the works produced from channeling. Channel only those vibrations which accomplish love, wisdom, and knowledge.

Throughout history, several of our great personages have channeled creative energy from the realm of highest vibrations. Jesus, Buddha, and other of the world's greatest religious leaders have spoken of meeting with the angelic beings of the spiritual realm and of receiving their greatest inspirations from them. Countless other saints, philosophers, artists, inventors, and political leaders have spoken openly of their contact with beings of light.

Socrates, one of the world's greatest philosophers, credited his wisdom as having come from beyond. Emerson, the American poet and philosopher, declined credit for his many great works, asserting that an "alien energy" came to him in visions after he placed himself in a meditative state.

The great inventor Nikola Tesla, a colleague of Edison and Westinghouse, developed hundreds of complex electrical innovations, while repeatedly stating that his knowledge originated with "beings from outer space," whom he said he would join upon death.

Robert Louis Stevenson credited his imaginative stories to multidimensional beings. Charlotte Bronte said that her novels were dictated to her by beings from beyond.

Dr. Frederick G. Banting, developer of insulin, insisted that "angelic beings from beyond" provided him with the means by which countless lives might be spared.

George Washington recorded the visit of two angels in his office at Valley Forge, who showed him a vision of the future of the embattled colonies for the next two centuries.

Swedenborg—philosopher, scientist, doctor, advisor to Kings—swore that angelic interaction was a natural state of humankind. Nostradamus, Edgar Cayce, and thousands of other inspired men and women of history.

CHANNELING CREATIVE ENERGY 25

FRANCIE STEIGER

have attested to their communications with beings of light that exist in the spiritual realm of the highest vibrations.

Those who would be channelers of creative-angelic energy, and who would seek to make such works manifest in the physical world, must understand that they take upon themselves a great and most grave responsibility. They must comprehend that they become vibrationally responsible for all those men and women whom they will come to affect. Whether they affect the lives of others chaotically or harmoniously, they are responsible for the effect.

Remember, whenever we interact with another, we cause a newly formed energy to exist. This energy is patterned by the very experience that brought it into being; and it, too, will be gathered by the creator, and by those who respond to it.

It was given to me profoundly that it was the Divine Plan of God; that caused energy systems to exist, and to extend down into the realm of matter. These spiritual and physical energy systems are thereby to interact with one another to create new energies, which will be patterned, after the very experience that brought them into being. All patterned energies will then be gathered, into the vibrational field of the originator of them.

When those energies that God has caused to exist have evolved and returned to the Source, all systems created will bring with them all patterned energies which they have created, and they will be gathered into the vibrational frequency of the originator of them, that of God. It will be in such a way that God will expand, increase in complexity, and experience life in a myriad of forms and dimensions. This is the purpose of all reation, and it is termed the Divine Plan. In our creating new, harmonious energies as a result of our channeling and our harmonious interactions, we are fulfilling our purpose for existing and thereby fulfilling the Plan of God.

As I have said, we are held "vibrationally" responsible for that which we create. The energy that vibrates

UPON A SEA

Upon a sea of glass my fate washes o'er me, churning and tossing me high and low; Yet one small ray of hope, a light shines down on me, showing me the only way to go.

'Tis not an easy trip, my arms flailing o'er my head, gasping and gulping through tears and strife; A lighthouse far ahead, towering to the sky, the only way to save my life.

Will I survive the trip and swim straight, toward my goal, not stopping or drifting by the way;
Or will I toss up my hands and sink into the night, never seeing the light of day?

-Francie



Uz

CHAPTER FIGHT

The Purpose of Creation

I remember the day well when I received the vision teachings which told of the purpose of our being—the reason we were created.

I had readied myself for my daily contact, the time when I attempt to receive truths from beyond the physical plane of Earth. I had completed all of my necessary physical tasks of the day, and I had made certain that the time that I had selected would permit me to remain undisturbed.

I closed the thick drapes over the windows and settled myself on the soft surface of my bed. I began to breathe more slowly, taking long, deep breaths, as one might do in the practice of a Yogic breathing technique.

I cleared my mind of all extraneous matters as I gradually focused on the thought that I wished to explore, so that I might share the light of awareness with others. Steadily, I concentrated on the question: What is the full purpose of our being?

I continued to form a pattern of my thoughts as I slowly imaged many people performing tasks of various sorts, from the mundane to the most sublime. As each image flashed before me, I asked the "why" of it.

