – And concerns with style of life?

A - Our life habits resemble yours, however on proportion we make progress, gradually, we eliminate those superfluous ones.

Q - Could you give examples?

A – Those Beings who were born in Stelta and, still stand at the first step of evolution, live into family groups, they feed and live in single houses and, also may have a little animal I with them. They love plants a lot spreading them everywhere. Actually, we all have deep and strong feeling of gratitude for vegetables, because, their lives make ours.

Elsim, 19/10/02

Clairvoyance: Suddenly I have seen I own at an wide automotive track, covered with asphalt and demarcated by white lines like our highways. I was inside a vehicle type van, driving at approximately 70 km, moved by air. I didn't see anybody else, only I and Elsim. Then I was looking that nice Intra delicate physiognomy.

He is short, having more or less 1.20 height. His face is round as moon, eyes seem two bright almonds and, his facial expression is calm and cheerful, with soft lines

reminding me of a soft skin baby, without wrinkles. He doesn't have hair, but there is something over his head similar either an antenna or other appropriate workmanship for communication. His clothes are coloured and adherent metallic to the body, having sleeves and trousers and his feet dresses ballet shoes seemingly made of fabric, given him much flexibility.

05. City and People's main characteristics

Go! You must strongly provide against of siege and attempts of mental deviation, caused by the Darkness. Your minds must be clear, translucent and free of any worry.

Practice your faith.

You are boarding on trolley that will lead you in trip to the interior of the Planet. Over there, at another dimension, human beings live unlike of yours. Their corporal matter also differs of yours, as well as evolution graduation.

They are God's creatures at another evolutive apprenticeship, performing their karmic plan, offered faithfully to them by Universal Laws. If today they are underground, where the natural light recovering the Planet doesn't reach them, it's on account of they so planted, deserving it. Look at the big eyes which usually, characterize people intra.

Their colour bodies can vary but, tones almost always resemble each other of earthy copper, approaching to natural coloration of most types of soils known for yours. No other coloration, announces garment of trip, researches or study. At specific situation it means healing treatment in that, the therapeutics requests appropriate garment, thus at such occasion, may vary and confound imprudent observer. Once clothing are moulded to Intras's body shape, foreign people may find to be own skin, what is a mistake.

The hands and feet have two fingers that characterize some Intras, however such aspects vary according to their evolution graduation. There are some quite evolved, whose hand have no finger, however if they want to lean or hold something, for will power, they can make them temporarily, projecting them forward.

Q - Does it mean their bodies are simpler than ours?

A - Yes. The more developed a race, the simpler is the body. Those who already can communicate telepathically, don't need no longer of speech. When interrupts need of palate, no longer they need mouth, language and teeth. Some continue feeding of own skin, other, by direct bypass to the stomach, simply disappearing the digestive system until the mind can be supplied with Light, energy primary Source that upkeep Life in this Planet.

Q - Does it refer to the ordinary light?

A - The luminous energy you speak is condensed in interior of cities and, the stage that I have presented you, it refers Beings in advanced evolutive graduation, when they don't need to shape a body at density of astral matter anymore. That is not the example of beings you will study.

The plane form is characteristic of people of Stelta people and, only of native from there, this is main characteristic those Beings. Others inhabitants, by other hand, present the depth of third dimension, for being closer it evolutively.

Q - Like what? I didn't understand.

A - When you are ready you'll realize that.

Many are the races inhabiting the earthy interior. They improve while performing high purposes, in preparation of cities (hospitals) for receiving many embodied, capable of redeem. The other ones have function of researching and know the human nature, habits and customs deeply, because, great part that humanity's history, continues in the surface of the Planet. An information service registers and stores them for subsequent reproduction, in the New Earth.

Q – *About the all the people?*

A - Of all those able to live on renewed Earth.

Of course , some changes are foreseen, with purpose of adapting each individual at new dimensional garment.

Q – *And about the inanimate creatures as earth, air, water? How will they survive?*

A - These subjects are out this objective. Let's return the main theme.

The cities, in fact communicate among of themselves. On the other hand, as well as nor every terraqueous man is capable of traveling to the Planet Earth, knowing all the stops, nor every inhabitant intras, it is permitted use the access tunnel to all the cities, because each individual performs a specific work, almost always not accessible to anyone.

A lot of them want to know you, however there is a type of selection obligatory for all candidates who want exchange know-how with other cities. As well as the astronauts, they need to be picked out and trained for resisting lack of gravity; also the interplanetary scientists need to be prepared for vibratory changes during transit from one to another city.

**Sthheim and Solt, students of Light and Peace University
20/10/02**

06. Seeking one access portal of Stelta

I and Loth, were visiting some beds of medicinal plants at our ASJ (Jesus´Servants Shelter). Energy was huge inside vegetable garden and I was confused, I couldn't concentrate over I have seen. I asked helping Master Ramatis and he said my equilibrium would depend on my own effort.

After redone my equilibrium, I realize I was no longer at medicinal vegetable garden of our Center and yes, at the edge of Jucu river near our Spiritualistic Center. Over there we have seen a yellow kayak, in which we boarded on and travelled along of the river length until reach a very high waterfall and we got off the kayak. By behind the waterfall there was a cave, it was an entrance portal to Stelta. Thence we went forward by a stream. While walking, Loth, who is Stelta inhabitant, began to speak:

Communication between cities intras is done mentally. Even those cities standing not in such subtle plan yet, but at similar vibration with the surface, among of their inhabitants exist vibratory graduation, steps, unlike evolutionary platforms, as well as in all other cities. At the densest cities, less evolved, Beings who live over there aren't at same evolutionary graduation. They are inhabitants more evolved and able to capture messages coming from the High to city and thence transmitting to other residents.

Mentally, the inhabitants of those cities were communicated they would receive visit of some earthy brothers. It doesn't matter the Intras vibratory graduation of the cities we are going to visit. All they wait for you.

Loth, 09/11/02

07. I have been in Pedra Azul

I saw myself near Pedra Azul. Even without can see it, I realize I was over there together with Loth and Ersam. I was so happy can see them then I held Ersam's hand and, soon I felt graceless for my spontaneous gesture.

Several reptilians walked surroundings. Ersam said those creatures were pulled due human' greed, some putting forward their construction near the city, and, others, looking for the entrance of the city.

We went down by an "portal" at the hill basis. There was a very big orchard and a road bordered of apple trees. I felt presence of Stelta beings over there, although, I didn't see them.

We went down along by the orchard, crossed a river and boarded on transport and, we traveled slowly until the place where children were playing. At that moment, they afford assistance a small bird fallen in the ground. They caught the small animal affectionately and when touching it softly, the bird recovered its senses and set flying. The children laughed a lot with that..

We passed certain place where there was rural workers, they took care of a green plantation, maybe medicinal plants. We continued on the transport and the energy involved us was more and more intense. I was a little "extinguished". At certain point that trip, I began to see the surface sharply, as I were looking by a telescope, although, I don't remember what I had seen and if in fact I had seen something unormal.

Spiritual Medium, 09/11/02

08. The sunset

While meditating I have heard the following words:

" Remove the darkness within you, so that, the darkness moving over the Planet can't swallow you" .

Q – *Can you see the sunset?*

A - Not. At this time we are getting in touch with Supreme Forces, Creative Cosmic Energy and we become single, we feel unique.

They are so beautiful experiences but you can not value them yet.

At those moments, the more evolved connected with that Force, they bring new messages and orientation from Superior which can help them in driving life and people. Only a sincere prayer and absolute delivery to the FATHER is capable of offering us those moments of rare beauty.

Each similar Group, linked through with sincere prayer, it's supplied with Superior Energy, storing it, for distributing lovingly for many people found, lacking that force. During such sublime moments, the whole City is lit up and all bend before the FATHER's presence.

We don't have any official religion. All we render sincere cult to the Creator and, in similar groups we stand around His Divine Presence.

Q - *Why can't I see well around myself yet?*

A- Await and trust.

Loth, 09/11/02

09. The access tunnel

One Intra gives me his hands. He has tanny body (in spite of that moment become gray color. I realize soon were clothes of trip). Hands and feet with only two fingers. Small stature, more or less 1,50m height, black, big and bright eyes.

We went down passing through a tunnel, which entrance is located at municipal district of Vila Velha, ES/Brazil. There is a sort of elevator, through which, we went down until depth I don't know how to explain it. When we arrived at elevator basis and went to a living room, which could be a cave too. Over there arrive several access tunnel to surface and, there is a gap, which the Intra told me that, going down there is other access tunnel

to the others cities intras. We have walked a little more and arrived in a garden with seats made of grass. We sat down and, he told me I had wrote some lines before, because at the end of his report, he asked me to describe about the astral trip we did.

Spiritual Medium - 09/11/02

10. Transport and spaceships

As we have already said you, Stelta, city intra, the simplest and closer you. From the main hangar, at the mountain basis, which you call as Pedra Azul, set ships driving her inhabitants to other Orbes, realities and dimension, crossing the space as light crosses water, however without any distortion provoked for changing of physical environment.

The transport is not done for merely curiosity or entertainment, but to special flight mission actually.

Q – And what do they do after leaving?. Where do they go?

A - The reasons varies, as well as the places they access too. Some visit intra civilization nucleous, in other planets, exchanging know-how and techniques built up by specialized and skilled scientists for creation, transport, dematerializing and rematerializing of flying objects.

Others concerned to Brazilian air force pilots, trained and qualified, not just in transport of aerial vehicles, but also for facing possible adversities capable of surprising them and according with work performed at the present time.

Others still make trips to the own Earth, picking out being's sample and minerals for their researches, seeking future reconstruction of the Planet.

Sometimes are flights of training for redeem groups, which require extreme expertise for reaching the mankind, at exact distance for not hurting them with magnetism of ship, nor with intensity of employed force for hoist them up.

It doesn't mean because are Intras, they must live confined earth inland. Actually, they move at terrestrial air space, much more than you can suppose, therefore dominate perfect technique of invisibility, living together with you, however without be noticed.

Q: Are those ships build up inside own city intra?

A: Yes. There is in each city, a Section of Creation, where by starting with generators and transformers of energy are shaped objects. The complete ship movement is performed by motors moved by air using propulsion system similar that phenomena that provokes hurricanes. The device is worked by mind power, as well as comes through the mind, adjustment of intensity of explosions that uphold turbines generating of movement.

The vehicles bound to leaving the cities, they're manufactured under complex technology. As your atmosphere produces quite impure air quality, motors are impelled by power of small atomic explosion, remained from nuclear coalition and, they use water as regulator of mass and heat generated, and also this quality of reaction favors dematerializing and rematerializing for those ships.

Q: Is the usage of water similar ours?

A: Everything you can check in your planet, also you can find them in cities intras, except those dispensable elements for life more evolved of your brothers. It could be said, molecular structure in those cities differs, because it is formed starting from double of atoms in your Orbe, constituted of purer energy than those hardly distributed on earth.

Ramatis, 26/10/02

11. Still about the Transport

Going ahead about the transport in Stelta, we can affirm you, on proportion to increase in evolutionary graduation, Spirits tend to leave their physical body, unnecessary to their evolved mind, vehicles for displacement inside cities, having in

those situation only vehicles bound to displacement in foreign ambience, as trips out of the city.

On the following steps, that organization still remains, until they leave their own corporal shape; individualities may be melt into Orbe of light, how the highest minds perform their extraplanetrium trips. The ships formed in many those cases are just of their own minds and not a creation.

Q - That is much complex and difficult of understanding. Could you explain us better?

A - The difficult of understanding is, a lot of times linked to affection to the physical body. The evolved mind means light focus which fire lights everywhere you go, as the Creator's fire, heats up and comforts the ambience.

On the contrary, the fire without life, Creation's fire brings with itself the human mind, already evolved, capable of modeling the shape wanted and so we present ourselves for you with aspect can identify us better in front of your humane eyes.

By the same way, we can increase our corporal shape, creating atmosphere where you can be dived and feel vibration of peace, fortune and love.

That pleasant place is result of mental desire for welcome and afford assistance those who we involve, and what is translated for you as form. They're images comprizing elements of your human representation.

Q - Then are the ships result from that too?

A - Yes. As we told you, some ships commanded by Beings of high spiritual ancestry are constituted of own mind of their drivers.

Q - Is its the case of mother- ship and Commander Yury's ship?

A - It's the case of Planet Patrol of Commander Yury.

Elsim, 26/10/02

12. Selection of Intras

The organizational balance of cities intras in nothing will be modified with men's entrance of surface. The sincronization of internal life process will be modified, not due approach of people of surface, but for planetary transition that occur at all level and will also reach cities intras which are part of the earth.

Also the Intras will suffer natural selection, transferred to other worlds, however in different way of terraqueous men, because the former ones don't have negative karme to be purged. Only the Intras, coming either from more evolved cities or even cities of higher graduation. Those inhabitants who reach high evolution graduation, can choose their own future, after or during planetary transition, looking for growth.

Some of them will return their original planets, others to worlds similar earth with a view for beginning other helping cycle and more; many others remain on Earth for new regenerator pulse, now no longer occult, but living together with men of surface.

It's New Era Planetary. Either new inhabitants or old ones now renewed, in pacific acquaintanceship.

All the nature kingdoms, men, Intras as a whole living on earth will suffer direct influence from planetary transition, feeling the necessary adjustment for new life.

The Kingdom of peace will be sprout on earth.

Loth, 26/10/02

13. Government

The Intra's Government have the most experienced and evolved beings. Powerful minds, they realize all events happended inside cities and in its surface too. They communicate by telepathy with inhabitants of advanced cities.

There are no nucleus opponent or competitive to Government, because everybody respect and love the rulers. They're assisted in any request, once always seek collective welfare.

The rulers intras control all the events on the surface avoiding put in risk those cities, deviating or decreasing any inferior impact, avoiding damages to earthy interior. They command the whole city firmly and loving it, directing the collectivities in direction to progress.

In cities intras, redeem groups are set ready as far as construction for reception of redeemable people, because they always obey any order and also follow an organization.

Loth, 26/10/02

14. Stelta

In Stelta, streets and boulevards are flowery; flowers of several colours and fragrances, turning the atmosphere nicely, cheerful and happy. Temperature is almost always agreeable, without great variation. The forests, inside city provide real pleasure to the inhabitants daily pilgrimages.

Q – And eyes, can you see like us?

A – We can see everything. The atmosphere and beings have much more clearness than your sight and depending on evolutionary graduation, we can see besides of the matter.

The Intras have sixth sense and others added in their physical-spiritual constitution, which can provide enlargement of sight and perception of the subtlest atmosphere vibration and in its whole content.

I see a practical demonstration: I look at certain point inside of the forest, with eyes of intras, by process that can't explain it yet. I have seen flowers, trees, vegetation and the minute ambiance variation. The ambiance seemed alive and vibrating and I felt as I was part of the own atmosphere.

He continues explaining:

Looking at that landscape, it shows not only the outside of objects, but also vibration and emanation that involve them. We capture any vibratory alteration in atmosphere of several kingdoms: mineral, vegetable, animal, elemental and intraterrestrial too.

Elsim, 23/11/02

**LIGHT AND LOVE, AND ODIM
INTRATERRESTRIAL CITIES**

located at Amazonian Region /Brazil

*"... When Darkness invade your Planet
and you're submerged in it, light with larger
intensity your "Interior Light", guaranteeing
calmly continuity of life.
Be you a warrior, a disciple, a humble
Jesus 'Servant."*

Shama Hare
*Ramatis 'Disciple and Margarida's Spiritual guide,
Leader of groups: GESJ, GER=GESH AND ASJ.
At Spiritual plane, he's charged for all our spiritual
activities.*

01. Once again you won't be alone

Odim, satellite city is located nearness of, Shines and Love, city intra, which is going to perform special work during transformation in your Planet Earth.

The darkness forces strengthen, on proportion they perform more and more attacks successful, therefore obtain as result, precious energies feeding their unhappy feelings.

The larger disturbance of modern man's mind, the more are the wasted forces to the good and spent to the evil.

It increases, therefore, the Army of Evil, although doesn't grow with it, on same proportion and form, the power over Light that is Divine Force unbeatable. Then workers to the good need to develop new facing forms, guaranteeing the forces balance. It's this way and so must be always.

Odim, constituted as general headquarter of Forces for the Good. It is fed directly by flux of "Universal Light" penetrating terrestrial Orbe, through by blessed receiver and distributor: Shines and Love city.

Experts on perverse Darkness plans, that foresee ruin of hope and growth of pain over the Planet, we have formed with Odim's Armies, an action pact that surpass the evil effect of arbitrary dictate for the evil. Our ships and friends have permanent contact with the High, exhausting forces, developing mental skills and training, in case of great catastrophes and collective deaths, when darkness forces tries to interfere at all.

As starved vampires, they move forward this situation desirous of abstracting of involved human people, precious vital energy. The Odim inhabitants help them, impeding in many situation that project performance.

Q – Are they inhabitants of Light and Love city?

A - Yes. They're young and devoted learners who voluntarily desire afford assistance for you.

Q – How is way of life in Odim?

A - The students of the Light are separated into groups and attend big laboratories where spend almost all time, studying and controlling events over the Planet Earth. They resemble those flight controllers that, in front of imminent collision, they guide the aircraft driver deviating to appropriate direction.

The brothers of Odim are settled down by telepathic projection, in main places and ambiance of encounter, where Government take decision of relevance for all the humanity. From there they follow up events and thoughts, either obvious or not, but that constitute network, parallel and invisible and compete to those events deflagrated in the matter.

When it's necessary, they face reptilians, when the latter ones are in same places, neutralizing part of their insidious poison, allowing to put among of men, just the negative quota corresponding to their own condition and worthiness.

By retreat sign given by Commander Yury, that army of the Light stands back, leaving free the road for disorder that still nowadays is postpone. What you're living now, it's still possible to be uphold by Force of Light.

Q – By removing Force of Light what happens the mankind?

A – The retreat will only come from High Master Jesus, Larger Commander of planetary future, when gives the last signal for deflagrating of spiritual rectification process, painful and sad, but represent for you as cleaning and renewal.

Then, Armies of Odim will take position strategically at places reserved, so that they can advance neutralizing negative forces coming from astral plan, "hideous wrenches", will spreading out over the whole earth.

Thus both, calm and serenity, are indispensable requirements for conservation of mental and spiritual health. The bestial hordes, disconnected will become furious, fed by free beasts and emerged from abysses of the earth.

You don't worry, **once again you won't be alone**. It's one more trial of faith you'll be submitted. In nothing Light serves if you aren't able to capture it, and so, you must be lucid and healthy the terrified mind by furious beasts either embodied or bodiless ones.

Q – How will be the helping on that hour?

A - Divine Providence will assist each one according to his worthiness, into group or individually, men, women and children. All those who were searching safe shelter, they'll be guided and protected under orientation their Protecting Guides, Spiritual Friends. They'll try to liberate them of embodied people attacks, urged by darkened ones, saving them of being found, admonished or linked to perverse creatures.

Q – Do Odim's inhabitants feed?

A- Yes, they feed on Light.

A - What does mean that green light I have seen irradiating in the whole city?

A – By its nature of concentrating, here, armies of Light combat darkness Forces, the Odim inhabitants live dived permanently into healing energy, presenting in crome green color as you see, at the same time restoring and isolating insistence of darkness nucleus that try mentally to know the exact place.

Q - But are not they too inferior, less developed? How can they discover a city so advanced like Odim ?

A - Denser yes, however no less skilled mentally. They're capable of building up, with help of evolved minds, a detecting apparel of waves, varying from the densest to the subtlest. The equipment emits a ray, a magnetic wave that, when identify the wanted frequency, it returns revealing them its exact location.

On account of that, they can detect the Workers of the Light, embodied and, a lot of times, neutralize them forces before an important task. Thus we say always, **PRAY AND WATCH**, so that golden forces fields must be strengthened, by connection with High and may resist against of those evil minds attacks.

Q – Are there other aspects in that city which would be important included in this work?

A - Almost the whole city is a University of work and research. Beings don't have dense body, only fluids of mental energy that mould their bodies. They come here to live and work for free and spontaneous choice, when they want and, here stay until get spiritual growth, thence they look for others tasks.

They don't need physical rest anymore, because they don't have no longer their psysical body and their minds rejuvenate in contact with Light.

There's no reproduction process, once there is no body to be done, they just stay like this until get their own light.

Love reached such a immeasurable proportion that, it has disintegrated all dense bodies, giving them flexibility as you can see.

They live long periods, counted by another time unlike of yours, because, there is no longer matter.

From several points of Planets, come Intras and Extras, although rarely come evolved ones from Blessed colonies. They cross the portal of Shines and Love City, like who travels to perform professional improvement course.

Connected with other plans at several dimension, the channel flow as special highways crossing Universe, by long tubes of energy, invisible to common eyes, but perceptible to the hearts. They transport, going and coming, thousands of beings who arrive for studying, researching and teaching.

It's huge the traffic of Beings and energies and, like the human heart, Shines and Love city vibrates as if it pressed into the Earth's body.

Q - *Who runs it?*

A - Christ Planetary.

The city delivers energy that circulates on the whole Planet, as well as heart sends blood to whole body and, it collects by veins dense energies, purifying them, as lungs make with atmospheric air.

Their inhabitants work hardly in circulation of planetary energies, renewing all the time, pains and sufferings provoked by earthy men.

Conde Rochester, 07/12/02

02. Ocã, City Intra

We have read several times the book "Intraterrestrial Beings - Reality placed at borders of Impossible" – written by Marie Therèse Guinchard and Pierre Paolantoni.

It tells an incredible adventure; one foreign archeologist had made his researches at Amazonic areas, Brazil, when he found by chance, an portal for an city intra, after a calvary of torments and pains.

The expedition is composed of both, the own archeologist and his partner and also friend. Here is an extract of one Intra to them: ... " If you tell this history, those from the High will treat you as crazy people and you'll be pursued, even for whom seek, far away, explanation for such phenomena which have been afflicting them for all their lives"...

Due what I said, I took advantage this opportunity to ask Abur, an Intra, about the subject. Here is the answer:

Q – *Could you tell something about that city mentioned in the book "Intraterrestrial ..." by the archeologist.?"*

A – The archeologist had approached of Shines and Love City, by one of its satellite cities, used for protection and contact. You have already know Odim, one of them. The other is Ocã, placed at Odim northwest. The curious and searcher Spirit that archeologist, taking him over there, receiving affirmation for suspicions which had impressed him too much, during his first trip.

There, the keepers trained have got in touch with both searchers, sending them back towards the surface, affirmating existence of city intra in that area.

The purity of his scientific thought, present only in those who reveal new acquaintance to the world, was what had saved him of pulverization by defenses of city. If hadn't happen that way, he would never arrive over there, and also he would never return.

Abur, 30/11/02

Note: At the end that book, there's a long warning message from Intras to terrestrial people. Read it because it is very interesting.

03. The contact with Eliadne

Contact with Eliadne, Being of Shines and Love City, at Odim service, at the present.

The Odim satellite city, results from a projection of Shines and Love city and, it represents contact area among of worlds intras and those ones of the surface.

Shines and Love city, vibrate at high range having so high purity, but not available for vistors. However by Odim you can get a lot of information about the way of life in Light and Love city.

Q - *Will I visit it soon?*

A – *Fix your thought on it.*

Hardly I have fixed my attention on it and I saw myself flying over the Amazonian area. Within the jungle, I have sighted an open trail forest inland. Then I thought: which side may I go? As for delight, answering to my mental appeal, the road in front of me turned lit up. Then I follow along of it. The reality of forests sounds and landscapes was just so wonderfull! And I could identify voices of crickets and birds and the wind blowing the trees too.

I have walked a little more when suddenly, I arrived at the river edge where somebody awaiting us. They put on me fine clothes, like a workers' uniform covering all my body including feet and hands and, on my head, they put a workmanship seemed more an inverted aquarium. I entered inside water and I went down. Somebody seemed to follow me and soon I felt him pulled me, actually. I didn't see anybody. I have seen the river bottom. Water was darkish, but even so, I could see several fish of varied sizes and forms passing in front of us, lonely or into shoals.

We went on, sometimes walking, sometimes swimming, until we reached the place where there was something like a great transparent bubble, material similar of acrylic. As I got nearer, automatically I leaned myself in front of the bubble, opened arms; as I were moved by a previous know-how about what to do on that moment: I crossed it. It's as the bubble were absorbing my body inside it.

Then somebody took off my special clothes and, I could give notice It was at atmosphere unlike to that the river. I concluded then, I was inside city, and also anxious to know everything over there. But I was taken to a small room where there was a screen in front of me.

