

THREE MYSTICAL EXPERIENCES

A TRACT BOOK

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I attended the Jesuit Novitiate during the Fall Semester of 1987. I had been practicing law in Omaha, Nebraska and had developed a contemplative prayer life. While sitting in my recliner and praying in my apartment, in Omaha (Bellevue), Nebraska, I felt a “spiritual hug” by the Holy Spirit, and felt a call to enter the Jesuit Novitiate, Wisconsin, province, located in St. Paul, Minnesota. Once at the Novitiate I was expected to spend time in prayer, and, prayed for mystical experiences. I had three. They all affected me very deeply for the rest of my life.

The first mystical experience happened about two months after arriving at the Novitiate. I was in a prayer room in the basement of the Novitiate when I opened my New American Bible to the Book of Wisdom, in the Old Testament. I also lit a prayer candle which I placed in front of my Bible. I read the Book of Wisdom to myself, and then went back and said a prayer that I would be graced with Wisdom. Instantly my mind was placed in an altered state of consciousness and I had an “Out of Body Experience” (an OBE). I found myself on a “Plane” outside my body, in a body of my own, with a beautiful woman of silver appearance standing, facing me. I walked up to this woman and we embraced. Then I stepped back a few paces from

Her and She walked toward me and then “Folded” into my body while still on the Plane, OBE. Our bodies merged and I experienced a feeling of blissful love. Instantly, I was back in my physical body in the prayer room. Fantastically, the feeling of blissful love stayed with me in my physical body for over a year. I named the woman the “Holy Spirit of Divine Wisdom,” or the Holy Spirit.

The next week I was praying and had a second mystical experience. This time I had an experience of Divine Creativity which stayed with me. Previously, I only had synthetic creativity. Now, I was coming up with new insights and ideas from out of “nowhere.”

The third week brought a third mystical experience. This time my mind was filled with an intense “White Light” which stayed with me for approximately ten days. I ended up “toning down” the experience by mentally constructing a brick wall with a doorway between my mind and the Light. I closed the door and would only allow the Light to reach my mind by shining underneath the doorway. The full experience of the White Light was very intense and it felt like my mind was being “rewired.” I could only take so much of it.

I experienced all three spiritual experiences as graced, authentic, mystical experiences.

THE END