I imagined, for instance, a woman giving birth and

nurturing her child; a farmer planting and harvesting his crops: construction workers building and maintaining roads and cities; scientists inventing and perfecting new products: creative artists fashioning songs, poems, paintings. In each instance I asked the silent question: "What is the purpose of our existing on Earth?"

Mentally, I visualized myself grouping all of this great variety of images together, as one might concentrate them as if to form a ball. I next imaged myself tossing this ball of images high in the sky, so high that it would continue up into the very heavens. Then I proceeded to envision myself following the image-ball, seeing where it might lead me. I had embarked on a quest, a spiritual journey to discover the vision-teaching that would reveal the truth of our purpose on Earth.

The journey was long, but it was thoroughly eniovable, as I soared through the clouds, then rose above the Earth and continued on into outer space. It seemed as though I were ascending through layer upon layer of different energies. Each layer contained its own pleasurable sensations, and these bathed over my being,

both within and without.

I continued to follow my thought-pattern until I ascended into a realm that was permeated with the most enjoyable sensation of unconditional love. My entire being was suffused with love of the purest quality that I had ever known. It was an energy of love that loved me just for being, and I felt sanctified, purified by its

vibrational frequency.

Awareness of all that was around me began to increase, and I could now see before me a massive sea of energy, a veritable cosmic ocean. The power within it pulsated continuously, and I stood in awe of such majesty. Then it was that a thought was caused to enter my mind, and I perceived that I was being shown a representation of the Divine Plan of God, the source of all other energies, and this had been created by God, and it was alive and moving about, and would come to be known as the Christ Vibration. This Vibration had been created in the image of God, being capable of

creating, and remained connected to God by a current of energy that flowed from it and reached out, disappearing into a realm far beyond what my eyes could envision. As I looked upon this ocean of energy, what seemed to be the most magnificent of all sights. I marveled at the multiple complexities which I could see moving within the gilt-edged borders of the image of the great cosmic ocean. I was drawn to look more closely within its pulsating, rippling structure, and I could see an area near its core that had begun to contract and to move in a pattern different from that which surrounded it. This irregularly contracting area of lighter and darker particles began to move slowly forward to the outermost edge of the ocean of energy until, finally, it pierced the wall and came to exist fully outside of the perimeters, as if it had been expulsed by a strong inner force.

The newly formed energy was quite similar in appearance to the great ocean from which it had sprung. except that the new creation was a smaller pool of light. Due to its transparency. I could easily see within its structure, and I beheld lighter and darker particles darting about, and I understood that they were as molecular structures. They moved in circular fashion. each almost touching the other. And as these swirls rhythmically began to touch one another, their pool of

light became brighter, glowing from within.

Another thought was caused to enter my psyche, and I knew that the teaching of our purpose in being had begun. I was told that the two particles within the pool of light might be considered as positive and negative in nature, and that their relationship with one another was symbolic—each dependent upon the other for its purpose in being, for its reason for existing. I further perceived that this holistically perfect pool of glowing energy represented the first creation of the Source, the first Soul ever created—and its energy was spiritual.

As such a thought continued within my psyche. I noticed that all particles within that had been designated as positive had begun to gather into an area, as had all particles that had been said to be negative. A complete

division between these two groups had begun to exist. and yet they were mated together as one. The division between the positive and the negative particles continued to externalize outside of their former boundaries until there came to be two separate pools of light, and though there existed a distance between them they. remained connected through a current of energy.

A movement to the left of the divided pools of light then caught my eye, and I was permitted to see that the great cosmic sea, that of the Divine Plan, had begun to pulsate more rapidly and cause countless other energies of the same essence to be projected from it. These multiple pools of light glowed all around the great sea of energy, as lights in a circular fashion. Within seconds of their nativity they began to separate from within and they, too, divided as the first of them, yet they remained connected to each other by a current of energy, and multiple Souls were formed.

I was led to understand that in such a manner, the Divine Plan of God, the patterned energy God created, had caused the separation of energy to exist so that the plan of all creation might be furthered in accordance to the pattern thereof, the direction of God! All these Souls remained connected to the Divine Plan by golden umbilical cords, through which the energy of God continually flowed.

My eyes were caused to anthropomorphize these Souls, and without my knowing, they appeared as humanlike beings of light. They now appeared as males and females, and I was told that the female was positive and the male negative, and together they could create other energies. That all of creation was in the image of God, being positive and negative in nature, capable of creating energy.