What a pity! It was necessary to reduce my euphoria and soon calmly I sat down before that big screen.

The big screen was turned on, and I could see a light focus appear just in the center, like an enormous and potent lit lamp. After soon one being, of feminine appearance, arrived without clothes nor sex form. Her skin was plane, and head without hair. She seemed have something green, however I couldn't see if was her eyes or colour leaving from any part her head.

She stared me and lifted up her hand with no finger, as she were showing it to me and greeted us on behalf of Light. The contact with her let me dizzy and confused. However, more and more my vision become clear. I see then the green light leaving from green precious stone driven into her coronary chakra, that irradiates vibration of concentric circles, of different sizes and shades.

Q – Who are you?

A - Eliadne

Q – Do you live in Odim or in Shine and Love city ?

A - I Live in Light and Love city and I am charged for working in Odim, temporarily.

Q – Is your work referred the "Planetary Transition?"

A - Yes, preparing men for "transition"

Q – We were informed Stelta, Letha and Okay cities would be used by Superior brothers, as shelters for redeemed Beings. Which work have Shine and Love city during that time if won't receive human people?

A - As you know, human frequency vibration, are incompatible with our city, until the distance ray of 50 km, being that pure vibration be consumed by their bodies, spraying them quickly. Concerned to our task, it's divided according with our vocation of uphold force coming from others cities of redeem.

Q – Like what?

A - In Light and Love city, we're a spring of forces captured from space by potent generators, stored for distribution by channel of transport

Q – Then does the captured energy arrives by access tunnel?

A - Not. Parallely to the access tunnel among of the cities, there are little "capillary" running by the outside, as vascular that transport blood. The capillary full of light reach the cities, that collects in captation sources, storing it for use and subsequent delivering.

Q – *From where comes energy to supply Shines and Love city?*

A - We are, as we could say, the **Planet coronary chakra**. We drain forces that arrive us from High, through by space, where Darkness forces emit radiation from fecund explosion. The latter ones, for its turn, they are caught in small portion through the collecting made by ships and later driven to our city.

Q – *When Stelta´s energy arrives at city, does it receive any special preparation ?*

A - After certain time, the mixture process with telluric energies, untill become homogeneous. One is pure, the other, in several aspects, already worked.

Q – *Do all the cities receive same load of energy and also with same quality these one?*

A - Not. Each city receives, in intensity and quality, in agreement with its own condition. From cities, comes energy flow that circulate through by capillary ones, showing its vibratory power mixing with raw-material, collected from stars.

Meantime the mixture is processed, the quota of energy to that city is delivered by same itinerary, to be received and stored.

While she spoke, I saw the capillary ones and light arriving.

Q - *Does Odim also receive that light?*

A - Not, because Odim is fed by the mother-city.

Q – *And the purpose that power-force is only feed cities intras ?*

A - No, it sets from there and is also used as feedback for terrestrial center, giving it condition of alive organism.

Q – *I am dizzy and my arm weighs, what is happening?*

A - Even with all our care and protection, you can feel strong vibration from Light and Love city.

Due high vibration, irradiated by Shines and Love city, the contact with Odim is up today. We will continue it on next week.

Eliadne, 02/11/02,

Venus´ Being, friend of our group, at service of Planetary Transition

04. Medicinal herbs

I have seen at our ASJ (Jesus´servants shelter) medicinal herbs beds inside our vegetable garden. Suddenly some Intras arrived bringing small apparels with which they auscultated the plants energies. They have found species, meantime it emanated more energy than other ones. I could see that energy of smoke lilac form, leaving the plant. With a touch in the apparel, the emanation intensified and was collected by a little box with vaccum hose I supposed to be a vacuum cleaner.

The group of Beings came out, we passed through a tunnel and proceeded towards Odim city. However, before arriving over there, during itinerary they met some residents to whom gave the fluids collected and thence they returned by same road.

There in Odim, the raw-material brought from medicinal plants collection, it was manipulated, until form dense liquids like dye and stored inside flasks of dark coloration.

Once again I have seen Odim inhabitants uttering a lecture for a group of Intras unlike amongst themselves. I could identify representatives of Stelta, Okay and Letha cities.

Afterwards, I saw Intras arriving at ASJ (Jeus´s Servants Shelter) by access tunnel and, they were going to Phytoteraphy´s room. There in they took out of their small suitcases a transparent hose and, without uncovering the flasks, they collected their

content crossing the hose through the walls of flasks. From one flask removed a substance that dropped as dark liquid. I thought it was flask of mountain arnica dye.

The Intras took that liquid and got same road seen previously untill Odim. Over there, it was transformed into paste, placed in small portions, each one of different color and over their covers, there was indication about the most appropriate part of the body for the medicine application as: liver, kidneys, fractures and muscles, and so on .

I saw a practical situation in which, one past manufactured by them was been applied on somebody hurt leg that absorbed the paste slowly. That absorption may take some days and it serves as painkiller too.

I also have seen on the beds, indication about the plant used in the previous collection and, a tobacco tree very beautiful. There was on the tables, three blocks of medicines arranged and they would be delivered to the cities. Each one block contained different sort and amount of medicines.

Besides preparation of medicines and collection of fluids, I saw the bed rooms ready for receiving ransomable. By night, the sheet exhales a steam which forms a fog around the person. That fog emits sounds that indoctrinate people while sleeping. There was also miasmas of dark coloration, coming from mental activities of same beings. The fog seemed to burn them.

Spiritual medium, 21/12/02

05. Industries

Firstly I saw Odim city surrounded of light string that lift up forming a curtain of force, as a luminous barrier keeping the city invisible.

At the food factories, I saw some section where, a group of products were placed on a long table and, the city inhabitants dematerializing them therefrom and materializing again in another place of city intra.

Again I have seen Odim city, but this time I was in a section of ready-made articles where, some special machines were adjusted for workers, received balls made of white material into wads that reminded me of cotton. By putting the balls by one side the machine, clothes already ready leaving out by the other side.

I saw skirts, pants, shirts, blouses, caps and dresses made of several sizes and models but all had something in common: they left ready and totally seamless.

After soon clothes had left the machines, they're carefully bent and placed on a long table. A group of Beings dematerialised them and afterwards I saw that parcel of clothes being materializing in another city intra.

By similar process, I saw big bath towels, fluffy and white being produced and delivered to others cities intras..

Spiritual medium, 21/12/02

06. Destruction of human institution

Firstly I have seen a big dinosaur in the middle a city, walking and beating its tail and head against buildings, splitting everything where passed by. It's interesting the construction were split without fall into ruins.

Soon afterwards came one intra's communication:

We are trying to disintegrate the force that upholds the robot idealized by Darkness creatures. It means the symbol of negative magnetism controlling minds of many embodied you have seen like small reptileans.

The damages done by tail and head of theirs, symbolize ruptures and moral gaps of the human institution, that are quickly degrading due loss of primordial values of Light.

Everything to be rebuilt up, needs firstly passing by destruction process. It's same with Beings bodies that decompose returning the soil. By its destruction, appear the necessary nutrients to new cycle of life.

Everything to be renew need before pass by destruction. New values appear after destruction of old ones. Old model rejuvenate into new purposes and, it follows matter life, or out of it, because that is Law.

Q - *Who are you?*

A - An Odim's inhabitant.

Q - *Could I know your name?*

A - Rami.

Q - *How old are you? Are you a child yet? You have so young feature.*

A - Yes, I am still one youth intra. I am 300 years old.

Q - *Do you have much know-how?*

A - Yes, because I'm already attending school and I study the subject I like very much.

Q - *Tell us more what do you study.*

A - In Odim we're getting ready to combat Darkness Forces, which try impede redeem for many human beings. While in other cities our brothers are busy with redeem, we stay at rearguard protecting them against of the evil power which you'll face probably.

Q - *Could you explain it better? Do you already know the Beasts plans?*

A - We realize there is an Army of Shadows preparing for attacking and impede approach of People of the Light with embodied ones, weak mentally, thus darkening their minds for don't be activated. The latter ones will lose faith and stay in range of fear and terror, becoming easy object for vampires that strengthen more and more, while sucking humane energies.

Q - *When will it exactly happens?*

A - Soon after the three darkness days. By finishing those days, they will feel stronger and, by troops, crawl for the Land, sweeping fragile minds hope and love to the neighbor.

Save the Light!

**Rami, 06/12/02
Intra and friend of our Group**

07. Light and Love City

Interior purification. External purification.

Silence, Prayer, Meditation.

All pledge you have access City of the Light.

Much tenuous it's the line of contact with beings inhabiting over there, which are much subtle, being the City of high spiritual evolution.

Through of Light you'll get in touch directly with GFBU, without any interference.

May Light floods your spirits.

**Rama Schain, 26/03/99
Master Ramatis's disciple.**

For millennia, kept, still remains the Golden city.

Many disciples wanted penetrate the Sacred Temple. Few ones have resisted their trials.

Once again you march towards the City of the Light.

Akenaton, 26/03/99

The wise person is tame and persevering.
Patience, work for Light.
Love is key for opening the great Portal.
Initiation, purification, road to God Sun's door

Without identification, 26/03/99

Note: short message but told us a lot, it was received during our trip to Rio Negro, leaving from Manaus city towards the East side.

**SHAMBHALA AND ZIMBALA,
INTRATERRESTRIAL CITIES**

Located in Asia

*“... The redeem comes, don't forget this.
When fail all attempts of transformation for upholding
changes for future earth , we'll be helping you.*

*When come pains and sufferings, recall the messages
impelling your growth, and fight all you can with a view to
conquer the "light" will lift you up our ships.*

*Don't worry. Who yearns will be redeemed. But that's
not enough want, it needs regenerate your interior, every
instant.”*

Ashtar Sheram

*Commander Supreme of all the Stellar Fleets at service of
Planetary Transition. He the same Superior Angel Miguel, as
said Ramatis.*

01. Minimum equilibrium

I see a branch multicoloured inside Earth, at conflict area, at Middle East. Then Somebody speak:

- "The intraterrestrial Forces are set ready and everything do for not allowing destruction of the **Planet, jewel of rare beauty floating at the Universe's Stars.**

That energy net upholds the Planet Earth, and emanates energy to surface for upkeep living Beings in that area, as small blood veins irrigating and upholding the skin vital integrity.

Those conductive energy threads supply the minimum balance in that region, because the number of warlike material detonated over there was enough to sterilize, destroy and become it unsustainable life. The water spring shine under that energy influx.

Sambhala! That word echoes smoothly into my mind and through the soil, their fluidical emanation come to surface, involving the nature like a hot summer day.

Rami, 28/12/02

02. Master Ramatis' words

It projects in front to me, our Planet and I see changing slowly its axel position.

A wonderful place, pure light appears. Bright castles seem floating wrapped by soft fog, shining a lot.

I fell unsafe with that I can see and hear, therefore somebody who I can't see him, speaks to me and I can't understand nothing. At that moment, I recall Master Ramatis, for information. He appears, take me by hand, as we do with a child and he says:

- You see the city intra, Shambhala! " And continues:

- "Shambhala is light, energy and life.

Shambhala is pulse of the earth.

It maintains active the protecting shield erected around the Middle East, it decreases the impact and filters intense negativity coming from Occident.

Beings of Light inhabits over there. We didn't have permission to visit it yet.

Shambhala has a satellite city also intraterrestrial, with population ready and prepared for either intervention or evacuation, when necessary. That city has same function than Odim, satellite city of Light and Love. Its name is Zimbala.

The planetary events aren't only under command of human minds, full of prepotence and proud. As well as by behind the matter, lot of things happen without revealing to the world, at dense plans of darkness and, also at higher plans of Light, contacts so important are events which don't reach the profane acquaintance, but address the humans' action in the matter, despite illusion of decision merely individual.

The Planetary Protecting Force acts fasttly, in spite of humans' rebelliousness, therefore no force on the earth can not supplants the Father's will.

Ramatis, 04/01/03

03. Intra's declaration

Biological research Laboratory, using humanoids for manipulating of contagious biological material, created and controlled by scientists' human minds, with a view to destroy the other beings.

Supermen's creation, true destructive machines, seeking the brothers' extermination.
Creation of workmanships for destruction in mass, seeking the control of other Nation.

The Occult Government of Darkness works that way. The embodied people still have karme of violence to be burned and the "angels of the evil", taking the revengeful sword, throw over the victims without mercy, ignoring that, in the near future, with same intensity, they'll receive the destructive impact back. That's Law of Return.

There is no need of human hands provok burns of intransfeable karme of the neighbour. It exists in the nature, in everybody's life, situation able to take them regenerate before Larger Law. It depends upon the man understand and also accept this reality.

The planetary direction was worked without no chance of return. Creatures exiled from the Earth to compatible worlds with their nature still primitive, they'll cry, for many millennia, embittered, lonely, sorry and nostalgic for leaving their old home and , having foward a large road to travel, gift of Divine Mercy, until they can return their original planet. Long trip!

Superior energies gush in abundance over the Planet and opportunities are same to everybody however, the main let be dominate by inferior Self and then supplies "Forces of the Evil."

The Generating Forces of Life follow everything and will stop the destruction hand, when see drained all the possibilities of changes.

Save the Force of Light!

Zani (Intraterrestrial of Zimbala), 04/01/03

We took opportunity presenting two correlated messages received at same period:

04. Some Governments on the Earth

We members of GESH Group, were talking about the intraterrestrial existence to some governments when arrived following official report:

Indeed, some Earth governments realize about the intraterrestrial existence and also seek their entrances, operated by means of remote control by Commands of the Evil. They search treasures for enriching them more and more. They don't accept as truth the existence of evolved inhabitants living inside earth. They seek them to subdue domain and depredation, never bound to some noble feeling of exchange and confraternization.

Some earthy people have already visited them and told what have seen but they were seen as visionary or crazy ones. (Read the books: "The Hollow Earth" and "The Future Race", among of others)

The earthy man still needs learn roo much, concerns his own and his Orbe. To stop searching dominion and destruction must be the first lesson.

By force of Law, they'll change.

Ersam, 12/10/02

05. The hidden Government of the Evil

The involutive forces upheld by hidden Government of the Evil, many times try reaching cities intras, by driving minds of human technicians for detonating nuclear tests, in regions where they suppose exist people intra.

Poor creatures! They ignore the Force of Light!

Darkness bring damages for whom deserve it, provoking much delay of himself and his commanded. They become furious, because don't know how penetrate inside Underground Worlds. They think their power can subdue everyone in the surface and also the Planet interior. They forget: "Where there's the largest force, it ceases the smallest."

Save the Light.

Ersam, 12/10/02

LUNTHI – INTRATERRESTRIAL CITY

Located at RS/Brazil

*Secrets of life are revealed to whom
already have discernment and attention, conscience and
much love into heart.*

Akenathon

*Old Egypt's Pharaoh and Nefertiti's husband .
Defender of single God and to venerate Him, he had
built the Temple of Karnak.*

01. First visiting

I left my physical body and taken the place in the middle of forest, where I have seen a stone bed of approximately 1,80 m length, 0,70 m width and 0,50 m height.

The stone bed, adorned with illustration of a lion seen by the front side, it was leant over a natural rock covered with vegetation and, by lateral sides, there was lianas rose, giving a singular form that stone bed. I have noticed, it was leaning over the rock cut in format of hands, whose fingers touched each other slightly at its top.

The whole group had triangle shape, and only the bed had no vegetation. Over there I felt stronger vibration and, when I returned the same place during the second meditation, the rock had an opening upholding the bed and I was sucked to its interior, speeding along the and deep tunnel, until they threw me into a wide living room, like a cave inside some mountain.

That place was wide, lighted and airy. I don't realize from where came so much light, because I didn't see any opening to external world.

I saw two small beings' presence beside me. I was already stand up, but still under fast zigzag effect got into that access tunnel. The two dwarfs, without saying no word, they took me by the hands and led me to the living room outlet.

We went out by one side of the green mountain with rare vegetation, like savannah. I was so surprised and a little confused before that unusual landscape.

Spiritual medium, 09/01/03

02. Sea in intraterrestrial city

It was so beautiful sea, blue and calm in front of me, as I had never seen before. Soft waves lied their white foam finishing over sand with lush vegetation of green moss colour, in small underbrushes seemed more painting than reality.

At distance, the horizon line gave idea of amplitude, as if I were in the surface. I felt myself confused. Was I inside earth as I supposed or did I move to any unknown point of the Planet?

While trying to understand that scenery, I saw arriving by air, two white horses equipped with wings and, on their nude backs there was two so beautiful women having softness her gestures, colors and clothes.

Much more confused I became indeed. Flying horses? Where was I? What was happening with me? Are those either artificial wings or inherent their own physical structure?

Then one them offered me help and invited me to go up with her. As says the proverb: "who is under rain can wet", I jumped on the croup, the animal made half return and we flew towards the horizon line.

She said the sea water had reached the City by one entrance to surface and, they worked in order that creat that bay which was constantly renewed by entrance and exit of water, therefore preserved against of destructive force due hard waves movement. With minds and hands, the engineers have performed techniques in order to refrain the furios waters, turning into calm lake as I see now, while others, more spiritualized, transformed that place into true artistic work.

Spiritual medium, 10/01/03

03. Origin of Lunthi

- We're making data transfer so that you can understand well our messages.

We're from Planet Saturn, exiled inside Planet Earth. Firstly we have colonized this Orbe and, we suffered hard trials of returning again, living primitively, due we had provoked serious damages to our original world.

We have already composed the Inca people on the earth.

As that wasn't enough suffer vibratory fall, more and more we involved with God's Laws until GFBU has determined that, all our technology and researches, since a long time, should already have been participating with Work of Light.

Thence we were exiled once again, that time in interior of the earth and, over there we could finally understand how far the Light and reality we were.

The awakening, gave us opportunity for recognizing ourselves as people full of science, however, endowed with moral evolution still deficient. Thence we put all our efforts at the service to improve our techniques, applying know-how for construction of new world, quite different of everything we had already done.

It hurts us, our past mistakes; something sad and shameful of our history, however it also means, our reference of transformation. Today aware we don't want such life anymore.

Q - *Who are you?*

A - I am Julian, one of the Lunthi warriors. We defend our lands against of the intruder invasion. I always paying attention, keeping our world in order that anything interfere for our people moral and spiritual growth.

Q - *I'm feeling weak to continue this contact. I can see the City, but something let me out of earth. What does happen with me, could you explain ?*

A - The Lunthi energy is so strong and still so close of teluric energy, then the influence applied over beings of early surface is huge. Then you're sucked by such violence through the rock opening, one of the entrances to our City. Be calm and persevering. Your atmosphere is so polluted that also makes difficult the contact. I am already taking all the steps. I leave you now with young guardians Zu and Li, so that follow you up during the visiting.

Q - *Then are those the girls' names?*

A - Yes.

Julian, 10/01/03

04. Presentation

- "Greetings, noble earthy brothers!

We're inhabitants of Lunthi, intraterrestrial city, and we were bound to present you our city. We realize you would come, because we have been informed by the Supreme Cut of Light.

Lunthi has never received foreign visitors before, it's different for us, permission given you for penetrating our world.

There are a lot of entrances to Lunthi, therefore many times we have been in the surface, searching information over your people. The acquaintanceship with Beings of surface also offers us rich study material at our universities. We use our know-how, applying it for our people's styles of life.

The entrances are always located at gaps of rocks risen up on surface, however, the main entrance is that has attracted you. You have already belonged of our Inca

civilization, then you have strong connection with us. You are for us as an old friend dressing unlike clothes now.

That stone bed you have seen, comprises a temple of sacrifices hidden by the forest, left over there, however pains caused through the rituals will be quite forgotten by those who, inside that temple, they had spent the worst moments of their lives. That entrance is located at the country south area and soon you go visit it. It was written: good children to their home go back, then other girl, your companion also had belonged our people times behind.

Q – Do you realize the work we are performing?

A - Yes, we were informed by GFBU by the Supreme Court of Light we should present our city to some people coming from surface. It was asked us to elucidate events which led us to your Planet in the past, and how our mistakes and rebellion had provoked us successive falls. We're strong and powerful people, who in the past not far off dared capable of supplanting the Divine Omnipotence.

On account of our mistakes we paid too expensive, because, we didn't only discover we're rebellious people, as we're obliged to pay for our rebellion through the vibratory descent that, besides of humiliating, it was us painful, actually.

Nowadays, we realize that everything able to decrease the spirit, purifies it too. We're renewed creatures and aware of our service for that humanity. Now we have opportunity for transmitting you how much we had learned and, we hope you don't travel the same road of mistakes we had done.

We work unceasingly, doing everything as established. When we arrived here there was nothing, then we put all our know-how for building up the city. We have begun by covering the area inside Planet, creating a sort of protecting shell with several outlets, as you can see.

While she was speaking, I saw source of pure and crystalline water, springing from Land.

- Water is gotten from inside earth and distilled for composing rivers, lakes and internal provisioning station. Our houses are like igloos, built up with light but durable material. All the pieces are assembled ones; if somebody move from one to another place, he can disassemble his own house and take it with him. There is no trade here; everything can be exchanged. Some embarkation take charge of transport out of the city, when it's necessary.

Agriculture here is practical therapeutic and, at same time, it's basis of our feeding, however planting and harvest here, we heard the earth and, we only plant what it teaches us to be good for this or that place. We dress as you can see: light and wide tunics, of soft colors, golden or silver threads adorning our heads and shoes like the sandals you use in the surface.

We perform, along of the time, skills in order to avoid air barrier and, we manufacture pieces of wings used on feet, backs or backs of animals used as transport.

Thus I have seen that horse flying.

Our acquaintanceship with animals is still necessary, because we have harmed very much the evolution of several species for our researches.

Here inhabit countless species of birds and mammals you'll see along of the time. Animals live free and also together with us in the city having, however natural and untouched areas, where they go at night and only return the next morning. Its acquaintanceship with us, help us spontaneously labors of the city; it's our lesson of fraternity, screaming and echoing into our souls we are brothers and, we can not subdue them nor submit under our own will.

Zu and Li, 11/01/03

05. Organization of the city

- Families seek acquaintanceship and reciprocal respect.

We are organized into work groups.

The first group compose of common citizens, residents and devoted to the work, family and contact with Superior Forces, some times through the study and research, other, through the contemplation and collective prayer at temples of energy. They uphold the city day by day dynamic and active and cohabit together daily with brothers of the forest.

There is the priests' group living and devoting the spiritual labour. At the same time, they work as masters and spiritual instructors, guiding the inhabitants' intellectual and moral growth. They hear difficulties trying minimize the effects over the city routine.

The third group comprise scientists, especially able to understand the Universe's mechanisms, acting at ours and yours sphere. They devote entirely for performing high technologies in order to put spirits more and more distant their matter.

Q - How are build up the wings I have seen coupled to both mankind and animals?

A - Yes, the wings you have seen, they were created by Ilcom, renowned scientist of our people.

Nowadays, advanced techniques just seek the creatures' moral ascension because, it was already abolished entirely desire of powership and instinct of dominion over the other beings.

We can increase our skills without run the risk of become the monsters of far-off times. Nowadays we are free.

Q - Do you also use vrill energy ? What for?

A - Some healing works need be performed with vrill energy.

That energy you denominate as laser, here it is vrill energy. It's stored inside an apparel with reduced load like an old fountain pen while storing the energy. When the button is turned on, it's thrown outside in amount and intensity corresponding to the button used.

Q - Where does that energy come from?

A - It's is manufactured starting from that mineral you call as diamond. It's triturated until become dust. That dust is treated for several days with sun light and, its atoms gets into plasma and, then, other substances are added with a view to conserve the matter physical characteristics and give it hardness so that, while the apparels work, the energies not be liberated at unique time.

Q - How do work those apparels ?

A - When the small apparel (or others, because they are either of several sizes or ways) is turned on, it provokes immediate coalition between atomic nucleus, making them liberate intense energy load that then, it passes through a sort of resistance for controlling and dosing. There it is, the ingeniousness discovery done by our scientists, because before we knew everything about the vrill energy but, by the other hand we didn't know how control its usage.

Q - Which are application of vrill energy in your world?

A - It can be used for health, defense, construction, agriculture, feeding and clothing.

Q - How, is it eaten?

A - Yes, by small dosages, dust of substance vrill can be absorbed by living organisms, whose acids provoke by natural way the fusion described above, liberating little, but important loads of energy for living beings such as vegetables and animals.

Q - And discovery of vrill energy also is yours?

A - No, The old Lemuria discovered vrill energy.