My attention was now drawn to observe the golden umbilical cords that connected the Souls to the Divine Plan of God. These had begun to glow as though a bright current from the Divine Plan of God was flowing through them. As the golden energy was received in the form containing the feminine principle, that same

feminine part sent forth another cord from itself that seemed silver in nature. At the end of each silver cord that was being sent forth, a small crystalline sphere began to come into being. Each sphere, I was told. would represent a lifetime which would be led in the realm of matter.

I was told to watch as an embryo began to form within each of the spheres that had just been extended. Before the birth of an entity, a spirit fashioned from the golden energy of the Source entered its form. The nature of this spirit was eternal, and was in the image of God, capable of creating other energies.

The spirit within the child was tended to by the masculine principle, which hovered over it as if to minister to its needs. The masculine principle, I was instructed, functioned as a guide and a guardian, assisting the spirit within the child in gaining knowledge. The feminine principle, on the other hand, channeled certain personal truths and awarenesses that had been gathered into its energies. Both the masculine and the feminine principles were the emissaries of light to those people they helped cause to exist in the realm of physical mat-

Time was caused to pass quickly before my eyes, and the children within each of the spheres matured to various ages and interacted with all of matter-both organic and inorganic. Newly formed energies, which appeared as sparkling lights, were caused to exist, from their interactions, and they entered into the children and increased and elevated their natural vibrations.

Harmonious interactions with all of matter caused patterned energies of the highest, most harmonious kind to exist. Interactions which were discordant in nature. however, created patterned energies which were imbalanced, chaotic, and destructive. These energies were shown to me as dark, humming forms, whose sound was irritating, like that of static electricity. When these discordant patterned energies were absorbed into the spirit, they brought about a lowering and a distorting of the entity's natural vibrations.

I was caused to know within that the reason and the purpose for our creation was that through our harmonious interactions we, too, would create in the realm of matter. The new energies which we would cause to exist should be of the highest sort, and would contain the pattern of the experience that had caused them to be. In our wisdom, through our balanced interactions with all of matter, both organic and inorganic, in accordance with the Divine Plan, we would gather into our spiritual being those patterned energies of the highest and most harmonious of orders that we created so that we might evolutionize our spirit within.

Upon the death of our flesh, it was shown to me, our spirit within would continue to vibrate with those patterned energies of the highest order it had created and gathered, and would continue to rise, thus joining the high vibrations of the feminine and masculine principles of the Higher Self, our Soul, and that of the other angelic beings in the realm called Heaven. Unfortunately, however, those who in their ignorance had chosen to interact with all of matter in a discordant, destructive fashion, disharmonious to the Divine Plan of God, thereby causing patterned energies of the lowest, most chaotic order to exist, had set their spirits vibrating in the lowest of frequencies. These spirits would enter into a realm of their own creation, a place of chaos, a place of limbo, the place called Hell.

As I continued to watch, time was again caused to pass quickly before me—months, years, lifetimes fully flowered into existence, then withered in transition. Throughout all time passages the feminine, positive principle interacting with the masculine, negative principle steadily sent forth many silver corded energies, forming starlike rays in every direction.

At the end of each cord there existed small, crystallike spheres, which, I was told, represented each lifetime that was to be led on Earth. Within each of the spheres there formed an embryo, which became a child—sometimes living to an old age, sometimes dying sooner, but always interacting with matter and gathering the patterned energies it caused to exist. It continued gathering awareness, affecting the lives of others, as it matured. Each patterned energy of awareness gathered the vibrations of each lifeform, as well as causing increased contact with its Higher Self, its Soul.

When there appeared to be no more gaining of a particular sort to be achieved from one particular lifetime the energy within the cord ceased to be. At that time, the spirit within the lifeform would either rise to the realm of the highest, most harmonious, of vibrations or sink to the discordant vibrational realm called Hell, dependent on its spiritual vibrations.

I learned then that the feminine and masculine principles provided the vibrational balance within each Soul and that each lifeform in which the Soul expressed itself could be thought of as the multiple facets of one great crystal. As the physical lifeform created and gathered energies of the highest sort, which it achieved through harmonious interactions, it gained greater contact with its Higher Self, its Soul through the silverlike umbilical cord, and did therefore live in greater accord with the Divine Plan of God.

Through our existing in the realm of matter, we cause new patterned energies to exist. At the end of time God will receive our patterned energies, thereby causing it to expand in vibration and to become even more complex than before. Through our harmonious interactions, the Source, God, experiences even more of life through the patterned energies created by our experiences in the realm of matter.

And as I looked throughout all of space surrounding me and was permitted to see countless stars, planets, and suns, I was told that there existed extraterrestrial, as well as terrestrial, life. All lifeforms, whether existing on Earth or flourishing throughout the cosmos, were created through the patterned energy God created, the Divine Plan.

My eyes were caused to focus on a single planet, and I saw that it was Earth. I saw humans interacting with all of matter in ways which were chaotic and destructive.

Humans attacked and hurt one another, sometimes fashioning great chains from the metals of the Earth and enslaving their fellow beings, causing them to conform to their will. These humans were interacting with organic and inorganic matter in a discordant and destructive manner. They were causing new energies to exist which were chaotic and disintegrative in nature. and those vibrations were becoming a part of their whole being, affecting them mentally, spiritually, and physically. All is holistically interrelated and intertwined on all levels) I knew that such activity was not a part of creation. I knew that such chaotic vibrations were not true to the Divine Plan of the Source.

A great sadness rushed over my being as I understood that humans, with their continual warring and programs of destruction, had made their allegiance to Chaos, not to God. We must accept our responsibility for this choice and recognize it as the original sin. We should not delude ourselves or blame others. We must not appease our conscience by saying that God created Satan and Satan created sin. It was humankind, who, through its discordant, destructive interactions in opposition to the Divine Plan of God caused Chaos to exist. The ways of God are perfect. It was we who transgressed against the Plan.

I asked further of the judgment of the spirit so that I might more fully explain it to others, and I was told that all spiritual energies which we cause to exist during a lifetime of interactions become a part of our being. All is holistically interwoven, and all the patterned energies which we have created will affect our total self in spirit, mind and body. The "judgment," of which the higher intelligences have spoken to our prophets, refers to selfjudgment. It is we who decide our fate. We are the ones who cause the spirit-within to rise to the heights of Heaven or cause it to sink to the degradation of Hell. It is always our choice to create and to gather the energies had from harmonious interactions or to fashion chaos and collect the energies from discordant, destructive acts.

Upon the death of our flesh-forms, those whose spirits are vibrating with the most harmonious of energies of the highest order will rise to the realm of the highest vibrations; those whose spirits pulsate with the energies of the lowest order will be entrapped in the chaotic realm of disorder. I could not help hoping deep within that some dispensation might be given for those so entrapped, but nothing was told me that would alleviate my despair over such a fate for those of discordant vibrations.

I was enlightened, though, on the "End-Times," the so-called end of the world, the time when the Bible speaks of people rising from their graves. I was told that these times of "ecstasy" or "judgment" will not involve a reprocessing of cellular structure. We are not to understand that the bones of the dead will once again come together with former flesh-forms. What will actually occur-I was informed, is a time when all matter will be elevated in energy. It is a time in which all of the life experiences of like vibration, which have been led by each Soul will be remembered and made known to the spirit that is governing the particular physical body in which the Soul is presently expressing itselfoon the "day" in which all matter is elevated.

After I had witnessed the explanation of the End-Times, I was told more of angelic interactions with human beings. I was shown that the Soul is continuously attempting to contact, to interact with the facets of itself which are chaotic and destructive, but complete communication is blocked by the facet's vibrations, his lack of awareness and belief. For those facets who believe in nothing outside of themselves—not in spirits, angels, or God—there is a selfcontainment of their energy. The angelic Souls are not able to establish contact with their facets which are destructive in nature, for they are of a different vibrational frequency.

The only course of action which the Souls can take is to interact mentally with those facets whose minds are open and whose vibrations are of a similar order. They

have no choice other than to interact with those facets whose frequencies permit the reception of the light of awareness and full knowledge of existence and the purpose of creation, the Plan of the Source, and hope that those they contact enlighten the awareness of others. Souls are also called Angels for their appearance is as

one might imagine an Angel to be.

Once the angelic Soul establishes contact with those of similar vibration, those facets who receive the light of awareness do, in turn, seek to share that light with all facets with whom they can. Through the creative arts and sciences, the enlightened facets seek to raise the awareness of the masses by teaching them of ways in which they might more constructively interact with others. Through love, wisdom, and knowledge, they share the Divine Plan of God.

And again I saw that, upon their death, those facets who vibrate with the most harmonious of energies rise to become as one with their Soul and other angelic beings, ultimately enjoining with God. In the end the Source is magnified, glorified, increased in greatness and in complexity, and thus permitted to emerience life in a myriad of forms and dimensions in the realm of matter, thereby gaining new energies from all of existence.