Q - Then did Lemuria exist indeed?

A – Not exactly as your researchers say, but, as civilization equally declined tried to raise again with know-how concerns with cosmic forces got from Universe.

Zu and Li, 11/01/03

06. Some information over Shambhala

Q – *And does Shambhala, exist indeed, living over there the hidden Government of the world?*

A - **Yes, Shambhala exists and it's the GFBU's headquarters on the earth. Therefrom set important resolution able to alter the direction of your planet and also many others around it. It's the work basis of Space Beings, as it was the Command room of the Great Mother-Nave.**

Q - *Where Shambhala is settled down?*

A – In Asian territory, that one called as India, extending until Tibet, where many applicants go searching for wisdom.

Q - *I looks me quite strange. How can a primitive planet like ours have an occult government and a city so developed?*

A - Inside earth, at some determined places, previously pre-fixed by sidereal engineers, special points of energy was created at the Planet embryo. They are places which temperature and pressure conditions determine the curvature of time over the space, establishing over there, focuses of energy directly linked with galaxy center. Nowadays, at those points are fixed energies upholding the earth axel, thus and cities as Shambhala, Agartha and Light and Love could develop.

Q – *How nice, how do know so much? Do you know Light and Love city?*

A - Yes, I have already been over there, but only for short time. Those cities are strong points of energy and, spirits like us, still in wakening for spiritual realities could be simply pulverized.

I am studying to become priestess, then I attend several learning series. Now, I am guardian student, yearning that Temple apprentice degree.

I remain some years in that function, until I get enough knowledge and experience before begin new job, when I need state be able to get new responsibilities.

Before arrive here, I have worked as trainee for short time at cities such : Zimbala and Odim (satellite Cities of Shambhala and Light and Love).

Q – *And what about you, Li?*

A - I am primary student and Zu is my spiritual instructor. I follow her constantly, with a view to auscultate my own heart in honesty for helping people, as priestess.

Now I am attending at University of Peace, where I am performing theoretical study over history of conquests of primitive people and, spiritual, moral and emotional aspects of theirs ascension and fall.

- *That's Interesting. We could have those disciplines also here. It would be very good.*

A - Our researches and studies comprises access registration akashicos, thence we can obtain alive information about the facts happened such as scenes, dialogues, encounters and even the great men's thoughts and leaders of those times.

Sometimes, it is granted us, including authorization to access events in other planets, it's the case of our civilization ancestors fall at Planet Saturn.

We are guided for God's Sake and, here on earth, we are submitted under Master Jesus' loving lessons, to whom we and many other people, reverence as legitimate Universal Change.

Save Force! Save Light!

Li and Zu, 11/01/03

07. Other questions about the city

Another meditation for reciting mantra at 3 o'clock pm. Afterwards we have done it silent as habitual, again the previous Intra appeared and our dialogue restarted as follows:

Q - How long Lunthi inhabitants live?

A – On average of five hundred years. It is not habitual they get sick and when it happens, they are taken for treatment and efficient cleaning of aurean, able to maintain them immune for several years.

Q – How do they feed?

A - As we already told you, agriculture is basis of our alimentation. Here the soil is cultivated with deep respect and much love. We plant several seeds and await until they grow. When germinate, we cultivate those that grew healthy. The vrill enegy application is regular. After crops, we feed on green vegetables, fruits and juices. They are essentially pasty for scientists, priests and rulers and, semi-solid to common people.

Q - Then is there sewage service? How are the residues treated?

A – Dejections coming from consumption of feeding at low parts city, they are collected and eliminated out of the city, near forests and over there are incorporate to the soil, renewing natural load of nutrients for plants.

Q - Without any special treatment?

A - Yes, because the people's organic system here differs of yours, being cleaner its nature than yours.

Q - How is Lunthi governed?

Q - Priests and administrators, weekly, follow (as your terrestrial calendar) up the progress of activities programmed and, they seek promote the largest number of activities in order to provide occupation and collective spiritual growth.

When need, the Administrator is invited for solving either one or other situation of Beings' elucidation presenting some incompatibility. At these occasion, he takes advantage of all his experience and know-how to solve difficulties; if he can't do it by himself, he requests helping, depending upon of each one deficient moral aspect, thus making them perceive what they don't want to understand.

When the last measure is taken, it is recommended quarantine far away of family and friends, so that they can think over that situation, before take attitudes able to harm themselves. After the quarantine period, they are bound to the priest who, in agreement with each case, proposes specific treatment to "enigma" whose solution, can develop cerebral areas, stimulating the creature's deficient aspect. After the enigma solution, the individual returns his home and habitual style of life.

Q – How is reproduction done among of you?

A - Man and woman join each other, into body and spirit, creating new being, who is looked after for both parents, with differentiation of masculine and feminine tasks. Each individual is cared for learning the necessary acquaintance for each existence, going directly look for it and not avoid it.

Thus men try compensate the child's distance they didn't produce, by following him up closer after his birth and, mother, after her child's birth, she works for her family upkeep.

Q – Somehow, I suppose is the father who feeds and looks after his new- born babies.

R - As you see, in Lunthi, the bodies of ordinary men and women remind of those ones on the earth, except, the former ones don't have hair covering the men's body and face.

Note: During the woman's pregnancy, the man's body develop food bags, similar milk of our women, used after the baby's birth.

It is a short period of time, because after one month (of surface), they begin eat ready foods prepared by themselves. I know men will laugh and think it's madness or much creativity of mediums, but if they could travel carefully in our world, they would see exotic things such as alimentation and other human life areas. It recalls the popular proverb : Each country has its spinning-wheel and each people have their use (habits, customs and traditions).

Q – Do priests also eat?

A - Priests and administrators have liquid feeding, added of a special load of vril energy.

Q – And how are transportat in Lunthi?

A - As you have seen, we have animals that offer kindly to serve us. That work is part of their evolution.

Q - Are there motorized vehicles, ships, embarkation and similar?

A - Yes, every type of transport aerial, aquatic and terrestrial. Also there are corporal adaptation for fast displacement in three atmosphere types: water, earth and air.

Julian, 11/01/03

THOORÃ – INTRATERRESTRIAL CITY

One part placed in Minas Gerais State and, other in the
Middle-west region /Brazil

Peace only will be lived after pains and sufferings quite rude for this humanity.

Courage Brothers,

The fight is arduous and incessant but, at the end, exhausted bodies, you'll see the Planet regenerated.

Believe always in Superior Forces driving you, especially in the Supreme Planetary Governor, affable and correct in driving His Flock with so much Love.

Gandhi

Great Being, Martyr of no violence on the earth.

01. Thoorã

I travel across by lighted tunnel crossing the Planet in all its latitude and directions. I float out of the earth and I can see it like X-ray. Several lighted roads, spread out over the Orbe crossing the whole earthy interior, with shines of different intensity, but all in full activity.

The Planet Earth is a laboratory of forces in evolution, upheld and supplied for Master Jesus' Larger Love.

During my second meditation, I have seen ourselves in place full of mud, like a swamp. We're riding on animals that look like gigantic scarabs. We crossed the dense swamp until a forest plenty of big trees in front of us. After we had travelled along the road with so dense air, we arrived at a big wall full of mosses. One of the scarabs goes ahead and puts its horn into a small rift, invisible to our human eyes. A stone rolled to the side, appearing an opening by which we penetrated it. The animals left us soon after we had entered in and the door was closed behind us. We're not apprehensive; on the contrary, we felt quite safe.

The landscape have no attraction. Thence we set to surroundings of Thoorã city. Afterwards, an open transport speed on very high rails and while increasing its speed, it gets spherical form. Meantime, it left the rails and lift up as airplane taking off.

At the beginning, we have flown over a place similar the Amazonean forest, because there was a dense and closed forest crossed by a river. When we're flying lower, I could see well it was a long lake, surrounded of big trees and also many dinosaurs and prehistoric animals, bigger of several species. For its turn, the clean and transparent waters lake had gigantic fishes with very big mouths and serrulated teeth, swimming calmly going and coming. I was confused with what I had seen however, I was sure I would receive any information. For some time we stayed in that place looking at the landscape.

Soon after Elsim, one friend intra, became visible and began to speak:

- It exists inside Planet, out of the cities intras, prehistoric sanctuaries, earth relics still primitive. In those places where there is water in abundance and crystalline, pure in their spring, millenarian trees remains, inhabit prehistoric beings, dinosaurs of several species, transferred for over there during geological transformation on the earth.

Those gigantic prehistoric animals survive and multiply, in harmonic and balanced way, inside the Planet Earth.

The future planetary convulsion, earth will suffer once again, can extinguish definitively those animal species, then having their cycle of existence concluded in this Globe.

Those animals are living beings remainders of primitive ones, which had inhabited on the earth times behind. They are not darkness beasts trying subdue human beings, imitating primitive animals.

Those gigantic animals live inside earth, but around the cities intras. They don't have intelligence and just follow theirs instinct and are controlled for Superior Forces that command the nature.

Some cities intras cohabit with some other species that graze near their entrances; not interfering its evolution and also don't allow them for their civilization.

Thoorã is one city intra of median graduation. Its people, in general, doesn't know the inhabitants of surface but believe in their existence.

The acquaintanceship with other people intra is peaceful. Their basic feeding comprises juices, fruits, pastes, jellies and vegetables.

They live in small societies linked to the Central Command.

The numerous families meet into small nucleous, organized for collective welfare and all they work.

They use vrill energy for collective welfare.

They study at their Universities and make constructive exchange with other cities intras.

They are tame, peaceful and always seek general welfare.

Elsim, from 17 to 18/01/03

SUBAQUATIC AND SUBOCEANIC COMMUNITIES

The arduous task is challenge for noble hearts.

Mark definitively your journey in the matter with symbol of redeemer work and throw over the world the unification seeds that fraternize the remaining Apocalypse humanity

Save the Force!

Save Divine Master's Jesus Light!

Joana of A'ngelis

Dear martyr Joana Angélica. Heroine of fights for Brazil's Independence. She was sacrificed barbarously while defending Convent of Lapa, Salvador/BA.

01. Intra-oceanic Cities – God’s Eyes on the waters

I go down until the sea bottom, where I can see blue cupules of a intra-oceanic city. Inside a transport that seems a bubble, we have traveled the area and we approached the blue cupules. Some whales circulate over there and, when they are nearby cupules, they seemed like small fishes.

The material of construction seems gelatinous but, only of appearance, maybe due waters movement, but it’s hard material indeed.

I see gigantic green forest surrounding the cupules, forming natural atmosphere for marine inhabitants.

Our transport enters in the city by means a very big gap, after lift up and arrives floating at small beach.

Two beings, one masculine and other feminine approach the beach. His appearance is like one Neptune’s inhabitant. She has clear, silver and wavy hair, almost reaching the ground. Both they have crown over heads.

I see them at distance of our transport and they seem aware who we were and what we did, but said no word.

We didn't go down over there and went to another place.

I see, while navigating, besides of fish and other marines species, other styles life like fishes circulating over there, but when approached us, I could see they were some beings already described by Ersam previously.

Q – Do those beings grow up here?

A - Yes. They are beings superior than man of surface and, stay here voluntarily, giving support to the system, because they catch superior energy and distribute it equally for oceans and seas, making possible the life permanence in those worlds.

They are the God’s Eyes in the waters!

Hmane people, you ignore the earth, as well as you ignore yourselves.

The subaquatic ones, through their minds, if necessary, by using their advanced technology, they realize all the events inside oceans and seas on the Planet, interfering in some way when it is necessary for life upkeep.

When it needs, those evolved beings get own shape of marine animals and so, they enter inside surface, including the Eskimo one. Thus they can take the suitable shape according with the moment.

Ersam, 28/09/02

While Ersam was speaking, already at the end his message, I saw inhospitable places, glaciers collapsing, lots of ice floating and also many polar bears, birds and aquatic animals over there.

02. Notion about the subaquatic cities

Sisters!

Peace in Jesus, regent force and upholding of the Planet.

The Planet Earth, vast field of working and learning, where men make systematic harvest of previous plantation.

Few ones pickflowers and nothing plant. The sowing effective in most part of Planet is made of thorns.

Jesus' Evangelical Revelation, is recorded into all human hearts, however, creatures use their free will to choice shadows. Even those elevated spiritually ones, trained and

qualified for fight, indeed Warriors of Light, they have been deserting, bringing sadness to our hearts. Men live immediatism of their material existence.

Once again, Father sends them Light of hope and progress about the brothers intras, living together in same Planet, but still unknown. Men when aware their existence, may spread out the Good News, spreading out existence of evolved styles of life on the earth. Become saturated the atmosphere about the truth, the latter one spread out over the world, arriving until those humble and disinherited their matter and then bringing new hopes for earth.

We work on behalf of Jesus and on His Sweet Name we go ahead.

Save Force! Save Light!

Ersam, 28/09/02

03. Life and Work in subquatic cities

The subaquatic cities have been interfering, according to Superior permission and people's karma for upholding life, reducing pollution and excessive contamination of rivers and seas, within their action ray.

They act for dynamics of underwater life, thus they don't loose specimens of plants and animals which still need exist and survive.

The man's ferocity exceed limits even his own survival, because destroys just for anguish of dominion and ownership.

The Intras who work at intraterrestrial underwater basis, they come from several cities intras, and, some from existent underwater cities in other Planets.

The intraterrestrial underwater ones, have skin unlike of earty ones because, the latter ones have been adapted for living within waters, acting this way for not discord of tune and disturb the inhabitants (fish and other species).

They have a type of scale recovering their entire body and they looks like fishes.

Their two or three fingers of each hand and foot are linked by weak membrane, giving them form of fins.

They have small lateral holes acting either as ears or sonars, able to catch the smallest vibration inside water.

Instead of nose, there have two small holes which filter water, making necessary gaseous changes for breathing. The eyes are like of fish, they have mouth and feed on plants and aquatic algae.

Our brothers live well with aquatic inhabitants not interfering their stylelife

They work seeking the planetary balance, reducing at maximum the harmful consequences brought by nuclear explosion in the sea, forming a bordering barrier against of radiation and, collecting animals before they are reached. The polluted waters are still worked at its all lenght, because the nuclear radiation is not neutralized fastly, sometimes take millennia of years for retake normal life and water can be used for consumption and uphold it alive.

The work is dynamic, inside earth, seas and the Planet surface. Work addressed to New earth will reborn full of life and power.

Save Jesus!

Ersam, 28/09/02

04. Submarine Community

One being help me leave my own body. We go together untill a beach unknown to me and ilt was wild and quite desert.

I walked towards the sea and, when water covered my body almost all, a feminine Being took me by the hand and we dove. She drove me patiently. I was ecstatic, therefore without fear, we dove more and more deeply aware of everything happened over there.

I could see details of colours, beauty of marine vegetation. I saw multicolored fishes, shoals of big and small fishes moving nearby us, besides of shellfishes, rays and all marine species. While increasing the depth, fauna and flora were modifying. Animals didn't stand in fear with us and they seemed to agree with what happened.

My companion gave me incredible tenderness.

We arrived at such depth where everything was dark, but my companion had a type of flashlight, coupled her forehead that lighted the atmosphere around.

We proceeded until the basis of a marine mountain and thence we passed through a tunnel and we proceeded until a place with no water.

We went out of the water to a big living room. The floor had porous surface but it was not sand. The walls had reentrances, despite of being rough, didn't hurt the hands. We proceeded along of one corridor until a type of elevator made of quartz crystal. We went up and walked stages with living rooms made of crystal, and different activities were performed over there.

We returned our meeting, already with my physical body and my companion spoke like this:

- Good evening friends!

Once I am visiting you, I present myself. My name is Nasha and I belong one "species of Beings" inhabiting the ocean interior.

We are many and it was given us this opportunity for bringing you information about our stylelife and tasks.

Actually, this doesn't happen to satisfy curiosities. There is a determination coming from the Superior Council for this communication, motivated with that depend upon us help your Group.

We are qualified for some tasks which can be useful for your people at opportune moment. Later we give larger information. At this moment, it is us allowed say, you take part of the planetary group, whose work is clean part of terrestrial physico-spherical, unblocking channel for anchor Superior Energy during the chaos lived for people of surface.

Dear friends, we're very happy to meet you to this great taskwork.

We wait new contacts, thank and we leave for you our affectionate embrace.

May strengthen your faith.

Nasha, 29/01/99

05. Activities in intra-oceanic cities

We're here to render explanation about the intra-oceanic cities.

We inhabit interior of oceans, We're Intras, however of unlike species.

We are adapted to marine atmosphere, freely inside ocean. We have some devices coupled our bodies so that, we can travel among of seas and their inhabitants easily.

Moreover, we have advantage of upkeep ourselves moved away the curious men of surface.

As already informed you, in other opportunity, we perform cleaning of astral plan, through magnetic reception worked by oceanic waters.

Oceans receive huge sources of astral energies, wasted due humane insanity, who spills over the astral plan their wilder will and immoderate feelings.

Part of that harmful force is processed by our city, acting like energy recycling basis.

If didn't exist that sort of work and action of stellar ships, determined by GFBU, the axel of the Earth no longer would be uphold.

Thus such action shared between ships and cities intras, avoid momentarily, catastrophes of natural order.

There are other countless activities we perform and soon will be transmitted.

Await new contact.

I say good-bye on behalf of Love.

Rechan, 12/03/99

06. Fabrics for purification of ocean water

I see Ersam who talks with me about the intra-oceanic life.

"The intra-oceanic cities are so evolved. They have singular beauty and the Intras get along well with aquatic inhabitants. They feed no longer like you; they catch from water the prana energy, existent for their life upkeep.

They give their contribution for the planetary equilibrium, decreasing the harmful consequences provoked by the humans' insane actions.

They detect and also clean up abnormalities at the bottoms, which provoke unnecessary unbalances to the Planet, thus upholding the seas harmony and balance.

They don't work directly at the inferior abysses of underwater world but, they provide condition necessary for Beings of the Light do it. They are amenable and peaceful ones, but having vibration superior, doesn't depend upon them to redeem Beings of dense vibration, living at the ocean abysses.

They are ready for leaving the Planet, where worked and developed, while inhabiting it and have contributed too much, making possible life and control of waters.

Soon afterwards we dove and arrived in place where waters were so agitated. As we have entered into whirl where there are gigantic bubbles. My companion said those were water purifier Plants.

Ersam, 30/11/02

07. Earth, school Planet

During the planetary evolution process, men have been helped for evolved brothers of others Planets and of earthy interior, friendly brothers who, hand by hand with the Stars brothers, they reduce harmful consequences provoked for earthy man's insane attitudes.

It's time for earthy men join with brothers of earth Interior, for construction of the New Home.

Those brothers who have a lot to offer, even aware they can receive little or anything. They don't seek any reward, therefore do everything just for love and pleasure to do one's good.

They are evolved Beings and realize what happens on the Planet, either in high and inferior plans, once they are connected with elevated Minds governing the Planet Earth.

Obedient, they perform their determination.

The mankind of surface may remove fear, opening his own heart for understanding about the different ways of life inhabiting Earth as planetary school, laboratory for many spirits at unlike vibratory graduation.

From such understanding depend upon his future life.

Save Jesus!

Ersam, 28/09/02

08. Synchronism of actions

"The cities intras have their "doors opened" for those who desire sincerely visit them, but only few ones get surpass obstacles and barriers for staying beside us.

During the planetary redeem, brothers of surface have opportunity for living with us.

May you realize how love us as well as we love you.

Q – How will be the situation of intra-oceanic and underwater cities during the Transitory period? The brothers Extras, who are always working to do the earth's good, do they return their original planet?

A - Not, necessarily. Some evolved ones can choose inhabit another world as yours, progressing, helping those brothers as they do with you.

They are evolved ones and do the infinite Universe their home.

Q – And the redeemed ones, how will they reach cities intras? By ships or walking using access tunnel?

A - Many of them will be taken in spaceships for cities intras, other on foot reach access tunnel.

For each one there is specific situation, in agreement with their own action, vibration and thoughts. They will be bound to "similar groups", in agreement with their worthiness.

No spirit won't be lost because, in that moment, all they would already made their choices and decided their future.

The decision of human beings' future doesn't depend upon the Intras.

The Army of Light have specialized beings divided into similar groups.

The Intras and Extras ones, together guide the redeem, both under Commander Yury's orders.

The planetary process is complex, but it is well defined and structured and, each member linked to the transition-redeem, has his own work. There is the synchronism of actions, harmony of thoughts, uniformity of command, and our Father, Creator of All the Worlds and Beings governs all the present, past and future events.

To Him we offer our life and we him submitted with muc respect and humility.

Orcadim, 26/10/02

09. City of basis or support

Q - Will the intraterrestrial underwater city at Amazonian area receive redeemed ones?

A - Yes. It's transitory city, basis or support for brothers extras and intras and, temporary shelter for redeemed ones over there. Later on, they are transferred to other city intra of rescue, spacial basis or transitory Planets.

Q – What does mean a transitory planet?

A - It is a small planet, specifically prepared to receive earthy people. Over there are trained and prepared with new scientific and technological know-how for the New Earth.

Some human people are already inhabiting that type of planet.

The highest Hierarchy, that runs on behalf of self-existent Creator, work full time so that, all the movement be synchronized, governed by Light. The mankind can't see the something else happening around he own, not noticing therefore, the great process of planetary transition he is living nowwadays.

Save Jesus!

Ersam, 28/09/02

10. An submarine colony

I have left my physical body while seating physically at the table in our Spiritualistic Group, which I am member of mediumistic group. The Guide was already waiting for me in front of our spiritualistic House and, on that moment I looked at that "deformed beings" presence, trying to obstruct my way. For an instant I stand in fear but soon the Rarafath's approach, with his habitual goodness smile took me by the and we boarded on his small "flying saucer."

We flied up and down until we could see the Earth with all her fullness and beauty. Afterwards we began the landing and within few seconds we dove within the Pacific ocean, covering the United States of America. We went going down until reach the profundities of the crystalline waters and we went down gradually, appreciating the wealth and exuberance of flora and marine fauna over there.

While we were going down, everything around us could be minute seen, as if we were out doors, in the middle of sunshine. I was so surprised before that unusual phenomena, thus asked my Guide the why so much light. He explained the attrition of waters in the fuselage of disk, putting in operation its structure that transformed this energy into light, clearing everything around at safe distance therefrom.

Nearby us passed beautiful and exotic fishes, of several forms, sizes and shades. Before our amazed eyes, paraded cluster corals, shells, mollusks, crustaceans, sea algae and other living beings inhabitants over there. Taking advantage that event, Rarafath said, at that exact moment, there were algae in abundance which are been studied with a view to constitute, in the future, the foods basis for earthy people.

*Finally, we reached the the ocean bottoms. Rarafath went to pre-fixed place where I supposed to be entrance of grotto. Thence we arrived in open place of very big area. In that immense oceanic area we found an **"Aquatic City."***

The city or colony is wrapped up for a gigantic transparent bubble isolating and protecting it against of waters. By one of their entrances we transposed the obstacle, the bubble, and then we're received for two of their inhabitants who seemed any leadership.

They have approached and received us. I stared them with a view to describe them better later.

The inhabitants of the city are tall, of majestic appearance, bodies covered with something like scales. Their heads, also covered with scales, proportional their bodies; thin ears in the top, also proportional their heads, big eyes, irradiating kindness and intelligence; they have nasal cavity and the mouth looks like the fish ones; they have superior and inferior members, the latter ones finishing with feet similar flippers and, their hands have membranes among of fingers. What distinguish woman and man; female has larger scale. They usually breathe inside and out of the water, that represents one of their conquests in performance of physical body, for better adaptation to the environment, enjoying their advantages.

We began a telepathic dialogue, within that "strange and unknown world" for us, earthy people, under my Guide's approval.

Q – Are you from Earth?

A - No, even though we have already been here, thousands of years ago.

Q - Did you always have that shape?

A - Not. We developed that one with a view to, with more speed and safety, move ourselves better in aquatic world and also don't frighten its fauna.

Q - Do you have transport?

A - Yes, we have transport that take us to distant places, therefore we also took care of safety and of perpetuation of the human race, preservation of marine species, following up their day by day by means of our "observatories."

A - If you are not from here, where are you from ?

A - We are remained of other planet, belonging to a galaxy closer you. That planet was comprises more or less ninety per cent of water and, it almost had collision with an asteroid, the one that had happened indeed. Times before the shock which had caused explosion, all their inhabitants deserved and provident had receives calls of alert and helped for leaving that world. Thence, we went out looking for other "house" for shelter ourselves and if possible, settle down. As says: "who looks for something, can finds it", then we found that beautiful planet that, beyond of its volume of water that approached enough to our old home, climate was compatible too.