CHAPTER NINE

Life and its Beginning

After I had received the vision-teaching regarding the reason for our existence, I decided that the next day I must attempt to return to the realm of visions so that I might understand more completely the creation of all living things. Somehow, it seemed, I had been able to understand only a part of the total picture.

After I had made certain that I would not be disturbed, I once again closed the thick drapes to shut out the strong light of the afternoon sun. This time I chose another technique through which vision teachings might be received.

I slowed my respiration rate and took comfortably deep breaths while I pictured myself walking through a beautiful forest. As I visualized this scene, I imagined that I was following a golden light that moved far ahead of me. I saw myself treading a path lined with thick foliage and trees of every size and many varieties. Shafts of sunlight filtered through the branches high overhead, and the look of all was serenely beautiful.

I pictured myself continuing to walk for several minutes, following always the golden light far ahead. As I carried out the process, the images around me became crisp, colorful, and clean in appearance.

This is the reason why some religiously devout individuals pray when their minds are idle. They seek always to prevent the creation of thoughts which will prompt censure, nervousness. They believe that it is far better to fill the mind with prayer and thoughts of love than to permit the mind to wander into deviant, self-destructive behavior patterns.

A third way of preventing nervousness is to learn the art of meditation. In this method, you acquire the ability to empty all thoughts from your mind which are vying for your attention. When this is accomplished, you wait until the mind is totally silent, then you fill it with a single thought—that of making contact with your Soul in the heavenly realm.

When you receive Soul contact, you will become so much more enlightened and aware. You will soar to the Heavenly Realm and receive contact with the angelic beings. Practicing Soul contact will not only teach you mind control, but it will give your mind the sustenance to create thoughts only of a desirable nature, that are harmonious with the Plan of God. Your life will then become more productive, and your nervousness and your destructive behavior patterns will have been banished.

CHAPTER SEVENTEEN

Developing True Values

Before you begin this chapter, get a large sheet of paper and a pen. Entitle the paper "My Values."

Next, begin to list all those things which you value—your loved ones, your home, your car, the people you admire, the entertainers you enjoy watching, and so forth.

Make your list as extensive as possible. Take several minutes to do a thorough job. Number each item according to the importance which you place upon it.

When you have finished your list, set it aside so that we might delve deeper into the matter of values.

What is the most important thing in life? We would probably answer that question by saying, "Life itself!" If life did not exist, what choices would we have?

But would you say that all of life is important? What about the lives of certain animals, such as snakes, rodents and sharks? What about the lives of certain insects, such as crickets, spiders, and ants? Do they really affect your existence? To see how all of life interrelates, let us go still deeper into the subject.

Consider that each lifeform is as a link in a great and mighty chain. Imagine that this is the Great Chain of Life and visualize it encircling the globe. There is no end

to this great and mighty chain, for the conformal each and every link flows into the beginning of another. And the end of the chain is also the beginning of it, as it goes around and around, ever strong, ever evolving, ever continuing its place in the Divine Plan.

Each lifeform that exists is important, for each species of that lifeform is as a link in the great chain. When even a single link of a chain is broken, can the chain remain strong? No link should be weakened. violated, or halted in its purpose, or the entire chain will be affected and all of life will soon cease to be.

Each lifeform is an operating, functioning system of energy in the cycle of life, and one depends upon another for its very existence.

As we view the cycle from afar, we see that the animal lifeforms depend upon the plant lifeforms, and vice versa. The cycle continues so that all might exist. The animals need oxygen and food, and they give off carbon waste. The plants need carbon, and they give off oxygen waste. Both forms give to one another of their mineral content both before and upon their physical deaths.

All lifeforms on this planet, in one way or another, are symbiotically dependent on one another for their existence. Therefore, each lifeform must be considered important and has its place in the scheme of things.

Remember that the purpose of all creation is to expand, to increase in complexity, and to express life in a myriad of forms and dimensions. God caused systems of energies to exist outside of itself and desired that these energies would also create systems outside of themselves. It is the Divine Plan that all energies will one day return to the Source more enriched than when they were sent forth by bringing with them the energies which they have caused to exist. Through God's Plan, the Christ Vibration, the Creator will expand, increase in complexity, and experience life in a multitude of forms and dimensions. We who live in accordance with that vibration, by creating new energies that are harmonious with the Plan are Christ Children. Those who are destructive, those who are wasteful of life, are the Children of Chaos, the Anti-Christs, for they oppose the working of the Divine Plan.