Here we stayed adapted and we like the way of life here.

Nowadays we defend these same waters which the mankind always insist on put his garbage.

Here we'll stay helping all the people.

Then he invited us for visiting them whenever we want and then they would present us their city and its habits.

Rarafath, 09/09/85

Note: We had no longer news of those people, because that astral trip happened in 09/09/85 and the spiritual medium no longer wanted to travel out of his physical body. He just had abandoned the work. This recalls an expression dictated recently by one member of our group: "The wall of lamentation is full of sorry deserters (Marcos Novaes, 1st semester of 2003). The cycle of revelation was interrupted once again, as well as many other described in this simple book presentation.

11. Sanitation

Brothers!

Our work in the surface of the Planet is made by sanitation of rivers with several and different pollution. Our basis is submerged in that river and has connection with the other underwater basis existent at other points of Planet. Our dynamical work comprises the several sections of life and several Nature kingdoms: earth, water, sea and air.

Our task increases at the end this cycle, where dense energies stand by larger intensity throughout the planetary Orbe. Together with all the other remainder cities intras, which we organize and get in touch, we work for the Planet and people evolution.

We and our ships stand vibration much subtle, not allowing perception or interception of human species.

Even the negative and dense beings, which try dominating the World, they have their volitation decreased by us, who together with GFBU, we didn't leave their malign action reach the superlative, despite of having already exceed, so much the allowed barriers. Nowadays, they are arrested and exiled to similar homes.

We believe in our Group power for better distribution of Love to the planet.

Love and Peace.

Saradim, Rio Negro, 31/03/99

Note: During our fortnightly vigils, we were at the beach placed between Barra do Jucu and Setiba, at the sea-shore of Espirito Santo State, Brazil.

More than once, the Intras, having special mission to the earth, they visited us, leaving from one underwater basis existent over there.

Unfortunately, that clairvoyance and mental dialogues were not written later. Though we still remember that explanation content given us concerns with existence of basis submerged, it have same message content described above.

... "So much clamors for helping have resulted into Larger redeem Plan and planetary helping.

Receive the guidelines which soon will be your future and begin the construction of a happy tomorrow.

Rama-Schaim
Master Ramatis´disciple

CONCLUSION

SEVERAL BEINGS

“...May wait coming from skies friendly hands for helping them, but also wait sprout from earth, friendly hearts welcoming them.

May you realize everywhere our Father want, life shows contradicting the poor human thought limited in his form and structure.

Ramatis

01. The book and its results

Don't worry, your work is not conclusive. That is not its purpose, on the contrary, this book throws over the humanity, the keys with a view to discover new and curious worlds.

Each one who read it, he'll wonder deeply the subject and, throw it up the High, through his own mind, the helping appeal for this purpose, and will be received by intras qualified who will help him to be free of mental insanity in which live human beings, stimulating his recovering energies, preparing his mind to receive and assimilate the images, sounds and words received.

The book, when it have been published, it will approximate men of surface in cities intras, putting them in touch with realities before unimaginable, therefore will materialize what minds still dense would not be capable of absorbing, even having the largest devoted efforts.

Everything happens as planned. They spill over you, light of blessed explanation and, Divine Kindness invites you for sharing that gift received with your embodied brothers.

Save Light that everything provides.

Count Rochester, 07/12/02

02. Emergency Plan

Indeed, it's good, don't have doubt. You have understood well when we have affirmed you about the **"an emergency Plan" bound to collect and remove of your Orbe, all those who don't deserve crossing the river of death, with such violence and destructive impact.** You know we have science and enough technology for postpone, avoiding a disaster in such proportion, even because, our presence seeks not only protect the own men, but mainly upkeep equilibrium for your solar system, at the galaxy branch where places it.

However, the free will exists and, in case of one unexpected action, an unhappy creature be taken by the evil and perverse force daring destruction, we can know in advance **in minutes.** That make us free of commitment with GFBU and it will guide us in direction self-conservation.

We'll leave in retreat taking with us all those ones, evolved spiritually and able to separate of their matter, leaving it readiness and detachment. For who remains, pays at double intensity, force of inferior instincts leading them to a very painful end.

That is not what we want and planned for you, nor what wants our Father. We'll do our utmost to avoid such destruction, because many cycles are necessary to rebuild what will be lost. But it needs realize, this possibility exists, due embodied ones give den to the Darkness into their hearts and madness disperses throughout the Planet Earth.

Q – Then, will you appear for redeem?

A - Our emergency plan foresees immediate helping for all those syntonized with us. **Each one among of trillion of inhabitants of your planet will be monitored by us and, having a sidereal identity established through a vibratory pattern.**

Those who already got the minimum demanded for a new life, they will be followed up closer. The great number that still didn't reach it, will be stimulated by karmic Law and for our interference, whenever it is possible, day and night, while sleeping, with a view to elevate their vibratory attitude.

To pick out them is therefore, an easy task for us and we are ready to do it. **More difficult is to lift up vibration of primary creatures believing to be the single inhabitant of the Universe.**

Abur, 30/11/02

- *Spiritual medium words:*

I have seen acceleration of karmic karma concerns with individual and collective events several ways. The images presented in front of me quickly. All had a kind of medical promptuary, where were written small progress of spiritual health. Our vibratory attitude were monitored by an apparel, whose results were marked in a viewfinder, like electroencephalogram.

Q – *Is this emergency plan part of larger one driven by Commander Yury?*

A - *Yes. Yury is also present.*

(Thence Commander Yury continues his revelation)

- We are working permanently connected with this humanity's redemption plan. **We know some of their members (governments, world leaderships) can be manipulated indifferently by Powerful Representatives of Darkness.** Forces uphold in equilibrium, because the perverse creatures don't intend destroying the Planet. They intend, yes, to dominate it. However we know when they feel weakly for domain so desired, they can through the desperate action try destroying it, actually.

For avoiding that, we created the Emergency Plan, therefore many creatures don't need, nor deserve be disintegrate with the Planet.

Courage and determination! Forces and Light!

Those are your weapons. Move forward firmly obeying our orientation and, this way you give your ontribution for upkeep the forces equilibrium confronted in the Earth at this time.

Q – *In case of nuclear explosion, would not be larger the forces unbalance that uphold united the planets?*

A - One of our first action, it was to establish a plan comprising emission of magnetic waves of several graduation. **Devices placed strategically at long distance safe, converging forces, creating dense magnetism field similar one of earth that, artificially, will substitute its presence in the upkeep of equilibrium for the group.**

That measure aims impede unbalance of the whole system, because if it's not this way, the involved planets and all the other celestial bodies existent here, they would be rebounded in several direction, causing disorders of great proportion in the whole group of systems and thence to its circuit, by chained reaction.

Yury, 30/11/02

03. The Intras' Farewell

Save Light! Save Peace!

Brothers, the representatives of cities intras, bound to guide you during developments of tasks requested by the Highest, they renew their blessing and light votes for your roads.

They are following up your work daily and, sometimes, your day by day.

They say good-bye because, meantime you continue the next work step, they return their cities, for announcing the other inhabitants everything they had seen and heard. This way they establish network between our worlds.

Pay attention, the blessings added of Divine Mercy, may arrive until the most petrified and unbelieved hearts. As "constant dropping will wear down a stone", so begin enlarge your own thoughts.

May the Mister of all the Worlds protect and help you.

04. I am not a queen...

When we began singing, I saw Lady Mary of Nazareth at distance over Morro do Chapeu (it's a mountain), therefore I was in front of it. The beautiful Lady came as if she were flying in the space, smoothly, floating to our direction.

She dressed one queen's mantle and also had a crown over her head. When she arrived closer us, she left drop her mantle and her crown and thus she appeared in front of us dressing one too white, and simple tunic and her hair was free to the wind. Into her hands there was a bouquet of very white and bright lilies. She distributed them individually among of all the people over there.

Then, she sat down on the ground like us, in the middle of our circle and thus she spoke:

I am not queen, I'm just humble Jesus' Servant like you are. Kneeling, I beg the lovely Father and His Adored Son for this crazy humanity, who stands in ignorance, despite of screams and clamors coming from the High.

You are at one place of the Creator's rare beauty, where you have stated the minimum life blooms fully. Micro-universe of exuberant beauty.

Awake terrestrial brothers!

Look at lilies in the field! Look at birds in the sky!

By chance is not the Father who all uphold?

Why is there so much greed and violence?

Move away of the evil, be strong and courageous facing yourselves!

In short time and through you, **as Group of Work, Cleaners of Light**, will present to the world others styles of life unknown for the main of the people, who don't want to see the enchantments exposed them sight. And who has eyes, may see, and who has ears, may listen and understand.

All together shaking hands, the Star brothers, humane ones and Intras. At last, New peacefull Times comes.

I kiss your face as gratitude gesture, for your extended and anonymous hands, for spontaneous love you devote for all helpless creatures.

Save Jesus!

Mary, Morro do Chapeu, 08/09/02

Note: That day, in 08/09/002 we woke up before 5 a.m due fireworks lasting until 6 5 a.m when began the Our Lady Victory's mass. All that was followed with musical band that I don't know if it was alive or instrumental music. Truth is, if noise means Faith, that city was quite full of such virtue.

The whole Morro Chapeu city vibrated happiness due Lady victory's celebration. Maybe, on account of that event, the Astral plan made easier Mary's appearance, alive, spontaneous and almost human.

We all knelt down spiritually and thanked Kindly Father the gift of Sublime Messenger of Light have been visiting us, the largest and more unselfish Jesus'servant

Thank you Mister, for so much we receive and so little we give.

05. Let children come to Me...

Let children come to Me, because theirs is Heavens Kingdom!
Loved daughters!

Walk like children in middle of Beasts and I'll make them blind, for not see you.
Have pure your hearts and, you are invisible to the mental rays trying to reach you.
Devote your own energies for charity work the most destitute ones, moral charity,
spiritual and material.

Go on doing one's good and, everything else is granted for you and yours.

Keep loving vibration and surely Father looks after you.

Go ahead, like warriors you are, while moving forward, your own lives no longer
belong you; you're renewed devices and hope into the Father's hands.

Assist Him direction with faith and safety and may Peace be with you.

Jesus - Your Brother

*After reading that message, Mrs Margarida said the words were so humane as if
were one of us speaking alive. For our surprise, He, Unforgettable Brother, continued
transmitting us their thoughts. Thus began new communication.*

- "I became myself a Man among of you, so that you could hear me and learn well.

**As man, they didn't accept Me as God's Son, lots of them didn't accept the man
and, His words full of Love and wisdom have been lost, inert in the time and in
disuse.**

As I have promised, I stay among of you, as Divine Sparkle irradiating Light of My
Thought among of men so that, once again, those who have ears to hear, can listen to Me.
Through my pupils, rise among of you fruits of works of My Love, so that those who have
eyes to see, can see Me. Thus will be until the end so that all may have life in fullness.

No creature, in the future, can't say HIM, he didn't receive necessary helping for his
redemption and evolution.

Be at Peace !

Jesus, 21/02/03

*Note - After reading that communication we were frightened due that message
content. The spiritual medium didn't have nor has condition of creating that beautiful page.
We only can say: Thank you my Jesus. Thank you Sweet and Loved Rabi from Galilee for
divine message presented us.*

06. Planetary transition: begin, middle and end

Peace on all the quadrants!

Peace also into your hearts!

Light always shines; stronger will shine larger as pains.

Everywhere in Orbe are organized among of embodied people, **survival groups,
guided for our crews** for the difficult tasks awaiting them.

With a view to make easier your understanding about the blessed redeem plan, we
have divided it into graduation groups.

The first one and longer is the preparatory stage, which we intensify with our
apparition at this globe, starting since the fifties of the last century (as your earthy
calendar). **That stage ends with the previous notice given about imminent action of
poisonous gases over your psychosphaera** (the three blackout days).

The second is a work of chemical nature, due delay of decomposition of bodies, the
great number of bodiless ones, your brothers who don't believe in the calls of alert
received, they will find their deaths in spirit unprepared. Besides of the physical support in
the sense of slow down and **contain fast decomposition of bodies**, we'll help in
selection and transfer of bodiless ones, because the great bodiless crowd represent

work many times higher than capacity of service made by **traditional groups of spiritual help** always helping during situation of collective deaths.

Meanwhile, several naval fleet perform specific work. While some control **decomposition of bodies**, other **collect and select spirits** taken them to a third naval fleet and thence **to specific places**, according with their spiritual graduation and current situation.

Meanwhile, a naval fleet are helping the victims of suicide and of madness, trying to decrease and to soften the sequence of insane actions that certainly will appear. Another naval fleet especially qualified collect and receive the seeds for New Era, children whose karmic plan won't force them to support pains endless devastating the surface of the planet.

At last, they will be settled down in the cities, **sources of force and light, of free access to balanced and prepared minds**, so that can get forces enough for crossing the darkness and survive before that chaos and human madness. **At that hour you may connect your thoughts with us, because everything you need will be presented by our Father's Mercy.** That is the crucial to the humanity's redemption.

Once overcame initial pain, then we'll be at another stage of redeem, where the survivors shall **forming groups of upkeep and reciprocal helping.** Friends and relatives will be looking for each other. For find them, they must to face pain of leaving their shelters and realize that were true the prophecies and warnings done under sad scenery around them.

Your love will be larger and it will move them towards the rescue nucleus, because these are recorded into their unconscious, to which we have worked during the preparatory phase.

IMPORTANT: only those who accept and allow to get in touch with us, while sleeping, will receive that instruction, which is recorded into their minds, because **it's Law, respect the human beings' free will, therefore we can not impose our presence and reality of our existence to no one creature. They should believe and accept us for free and spontaneous will by their hearts.**

Once gathered in the redeem nucleus, some individuals are taken for certain time moulding their Christian attitude in facing adversities, because lots of them will be connected with us through the energy sources for fear and not in order to be renewed.

Those creatures need to purify their prejudices and sore in the course of hard affliction of confined, restricted of feeding and of acting until the moment comes, when tectonic movement denounce the approach of magnetic forces for verticality of the Earth axis definitively.

Meantime, those who have worthiness indeed, are hoisted either by our ships or similar ones to cities intras, so that move **to the graduation of mental re-programming and learning necessary to the earth reconstruction.**

Earth will be washed and lots bodies of incredulous people, already into putrefaction stage, they are transformed into fertilizer for sowing of new civilization. Their pain will be marked forever on the Earth body like registration of their spiritual inability and trials about the all opportunities offered them by the Father for redemption.

We have been present during this Planet creation; we have followed up his childhood and planetary growth. We were present during the awakening of rebellious adolescence, manifested for people who have lived here and nowadays, we'll be still following the evolutionary jump earth for fullness of spiritual progress.

It ends the redeem stage, where who grow spiritually are bound to cities intras. The perturbed element of planetary order, the Intruder Star, will be moved away slowly by magnetic force of our ships and it enters in the other system orbit. As it had happened

with earth in the past, over there, the Intruder Planet begin the dawn of new cycle of karmic evolution, in which beings transferred (exiled) over there must restart their dense and poor evolutionary journey, because nothing they didnt get to store the large learning offered them of their previous planet.

Q – *Will that other system be near Earth in same galaxy?*

A - Yes. The distance separating the both planets can not be longer, despite of being, magnetically, in different dimension, therefore lots of earth survivors will also be instructors, able to explain to the declined ones about the great variety of subjects.

Save Light!
God saves you!

Ashtar Sheram, 19/10/02

Endless nights appear.
Prepare your hearts with Love
It increases pains in this Planet due don't obey the Universal Law of Love.
Brothers, Love each another, then you can be elected by our Father.

Ramp

SECOND PART

Hope is the last fire that will stay into the heart of those who have faith

Rarafat
Intraterrestrial of Stelta

*Panic and fear only exist for those whom don't want hear
Our hope among of you seeks explanation about the events so that each one,
according to his evolutionary graduation, can determine his own redemption action.
While exist afflicted hearts we're present*

Arfat
Intraterrestrial of Stelta

**OLD MESSAGES ABOUT THE INTRATERRESTRIAL
ALREADY PUBLISHED IN PREVIOUS WORKS
BY GER AND GESH GROUPS**

ON THE EARTH

*Open doors of freedom,
Favorable moment, each one take his place .
Easiness for all of the evils.
Opportunity for all bad habits.
The gates of the delusion are opened widely,
It increases the rows of desperate ones,
Recrudesce the storms of madness.
No longer it is known where is the Law.*

IN THE SKIES

*Join afflicted souls in tatters.
Minds parade crying for urgent help.
It closes the siege to the responsibility.
While fighting men on the earth
Fighting for ephemeral pleasures.
In the skies work wholesome friends
For helping, step by step , those imprudent ones
Who had forgotten that exists eternity,
Where nobody jest the DIVINE LAW
In a judgement at the same level*

A Extraterrestrial, without identification. GER, 25/04/85

01. Messages already published

We have included some messages received since some time ago. Thus, who read them carefully, can notice this work was already, since long time, programmed for mentors for publishing them during that crucial phase of Planetary Transition. As you can verify while reading, they were already showing us the direction of acquaintance for putting us in touch with them, Intras, at the bowels of Mother Earth.

At that time, there was indications of a gestation, which we didn't still know how long it would be, but just the certainty, the "child birth" would happen after all the earthy tremors provoked through the verticality of the Earth axle. Then, that what was inside Planet come to outside. It means the intraterrestrial or underground cities will emerge and the Mother Earth will give the light to a new civilization composed of only one people, only one race, only one government, only one language, without barriers, without borders and, without passports. It will be, finally, Peace and Love involving the world.

Earth renewed that will present so beautiful and pure as a new born baby.

That's the beginning of the New Era.

The messages are beautiful and enchant our spirits. They have deep wisdom that invite us to profound reflection concerns such as: who we are, what we are doing here and where we are going.

Flash of Light coming from the Father, we are surely. I hope, after a long journey, we may arrive to Him again.

That's what the messages tell us.

Margarida, Vitoria/ES, 1st semester of 2003

02. Dialogue between Spiritual medium and Rarafath, inhabitant of Stelta.

Q - Brother, there will be indeed that reform so spoken in our planet?

A - Yes, there will be.

Q - Is it true what is told by ones, the process was anticipated?

A - In the underground city which we have built, everything is already prepared.

Q - Will we, people of surface, go there during the crucial events?

A - Maybe the city can't be used as it was planned due serious convulsions on the planet.

Q - How will help those whose lives should be preserved?

A - On account of unexpected that may happen, it was requested by the Stelta inhabitants, a Mother-Ship to the Great Universal White Fraternity.

Q - Did the brothers always live in Stelta?

A - Not. Since long time, we are preparing Stelta, but we are not from Planet Earth, though, in our original world, we have lived in its interior. Therefore, we chose such task, due our huge experience. Maybe all our efforts must be useless, but if that happens we won't be upset, nor frustrated. We love the terrestrial humanity and the plans will be performed accurately, apart being not useful.

Peace on behalf of the Master.

Rarafath, 25/01/88

03. Visiting intraterrestrial city and its guardian

By my astral body, I was accompanied by Rarafath. I began to travel an area where the trees reach such height that is difficult to imagine and, where the green is greener in its varied shade. I thought that was almost impossible to penetrate that jungle, but we have won that barrier, of course, because our body was not material. We arrived in such place where there was one entrance quite camouflaged, and it opened when we stopped over there and also a small and tame look appeared over there. Rarafath said we were just in front of the "Guardians of the Entrance."

He introduced me to the Guardian, but that time we couldn't know the city and their inhabitants. Thus, thence we returned.

One week later we visited that same city again.

We have arrived until that passage where, during the previous visiting, we had seen only one entrance. Now I describe what I have seen, the best way I can.

The door has triangle shape, yellow, seeming made of gold, worked in high relief with triangular illustration, taking pyramidal shapes. As soon as we stopped, the door opened and the "Guardian" appeared.

He was short, having stature of one meter or one meter and twenty. His body was proportional to his height, his head of pear shape, small mouth and his almond eyes seemed irradiate his intelligence. I didn't see any nose and his ears were prominent and pointed to his head top. Their inferior and superior members were appropriate to his size too. In the hands, I just saw his thumb finger, because the other ones comprises single group, as well as the feet, of same format. That shape of feet and hands don't mean they descend from underwater beings, when used the feet and hands as fins. On the contrary, they are like this for congenital constitution; the organs or part of them, gradually have been losing or improving the form, in agreement with that work they should carry out, as evolution of race. In the feet, they have the balance and uphold weight of body; in the hands, in tweezers form, help them hold objects with much more firmness. Here it is one characteristic that people.

Soon afterwards, we took the transport and he followed us. We have travelled a road like tunnel in slope that seemed to me so long way. When we arrived at the opposite side of the tunnel, we glimpsed a city and soon I could perceive the difference due colors of construction lines; while in Stelta, intraterrestrial city, the basic color was gray, here detached the brick one.

I was absent-minded, looking at the metropolis' features and, I didn't notice we had arrived in other place similar to landing platform and we were already landing. There was a small group waiting and welcome us. It was said they were hermaphrodite beings, because at first time I couldn't identify them any difference between men and women. Both dressed equally clinging clothes of silver color.

There were peaceful and sincere greetings. That time we didn't visit the city and Rarafath said we should return other times for that purpose. While we're leaving, our friend said his name was Palacus and Centaurus, the name of the city.

Thence we returned by the same access tunnel to surface. Thus finished our trip so good as the previous ones, and Rarafath left me at the door our Spiritualistic Center where my physical body was together with our group again.

Spiritual Medium, 22/07/85

04. Centaurus – intraterrestrial city

When we arrived, the door opened. We have travelled the same itinerary the previous trip, but this time, we were alone and nobody waiting us. Then we began to visit all the places outside. We saw the hospital, theater or cultural palace with their enormous columns. It is sober and beautiful, presenting external and interior staircases, roof vaulted with painted walls by artistic themes and scenes that people's life. Like our theaters, there was also stage, where the artists present their plays or musical, dressed with quite colored and appropriate clothes for each presentation. The public who attended the shows were local people or guests coming from other colonies existent inside Earth. The exchange among of them is intense and strong; communication is made telepathically or by microwaves. All they work together seeking Peace and concordance for our so afflicted Planet and full of future expectation.

The government's headquarter is settled down at the Government Palace. It is a superb and imposing construction worthy that position, however within of the limits, that sobriety and the good pleasure requested, without luxury and without superfluous. The exterior palace is upheld by high columns, with a majestic staircase accessing his interior.

We also visit the "Observatory", where there was a reception system of images and news similar of Stelta, with great screens projecting scenes that more interest them about the earthy life. On smaller screens are searched in details all the quadrants of terrestrial surface, without escape anything that may interest them such as insurance, fauna, flora, environmental, climatic and atmospheric changes. They stand under rigorous control by the government's headquarters, all of countries on the crust.

Their fields and plantation are native and well cultivated. There are so green, tall and beautiful trees and also green fields with creeping plantation.

The city is too big and there are in abundance orchards and forests with their hardwoods; also are very beautiful and interesting the ornamental plants cultivated by that people, for benefit and cheer those "chosen" for inhabiting over there during some time, thus they can't feel so much the atmosphere changes.

Fauna comprises a wide variety of animals of great and small size, preserved so that, in the future give continuity their wild life on the Planet crust, where the rare species disappears due human depredation. Actually, is not wonder, the own humankind working only in the sense for destroying his own human race.

Then, with a view to continue our study, we went to see a "field of landing" of flying saucers. Over there, we have seen na so big "Mother-Ship" parked and, hundreds of small disks, as if they were her children. Rarafath said this civilization is a lot similar to his, only a little less developed, however also has mission of looking after and soften damages provoked to the nature by the own men. He also said, there are lots of intras and aquatic colonies which we are going visit in near future.

Here it is up once again my trip to one of the Father's Home".

Spiritual medium, 05/08/85

05. The big intraterrestrial observatory

Let's go the infinite space!... on proportion we arose, we could see the Planet Earth in smaller size. They were vision of rare beauty that touched into my heart the most sublime emotion. Unfortunately, I can't translate it to our dear readers, all that celestial beauty before my spiritual eyes.... Later on, we went down more and more and arrived at earth frozen area, which I don't know where it exact place, if it was either North Pole or South Pole. We arrived at certain point and we began enter in a place, like a tunnel made

of glaciers. Afterwards, we arrived in other a beautiful area, where the green was greener, the gigant and crowned trees gave their comfortable shadow. There was a beach worthy of seeing, with clean sands and clear waters. I have sighted in the forest, as in the water, several animal species.

Rarafath soon afterwards took me to the place where there was an enormous screen, which is part of a scientific compound, with their telescopes and every suitable equipment for observation at long reach, settled down in appropriate construction for such purpose.

On the screen appeared a seaquake with gigantic waves, on which I could see people struggling, trying to save themselves. My friend explained that over there was "powerful observatory", through which, the Intras realize about the events happened on the earthy crust. During that trip I saw no local inhabitant. I also observed, despite being frozen area, the local temperature was warm and very pleasant to our senses.

We returned by the same road, passing through the polar area with its eternal mountains of ice and cold, and going straight our Spiritualistic Center, where after saying good-bye to my Guide, I entered in and I retook my physical body, saying to my companions what I had seen during that trip " in astral body."

11/11/85

06. Columbus

This time, as we were down from town I and my Spiritual Instructor we could see much perfection and clearness, details of the South America. The same way we as we stood off, we did very quich dive into North America. We reached the Pacif Ocean and soon at underwater grotto. After we have travelled a certain distance submerged, we arrive into a wide living room where had a harbor. Inside that living room I have seen people coming and going, as they were busy with something very important, though I couldn't understant what was and nor what did. Nobody came or gave us any attention; as if it was quite habitual to them visitors' arrival. I and Rarafath took the "transport" which speeds over a monorail. As soon as we were settled down had its departure.

We passed through a tunnel, also at great speed, and we arrive at underground city, called **Columbus**.

The first sight was so wonderful. All the construction which I could see, they are made of high plan placed on central columns, at upfloor is settled down the government headquarter and their homes. Some plans are higher, others lower, everything having balance and beauty, giving the impression for who looks, everything float in the air.

The Columbus' construction have gray color, similar to Stelta city; as if they were built up with only cement and not painted. Some have french windows with external window glass in the external part; others we saw only walls. The monorail runs coiling among of the construction, up and down continually, making stops where some passenger want go off. We went down in front of a "planetarium". Over there, a creature similar to Rarafath was waiting us. I was presented to that person who told me his name, but I don't remember it. He, kindly, invited us to follow him as thus we did. Everything looks very good natural as if our visit had been programmed and he was waiting us.

Afterwards, we went the constrction interior and, it is supposed to be an "observatory". Also in Stelta there is a very big place with several screens showing scenes about the earthy exterior. The pictures which much called me attention such as President Reagan's image talking with somebody I couldn't identify who was. Other screen showed war scenes, which appeared many black people. In other, explosion of bombs detonated over the seas, and among of those detonation, there was a squirt of water of great height, with abrupt fall in its start point. He told me, those underwater

detonation provoke seaquakes and earthquakes, as that had happened in Mexico recently.

We paid much attention on everything. On another screen, they studied a hurricane with its incredible power destroying everything around it. Asked about that service, looking for certain sections and existent activities thoroughly the earthy crust, it was stated the great militancy demonstrated by the United States of America, Russia and other great countries, which, put them on alert and vigilant daily.

Inside that room there was not only those screens; also other smaller one, presenting notable facts of other countries, being carefully registered and filled by those powerful apparels operators. On that day, only this living room was shown to me. I returned others times over there.

Spiritual medium, 11/11/1985

07. Faith

When seems near the victory of Darkness and ignorance over the Light that who dreams;

When seems useless fight for Peace, due have drained all the efforts for that purpose;

When the misunderstanding among of Nation reach the climax of despair;

When splinters of violence reach who work in direction to the Good;

When horrors of destruction print in the creatures, the marks of discouragement;

When the trumpts war sound resound into embittered hearts;

When the farmings devastation by plagues consume the last threads of hope.

You still must have Faith, therefore times comes, we'll snatch those chosen, because they own chose the road for taking them until us.

Arfat, Intraterrestrial of Stelta, 28/07/84

08. About the Intras

... Overcome pains, frighten fears, renewed hope.

Sister, you may do your questions, explain doubts.

Margarida – That is true. We prepare questions for meeting in our Spiritualistic Group Ramatis (GER). Now I remember one among of many others I need to do.

Q - By having great flood on the earth, what happens to the underground worlds? Won't they be affected by waters? Are the people obliged to be evacuated?

A – Sister, before the coming events, nothing can be stated with so much certainty or precision. However, up to now, until where we can reach and we can drift, I can answer you, everything that comprise your earthy world is product of elements to which we have total access and dominion. The interior or underground cities existent in that Planet, according with work we perform and also with the Father's will, they will be protected by magnetism separation between the both worlds: external and internal. All the entrances will be prohibited for effect of electromagnetism, impeding either the passage of waters or any other substance, able to affect the humanity's existence, that should not go by the same affliction as that humanity of surface are going to support.

M – That will happen the rescue we don't doubt. About the everything I have been reading and followed, up to now, means the Beings' group having worthiness for removal

with physical life, many bound to cities intras ; some to Mother-ship and others bound to constitution of planets more or less compatible with the Planet Earth?

A - A lot of work await those who can't live the last moments in physical body, embodied in the earthy surface. The people's distribution for those several reception areas, they are made under activity pattern that, each one must perform.

a) Those collected in cities intras, they will be useful for constant and arduous work of helping and recovering the forces of those ransomable ones;

b) Those people bound to stay some time in our ships, orbiting around planet, they will be prepared for returning earth after finished the cataclysms;

c) Others, still must improve in superior worlds seeking subsequent reincarnation on the earth, bringing more advanced technology, so that the "New Earth" develops physical progress, concomitantly with moral progress, that may be perpetuated, after the great cleaning.

Q - *We have read, some time ago, a work over uphology studies, which affirmed, in certain place in the Universe, there is a new planet, still uninhabited, and , since some years ago, it has been prepared by evolved Extraterrestrials and helped for Japanese people in order to receive earthy beings. I found everything found very interesting. Does it truth, my brother?*

A - As it was already said, there is a vast distribution of tasks among of all redeemed, inhabitants of this Planet. Many are already being chosen and taken for learning and subsequent performance in this planet; meanwhile, others redeem team prepares the terrestrial humanity for facing hard moments in near future. Thence, others work groups, not less important, they are already preparing your future and the future humanity for inhabiting the "New earth". Everything happens at the same time, because times doesn't happen like you realize.

Q – *Do you mean that planet preparation to which I referred makes sense, isn't it ?*

A - Perfectly.

M – *That is right.*

A - Not only the Japanese people are being taken, but other people too. Even though, they have received the possibility of conversion of high spacial technology into terrestrial technology, those people withstood it, through their decadent moral attitudes. Many others begin, equally, to be prepared receiving those information. The Japanese people, in the past received them in way to guarantee all the terrestrial humanity could be assisted with acquaintance which is not ours, but was donated us by grace and mercy of the Highest.

M – *Are you brother or sister speaking? Are you known?*

I - It is the first time I make known my presence, however I have been already at this House under our brother Yury's command, that requested my presence this night for communication.

M - *We are thankful and let that distinguished Commander know all our tenderness. May God bless us. What is your name?*

I - Ivan. May Jesus' Peace is among of you.

Ivan, 24/08/98

09. We are invisible army

I see myself near a green hill and there below flows a river calmly. It approaches a very big bird, lands and looks like a man with wings. I set up on his neck taken to Amazonian Forest. We arrived at the tree, near Rio Negro (Black river), and over there was the Portal. I feel strong energy coming thence. I feel the Shanyn's presence, one of the

seven guardians of the cities intras Portal. She says sad, the Amazonian Forest is very threatened, therefore increases the devastation and contamination, then not so far, Nature will show its force proving it is still alive. And, she continued:

Among of the infinite suns, satellites and inhabited planets, I own and my people chose inhabit this beautiful planet, working together with the Superior Forces that command and run it, with Their wise Laws.

We live in cities intras and, our energies is part of upkeep the planetary balance. We work seeking the earth equilibrium and also of those living species inhabiting it.

Our work for end of times, seeks upkeep the main points of redeem and by the force "energy-light" uphold workers, soldiers of the Good, the Mister's Lamb servants, this Orbe Governor.

All the current events, however more unbalanced they seem, they are under the command and control of Creative Superior Force.

We work with a view the Transition may happen as it was planned by the Sidereal Technicians.

Each creature is under supervision, control and help of workers of the Light.

We are an invisible army for the ones who don't have eyes of seeing.

We are present. Forward Warriors!

The Larger Light commands and upholds you.

Shanyn, January, 00

10. Volcanic cities

While meditating in vigil, we were visited by a feminine being of sweet appearance taken me for visiting some areas of the planet as rivers and polluted seas, destroyed forests and frozen mountains. Finally, we entered inside earth and we went until the origin of some volcano.

Soon afterwards she gave following message:

I am intraterrestrial of volcanic origin, because our cities are near volcano.

We realize formation like this (geographical accident), it will be responsible for great geological transformation on this Planet surface.

As the mankind avoids his interior renewal, from inside to outside, then the Planet Earth will purge and burn through the fire of volcanos, coming from earthy interior, sore and distortion, materialized on its surface, suffocating life of the Planet.

Our cities won't receive ransomable, therefore for we work for upkeep of internal structures of the Blue Planet.

As you are, also we are connected with GFBU and our presence in this planet is transitory.

Energy is up for this communication.

Peace in your hearts.

Magma, 03/06/00

11. It needs close the illusory eyes

I have seen Pedra Azul (ES, Brazil). While entering by the back side, appeared a door on that stone, in front of me. The door was beautiful placed in a stairway made of crystal. Through by that door I went down until reaching a tunnel also of crystal. I was traveling at high-speed along of the passing through a tunnel until the place where it finished and, thence starts other stairway ascending, also made of crystal.

I walked along of the stairway and so great was my surprise, when noticed I was at Rocador Mountain. The trip continues and I have visited, passing through a tunnel of crystal, the Easter Island, the Baleia (Whale) Stone in Goias State, the Diamantina's Plateau (Bahia State) and Rio Negro at Amazonian Area. I returned the Rocador Mountain, where, after awaiting some instants at the hall, I was involved for a type of plastic material and bound to other place where some Beings took notes in writting pad. Then it happened the following dialogue:

Q - Brother, the clairvoyance is up and I have a thought. I saw as there was work to be performed and I needed travel that whole itinerary, entering inside underground cities and collecting information over them, for later bring them to the world outside. Does it mean a task?

A - Yes.

Q - Should it be performed in physical or in astral plan?

A - By superior mental plan. It needs adequate preparation, so that you may enter in the cities and get information necessary for making public, in the surface, about the existence of Happy Worlds inside earth.

Intus, GESH, 07/07/00

12. Temporary home

It seems it was yesterday we were together since the first time.

The initial contact gave us opportunity for sincere relationship and work.

Nowadays, I am among of you again. **I come to bring you news from interior worlds, where many among of you will inhabit for long period until the surface of the Planet may receive you again.**

You are charged for make public in this planet, not the inconsequent panic, but the arduous and painful task for awakening those asleep minds of the illusory matter.

Don't doubt, your journey will be painful and, many workers of the shadows want put you out your road. Don't fear, therefore fear only inhabits unready hearts, without love for working and without faith in our Father.

Protect yourself agains of mistakes, upholding correct posture in emission of thoughts and words, feelings and action.

We can see everything, until your more profound thoughts and there is nothing unnoticed for us. Nevertheless, we are beside you. We are single during the redeem work for this humanity, therefore this is our Father's will.

Be strong facing daily all the difficullties and don't despair front the spiritual work. We come full of love incite you for this task.

We are all together in that work and we retook it, lovely for you.

I came from the beautiful Okay city (city intra placed at Diamantina's Plateau, Bahia/Brazil. Recently we realize that beautiful and loving Being inhabits that city) to greet and also invite you for developing the task wuich we drifted for long spiritual auscultation.

Let's go together visit some cities intras and thence, we bring landscapes for inhabiting the earthy men's minds helping them, during friendly preparation, in order to make easier contact necessary.

I come invite you, suggesting you shall bring with you only love, leaving behind in the surface, all your doubts, discords, questions, fear, bitterness or sorrow.

You are going to enter inside pure worlds and you need be ready for this.

Q - How is this preparation?

A - As you already did previously.

Q - And our group?

A – It depends upon your group, the work for upkeep force for driving you, and to the High, the Hostes Superiors' contest.

Q - *How long (earthy time) takes that task performance?*

A - It is foreseen for us work with you during thirty days, hereafter.

Q - *In which level of energy our contacts and works will be made?*

A - Superior mental level, thence the importance of washing your minds, hearts and bodies, having them whenever possible pure and immaculate. (Note: It is supposed the body used for that task is mental superior.)

Q - Will have any physical contact?

A – *He didn't answer...*

Nefertiti, GESH, 29/07/00

13. Intraterrestrial City

We have taken a trip to the center of Land, very hot place and with a lot of magma.

We arrived at existent city in those stops, however we couldn't visit it.

That city beings used armors made of gold or only golden, I couldn't examine them carefully.

We talked with one of them, I think t he was that community's leader and we invited him to the fights of cleaning of the Astral, on behalf our Master Jesus.

We asked if he still took part of comand of the Dragon, and he answered the main of his people no longer accept the slavery imposed by dragons.

We realized some inhabitants still had reptilean form, living at open place close where we were. We had the intuition, that form although it delayed a little would change into another less grotesque until getting the human form again.

They said to accept the task for which they were summoned and, for long time they very already awaiting such invitation.

Unhappily, we couldn't visit the city, though we enlarged the rows for army of the Good because the leader has accepted our invitation.

GESH, 23/02/02

14. It consists in our files...

I have seen emerging from the sea, enormous and beautiful transparent ship with its crew members stand up at central platform.

In the first plan there was one, despite of being human, he had a very different appearance. I identified him as Intra and he spoke:

Brothers! Beings of Surface!

We greeted you on behalf of Light.

There are rumors throughout subterranean worlds, the terrestrial surface will suffer hard transformation. It won't be the first time. It consists in our files that , along of its existence the Planet Earth, have already had times similar those they'll have again.

There was not way of life similar to the current man, however, living here, in its surface. The present human shapes are recent apprenticeship for that humanity's evolutionary process. A lot of underground people already have inhabited here, because inside earth comprises the first nucleus inhabited of the Planet.

Here our ancestral ones have lived, civilization that did earth, cradle of life and growing theirs.

Brother, we are very thankful and happy with this planet and we greet the New Era coming.

Moreover, for gratitude to our House-mother, we'll receive in our nucleus, before the transition, the sufferers ones bound to help. They'll penetrate in our lines especially prepared for that purpose. They'll be transported by qualified workers. They visit the surface, periodically, and over there collect the marked points for Commands of Light.

We offer our force, knowledge and control of forces of the Nature to the Authorized Command by means of Mister Lord of Worlds, in monadic expression, who you you known as Ashtar Sheram.

Each one of you present here, this afternoon, receives the "stamp" that permit you pass through our access tunnel by means of automatic magnetic reading.

We open our doors for the the Warlike Team that is struggling bravely and facing on behalf of the Light, the unhappy beings lost in darkness.

Receive this rainbow as demonstration of our friendship and love, and when you see in the skies, the strong colors of the rainbow shine, remember that, as well as Light comprises many colors, also the humanity comprises many dispersed people outside and inside earth.

We greet and leave you on behalf of Peace

Astrom (Guardian of underground worlds), 18/08/01

Note: It is coincidence or not, when we have received this messages, at Jacaraípe beach, just in front of sea, the weather that until than was beautiful, blue sky and white clouds, changed suddenly. Then it was formed a rainbow and minutes later we returned our transport because began to rain. It was a mizzling rain with beautiful rainbow.

Again we return our vigil on the beach. It was so beautiful afternoon, as anything had happened.

Thank you brother. We love you so much!

15. The material eyes man

Once upon, men have closed their Souls' eyes leaving opened only their Matter's eyes. They don't make a confession as brothers nor their origin coming from the in same seed.

By looking only the matter world and didn't notice how they were limiting their lives, values and then, they began searching for freedom that they own have contained into their conscience.

The material eyes man, trying justify his longings, he surmounted and squeezed their brothers. By justifying their mistakes, he had done the most barbarian crimes: they had oppressed nation, kidnapped rights of surviving of Beings in favor to his sovereignty, enslaving many people putting them under his dictator economical politics.

The material eyes man doesn't limit to attack his own nature. Once had destroyed himself, he thinks be able to destroy everyting indiscriminately.

The material eyes man found in the other one, the wealth he didn't have and he wanted to take it by himself, he saw Peace in other People and wanted it to himself.

The material eyes man losed the doors for Superior Brothers and made contract with false Stars scholar (reptilians) closing the doors for evolution of the world and opening them to the exiled jackals (involutive extraterrestrial ones) permitting their sinisters actions. **Nowadays, lies in that Command of Darkness hands feeling in his own body, the poison extracted over the other people.**

The material eyes man didn't notice the astute subtleness of whom offered him advanced technology and facilities exchange. He have signed a endless contract. Then, not noticing the mines put in his main power, he vibrated before the development, with scientific-economical jump, leaving open the doors of greed, forgetting that the keys were on the table.

The material eyes man now searches these keys, but, the enemy already took possession of them. And their servants agents, reptiles by means of their false intelligence, acting on the Government of great nation of the planet.

The spiritual eyes, in near future will open and see the Light of Love again.

The Great Battle is closer, be ready.

May your hearts purified in firmness of your Love for your brothers be pulse for going forward in rows of the Great Army.

Peace in Jesus.

Natan, GESH, 15/01/01

16. The illusory roads

I am Natan and I greet you on behalf our Father and I ask Jesus may involve us with his bright breeze of Light, supplying our spirit with drop of hope, necessary for our upkeep and support with resignation and love, the coming transformation.

This evening, I invite you to the reflection and solidarity for your brothers. You who are messengers, may agitate the flag of renewal and invite them for changing. It is necessary more and more awakening people and join to the Divine Army.

The Apocalyptic Beasts attack in the whole planet, mainly in the surface, agitating followers for the "great attack", that was already put in action.

You have commitment for popularization and only explanation words can permit who are or were marked with the Lamb's cross no longer deviate of the road.

Spread out hope and don't forget the warnings and alerts. You may incite whom reach your pamphlets, change and internal reform, to the recognition of their own selfishness and pride, going ahead, transforming them into solidarity.

Those who don't reach the context of fraternity, will be lost and alone on the roads of illusion and will join with those who will suffer the bitterness of exile in inferior worlds, where pain and gnashing of teeth accompany them.

My dear brothers, by means of this reading today, I invite you for praying, because on the earth, there are men purging their mistakes in sub-human and miserable way, where respect and dignity don't take part of his current history. They suffer of hunger and cold, but mainly, they suffer standing in fear. They don't have hope nor and future in that life.

Peace is with you, today and always.

Jesus will be your Light and your Guide in such arduous task.

He shines, today and always.

Natan, GESH, 12/10/01

17. Overcome your conflicts

Our cities are prepared to receive you, however it is not our desire you need them.

Endeavour, before that, efforts to overcome your own conflicts, before these overcome you, therefore starts the Divine Plan for dissolution of all the conflicts and re-establishment of necessary balance to the man's evolutionary performance.

It depends upon us help you when necessary and alert you whenever possible.

18. Some explanation

My interest for extraterrestrial subject begun since 1949, and for Intras (inhabitants of underground worlds), at the beginning of the sixties. Both subjects fascinated me at the first "touch" and each day I am more and more engaged with that subject.

Nowadays, by means of retrospective in my life, I realize my profound involvement for both the themes, as well as their linkage, forming the start point that originated the popularization this work which I am performing by means of our work group during decades.

I remember well, the first time I realized that there was a large underground city placed near the Rocardor Mountain (Mato Grosso State), which entrance or entrances were kept by the Xavant Indians. The latter ones at that time were quite aggressive, unfriendly and withdrawn people, turning that vast area in an undesirable place to curious foreigners of bad habits. Nowadays, I suppose the indian tribal chiefs and shamans realized, even superficial, about the "mysteries involving those lands" and also their duty before them.

I thought a lot about visiting that place, but it was as someone today who wants visit the moon. The time passed by and great was my own surprise, on December 2nd, 1998, I was over there in the flesh, at noon, sun too hot over our heads, I and four members of our Group, accompanied by a Xavant Indian chief, handsome and spiritualized, seating at a small and low saliency of Rocardor Mountain. All this happened inside one of the villages of Xavant Indians, whose houses are still primitive huts and whose women don't speak Portuguese. We recited mantras, intoned our songs and made our prayers begging Peace to the Mister of All of the Worlds for our little World!...

The impossible desire became reality, thanks to our "Great Cacique" Ramatis.
Margarida.

19. Universe means dynamics in Evolution

... "New cycle of work begins detaching **intraterrestrial life existent in this Planet.**

It is already the hour for presenting to terrestrial humanity the reality of facts. That means indicate the presence of strong and evolved life existent in this Orbe´underground worlds.

It is the hour of facing incredulities, fear and ignorance, go ahead by means of acquaintance for the people.

Universe is dynamic in evolution, times doesn't stop. The Beings´ acquaintance and evolution need follow the life course.

Your humanity is delayed about the existence concerns with other lives in several worlds, spread over your system, your galaxy, other galaxies and the other similar universes of yours.

It is hour for enlarging minds and the first step is to make public those Brothers´ existence.

It approaches the time they will be present, helping redeem many embodied brothers thus it needs your humanity be prepared for receiving such help.

May wait, coming from Heavens friendly hands to help them, but also, wait to spring up from earth, friendly hearts welcoming; may they realize, everywhere, where wants the FATHER, Life express, contradicting the poor and limited human thought in form and also in structure.

Don't think the change will happen suddenly. It needs begin to work, so that may get support, form and structure.

For you, faithful work team that, along of the years received and performed our orientation, we authorized this task with a view to inform your people about the Intras' presence...."

Ramatis, 03/12/98

As described above, while being on the road, we'll talk about the intraterrestrial ones until we can transform the present "absurdity" into normal subject tomorrow.

Letha is beneath the Rocador mountain and from those inhabitants we receive friendly words and also warnings.

20. Redeem, painful and hard moments

A lot has been offered us by means of the Larger Spirituality. Much more than our worthiness, reveals the greatness and Mercy of the Divine Love to all his creatures.

For dozens of years meantime I am here, I have already got in touch, in the surface, favorable minds to growth of seed for the Good News, however I had never known a work team similar to yours. Such seriousness you are presenting that Christian service and all respect you worthy in the subtle spheres of understanding, this let me think how is happy your Master and Spiritual Guide, Mr. Kutumi.

Considering all of the facts and situation involving us at this time of our lives, I am here for communicating, authorizing your entrance inside the sanctuary of Letha.

Actually, I am only messenger of that authorization and I am member of Council that granted it, being other counselors, older inhabitants and experienced citizens of Letha.

Any one among of you who enter in Letha's, like me in years behind, would be dazzled truly, trying to understand how the human kind could produce by himself so many beauties and irradiate so much light. There was in all that a "ingredient" that lacks your humanity and nowadays, years later, it verifies that still lacks more and more: Love! That catalyzer able to integrate the creatures to their atmosphere, turning it ONE with Universe; it is also capable to manufacture and shape material and half-material forms.

The people of Letha are so evolved that from their heart chakras gushes light able to burn imprudent and delayed human beings. Having much training, capacity of reduction and control of energy, some few inhabitants, by means of mimetism, run the risk of circulating in the surface among of ordinary people, with a view to search provision and information in order to update the evolutionary apprenticeship which meet earthy brothers. That preparation and following up, over external condition of the city, seeks adaptation of our intraterrestrial reality to your humanity's needs when return the practice of so forgotten Love.

Redeem, painful and hard moment, but this is necessary for the incautious humanity still attached with values far above the reality.

We are prepared for receiving you, soon authorizing you can visit some of our sectorial rooms. Be careful and obey all the instruction transmitted you by your Guides, strictly useful for your own physical integrity and subtle bodies. Any lapse can provoke serious damages to your bodies morphology.

Then you are welcome in Letha! I greet you on behalf the people of Letha.

Some rooms are booked for you, referred the preparation and entrance of the city. We ask you the favor to bear in mind, our cameras of vibratory adjustment, each time you access the city. Thank you!

21. Awake unready minds

Small creatures, earthy inhabitants!

Your efforts are sincere, we realize them.

You came from so far for knowing our city. We'd like offer you our better accommodation here, for showing all our space-time distribution and the way we organize our life here.