If it is so that we must never cause the cessation of any lifeform, how may we deal with those forms which are an annoyance to us or which disrupt our way of going?

The only time that certain lifeforms are deemed troublesome-certain insects, certain rodents, certain predators on land or sea—is when we humans have upet the natural balance of things. We have committed grave errors in judgment in having obliterated certain creatures which we had judged valueless, for they were

acting as energy purifiers or our planet.

All of life is an interblending of systems of energy. There is a need for certain systems of energy to exist in orden to purify other lower expressions of energy so that the highest expression of energy in matter, that of human life, might exist.

Each group of lower lifeforms has within its number those which are malfunctioning, deformed, ill, aged, or in some other way do not add to the strength and the continuance of their species. If these lifeforms are not eliminated and returned to energy, they will interbreed, multiply, and proliferate their deformed progeny through the entire species, thereby weakening it. A weakened species will eventually be an extinct one, and the species that depends symbiotically upon it will also perish. As the domino effect continues, humankind itself will be gravely affected and will soon perish, for we too are a link in the Great Chain of Life on this planet.

Each lifeform on this planet must be respected for its place in the chain and for its part in the Divine Plan. No ifeform should ever be violated,

If any energy system violates your own way of going. attempt to remove it from you, if possible, place it elsewhere. Humankind has already created too great an imbalance by its wanton slaughter of so many species of animals. We must humanely endeavor and begin to restore the balance which we have so cruelly upset.

When we partake in the destruction of any lifeform,

we have to a greater or lesser degree gone against the Divine Plan, for we are destructively interacting with organic matter, and the chaotic energies we create will become a part of our vibrational self, affecting us on every level. We must not make generalizations about any other lifeform and pass condemnatory judgment against its continued existence. One entire link in the chain removed will eventually cause the entire circle of life to cease to exist.

We must value all of life to live in accordance with the Divine Plan. We must learn to give respect and to love each and every form of life, for to do so is to love and to

respect God from where all of life truly came.

Regarding people—when you consider the

Regarding people—when you consider those people you deem valuable, be they doctors, scientists, politicians, actors, spiritual teachers, instructors of education, ask yourself if they expend their energies in ac-

cordance with the Divine Plan of God.

There are admirable and unadmirable paths available in every career choice. There are the scientists and the politicians who devote themselves to the betterment of all of life, and there are those who combine their energies to create weapons which may destroy countless lives. There are the entertainers who expend their energies seeking to bring both enlightenment and enjoyment to their audiences, and there are those who debase the dignity of humankind by portraying the powers of demonic darkness, those of chaos and destruction, as being fashionable and desirable.

our own, remember that we have the choice to live in accordance with, or in opposition to, the Divine Plan. We have the choice to function as a child of the energy of God, a Christ Child, or a child of the opposing energy,

Child of Chaos.

Those who choose to live in accordance with the Divine Plan seek to produce energies which give of love, wisdom, and knowledge and which aid others in understanding the ways of creation, harmony, and bal-

ance. They are the Lightbearers, those who shed the light of awareness so that others may see their own paths more clearly.

From time to time, each of us must ask whether we admire those who shine the Light or those who seek to darken it. Do the people you admire aid the world to

achieve higher awareness?

There really is no middle ground here. For if one does not work for the light, it is certain that the world will one day be totally enveloped in darkness. One cannot choose to do nothing at all, for that is equivalent to voting for the absence of light.

And where do you yourself stand? Do you seek to expend your energies to aid the Divine Plan? Do you strive to gather energies of harmony so that they might permit God to expand, to increase in complexities, to experi-

ence varied dimensions of life?

Your way of going reveals your values. The way you expend your energy proves your priorities. Your choice of work or career, and the way in which you perform, reflects your value system. The way you live indicates whether you wish to be a Child of God or a Child of Chaos.

Are you utilizing your energies properly, according to that which you value? Or are you placing your energy

against God's energy?

Now recneck your list. Do you still agree with what you wrote down? Do you wish to change the order of anyone or to eliminate anyone or anything from the list?

Go ahead and alter the list in any way you wish.

Change it to suit your greater awareness.

Perhaps you might wish to take a fresh sheet of paper and make a clearer copy of your values. This list can serve you throughout your life, and it should be altered and added to whenever your values change. Place your list in an accessible place, so that you can refer to it whenever the need to do so arises.

Whenever you have an important decision to make in your life, you need ask no one for advice. Just refer to