Surely you can understand, we'd like inform that everything happen in its suitable moment. Now depend upon us **tell you that we share with your longings of Peace in this Planet and we'll our best to preserve it; however, we can not guarantee you our help for long time, because increase day by day, waves of violent hate in the earth surface.**

We have been accused, as senseless terraqueous, for causing you discomfort and panic by means of infantile literature produced by weak human imagination.

We appeal to you, as spokesmen of true history involving people intra.

Perennial civilization, ripened by force of Light, constituted into Earth heart and in pregnancy by the Mother Earth.

Painful will be that childbirth. Painful for men, infantile spirits living into adults bodies.

Register next men that, we live and we share our home with you in this Planet.

We are all brothers designated by the Larger Order of All of the Things for Sublime Love.

We give you our friendly hands of calm and peaceful contact where may converge edyfing energies the both sides.

Soon we'll be emerging to the surface, when great continental blocks will be submerging in oceans and, once again, we'll be prepared for helping them at that hour.

Awake unready minds, so that fear of stranger at those moments, doesn't represent larger importance than the Christian fraternity.

We are, during centuries, living together with you peacefully and thus we'll be. We have been performing softer and intelligent survival techniques than yours and it's our will to share them with our brothers that gift which we inherited from the stars.

Come to us whenever you want.

The access doors to our City will are opened for your work group.

A Lethan, 01/12/98.

22. We were also convoked

Brothers,

May Master Sananda blesses you!

Good evening.

We have the opportunity for communicating with you. In spite of knowing you since a long time, you don't know us yet. Thus Pleased to meet you!

I inhabit the interior of this Planet. I am what you call intraterrestrial Being. I inhabit interior of the hollow Earth and I am member of a large community.

The reason this communication is just have more constant and also direct contact with this Group, because we are participating in the cleaning work of the earthy Astral

Plan. That just it! **Don't doubt: not only the bodiless beings and extraterrestrial ones are in that job, we were also convoked.**

We don't have no longer physical bodies and we were for remove the low material vibration of the terrestrial astral and cleaning the Planet underground channel.

We are Beings of medium evolution and still subject, in certain degree, of karmic Laws.

The work of clearance astral help so much our evolutionary process.

We were informed by means of the Planetary Commands, we should join with some terrestrial groups of surface that, work actively with technicians of astral plan in cleaning service. Then was given us the task for helping this Group.

It honours us so much to help them and we hope to carry out our part satisfactorily.

We are together with technicians of astral plan in that clearance and cleaning "brigade".

We don't know how long we'll be performing this task, but we are happy for doing it, actually.

We have been learning, by means of cooperation, it reaches "internal Light" and evolution, leaving behind our personal needs.

We thank for such opportunity. Our City prepares for receiving you at the opportune moment.

May Divine Light cover you.

Jurtam (Intra), 29/06/98

23. Faith

Here speaks your sister Nefertiti.

Margarida - Thanks God. It's great pleasure have you here at this time.

Nefertiti – Happiness reigns in our and in your hearts with this meeting again. Blessed be Faith drove you here.

My brothers, Faith is powerful transformer of individualities. Who anchors in Faith, in his certainty Divine guarantees a beautiful future, in virtues and sublime happiness. With the Divine grace, under permission coming from the Highest, with the presence of all those Warriors of the Light contributing for the progress of more one journey, we settled down presence of the Light in this place. By given arms, side by side, spiritual and physical worlds prove that is possible the coexistence in God's love and faith.

All those who search growth, take their cross and follow Jesus' steps and thus Progress comes.

Don't worry too much, work unceasingly for charity service.

Soon this Peace and this silence which you are living, will be changed into despair and pain screams, howls as true wild animals walking freely among of men, serpents crawling, going and going everywhere inhabit the human kind.

Many of them will think that it is the end, that larger punishment relapsed over the earth.

GOD, Mercy of Light, never punishes his children; everything men pick was planted by their own hands.

May all the inhabitants of surface in this realize, for GOD exists only Kindness, Love and Supreme Light. Thus bitterness, hate, revenge, everything belong to the creatures' hardened hearts delayed in their evolutionary journey. It is given to the humanity one more chance for evolutive growth.

May everybody realize about the intraterrestrial presence inhabiting this Planet with you. Beings, evolved Consciences, at Love, at Peace and at Trust. Beings in touch with other inhabited spheres in your Planetary System.

The exchange is permanent between Intras and Extras. Then why should stand out this exchange the inhabitants of the surface on earth, the most lacking and needy for an edifying and sublime contact?

May your people be contemplate and notice the great opportunity they for ignoring the existence of brothers nearby, however they seem to be so far.

May your daily fight of explanation for spirits still ignorant, can invite all them, permanently, for opening their minds for receiving into their hearts, these who are equally children of Loved, Eternal, Omnipotent and Omnipresent Father.

May all them notice those Beings' approach, establishing contacts by means of their heart chakras, Love present as Light. Thus we can affirm to your people is much easier uphold those moments, when instead of silence they will hear pain wailings and screams of help.

Hands are extended in your direction; don't refuse them just for ignoring either their origin or existence. Be informed about everything, into the profundities of yourself and then you'll discover new brothers beside you.

That Great Assembly joined, praise all the beings hearts from where was born the taskwork which drove you here. Once again the victory of the Light settles down.

Save Light, save Love, save Jesus.

I leave you on the Christ's Peace.

Q – May I do a question?

A - May be brief, because there are others who need to communicate.

Q - Our brother, the Xavant Indian chief was already our fellow of other incarnation? Does he believe on spirits, on Masters, reincarnation, and so on. Having many Indians chiefs here, why did we stop just at that village? Is it by chance or not, my sister?

A – He is one Spirit prepared, brought from the underground city for guiding his people at Peace process with a view to guarantee the existence of villages at that area.

M - Thank you brother, may God pay you for this friendly visit.

Nefertiti, 02/12/98

24. Intraterrestrial Beings

With a view of draw conclusion, we include a dialogue intercepted by one of our mediums. It was not addressed directly to us. We were flying and once the spiritual medium was available, meditating it was possible.

Q - Who are the intraterrestrial beings?

A – They are beings who inhabit the interior of the earth. They are, in the main, stand at superior evolutionary graduation than the inhabitants of surface. They are aware about their tasks in this Planet. Several races of Intras, however the information that most interest you refer those linked to GFBU, because these will be in touch with people of surface during the transition period.

Q - Which are the objectives of contact between Intras and people of surface?

Q - The main objective is inform to the people of surface about the intraterrestrial existence and also about their helping task during the planetary transition.

Q - How identify evolved Intras?

Q - Their vibration are extremely calm, they don't have any aggressiveness line, because they have already overcome the malefaction of selfishness then they are pleasant people. They respect the Nature and follow evolutionary Laws, actually.

By means of their contacts they transmit peace and tranquillity. They do telepathic communication and their eyes express serenity and kindness. They never interfere the humane free will and they don't like curious people.

Q – Are there many Intraterrestrial cities?

A - Yes. There are several cities, as well as there are some large nucleous, including several neighbouring cities, being true intraterrestrial force centers. There are in Brazil some nucleous, located at Rocador Mountain, at Diamantina's Plateau and also at Amazonian Area. There are several centers intras spread throughout the world, as in Peru's Andean, in the south of Argentina and in Central Europe, among of others. The Intras' mission is irradiate Light and help the planetary evolution.

Q – How will be performed the human beings' withdrawal that are going to the interior of the Land during the rescue period?

A – Soon after the order is given by GFBU to which we are subordinated, our means of transport bound to withdrawal, set from cities intras towards the surface take them. Our transports are equipped with devices able to transit among of you without be seen. They still have a type of camera where the human beings enter in lethargic state, momentarily. Thus it needs so that the redeemed ones realize about the whole process and then can help us with explanation to other ones, about the facts coming and thus they can accept the redeem reality without panic.

It needs union and serenity so that don't have collapse and tumult during the period they will be collected from the Planet interior.

There is in our work team psychologists for giving minute explanation, although your cooperation is indispensable so that the transmission of GFBU's instruction to the redeem occur satisfactorily.

Q – How will be the change of ransomable ones? Will be in physical body?

A - There are several cities intras bound to redeem process, some of them stand in dimension closer of the physical (however subtler), thus there are human beings who will be redeemed in physical body.

Also will be reddeemed bodiless spirits that can not be directly bound to terrestrial astral plan, because this will be crowded and having deep modification in its constitution. The ransomable by means of astral body will be bound to cities intras existent at the Fourth Dimension.

We leave you at Peace of All of the Masters' Master, Sananda.

instructor intra, 28/12/99

25. The hollow Land

I have seen a beautiful valley, covered with green rug. At the mountains there was plenty and alive vegetation. A man was stand up near one those mountains playing an inaudible instrument for me, I suppose it was a horn.

Then entered into a gap inside that mountain and thence I saw an intense light focus. A different light, that it burned but at the same time it was "cold", originated in blue color. I felt an enormous euphoria for understanding it was an opening to Letha. Then I began a dialogue with that Being who was beside me:

Q - Was that man who I have seen really Cel. Fawcett?

A - Yes.

Q – Is he still alive?

A - Yes.

Q - Will we meet him?

A – It only depends on you.

Q – Was he who was observing us other day at our Spiritualistic Center?

R - Yes. He is studying your group, for some time, preparing for contact.

We have finished that meditation and, when we got up, I saw Mr. Fawcett with a video monitor and there was a short antenna installed over my head, which answered a sign coming from the monitor.

It was as whether he would use that for guiding us.

We received many and different messages, meanwhile we were in Mato Grosso State (from 29/11 to 04/12/98), among of them, the following one, that explains the reason of our trip to Rocardor Mountain, bringing a tip of funny that amused us.

The companions were discussing whether the english man who had desapeared near that Mountain was, at that time, colonel or commander, although I had said he was colonel. This had happened some minutes before our meditation. Great was our surprise when he own came with the following words: "Simply Fawcett" and he began to speak, whose words gave the following title:

Charity Drove You...

Brothers!

We have been awaiting for you very happy, much gladness into our hearts!

Your vibration of Love and our PEACE purposes for the Planet link us, we didn't think twice in appealing to the Forces of the Good, in the sense of they send us enough forces for neutralizing and revert a serious situation at the 4th dimension, with dangerous reflexes for the physical plan.

A big group of bodiless indians, very rioted due disregard as their fellow creatures have been treating by the white men, led by yours leaders, they joined to the "**darkness and perverse forces**" with a view to begin a conflict here with serious consequences, in both plans, physical and astral.

This, whether it happens, it would have an enormous delay in the evacuation and helping plans programmed for all that developpment at these stops and the other similar ones.

Our request for help was captured and kindly Charity drove you here.

You shall stay here one day more day in continuous prayers so that everything may be defined.

Many other groups also accepted our request and together with you, performs prayers and meditation for the same objective.

Don't be disappointed with what pick, appearances notthing mean.

Your approach with Indians will be provided and the exchange of kindness and respect will destroy exacerbated desires of wills of response and aggression in this place.

Also you have been entering in our world having our company, once you have interested for the engineering that works tireless in the sense of approaching the people. I mean the several intraterrestrial portals on the surface.

By means of the vibration of Power of LIGHT in Universal Frequency of Solidarity, we embrace you.

May GOD blesses your efforts.

Fawcett, 30/11/98

26. Even without touching

Dear friends!

I came to render my homage to our very special friends, knelt before the Father, thanking all the work opportunities of transformation and reconstruction.

Dear friend (he refers Margarida), at any time I have ignored your desire in participate of dialogue face to face, eye to eyes as you say.

I am here at your disposal, thanking for faith, tenderness for all the words, that I don't have worthiness and I would like explain:

Friends, waters are deeper where they are calmer. The largest event this humanity already witnessed it had occurred like this, under humility and simplicity. It was than the King's King, Jesus, our Redeemer as soon as he came to the world; and this way this Great Portal, completely opened, it will gush Light for all quadrants and all hearts in harmony with the Laws and also charged to redeem all the astrayed ones. Therefore I ask you, don't be sad with the simplicity, it doesn't due lack of resources for this materialization, dear sister, I know you can understand me. (note: *We would like to see him materialized*)

However Law is clear and the existent energy should be useful, on that moment needs and all the positive forces are added, therefore it should not have suffering. Prepare a reception able to impress your physical organs would mean waste at all, however, we amore interested on your spirits, in your subtle bodies, so well cared here. Certainly it will be preserved better by each one of you leaving this place well determinated for changing your habits, your words and your breathing. May everything leaft of you be changed for the best, involved in much Light, exhaling safety, sympathy and harmony.

Thus we can say yes we have performed the Plan, in its minimum details, just as it was projected, fed and preserved by our Larger Brothers, because we are small workers, humble ants at that very big desert, seeking food for all those that want, wait, have faith and believe, "even without touching". May who looks for something finds it as I did.

What you deserve is yours, never is deviated or stolen, as much as you have into heart: Determination, Faith and Patience.

Patience is what we ask you. Everything yoursel want confirm in all the levels, it must be presented in the right time, whenever the purpose and the work demand like this.

At the Universe Peace, in this Father's Immense Love who wishes us, humble, unpretentious, capable of working, in spite of the external and internal obstacles. All intimate barriers tumble, gradually vanish and appear wide horizons, more and more beautiful, stronger and truer.

A lot of peace, your roads hereafter slways connected with ours.

Our love drives you safe during all your subjects over , professional, material and spiritual life, in the Largest Father's grace that joined us here.

We thank to the Larger Father and we blesse all the obstacles which have done what we are today. Thanks God.

Margarida - Who are you, brother?

A - Fawcett.

M - Did you already know us since long time?

Fawcett - From many other lives.

M - It is because, when I have read the books about the Letha City and its odyssey to reach it, let me so happy. Today I am here at this mountain sure that Letha exists indeed and, hate and love cross and last for long centuries, millennia, until that we are again, reassuming our friendships or untying the thread of foolishness.

F - Be at God's Peace

Fawcett, 02/12/98

27. Father, may be done your will ...

Greetings dear warriors!, we were awaiting for you with our happy hearts. Welcome.

This meeting, programmed again in the space, finally happens..

Would it have worth such expectation? Certainly yes!

We are together here, gushing happiness from our chest for participating of a birth.

After conclusion of opening this last Portal, definitively the terrestrial hierarchy will be composed of their more youths representatives.

The cycle will be concluded after centuries of attempts.

Our relationship will be explained for you. At the moment it is not opportune to impress still more your memory and to darken your pairs.

The own happiness, when so much, it also can disturb.

The very interested eyes are twisting for your success, because they can understand the value this concourse.

Others observe in order to do their option, preferentially on the winner side.

Here is your responsibility in taken the undecided ones.

Stay as you arrived here, disposed and cheerful.

The horizon smiles for you, all the creatures reverence you in cordial greeting.

It is almost concluded the molecular arrangement for your bodies.

A lot of changes awaits you, consolidating your work at the end this terrestrial cycle.

Some of you already expressed the desire for staying here, taking part of the Eden reflowrishing.

Others, however, like me, they already accepted a new period at the own home.

Sure that eternal bows linking us, in solidarity and Love, we will never separate, indeed.

Stand up man, take a seat towards your own future. Remember clearly the Divine Executioner of Laws and I repeat:

" Father, may be done your will ... "

Fawcett, 02/12/98

28. At Brazil's Lands ...

Save Warrior! Here we are!

You are welcome with all your "people", bringing so many benefits to these too needy stops.

We are already since a long time by understanding with your Superiors for allowing us this contact.

It is not easy. There are a lot of barriers to be transposed, however the good will and love that surround you make it easier, therefore nor all the gathered wills could move away all the risks that task.

A lot of difficulties exist, even having thoughts projected to the FATHER, because the astral is very dense.

We still can't explain to you all the doubts, but we will make our utmost so that, at the end of your work, done under so many sacrifices, you can feel better and with your questions answered.

Here we are, since millennia of years at Brazil's Lands, trying decrease a little the speed of negative events. We do what the Father allows us, though we can not interfere in the people's history nor their free will.

Each collectivity follows their own course. Unhappily in that case the negative forces have found den.

Events foreseen will be advanced, because that humanity, like child, don't hear their Superiors. We were a lot, very sad because could not do so much, however, at the same time, very happy for finding a Group as yours, working with Love, that means the basis for the Being's Evolution.

I know you have a lot of questions. Await new contacts in adequate places and prepared for this objective.

May the Cosmical Christ's Peace involves all you and all your people too.

Being of Letha, 01/12/98

29. Connect to the Light

During the mantra's prayer and meeting, intense energy involved us.

I began to see a confused scene, with people fallen down, shouting, blood on the ground, police, siren lights. I don't know what there was, whether had happened accident or catastrophe. Beings lighted arrived in vehicles like ambulances. Their bodies were translucent (I can't explain better). They got off the transport and ran to that place. It was a very big disorder, because there was several black and short people, slavering on a "pipe" and they attacked the fallen people. When the luminous beings arrived, an intense torchlight covered that place. It seemed that a thousand of spotlights had been turned on. It was made a barrier of green light and then and the negative beings didn't reach the victims, thence they were helped.

I left this place and arrived at Fumaça Waterfall. I sighted the canyon down there and that large valley opened leaving intense brightness. One being of Okay came and he greeted us:

Save Mister of the Worlds! Save Mister of the Universes! Save Light!

Thoughts join all the Universe's Worlds.

By means of my mind we can join with other similar beings, we can create shapes of difficult dissociation. You understand my friends that only one thought emitted is enough to starts the communication channel.

At the Last Moments of Planetary Transition, we coming from cities intras and , we get in touch with larger firmness with workers of the Light. We are working so much for cleaning and sanitation in our Orbe. Our cities are already prepared for receiving those brothers who have wothiness of our service. **At this moment, the huge work made by Intras, Extras Warriors of the Light take place at the astral, with battles and cleanings, in attempt of neutralizing larger negative load, so that who comes to be materialized in physical plan can be bearable for Beings of surface.**

Connect to the Light and we'll be united, minds and hearts, for the works of final battles.

Ocaím, 31/12/99

30. Love and Light!

Dear brothers, this evening let's join with prayers to the Creative Father, so that this study may be performed with Light of His Divine Love.

Dear and loved Father, we are asking Your Blessings, especially at this hour so that the minds here may be touched and, we can absorb all the information received. May we be devices of Your Peace and of Your Love, today and always.

I am Natam, and I was bound to instruct you this evening and the subject is: Intraterrestrial Civilization.

- Firstly, let's describe what means an Intraterrestrial.

Intra, means Interior.

Terrestrial - inhabitants of the Planet Earth.

Q - *Who are the intraterrestres ones ?*

A - They are people at different evolution graduation like the terrestrial ones, with the difference they are not mixed people. There are advanced beings at middle evolutionary degree and primary beings, each one living in habitat suitable with his vibration.

Q - *what does mean evolved being?*

A - They are those who stand now at evolution degree moral, spiritual and scientific more evolved and conscious about the God's existence. They realize Divine Laws and respect them. They don't use their free will for transgressing nor attack such Laws.

Q - *And beings at evolutionary graduation?*

A - Those experts about the Laws and don't practice them in their integrity, they realize but still use their free will for self benefit. They respect Laws in agreement with their own convenience and also are still subject to the karmic Laws. Their scientific growth is of medium graduation level, with a view they don't commit their future.

Q - *And how are the primitive intraterrestrial Beings?*

A - Many of those beings, quite primary, ignore the Divine Laws entirely and they act as autonomous; their needs are still too primitive and linked with matter for defending either their space or properties. They don't hesitate in acting in aggressive and cruel way, because their need of powership is larger than need of love. Some still have animalistic forms, others a little different, but in essence, reigns the volitation before the sense of respect and love.

Q - *How to arrive near these civilization?*

A - The portals to these places existent in the earthy surface are camouflaged as grottos, craters, volcanic cavities, mountain, prairie or small hill in certain areas. A lot of entrances are in the bottoms of oceans.

Q - *Is there by-pass among of those civilization?*

A - In some points yes, but in the main they keep independence.

Q - *Is it allowed access and traffic, in a word, free access among the civilizations?*

A - When stand in similar evolutionary level, yes. For the more evolved people exchange is allowed with civilization at lower evolutionary graduation, until to the primates; however, for those of inferior vibration is not permitted their migration to more evolved civilization, therefore the being's evolution doesn't give any jump. For that, who reaches the top of the mountain depends upon him guide and, if necessary, go down until where someone needs looks for Light, with honesty and heart purity. Even in the scientific field, the progress of uncivilized worlds is given by "infiltration of evolved beings" who chooses, as mission, help them.

Q - *Why is it necessary Divuligation about those civilization's existence?*

A - The Planet Earth, in agreement with its Divine Programming, closes one cycle of 2160 years and also parallel to this, another longer one, because it is not only the Planet Earth but the whole Solar system, Galactic, that with the earth they all together complete that 28000 years cycle. It represents to the earth, passage from the third to the fourth dimension. This passage is successively, because for some planets, it acts as from the fourth to fifth dimension, others from the sixth to seventh and so on.

Q - *But then tell us: what is the need of Divuligation to be known by the inhabitants of earthy Surface?*

A - The RESCUE. Everything I had spoken previously; the planetary transition brings in itself many disturbances of physical, moral and spiritual order, to those involved with it. The complete confusing climatic, volcanic eruption, earthquakes, earth tremors of great proportions. It would be as would get ready for a change where removes everything of the place and it is made the selection. It makes the priority of needs; soon afterwards, it sweeps, it shakes dust, it sprays, it washes, it dries, and later when everything is clean

and prepared, then comes reorganizing, structuring, slowly until everything returns to the normality, more calm, subtler and happier.

Q - *Which is the work for Intras within that context?*

A - As Guardian of good seeds, keeping those that selected by separation the tares from the wheat. Prepare them so that when return the fertile home (surface), all, without exception, performing their tasks.

Q - *We still have many questions.*

A - Don't worry, we will return. Be sure you'll be informed during these lectures.

We thank God, our Father for the gift this meeting that allowed us to advance in our task and may the seed planted today here fructifies.

Thank very much all you.

Natam, 14/01/99

31. Some Portals

Good evening Brothers!

I am Natam and I take the speech again. God, our Father, lights over us the fire of wisdom, so that we can assimilate His teachings and publish His truth.

Q - *How could we arrive at the intraterrestrial portal?*

Q - By means of your hearts. The terrestrials of surface, who today have free access to centers intras, they believed in those worlds existence and accepted this truth and then look for it with determination. They have researched and they have attracted near themselves evolutionary waves coming from centers intras and then captured them telepathically, firstly, their first signs. By acceptance and permission of those Beings, their unfolded bodies could visit those Centers. They are adapting, one by one, those brothers' bodies for acclimatization, energization and harmonization, so that later the contact happen.

Q - *Then, how did they arrive at the entrance of portal? Who did guide them?*

A - As well as today I teach you, those brothers also had their similar brother, who prepared and guided them during every trajectory. A lot of sacrifice, physical and mental effort are demanded of those who looks for contact and accepts it. The portals to centers intras are in places places strategically located, of difficult location and access, for protecting them against of intruders. It doesn't lack, among of you, curious, speculators and sensationalist people, besides of immoderate scientists and rulers, not losing the opportunity for increasing their false powership. That would provoke unbalance to those Centers and moreover, they install the disorder and chaos among of peaceful people, who are forced to struggle for upkeep their "house" in order again.

Many people accept the challenge for visiting us, know our social-politics organization, our science and technology, but they stay in the halfway, because it needs improve the bodies, what demands a frugal diet and fast: to drink a lot of good natural water, faith and humility, because the trajectory until the portals and it is not made with good transports. When don't have no vehicles of strong traction, it is done on the animals back and the walking happens on foot, because there are some trails, gaps in rocks and grottos, that only the conscious and determined Being could transpose, besides of many obstacles in multiple ways, used to defraud or confuse the "slickers" of surface.

Q - *Is there any preparation for the moment for those who reach the portal?*

A - Yes. The Centers intras have vibratory energy different of surface one and, as I have already said, it is made complete preparation for those "as candidate" for physical contact with us.

The proper stages they do gives the acclimatization and subtilization of the bodies.

During the itinerary of descent, between portal and Centers, it goes by means of several stages for recovering and balancing of their own forces, in order to be free of

poison and disinfecting too. Baths of magnetized waters, light baths, electromagnetic passes of hands, cameras of crystals and more some demand, **but if he is like one "firestone". But if he is one of ours infiltrated or transmigrated to surface, they just retake the body protected by means of special camera, meanwhile of their uprising to earthy surface.**

We thank very much our Father for this encounter and may it be for you, not only a lesson, but an encouragement for you realize besides of this, there are others infinite homes.

God protects you, in Master Jesus' Peace

Natam, 21/01/99

32. Master Ramatis's Words =Kutumi

My disciples! Peace into your hearts!

May Divine Master's Jesus lights each man's heart throughout the earth.

Only the Beings' infinite Mercy, Sweet, Sublime and Infinite Love, it would be able to give such rare sacrifice testimony for all themen.

Once again, The Divine Master Nazareno begs new redemption chances were given for men who always give Him the backs, but He knows, into each Being's heart presses alive Fire of the Universal Light and also the Divine inhabits each one.

Pains have already began, but He begs the climax should be postponed, although for short moments.

His Heart still bleeds due thorns nailed by the humanity, that insists in not redeeming, in not curving their heads before the Larger Orders and thus persist in disorder, in massacres of their human brothers, animals, vegetables and minerals.

Water comes crystalline from the spring and it's spotted, polluted, by the human spirits' diseases, spreading out to everything existent on this Planet.

Oh Beings! Don't insist with your misunderstandings. Think about the appeals made by Divine and Loved Master Jesus.

The Creator's Cosmic Essence of the whole Manifested Universe shouts for your interior changes and by given hands, your superior brothers, came from the most different points of the Orbe and here they are offering help for you.

Your brothers of the Light Brothers come from interior of the earth, with arms lift up expect your decision and your Master Jesus cries due your inertia. Meanwhile, your physical body and the material illusion subdues your mind.

You ask for evidences, they are given and you despise them.

We say every moment, everywhere, that should awake this deep sleep taken you to the profound abysses and you insist giving us your backs. Endless chances were given for you!

The Divine Master's Supplication is always welcomed among of the Universal Leaders, **but that doesn't mean you'll be free of sufferings; on the contrary, the suffering period will be increased. Those physical and moral pains will force you to concentrate your thoughts over your choices, due your reluctances in accept the invitation coming from the Light.**

Through your ducts, which you own opened, enter involutive forces and use you, human beings, manipulating you and they bring violence to the Universal Laws. Those forces come from the ground as worms to devour the remained of your material energy. They want your energy, humanity! And you open your souls for those beings through your rebelliousness and pride preferring to delay in the road, instead of adhering Light.

How much incoherence! We won't leave you, but it needs you look at Light and no longer you give your backs to the Universal Realities. **It is necessary not only to speak**

of Love, but live it. Even human beings' groups that present as emissaries of the High, when it arrives the moment for demonstration of their adhesion to spirituality and also help their brothers, at moments of despair and pain, they disperse and also give them the backs.

Referring to us, when they ask for evidences and they don't see them, they doubt on us and also give us backs.

We don't want you are robots, but you make progress and learn how walk by your own feet and than you can meet with us, voluntarily.

You'll suffer, yes, humanity, because only this way, comes the awakening.

You will beg for ceasing of pains but will go on because your spirits need it!...

Note: This message was interrupted here, due unexpected problem. Soon afterwards were given some remarks to our Group and after that, ends.... "

At this time I want to involve you with my Light and my Energy, I want tell you that, the extra-planetary Comands, Intraterrestrial ones and the Great Fraternity are present leaving Light for you. May you feel our Energies and also be envolved with our Light

May the Nazareno's Light involves all you."

Ramatis, 31/03/99

Firstly, Jesus's projection was seen. He was very sad. A tear was dropping on His face. At other moment, Jesus was on the Calvary. Maria and other women were knelt down praying. I had seen Jesus' projection extending His Hands, saying: "I forgive you and I bless you, humanity!"

It was too much emotion for our poor hearts!...

33. Portal

When we left from Victoria City (ES, Brazil) to the North of Brazil, we already realize, for long time that, there was underground cities at Amazonian Area and also our presence in certain place would open other Portal.

We didn't have any idea of where and how the event would happen. The only certainty we had, we would be landing in Manaus, and that Rio Negro (Black River) would be our road of travelling. When we have arrived over there, we rented one small boat, that was like our house during one week and later we went towards the west side, according with messages received previously, leaving the remained steps according with written warnings, spoken and emanated by means of our Spiritual Mentors' clairvoyances and got for spiritualistic mediuns of our team. As always, everything ran very well. Where exists faith and confidence in the FATHER'S purposes, accompanied of determination, courage and perseverance, the Divine answer always comes positive.

*At the fourth day, we arrived at the exact place where there was a **big tree** inside the forest, mark seen several times since Vitoria. The tree was located not far the river edge, even though the river was four and half meters above its normal level, going too much inside of the forest. It was rainy weather and floods time too.*

We made seven stops, as it had been ordered us, for doing activities such as songs, prayers, mantras and meditation in mainland besides of one special stop, the eighth one, when we have gone inside the forest until we could find that "tree" for opening act of the Portal. It needs to say, about the city where the Portal was, they gave us only its pseudonym as City of Light, City of Love, it was not permitted reveal its real name at that moment. The tree was located some kilometers far of that place. Thence, where we were, have been "built" a type of bridge or channel to the real entrance of the portal.

Times later, we asked our dear brother Shama Hare what was a Portal. Without many details, with simple explanation, he gave the following information, by means of this dialogue below:

Margarida - What is portal?

Shama Hare - Portal is magnetic opening between two different plans, allows the passage between subtle energies and extra-physical of certain vibratory graduation.

The portals which are been opening by means of this work Group, with function of providing the fluency of subtle energies at high vibration until the Land for helping the **planetary transition process**.

There are Portals located at special areas on the Planet and, they shelter at subtle dimension of intraterrestrial Civilization, allowing that, the force emanated by them get the surface and thence act intensely. Thus that energy loosened in the opening, while flowing, it reaches not only people bound to the opening, but also they are spilled over the earthy surface.

There are also portals accessing with extra-planetary energies. By this way, light and forces emanated by extraterrestrial civilization and connected to the Planet are dinamizade and potentiated by opening of magnetic portal.

Those Portals represent sources of energy emanated by superior Beings, besides of making easier their projection when need to get in touch and also get communication with human beings.

M - Are human beings' presence indispensable for opening of portals ?

S.H. - Human beings' presence is indispensable, because the portal is nothing else that potent contact point between embodied people of surface and superior civilization, Intras or Extras.

It needs the human's physical energy, so that have effective vibration exchange, establishing a dimensional bridge through the portal, so that the energy coming from those High Civilization can penetrate the Planet and spread out over the surface of the Land.

The more superior and developed the contacted civilization, the larger degree of purity and of purposes are demanded for embodied people bound to the opening of the Portal where will go access.

M - Which are the minimum number of human beings for opening of portal?

S.H. - There is not minimum number necessary for that. It can be opened through only one person, if this one has energy and enough vibration to magnetic connection for contact between the plans.

However, that depends on the vibratory quality of magnetic portal to be open, as well as the work it should carry out. Some portals can be open for minimum number of embodied people, usually it had better prime number, what make easier the process.

M - Which are the criteria adopt for opening of portals ?

S.H. - The opening of portals is done by Laws quite known by the new people of surface.

Along of several Eras there was opening of portals in the earthy surface and the work of them opening was bound to the Great adepts.

By the way, portals which have been opening at the present time, they have specific function of helping during the redeem process, then are formed work Groups envolved directly with the transition process.

Be sure you are rending important service while doing this precious work.

Shama Hare, 14/05/99

34. Moals

The existent Dimensional Portal at this place is fruit of Laborious Sidereal Engineering and built by means minute efforts together with the Confederate Cosmic Units.

Then were the precious calculation of superior Mathematics, that provided the dimensional opening and thence allows outlet and entrance of ships of several origins and different composition, as far as materialization and dematerialization of the same ones.

Some Moals existent in the Island, they were implanted by evolved brothers. The Sidereal Engineers responsible for that construction, they came from several Galaxies, using materials coming from several points of the Universe, melting them with volcanic ashes of the Planet with a view that, every allied ship penetrating the Portal could identify the vibration emitted corresponding its energy existent in terrestrial space.

Only Extras of superior evolution, coming from earth for helping mission, had their material used for construction of Moals. This cosmic material, as it was already said, it was added with volcanic ashes, that represented the Planet Earth, and so that, union between this Orbe and their Brothers with mission of helping. Moals built by the Sidereal Engineers represent symbol of union and protection of GFBU in this World.

They still are Great Guardians of Portals and look after this Sacred Place. Also in the subtle plans in this Island is kept great part of historical registration about the knowledge concerns with formation and evolution of the Planet, called as Akashic Register.

Your brother,

Antares, 30/06/99

Note: We enclosed this message because it explains us about portals and construction of Moals, enigma that the modern science still didn't discover, however it doesn't talk about intraterrestrial people, objective of this booklet. By other hand, in the Island of Easter, there is the underground city, called as City Crystal, of superior evolution and won't receive redeemed people.

35. The Sacred City

I left my physical body and I was moving far away until I could see the whole earth, blue and wonderful. Above it there was very luminous gigantic ship. From that ship left other smaller ones and thence appeared one Being quite Light who approached me. It was taking the woman form: long hair, however of pure white light. Her energy was sublime and transmitted much peace.

She took me by the hand and we went flying back earthward. She told me, telepathically, her name was Shannyn.

We went approaching to the Amazonean Area gradually. We could already see the big forest plenty of green rug. We went on going down towards the dense forest. We landed in middle of the virgin forest.

The gigantic tree called my attention and Shannyn asked me to look in direction the top of the tree. Suddenly that tree opened in its middle and inside it there was a **bright pyramid**.

Shannyn said that was the "magnetic Portal" of access to cities intras. She sat down near the pyramid and began to describe some details about that city.

She told me the Sacred City is huge Energetical Basis, that supplies the whole Planet with cosmic energy and she was one of the seven Guardians of the City, all designated by GFBU to protect that area.

She said the city could be seen just for those Beings able to get in contact and also by some indians people of pure heart all denominate as God's Emissaries. She added the city exists over there since thousands of years, being secrete up to now, when should have its function as reformer of the New Earth!

She said the superior Beings in mission on the Earth, they were always sent to Sacred City, with a view to receive instruction and contacts. That happened in all the great terrestrial civilization like Egypt, Inca, Mayan, Aztecs, civilization of the East, and so on.

She added that the Atlantis civilization had direct contact with Sacred City, but the communication have been broken due its moral decay.

After the Atlantis fall there was no longer comprised contact, being restricted to the skilled beings previously, who could access the energy of that civilization. However, the contact with the people of superficie was broken definitively, due the interplanetary exchange always invariable. At the new phase of the Planet, Sacred City, Energy Center, is bound to **renovation of the Orbe, and also reorganization of new race in the surface.**

That city is located at superior mental plan and it distributes cosmic energy for the whole Planet. It extends from Amazon to Andean and has interdimensional channel linking other cities intras.

It is the main access "portal" for extraterrestrial ships.

Shannyn, Manaus/AM, 28/03/99

36. Guardian of Elementals

I have seen a place in the forest where we will meet, in circle, around the tree. Somebody said the walk would be short. At that point, where it was the big Tree, it would open the access until the city intra.

Soon afterwards the message came as below:

I am the Guardian of Elementals.

I thank your prayers and songs. I thank your affection too. Actually, we need this renovating energy, because at the last times we are forced and explored by human beings. They force our purity and explore our primitive energy for purposes useless.

We have been losing so much and, also the Nature, because our work is to do it exuberant. Unhappily everything is sad at this time.

I thank on behalf of Light.

Guardian of Elementals, Rio Negro, 30/03/99

37. The Sannarim's Visiting

Friends,

Our antennas of reception capure from the cosmos, the energy fluids, processes and delivers them for the whole Planetary Logos, from surface to its interior. All receive them, from the littlest being to the most developed without any comparison.

All the material gotten is done of subtil matter and formed by micron-particles at highest vibration.

Our means of transportat comprises our own form, that means, when we want, we transform part of our body into transport.

We didn't procreate. The increase of our population is made by means of progressive evolution of beings of cities intras at inferior level than ours. When they reach certain vibratory pattern, they join with us.

Among of our members, we have a leadership who is performed by the "Council of Elders". They are Beings at larger evolutionary graduation, chosen by GFBU and give us the tasks and determine our direction.

We still have the work of delivering to other centers intras, the updating of development and teach them to our instructors.

We have access to the Intergalactic Council and in short time, after the verticality of the earth axle and conclusion of our task, during the transition period, many among of us migrate to other points of the Universe with a view to help our brothers, inhabiting in expiatory planets.

We are specialists on that type of helping and thus we go on that evolution line.

We are preparing training that will be taught to redeemed people in cities intras, who stay during some period in those cities, in order to prepare them for the new reality of the Planet. We'll be at the leadership of that operation, so that everything takes its normal course and, soon after the verticality of axle, earth can be inhabited for New people.

Happy for this contact. May cosmic energy involve you.

Sannarim, 30/03/99

38. The representatives of Planet Mars

Dear brothers !

May the true union and the larger purpose guide your will at this moment, for performing this very important work at spiritual and physical plan.

Hereafter your energies will be worked and refined, so that you can have large access to realities of intras cities existent at that beautiful area.

You'll be hardly energized and purified, in order to get the information coming from inhabitants of that Initiatory Temple, city of high beauty and mainly of vibration and mission. However, the objective of that procedure of fast and prayer is not only for contact with cities intras. There are two other objectives: the first one refers to great meeting happening during this period, at the higher plans. Commander Ashtar Sheram's Mother-Ship with their energies anchored at Andean Peruan, are projected in this direction and delivers last information about the "transition period", repassing them to representatives of groups Intras and Extras bound to tasks during this period. The Spiritualistic Work Groups throughout the world will also be informed about the tasks.

Thence it expands the Mother-Ship's projection for all the dispersed Groups on the earth. You were chosen to represent them at physical plan. Thus it needs all your effort for this; pay attention, awake with your cheerful hearts, during moments of vigil and prayer, because it makes easier the receptivity of information.

Finally, the last objective of that work is become you more strengthened in your purposes and you'll happy **all the spirits which suffer in the astral plan of this vast area. They can get freedom by means of your prayers, because you'll be stronger with your subtil bodies.**

The purification got by the fast and permanent prayer, it is very useful instrument of work and of great spiritual dimension. Correctly, sister, you had affirmed the prayer vigil can't be interrupted at this period of time.

The fast is directly linked with prayer and vigil. One is interlinked with other, forming a powerful chain. Therefore, you realize that energy and your efforts will be rewarded by high vibration which you'll get, actually. **But the fast is not just based on food; the words should be scarce and the thoughts watched.** Any idea not compatible well with the work performed here shall be delivered to the High and the Guardian ones, at that time are coupled each one, helping you in fight and in purification.

All your effort brings benefit, as Light, for your people. The Beings coming from several points of the Universe and of all of cities intras are present, at this time, greeting you on behalf of Master Jesus Sananda, and I Rugebom, as the representative of Mars´Delegation, I greet you, my brothers on behalf of our Master Kutumi = Ramatis.

Margarida - Our lovely embrace to our brothers of Mars, especially some of us also are from Mars and we are living on the earth for learning again moral concept and norms of acquaintanceship, learning how Love and Respect our brothers.

Rugebom, rio Negro, 31/03/99

39. City Light and Love

May Love and Light involve your hearts!

Daughters, we bless your efforts for communicating with us.

We are happy for sharing our energy with this work Group. You are pioneer and this is necessary; only courageous people may ascend in direction the evolutionary road.

We, Intras, greet you on behalf of Leading Council, welcome to you.

At this time, we give you a name, it is a code of accessing our city. It does not mean true cosmic denomination, that is secret and still cannot be revealed, only a code for you access our "portals". When you refer to this city call it for Sauyn lerê's name, City Shines and Love. With that code you are recognized and it needs you don't reveal the point where you access to the Portal, and nor be done any reference referred to the place, except Rio Negro's bed.

That is necessary because our energies must be preserved and in spite of we could protect ourselves, we don't want provoke any damages to eventual curious people.

The Devas of this place are bound to our protection, together with seven guardians, I move away any curious not involved by the purest feeling of Love. Love, Fraternity and Cooperation are necessary for accessing our civilization, as well as purity of thoughts, humility and the disposition for serving somehow.

You know now, the caption source of cosmic energies that supply Light in the earth is Sauyn lerê Base, City Shines and Love.

Here arrive Intras, according to their objectives, involved for that city energy.

We are not people as you understand. We are manifestation of energy coming from the most several points of the Universe, in mission at third-dimensional planets, subjects to the Law of Cause and Effect. We will do our utmost for enlargement of conscience of that Planet and help in its initiation process for fourth dimension.

We want, together with you, elevate our will to the Supreme Father in gratitude for opportunity we can help this Orbe.

May the simplest being, at least, feel to gush over himself Love and Light of Sacred City.

Shannyn, 31/03/99

40. Awake people of surface

Brothers!

We are Intras coming from other Galaxies. We are, at this time, as class of Beings that inhabits interior of the Planet Earth, in spite of not taking part of your race and system.

We are here since the begin and formation of the Planet, upholding the balance of its axels and lives existent here. Our cities perform different stages of other cities intras at another vibratory level. Our mission is transform the Cosmos´energy and transfer it to the Planet.

There are Intras living together with us. They come for scientific studies. They pick out samples of medicinal plants and study our flora and fauna too. They collect animals in almost extinction way, from the most tame to the most ferocious, because all belong to ecosystem, forming suitable balance.

The inhabitants of surface ignore the wealth existent in their habitat, since healing of fatal diseases, which your science and scientists can't define, even healing of current and banal illnesses. For everything, there is a plant or similar mineral. The Intras who come research, they discover everything you still ignore. They get that, therefore they work lovely, without lucrative or useless purposes.

When will be, people of surface, can awake for such simple and divine realities which are within yourselves, even asleeping, that is Love? By means of Love, you can discover all Cosmos' truths .

May Cosmic Christ blesses you.

Samadim, 30/03/99

41. They want see our ships...

Dear friends, by affinity, we work together for a "larger objective."

Great Beings engaged with this work, which purpose for helping all the kingdoms of this Planet, since the mineral, Elementals and Devas until the human one. All will receive energies produced and dynamized at this place.

I am bringing other message for all human beings.

Men who say as believers on our existence - extraterrestrial ones - they are begging for phenomena. They want see our ships, touch us and know our technology and reality. However, they don't notice the essential, the reason for which we are among of them, it is just for helping them during their evolutionary ascension.

For guiding them, when they allow this, for discovering their own Interior Light and shine by themselves, with own fuel doing their interior changes.

For helping them improve themselves, practicing charity and love each other, so have been requested by Jesus, when he had been in physical presence among of you. They didn't recognize the Magnanimous Being who have been present as embodied in the earth. Therefore, it would not be our materialization that would bring larger benefit to the terrestrial Beings' lives.

Our objective is not satisfy curiosities, it is not amaze to the eyes; but awakening spirits! By the the same way, as they doubt on our existence, our love and protection for you, they still doubt about the Intras' existence, evolved brothers, many coming from several and distant points of the Universe, also they are here for helping this planet, the beautiful Blue Planet.

Men ask for which reason those Beings inhabit in the interior of the Land and how it could be possible, if that possibility is an absurdity under the eyes of the science. And I answer: Ignorant humanities over the Cosmic Laws. Humanities that are instrument of "involutionary forces " and instead of bringing benefits to all, making easier the people's existence, giving them better ways of life, they destroy the environment and want only concentrate wealth.

Few individuals concentrate almost the whole spring of wealth of the Planet, while in the main suffers of poverty, without the minimum necessary for upkeep their lives!

Whether Intras could present themselves and opened their cities to receive the human beings, indeed they would be decimated, massacred and enslaved, or they would have to defend with their own means, by means their high technology. The Intras desire help them and give their hands so that they make progress.

My children, awake!

It still has time of opening your eyes to immaterial realities. See by yourselves more than a flesh body, soon after physical death, it deteriorates and just serves as food to inferior creatures, vanishing as earthy dust. **You are not only that! You are spirits, you are Light, you are part of Creator's Magnitude.** Recognize your divine essence and fight against of illusions.

This beautiful Planet, that serves you as blessed home, it is dilapidated by your ignorance, ambition and dislike. Your fellow creatures are unknown, when they are not massacred for you. **For money, you are able to go down to such low vibratory degree becoming true monsters.** It is not this the larger objective drawn by the FATHER.

We bring help for your growth. They are the last alerts. Awake! It is the last recall!

I also want tell to the human beings who proclaim to the four corners of **the earth to believe in the planetary transition, through the cataclysms that will happen, but that, having the last information transmitted for us, they join into groups, storing great amount of provisions waiting the great hour, kept in their comfortable and luxurious homes, supposed to be safe areas.** Foolish! Our information are not delivered in order you take shelter of pain and of hunger while your brothers suffer dilacerated due every lacking type.

Pain will reach all those who need it and also need to learn with it, doesn't matter where they are: under fortresses or under protection closed kilometers of height; suffering will knock at the door and their structures will be collapsed.

Then many wonderful beings, of splendid spiritual self-confidence, since millennia informs you, who didn't learn the lesson, the Basic Laws! **Love is to be donated;** if suffering comes for the humanity is to redeem them. We are not giving information so that you be free of the happenings, and yes, you be aware, changing yourself and grow in order to help your brothers. Don't escape of your responsibilities, don't hide! You won't be free of cataclysms, suffering and the chaos that will devastate the Planet, less due our information.

We are here among of you with a view to awake your short and too small minds. Look at the skies and see others as part of the Universe and learn how to see this existence as mere passage, but that have gratitude and compassion with your "momentary home", the Earth, and with your vegetable brothers: mineral, animal and humane.

Until when last your hardening and crystallization? Until when? Think human beings, Your Master Jesus Sananda in His Infinite Mercy uses all His Force and His Love to awake, give you the last chance and do the Last Recall. Don't stay deaf to Your Master's clamor.

I say good-bye, telling you, work Group, I am and I will be conciliating your task. Who speaks is your brother Yuri, lowly present and happy for this meeting.

Margarida - It is great pleasure receive you during this trip. You realize our deep love for you. It is something as gratitude, because it is large the distance separating us on account of your spiritual evolved degree. We realize you had great difficulty in move yourself, projecting your mind and your heart until us. May God blesses You and all the Planet Patrol's fellows. We would like to say that one of the most bright stars lights your way through the Systems and Galaxies. But, what saying, if you are one of the most beautiful Stars of the Sky shining the dark nights on Earth?! And ours too!

Yuri - A lot of spent effort, dear sister, for tuning the work instrument, but we do how many times does necessary so that, we send our messages and help you in this popularization task for population, about the realities so physics, however not noticed by ignorant minds. Our helping work at this painful phase of transition continue until the last

instant, during the verticality of the earth axle and after its recovery. Only when the mission is totally performed, we'll follow our road and return our normal activity with the Planet Patrol.

We leave with you our affection and love.

Yury, 31/03/99

note.: We'd like suggest for reading the last chapter of our book "The Extraterrestrial Beings and us, Vol. I, as "The Barriers of Fear."

42. It is not future, but permanent reality

Dear Brothers!

May Christ's Celestial Light involve each one Being's heart present here. I would ask calm your vibration, breathing deeply, so that the group harmonize and make easier our arrival.

We are Beings far above your matter. It is not easy our arrival, then we brought you until this point magnetized by our ships.

I can express myself through the cosmic energy, receiving the denomination of Sarramarrarani and I inhabit the Sacred City, Sacred Light and Love. **We live at superior graduation having no longer physical body, nor double eterical, astral body and nor concrete mind.** Our work in this planet is uphold Love-wisdom that anchors, coming from distant points of the Universe and transformed into potent energy feeding you.

The human beings didn't still discover through their official science, the real reason of upkeep in the matter. It is not the physical food, the main source of nutrition of your material life; it treats of cosmic energy that arrives by several ways here. One of them and more known by "occult sciences" is the pranical fluid, emanated from the Sun, that supplies energy; however, there are other fluids caught put at service, not only yours, but also delivered indistinctly for all of the kingdoms, since mineral to embodied men and also those bodiless spirits, in the tessiture perispiritual, feeding on these fluids. They are countless and it is not possible to reveal each one today.

We just came to greet and to speak to you a little over our life. We need no longer of our bodies as yours. Our life is simpler and only bound to performance of Universal Laws, and our task. When it was fixed the Planet should receive Beings of all species for its evolution, the task of our civilization is anchor the cosmic energy here. Here we came and, that time, we didn't have the evolution as today. We still had astral body, but due our work and dedication, the Planet and Beings have developed, and by consequence we developed too.

They are always the same rules, performing at all the points of the Universe: in constant and in infinite evolution. Nowadays, our task is coordinate all the works performed by Intras in this Planet. We also make all the arrangement, so that those Beings at the Highest Evolution can stay in places near the Orbe, as we did now for the arrival and permanence of Commander Ashtar Sheram and all his team. We separate the whole area for his ships, and also we prepare its Inter-galaxy Basis. It also depend upon us coordinate encounters of GFBU's Beings and help them with their tasks.

The Members of Council and Directors of all intraterrestrial inter-galaxy Command make their entrance door and assembly living room in our City. As we said through our spokesman, the guardian Shannyn, at this place, there are three cities intras at different graduation. We help two in dimension more material, and one in astral dimension, that it is located at the double eterical, near Amazonian Area. They are many information which are going to transmit you, gradually.

Margarida – By this way, my brother, you could not go to Vitória transmit information, due the pycosphere local, it is not true?

- We can't communicate directly at that place. We are preparing some emissaries of other cities of less spiritual graduation for transmitting you information and tasks which we need inform you. The brother Orcadim is one of them. He is doing intensive training, having his vibration compatible with us, because our communication is made directly through the Council, coordinating the cities intras. Only those beings chosen can arrive near us and, a lot of times, no directly. We work a lot with trainings done through three-dimensional screens, so that you can receive and understand our information, due our elevated spiritual graduation. For instance, the projection got here, it is many and many kilometers at distance. By the images of our City it forms the projection and thence comes rays for his place here. It is something very difficult for understanding by means of your embodied minds.

Brothers, we have difficult task, because the moment are already been lived, it's the transition that already happens. It is not future, it is a current reality. The most critical moments still didn't come, but depend upon the Intras, in general, help in preparation and we are responsible for the general coordination.

We would like say, great is happiness of Intras have your Group, because few Beings of surface prepared our reality. I'd like add, all the messages of Ashtar Sheram commander, of his substitute Setum Shenar, Master Kutumi and Master Sananda, too elevated spiritual Beings, all receive our help when they arrive near you, due great difficulty of approach they have.

We want still to say, expressing in your way of speaking: we leave an immense warm embrace for each one of you that, even distant in dimension, we are united.

We'd like leave for you our Love, and hope a Luminous Sphere covers each one of you, helping interior process of liberation of the Universal Light, which pulses into each creature, for you evolutive growth. It is like this, with great love, you help bring many others, who are beside you and below.

Sarramarrani, 01/04/99

43. Hard lesson

Dear Brothers!

Today soft breeze caresses your faces.

Sun heats your hearts and renews your energies.

The firm Earth offers uphold for your feet.

Ocean amazes your eyes giving you example of force and perseverance.

However, when waters flood your houses, praise them, because come wash the earth, cleaning it of stains left by men.

When fire burns continually, glorify it because comes purify the earth of open wounds by men.

When winds blow furious, thank it because comes sweep the earth of useless human thoughts.

When pain doesn't leave you at least one instant, lift up your eyes to Heavens and learn how understand the rectifier sense of such suffering and love your Planet, for that difficult lesson doesn't repeat anymore.

Deva Hu, Guardian of Easter Island, 29/01/99

44. First arrival

The magnetic portal located in this Sacred Island is access of extraterrestrial ships on the Earth.

Nowadays no ship enters or leaves the terrestrial orbit without passing that portal. Thence is accessed the others points of the Planet.

The portal is uphold and monitored by GFBU.

Since years ago (as your calendar) that entrance for extraterrestrial ships is limited to the "Confederates", in a word, Extraterrestrial allied to GFBU that are helping Rescue Operation and your Orbe's Transition.

Your work in this place means connection between the energy existent in that Larger Portal and your people, making easier the access for your fellow creatures' minds increasing the extra-planetary energies to all human people by means of your presence. Energy will be used during the hardest moments, which already approaching.

There are already gathered at superior graduation this place, Intergalaxy Council's Members. Each Council represents an point of energy point that should be open for your presence. (*We stopped and we prayed at seven different points of the Island, which they indicated us*).

The Interplanetary and interdimensional Portal is placed here, because here there is a Captation Chakra of Cosmic Energies for the Planet. Through this portal enter the whole extraterrestrial help bound to the earth. This was the first access point to the Orbe and now it is the only open point for entrance of extraterrestrial ships.

Keep silence and reverence, for access with all your power the driving force of helping by those unselfish brothers.

Alfa and Ômega Council , Easter Island, 28/06/99

45. Come to Me...

I have seen great Jesus' projection over the sea, dressing a white tunic. His look was calm, but a little sad. From His Heart left two spotlights, one was blue and other golden, covering everything. My spirit knelt down before that image. Some words had passed through my mind and wrote down them.

" - "Come to Me, all you who are tired of working in middle of tribulation of the World!
"

Come to Me, all you who look for Light but, inadvertently, sometimes, you become lost in the Darkness.

Come to Me, all you who are despised for announcing My Good News!

Come to Me, all you who seek courage and confort, but you find pain and ingratitude.

Come to Me and I will give you Peace that will calm your spirits.

I ask you to have patience with your brothers, who walk as children towards the abyss, ignoring My Love.

Be comprehensible and tame and guide them to Me, because they are chained to terrestrial foolish illusions and they don't have forces for going ahead alone.

When you feel exhausted due the hard walk, look at My example, I had only received pains and torments coming from the world, and bring to Me my little ones because they are the servants of mine.

Sananda, Easter Island, 26/06/99

46. The Angry and confused Beings seeking Portal Intra

I left my own physical body, I left the planet and I floated in the space.

There was a satellite or something similar, manufactured by human people, floating free, without direction, in the space. It arrived until that object, three or four small ships which emitted light rays to me, maybe to maintain it stable. Somebody who I couldn't identify said: "Those crazy men, make their machines and don't know how controlling them. Do they think by chance that scrap should go to another planet? No, the garbage is yours and you must receive it back again."

I left the space returning to the Planet.

I began to see something emerging from within of the Earth to its surface. It was part of intraterrestrial city. It was all made of transparent crystal, with some green areas. At some higher points of that city, there was pyramids emitting light rays covering entirely the Orbe. That Being who accompanied me but couldn't see, just feeling his kindly presence, he told me that was part of cities intras emerging to surface. Some of them will receive redeemed people. The one I could see, he told me that was some part of Letha City, placed under Rocador Mountain.

We went towards that city emerged.

We passed through a tunnel, that seemed very long, until we arrive in a type of camera.

There was over there some apparels which I didn't know them. They showed me a gigantic ball, having a chair in the center, fixed for rings. I sat down and soon appeared a screen in front of me.

On the screen there was images of buildings imploding. I recognized one of them as New York City and another image of Rome. I looked to the screen, but I felt as I were playing in that scene.

Then it appeared a gigantic and horrible creature so close I could feel its breathing. It was a green reptilian with very long tail and it was furious. Then appeared another one that I supposed to be aquatic being, due it had a type of scale covering its body and also had a long tail.

My companion said they have been seeking with vehemence the entrance for cities intras. They "feel" them sometimes, but don't get to find their portals, what let them furious.

I have seen Intras with their ships specialized, collecting the whole "redoubt of reptiles" with their caves and putting them in prision-ships, that were parked near the Intruder Planet.

Soon afterwards, an Intra spoke:

The cities intras spread out their Light over the surface of the Planet. Limpid light came from the Cosmoses easier due the opening of Portals.

The cities intras are prepared in their structure for reception of ransomable coming from the surface, they also prepare their minds, so that, at the redeem time, they can help too.

Those human beings are brought and trained during physical sleep, although some of them come in physical body.

They do reconnaissance of places where will live for long time, so that, at the opportune moment, they can explain their brothers of surface don't stand in fear of us, don't stay in panic-driven and despair.

The negative creatures seek the entrances of cities intras. They try, dig, seek, shout, become angry and don't find them.

They will never get it, because we are indeed at different vibration, far above them. In spite of we be closer, there is endless abyss between our cities and those Darkness beings.

We, yes, can detect their homes, we collect them with their whole habitat, by appropriate ships to this operation type and, we took them far away the Earth, near the Intruder Planet and they nor perceive the change, such is subtileness of performance of the task.

Believe Brothers! Go ahead having faith in the LARGER FATHER. Earthy times at 3rd dimension is up.
Peace.

Being of Letha at service to the Light, 03/09/99

47. Letha and its emanation of love

I have seen vast area crossed by Rocador Mountain.

An instructor whom I couldn't see him but only heard his words, told me as follows:

The positive vibration of these lands, coming from the "underground city" and evolved Beings that inhabit it, could influence so much white people and Indians of these stops.

Though, the Superior Energy flows from this place is not taken advantage by the humans here, due they build a negative barrier around themselves, losing the opportunity for their faster growth.

The superior Energy would bring spiritual and material progress to the people whether these could be modified internally, becoming more receptive. On the contrary, they make difficult and still connect with involutive forces, in opposit to the Light. Only some few inhabitants reach a such benefit.

Some reptilians walking near the Xavant Indian village and soon afterwards I saw a dense shield over our Indian friends' village, which was broken by a six tips star. That star was ourselves, six women going to visit the village of our dear friends, a Xavant Indian Chief.

GESH, A gua Boa Hotel /MT, 09/10/00

48. We work lovely

Some years ago, we had met at the first time, re-establishing by means of mediunic communication the outstanding contacts that before were registered in your subtle bodies.

Some years later, since the begin of your training in the matter until we have meet again, in marking way, near Okay, city intra (placed at Diamantina's Plateau. Read the publication 12) - base K.O.M = City of Shines and Love (city intra placed in Amazonian Area - Read publication 20).

We are restoring, in the matter conscience, the friendship and work relation which joined us in the past and now, a little more prepared, you are facing those facts preconized for us.

The hecatombes present, firstly, at subtle plans, for only later become materialized in dense material plans.

That humanity walk quickly for living intense pain moments. No one inhabitant of the Planet is immune of trying, or at least share the intense deleteric load that will be present in the physical plan.

Let's pray together so that, being intense that pain, be at the same time, a device capable of finishing the strongest revenge emotion of hate, pride, vanity and extreme selfishness which had provoked a such situation, so that we can finish it immediately.

Innocent people will be redeemed, debtors must pay and the world will watch, perplexed, the creatures' pain rethinking if it worth while in fact to advance in the conflict, provoking too much pains. Then will be thrown into middle of the terrestrial humanity, Peace or War.

Brothers! Terrestrial men! May your hearts claim for peace!

May your hands assist to the clamor of your hearts and rise in supplicant for peace, because that war, if happens, will be without limits and the Planetary Transition will be deflagrated.

We are working lovingly for postponing suffering and pain, softening the happenings, cleaning the surface and this Planet abysses, because the more clean the battlefield, smaller the dirt to be dispersed. However, the last events are accelerating the steps, inciting vitalities and feeding on hate.

Humanity, vibrate with us for Peace, and ask forgiveness for your faults.

Humanity, don't choose Barrabas again, because if you do it, you will be setting free the "beasts of the apocalypse."

We say good-bye on behalf of the Light, wishing Peace for your world.

And thus she concluded:

Only one people, without limits, without borders. Like this the fraternal future humanity must be constituted.

Save the Light.

Nefertiti, 15/09/01

49. The future days

Dear Brothers !

Our hearts are celebrating for receiving you once again.

Brothers be sure, you are the Basis of a great construction: **This edification is the Redeem.**

At Stelta, inhabitants and several other beings whom migrated over there with a view to prepare for the planetary transition, they are since a long time organizing provision and places for receiving and sheltering you.

We are guiding the human beings whom will have task in that occasion and if they want work with us taking the necessary steps.

At this moment we need to tell you about the events happened at the terrestrial astral plan.

The cities intras which render collaboration at astral plan, they were summoned to work hardly hereafter, because, with the opening of several portals of inferior astral, are setting free beings arrested for long Eras.

The dark forces feel quite powerful, because concerns with Divine Plan, at the moments of transition allows the involutive act more freely.

Many beings of the Evil have access with embodied men and then have chance of converting them to their own will.

That happens as part of the Free Will Law giving to the human beings opportunity for choosing by they own, which direction they want take. However, those dark beings are not in total freedom and their permanence is limited on the earth.

The chaos that will happen in the Planet surface, despair and pain waves will propitiate the most intense actions by involutive creatures.

The human ones of surface must strengthen their faith and trust on the High, because hereafter more frequently they will be tested.

The external and internal temptation will be accelerated and that who don't change internally the unconditional trust in the Father and Larger Purpose will be swallowed by darkness forces.

We are alerting, therefore many beings already succumb before the smallest karmic probation, judging to be insurmountable obstacles, when they are insignificant gravels, in comparison to that awaits the human beings of surface.

Improve your thoughts, have discipline, save your own energies of unnecessary use and work for the great objective, because the safe shield that protects you against of the evil beings is only Faith and Work.

We are with you, feeling and showing you all the steps shall be taken. The combats also need our help. All are connectes into single objective: to do win the forces of Light.

Faith, trust, perseverance and work.

Artran, Pedra Azul/ES, 24/04/99

50. Other cities intras

Shambhala, Letha, Okay, Esferos, Meridians and others, located at nevralgic points of the Planet. They are cities intras with which we will live together by means of our reports, therefore that's the Father's Will that, all can know the truth.

Q - Will have other trips?

A – We still don't know, if the initial plan can be performed. The ideal is that you are in touch with Nature forces for receiving our communication, preferentially in places nearby the cities, however we know about the difficulties which you face and we too.

We don't know whether will be time enough to perform the whole cycle of visitings to the main underground nucleous of your Planet.

Q – Will be a trip to Xique Xique?

A - Yes, it would be your first trip. Returning to Xique Xique of Igatu, you may visit Okay City and also know its people.

Q - Then how will we do it?

A – By astral Trips, and it needs hard work of cleaning for physical, astral and mental bodies.

When you cross the energetical entrances portals to cities intras, it needs cross many beings antagonist to the Light. For that, the Medium must be aware with the work he performs and dangers he runs risk, because any lapse can provoke physical and spiritual damages to his body, which are reversible, however with intense energy load and delay in the process.

It is necessary commitment and discipline.

All the details about that preparation will be applied when that program is performed and adapted to the time and at the team disposal.

Some Mediums were prepared for that moment, but stood back, being necessary new substitution.

Q - Which is the Nefertiti's work ? She always appears to me by clairvoyance linked to intraterrestrial cities.

A – For the present, it is what we can inform you.

Peace in Jesus

Your always friend

Ersam, Plateau ofGuimarães, 03/12/98

51. Recalling Nagasaki

Who have already read the extraordinary work "The Bells of Nagasaki" written by Dr. Paulo Nagai, resident at Nagasaki, Japanese city, where the USA threw atomic bomb in August of 1945, will understand the report of a clairvoyance held in 1994, followed by a dialogue, although in shortened text

Spiritual medium: I have seen entering in the GESH' meeting room great amount of spirits dressing dirty and tatters clothes. All were burned, many, deformed and other, disintegrated. I had never seen a spirit in a such condition in front my spiritual eyes.

Many of those unfolded ones were brought by their dear relatives, already bodiless, in buckets, basins, pots, because their bodies besides of the physical were totally damaged, slippery as jelly, matter with spiritual essence however without form and consistence.

Others, less wounded, they were as crazy ones, dirturbed, without know what had happened and why they were like that. At the astral of Nagasaki City, many spirits were still seeking their relatives and families and they couldn't find them due their insanity condition and also due the deformation of other bodies.

All they were brought by Dr. Paulo Nagai, who works a lot with a view to his brothers, victims of the atomic bombs over his country, Japan, 1945.

Dr. Nagai showed me the Hiroshima'square, another Japanese city also hardly destroyed by atomic bomb detonated by American people at the same time. The square where they had built a monument to recall the holocaust. He told me, when the people meet over there, each year in the birthday of that tragedy evoking their deads, the spirits who are still lost, wandering in the space, they are attracted in mass and they behave as lunatics ones wanting to break the monument and silence evocation and lamentation in order to forget that painful and horrible nightmare of the past and, thus they abandon the city at once. The human being, with his deep ignorance about what happens in the spiritual life, instead of helping harmonize them, turns them more confused, sufferers, desperate and full of hate...

The dialogue continues, however I cut a great part, because the subject don't interest us at the present.

Q - Are we from Earth the only ones for helping those unhappy brothers or are there others evolved beings doing the same task?

A – They are working together with you, extraterrestrial teams and mainly intraterrestrial ones more evolved. With their advanced know-how, they help the restoration of damaged astral body. They have great know-how on nuclear energy.

The Intras use energy for upkeep of spiritual bodies."

Note: That visit held on 25/08/1994, when we recall those victims by explosion and we begged to Jesus for them.

For those who don't know, Dr. Nagai was medical radiologist, scientist, worked at hospital or clinic during that fatidical time. He died times later by consequence of the radiotividade, as a lot of people did, however, he had enough support for writing on what he had seen, lived and suffered, he own and his people too.

At this time you could ask me, which relation between that epsode and this book?

A lot, I answer, as follows:

a)) If the intraterrestrial ones didn't exist they would not have been mentioned by Dr. Nagai, as great experts on atomic disintegration and of several human being's bodies.

b) It states the intras people exist and also a lot of them are far over evolved than we are.

c) That they love us as brothers, as Father's children and sorry before our suffering and misfortunes.

Note: We suggest the reading of two brochures of our book "The Extraterrestrial and Us" where there are complete chapters about the atomic bomb.

52. The golden city

I have seen, by meditation, the airplane which we had travelled. On the outside there was storm, dense and dark clouds, many rays and thunders. In the middle of all this, suddenly a ship appeared bringing Commander Setum Shenar, vice of the Comand Ashtar.

We arrived at Manaus City and we rent a boat to Rio Negro (black River). When we were in the middle that dense forest, I saw a very strong light leaving from the ground. They unfolded and took me to a very beautiful place surroundings of that big and golden city. It seemed made of gold and it glittered so much obscuring my eyes. Their construction were made of architecture type that I don't know. I was rapt!

I saw a tunnel connecting this city to the Andean Cordillera. Over there, at certain place, inside of the cold mountains, there was a meeting held by superior Beings. Somebody told me the Masters of the Great Universal White Fraternity were gathered (GFBU), extraterrestrial ones at high graduation coming from several points of the Universe and intraterrestrial ones evolved far above we are, all involved with the earthy process.

They still told me, there was a special representative of Golden City who caused much surprise among of all the members at earthy Mission. Soon afterwards these information, the Being who accompanied me said the following:

The portals opened make easier the direct and effective communication among of our worlds.

A cycle is closing with the "Amazonian Mission."

You can find a civilization higher in principles and attitudes. They are Beings quite evolved who inhabit that sanctuary protected by equatorial forest.

The City is kept by dense vegetation and by the waters force. It stays secrete, safe against of curious. They inspire respect and admiration by the others intras of different cities.

The Golden City, as many calls it, has direct contact with Andean Area, and it is directly by-passed to the Planetary Government and GFBU too.

You will be closer to the Masters, and you will receive a gift. Have open and attentive your minds to the know-how you'll receive.

Arkedan, 12/03/99

Note: Those information were transmitted us through an astral trip, during thirteen days before we had traveled to Manaus. The storm that was seen in another dimension, but indeed had happened.

53. Like veins of your body

My brothers!

We are happy to meet you again.

You are nearby the opening of Portal at City Shines and Love and surface of the Planet. Our city has been working hardly for this opportunity.

Since a long time this project was elaborated by GBU's Higher brothers. You had accessed and we awaited for the opportune moment for performance of this task.

This opening Portal represent Light that will vibrate hardly on the whole Orbe.

The benefits brought for a such energies to the Planets surface, indded you can not at least imagine and those who still doubts will find favorable field to take their decision. There will be a small truce for that the undecided ones must do their definitive choice.

Energies existent in the Planet interior are like your bodies' veins; they feed, uphold supply life to the Planet.

Our city comprises all the cities intras which you realized at the last times: Dawn, MizTliTlan, Erks, Stelta, Letha, Okay; although there are many others.

The function of each one, you already know. We are people, transitory, in this Planet. We have reached a vibratory level incompatible with it. Many rivers already have their dry beds, there are not life and energy, and also is happening the same with ducts of Cosmic Energy, which transit over there and they don't find passage to the surface. What happens in the surface reaches its interior too.

There are energy levels that circulate and supply all the people.

Tomorrow, after the opening of Portal, you will aware about our People, their activities and objectives.

We hope the Cosmos' Light may involve you.

Now I say you good-bye on behalf of Love.

Saradim, Rio Negro, 31/03/99

54. Intraterrestrial Cities

The cities intras have urgency to be presented for the people of surface.

There are many activities in these communication and know-how, because the human of surface feels as he was the only holder of the same. Maybe if they could know us before, they would try, childishly, to control us. Everything happens at its own time, because in spite of delay this encounter, the human being still didn't reach the expectation wanted by Larger Spirituality. Urgent it is made that contact, so that **the panic that will involve the Moments of Evacuation, don't go mad, don't move away those who can be redeemed for us.**

As we realize the Universal Laws of Love and of Fraternity, we will welcome them with gladness and affection. Unhappily our brothers are not prepared for this time.

Awake Beings of surface, awake for Love!

Balanced and stabilized minds is what we ask, and is only gotten by means of Faith in Almighty and certainty of Presence of Light in the chaos that will be placed at that time. Children, parents, mothers, who are they? At those moments all you are, without distinction, because there won't be more time for questions, doubts and insane attachment.

Your task now is inform this humanity about the others beings' strong presence in this Planet.

Love is what guide us.

We are strong.

We are fair.

We are Intraterrestrial Beings.

Orcadim, 19/02/99

55. The Era of Light arrival

They are heralds, those who predict the arrival of the Light Era approaching to the Planet Earth.

They announce our presence and friendship. They know, through the heart, our pure feelings for your people.

We join with you and lowly we thank you for trusting on us.

There are many creatures who needs be awaked. There are many creatures who resist in following Master Jesus' Light, but perseverance of all who serve, love and help entirely, he makes Light appear in middle of the darkness.

The opening of warm rose of Love into the men's heart is just a question of time.

There will be luck where suffering comes.

There will be understanding where conflict reigns.

There will be Peace into the new beings' hearths who inhabit on the earth.

And, finally, we will be together as only one fraternal humanity.

A friend of Letha, 10/04/99

56. Beautiful drop shinning at the Universe's ocean

Dear friends!

My presence is made by projection at this time, therefore you know about the difficulties to reach the Spiritualistic mediums, on account of density around Planet Earth.

Every day is more difficult communication in your work atmosphere, because in the astral plan, the battles and sanitation are continuous, mainly in the great collectivities of the Planet.

We aware your confidence on us, as confirmed daily by words and messages brought to you and I tell you with my heart bleeds, sad, it will not get better, on the contrary, every day you are going to see much violence, dislike and intolerance among of the people and also among all of the Nature kingdoms.

Nature rebels, therefore it has been treated with disdain, it doesn't stand so much unbalance.

You must uphold your bodies under superior vibrancy, by means of special diets, prayers and meditation, which you already do biweekly. We know we can't demand you long diets, because you as embodied people, you need energy supply for your daily life. It needs, during your vigils days, your bodies are clean of animal energy so that, the superior energy could anchor easily having much Light.

Work performed doesn't mean work finished.

Have confidence, what you have to receive, it arrives in your hands for special task that depend upon yourself.

Each one of you shall uphold absolute sigil about this work, so that it could be spread out to the world.

The negative forces try interfere, to throw down project they nor imagine what is, thus this special group until this moment ever knew, continue learning how protect themselves.

Union, love, fraternity among of members this team, is indispensable for continuity this work, for cohesion of protecting shield.

Don't worry with yourselves and yours, because there are ourselves, our Father and His complete superior team following your lives all the time.

Go ahead having courage, confidence, because only battles happen hereafter.

I am pleased for working with you.

Margarida – We also want to express our gladness for working with the highest spiritual graduation Beins as you are Brother, as well as Commander Ashtar Sheram, Commander Setum Shenar, people of Orion and all those evolved Intras . Everything seems like a dream. It is so much for us, for the little we give in change.

Yury - Our love comes from the other planets, for millennia. There are no barriers for thought nor for love. And it is of the universal Law that, who is ahead, shall give his hand to whom is at rearguard.

God blesses all you and may the Planetary Christ involves you and your beautiful Planet, that soon become beautiful blue drop, to shine in the Universe's ocean.

Be at Peace.

Commander Yury, Agua Boa/MT, 13/10/00